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Automatic diagnosis of newly emerged heart failure from serial electrocardiography by repeated structuring & learning procedure

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Abstract

Heart failure (HF) diagnosis, typically visually performed by serial electrocardiography, may be 48 supported by machine-learning approaches. Repeated Structuring and Learning Procedure 49 (RS&LP) is a constructive algorithm able to automatically create artificial neural networks 50 (ANN); it relies on three parameters, namely maximal number of hidden layers (MNL), initiali-51 zations (MNI) and confirmations (MNC), arbitrarily set by the user. The aim of this study is to 52 evaluate RS&LP robustness to varying values of parameters and to identify an optimized combi-53 nation of parameter values for HF diagnosis. To this aim, the Leiden University Medical Center 54 HF database was used. The database is constituted by 129 serial ECG pairs acquired in patients 55 who experienced myocardial infarction; 48 patients developed HF at follow-up (cases), while 81 56 remained clinically stable (controls). Overall, 15 ANNs were created by considering 13 serial 57 ECG features as inputs (extracted from each serial ECG pair), 2 classes as outputs (cases/con-58 trols), and varying values of MNL (1, 2, 3, 4 and 10), MNI (50, 250, 500, 1000 and 1500) and 59 MNC (2, 5, 10, 20 and 50). The area under the curve (AUC) of the receiver operating character-60 istic did not significantly vary with varying parameter values ($P \ge 0.09$). The optimized combina-61 tion of parameter values, identified as the one showing the highest AUC, was obtained for 62 MNL=3, MNI=500 and MNC=50 (AUC=86%; ANN structure: 3 hidden layers of 14, 14 and 13 63 neurons, respectively). Thus, RS&LP is robust, and the optimized ANN represents a potentially 64

useful clinical tool for a reliable automatic HF diagnosis.

Keywords: Deep Learning; Machine Learning; Artificial Neural Network; Repeated Structuring67and Learning Procedure; Heart Failure; Serial Electrocardiography.68

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1. Introduction¹

Heart failure (HF) is a common and potentially fatal heart disease that currently affects about 2% 71 of the adult population, with peaks up to 10% in subjects over 65 years old; the risk of death at 72 one year from the first diagnosis is about 35% [1,2]. According to guidelines of the European 73 Society of Cardiology, HF is a clinical syndrome characterized by breathlessness, ankle swelling 74 and fatigue. These symptoms are usually associated with clinical evidence, such as elevated jug-75 ular venous pressure, pulmonary crackles, and peripheral edema. These symptoms and clinical 76 evidences are caused by a structural and/or functional cardiac abnormality, resulting in a reduced 77 cardiac output and/or elevated intracardiac pressures at rest or during stress [3]. This broad defi-78 nition reflects the complexity of the disease that has about seventeen primary aetiologies. How-79 ever, more than two-thirds of HF cases can be attributed to four underlying conditions: ischemic 80 heart disease, chronic obstructive pulmonary disease, hypertensive heart disease and rheumatic 81 heart disease [4]. 82

While the primary cause of HF may be extracardiac, presence of one or more underlying 83 cardiac abnormalities is central for HF diagnosis. According to the current definition, HF is pre-84 sent when symptoms occur; however, some asymptomatic patients may present structural or func-85 tional cardiac abnormalities that are precursors of HF. Timely recognition and treatment of these 86 precursors may help to contrast HF natural development [5] and lead to positive outcomes [3]. 87 Presence of several HF precursors implies changes in the electrical properties of the heart and, 88 thus, variations of the electrocardiogram (ECG) with respect to normal. The ECG is the recording 89 of the electrical activity of the heart; by its nature, it is a pseudo-periodic signal consisting in the 90

Abbreviations: Acc, accuracy; ANN, artificial neural networks; AUC, area under the curve; CI, 95% confidence intervals; ECG, electrocardiogram; HF, Heart failure; HFDB, heart-failure database; LCT, learning computational time; MNC, maximal number of confirmations; MNI, maximal number of initializa-tions; MNL, maximal number of hidden layers; NTOT, total number of neurons; OP, operating point; P, level of statistical significance; ROC, receiver operating characteristic; RS&LP, repeated structuring and learning procedure; Se, sensitivity; Sp, specificity; TCT, testing computational time; VCG, vectorcardiogram.

repetition of a pattern showing a sequence of typical waves, which are: the P wave, reflecting 91 atrial depolarization; the QRS complex, reflecting ventricular depolarization and hiding atrial repolarization; and the T wave, reflecting ventricular repolarization. Thus, morphological and temporal ECG features represent physiological phenomena occurring within the heart and may indicate the presence of cardiac abnormalities. HF occurrence is unlikely in patients with a completely normal ECG; however, most ECG abnormalities are not HF specific [3]. 96

In this study we focused on the automatic early diagnosis of HF through serial ECG changes. 97 Serial ECG changes consist in ECG differences observed when comparing two ECGs, one newly 98 and one previously acquired from the same subject [6–8]. In daily clinical practice, serial electro-99 cardiography is usually done by visual inspection. Nevertheless, its complexity has recently sug-100 gested machine-learning approaches [9–11]. Serial electrocardiographic analysis supported by the 101 machine-learning algorithm called Repeated Structuring and Learning Procedure (RS&LP) has 102 provided important preliminary results in the detection of newly emerging or aggravating cardiac 103 pathology [10,11], and represents an important example of how machine-learning approaches 104 could support advances in clinics and healthcare. In order to provide examples of possible RS&LP 105 clinical applications, the procedure was also used to detect newly emerged HF [11]. Being pro-106 posed just as an example, the application relied on an arbitrary and unoptimized setting of param-107 eters; optimization of the parameter setting, however, becomes necessary when proposing 108 RS&LP as a useful tool for HF diagnosis in the clinical practice. 109

Thus, the aim of the present study is to evaluate the robustness of the RS&LP to varying 110 values of it's a-priory arbitrarily parameters and to identify a best combination of parameters for 111 automatic HF diagnosis. 112

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2. Related works

Several works have previously presented machine learning approaches for automatic HF detection [12]. Used clinical data are heterogeneous and include electrocardiographic data, echocardiographic data, electronic health records data and data from other sources (*e.g.*, post-mortem clinical analysis) [12]. Only few studies presented machine learning approaches for HF detection 118 from ECG analysis [13–18]; proposed techniques include deep fully-connected neural networks 119 [17], convolutional neural networks [13,19,20], long-short term memory [18], random forest clas-120 sifiers [16] and support vector machine [14,15]. Most works considered directly the cardiac sig-121 nals (ECG [13–16,19,20] or heart-rate series [18]) as input of the classifiers; only one study con-122 sidered both demographic and electrocardiographic features [17]. Two studies [17,19] were per-123 formed on a huge amount of data (more than 50,000 patients); the others were performed on 124 smaller datasets (less than 100 patients) selected from open access databases [13–16,18,20]. Some 125 works aimed to discriminate HF patients from subjects showing normal sinus rhythm [13–18] and 126 show their major limitation in not considering possible comorbidities, which represent clinical 127 confounders and, thus, may jeopardize HF diagnosis. Only two works [19,20] considered the 128 presence of other pathologies such as diabetes mellitus, hypercholesterolemia, renal disease, hy-129 pertension, coronary artery disease and myocardial infarction. In one study [19] the other pathol-130 ogies were considered as comorbidities that could affect both HF patients as well as patients con-131 stituting the control group. In another study [20] pathologies other than HF were affecting the 132 patients constituting the control group only. 133

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3. Materials and Methods

3.1. Repeated Structuring and Learning Procedure

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RS&LP is a recently presented constructive algorithm for automatic creation of a supervised and 137 fully connected artificial neural network (ANN) [11]. In its general formulation, the procedure 138 takes as input a set of data features (one input neuron for each feature), constructs the ANN 139 according to the algorithm described below and classifies the data (one output neuron for each 140 considered class, except for binary classifications for which only one output neuron is required). 141 RS&LP creates the ANN by using a learning dataset composed of a training dataset and a 142 validation dataset. Class weights, each defined as the inverse of the corresponding class 143 prevalence, are considered [21] to compensate for potential disproportions among distributions 144

of cases over the output classes. Each neuron is characterized by a sigmoid activation function; 145 weights and bias, ranging between -1 and +1, are randomly initialized. 146

ANN construction (Figure 1) occurs on the basis of an iterative procedure composed of 147 three main phases, namely structuring phase, learning phase, and confirmation phase. The 148 procedure starts from an original ANN composed of the input layer, one hidden layer constituted 149 by one neuron, and the output layer. During the structuring phase, the original ANN is upgraded 150 into several different candidate ANNs obtained by adding a neuron to an existing hidden layer or 151 to a new hidden layer. Each candidate ANN must respect two structural rules: the number of 152 layers cannot exceed the "maximal number of hidden layers" (MNL, the numerical value of which 153 is initially set by the user); and the number of neurons in a layer cannot be larger than the number 154 of neurons in the previous layer. The learning phase consists of training and validation subphases, 155 both including several epochs during which training and validation errors are computed. Training 156 is performed using the scaled-conjugate-gradients algorithm [22], a training algorithm presenting 157 reliable performance in terms of computational effort, classification accuracy, even if applied to 158 small datasets [23–25]. Validation relies on the early stopping criterion to avoid overfitting [26]. 159 When the learning phase starts, weights and biases of the neurons added during the structuring 160 phase in each candidate ANN are initialized. Initialization is acceptable only if it implies a 161 decrement of the training error after only one epoch. Thus, if initialization of a new neuron is not 162 immediately acceptable, the neuron is re-initialized. The number of initializations of a new neuron 163 cannot exceed the "maximal number of initializations" (MNI, the numerical value of which is 164 initially set by the user). All candidate ANNs with an acceptable initialization are learnt. During 165 the confirmation phase, the validation errors of all learnt candidate ANNs are compared with the 166 validation error of the original ANN. If the validation error of one or more candidate ANNs is 167 less or equal to the validation error of the original ANN, the candidate ANN with the smallest 168 validation error becomes the new original ANN; if the validation error of all candidate ANNs are 169 larger than the validation error of the original ANN, the original ANN remains as such. Then, the 170 procedure starts anew by using the updated original ANN. RS&LP ends when there are no 171

acceptable candidate ANNs, when a candidate ANN reached the "maximum number of 172 confirmations" (MNC; the numerical value of which is initially set by the user), or when there are 173 no misclassifications in the learning dataset. When one of the above-listed stopping criteria 174 occurs, the original ANN is considered as the final ANN. The pseudocode ot the RS&LP is 175 reported in Figure 2; further details on the RS&LP can be found in [11].

To compensate for random initializations of neurons possibly leading to different final 177 ANNs, RS&LP is run 100 times so that 100 final ANNs were obtained. Among them, the ANN 178 with the largest area under the curve of the receiver operating characteristic on the learning dataset 179 is considered to be the best ANN. For convenience, ANN structure is represented in terms of [N1, 180 N2,...,NL], where Ni is the number of neurons in the ith layer, with i=1,2...NL, with NL being 181 the number of layers in the ANN and total number of neurons (NTOT). 182

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3.2. Heart Failure Detection by the Repeated Structuring & Learning Procedure

In this study, RS&LP was applied to serial electrocardiography for the detection of newly 185 emerging HF. In this application the input set of data features consisted of 13 serial ECG features 186 measured on the median beat of the vectorcardiogram (VCG) that is the orthonormal 187 representation of the standard 12-lead ECG [27]. Given their associations with 188 electrophysiological phenomena [11,27], the following 13 serial ECG features were considered: 189 QRS-duration difference (ms), QT-interval difference (ms), difference in maximal QRS-vector 190 magnitude (µV), difference in maximal T-vector magnitude (µV), QRS-integral vector magnitude 191 difference (mV·ms), T-integral vector magnitude difference (mV·ms), QRS-complexity 192 difference (%), T-wave complexity difference (%), magnitude of the ventricular-gradient 193 difference vector (mV·ms), magnitude of the QRS-T spatial-angle difference (°), heart-rate 194 difference (bpm), magnitude of J-vector difference vector (μV) and T-wave symmetry difference 195 (%). Number of neurons in the ANN input layer was 13 (as the number of input features); number 196 of neurons in the ANN output layer was 1 (binary ouptut indicating presence or absence of HF). 197

Suboptimized ANN for detection of newly emerged HF was constructed, trained and tested 198 on the HF database (HFDB) [11,28] that was retrospectively derived from the clinical ECG 199 database of the Leiden University Medical Center (Leiden, The Netherlands). All retrospective 200 evaluations reported here were undertaken in compliance with the ethical principles of Helsinki 201 Declaration and approved by the Leiden University Medical Center Medical Ethics Committee. 202 The HFDB contains 129 10-second 12-lead ECG pairs acquired in patients who had experienced 203 a myocardial infarction. All patients were clinically stable at the moment of their baseline ECG 204 recording, which was a routine ECG performed at least six months after the acute event. The 81 205 patients who remained clinically stable and did not develop HF during the follow-up were selected 206 as control patients; their follow-up ECG was a routine ECG performed approximately one year 207 after the acute myocardial infarction. The remaining 48 patients who developed HF during follow-208 up were selected as case patients; their follow-up ECG was a routine ECG performed at HF initial 209 occurrence. 210

All ECGs were processed by the custom-made LEADS software [29] that computes the 211 VCG and measures, among others, all the ECG features needed for this study. Eventually, the 13 212 serial ECG features mentioned above were computed by subtracting baseline ECG feature values 213 from the corresponding follow-up ECG feature values. No normalization was performed because 214 not consistent with of what normally done in clinics. 215

The HFDB was equally divided into a learning dataset and a testing dataset. The learning 216 dataset was used for ANN creation by RS&LP; the testing dataset was used to assess classification 217 performance. The learning dataset was further divided into a training dataset (80% of the learning 218 dataset) and a validation dataset (20% of the learning dataset). The prevalence of cases and 219 controls was maintained in all datasets. The distribution of case patients and control patients over 220 the datasets is reported in Table 1. 221

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In previous examples of RS&LP applications [10,11,30] values of MNL, MNI and MNC were				
arbitrarly set at 3, 500 and 10, respectively. Here, numerical setting of these parameters was varied	227			
to evaluate clinical performance of each ANN in the testing dataset. Value of each parameter was	228			
varied while keeping the values of the other two constant. Specifically, the following three tests	229			
were performed:	230			
• Test 1 was performed to determine RS&LP robustness to varying value of MNL. Consid-	231			
ered values of MNL were 1, 2, 3, 4 and 10, while values of MNI and MNC were kept constant at	232			
500 and 10, respectively.	233			
• Test 2 was performed to determine RS&LP robustness to varying value of MNI. Considered	234			
values of MNI were 50, 250, 500, 1000 and 1500, while values of MNL and MNC were kept	235			
constant at 3 and 10, respectively.	236			
• Test 3 was performed to determine RS&LP robustness to varying value of MNC. Consid-	237			
ered values of MNC were 2, 5, 10, 20 and 50, while values of MNL and MNI were kept constant	238			
at 3 and 500, respectively.	239			
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3.4. Statistical Analysis	241			
For each test, the best ANN was characterized by computing the area under the curve (AUC)	242			
of the receiver operating characteristic (ROC) and the associated 95% confidence intervals (CI)	243			
in the testing dataset. ROCs obtained with all combinations of parameter values were compared	244			
using the DeLong's tests [31], setting a level of statistical significance (P) equal to 0.05. Finally,	245			
the operating point (OP), identified as the ROC point in which sensitivity (Se – represented in the	246			
vertical axes of ROC) equals specificiy (Sp - represented in the horizontal axes of ROC), was	247			
used to calculate number of true positives (TP, number of patients affected by HF classified as	248			

cases), true negatives (TN, number of patients not affected by HF classified as controls), false 249 positives (FP, number of patients not affected by HF classified as cases) and false negatives (FN, 250

number of patients affected by HF classified as controls). According with these definitions, values 251 of accuracy (Acc), Se (equal to the vertical coordinate of OP on the ROC) and Sp (equal to the 252 horizontal coordinate of OP on the ROC) were computed as follow: 253

$$Se = \frac{TP}{TP + FN} \tag{1} 254$$

$$Sp = \frac{TN}{TN + FP} \tag{2}$$

$$Acc = \frac{TP + TN}{TP + TN + FP + FN} \tag{3}$$

For each test, the numerical value of the analyzed parameter was selected considering those257used to create the ANN having the highest AUC. The best parameters configuration was finally258identified by combining the selected values of MNL (from Test 1), MNI (from Test 2) and MNC259(form Test 3).260

3.5. Computational efficency

Computational efficiency of the RS&LP was evaluated in terms of computational time required 263 to create the ANN over the learning dataset (LCT), and to classify data over the testing dataset 264 (TCT). Processing was performed using MATLAB R2019b, running on an Intel(R) Core(TM) i7-265 2600 (RAM=12GB). 266

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4. Results

Performances of ANNs obtained by performing the tests are reported in Table 2. Results of Test 269 1 indicate that, although the number of hidden layers increased with increasing MNL, it never 270 became larger than 6, obtained for MNL equal to 10. NTOT also tended to increase with MNL, 271 going from 26 (MNL=1) to 63 (MNL=10). The AUC values ranged from 77% to 83%, even 272 though differences among the ROCs did not reach statistical significance (P>0.05). ROCs relating 273 to Test 1 are depicted in Figure 3(a). The maximum value of AUC was 83%, obtained for MNL=3, 274 thus representing the optimized MNL value in correspondence of which values of Acc, Se and Sp 275 in $OP_{Se=Sp}$ were all 75%. 276

Results of Test 2 show that NTOT varied from 28 (MNI=1500) to 50 (MNI=1000) without 277 showing a clear trend. AUC values ranged from 68% to 83%, even though differences among 278 ROCs did not reach statistical significance (P>0.05). ROCs relating to Test 2 are depicted in Figure 3(b). The maximum value of AUC was 83%, obtained for MNI=500, thus representing the 280 optimized MNI value in correspondence of which values of Acc, Se and SP in $OP_{Se=Sp}$ were all 281 75%. 282

Results relative to Test 3 indicate that NTOT increased from 3 (MNC=2) to 41 (MNC=50)283with increasing MNC. AUC values were quite stable, ranging from 78% to 86% (P>0.05). ROCs284relative to Test 3 are depicted in Figure 3(c). The maximum value of AUC was 86%, obtained285only for MNC=50, thus representing the optimized MNC value in correspondence of which values286of Acc, Se and SP in $OP_{Se=Sp}$ were all 75%.287

Table 2 also reports LCT values associated to all tests and combinations of parameter val-288 ues; LCT value ranged from 2h, 44min and 28s (Test 2 with MNL=3, MNI=50 and MNC=10) to 289 212h, 44min and 11s (Test 3 with MNL=3, MNI=500 and MNC=50). TCT was 9ms in all cases. 290 Considering the results of all tests, the best combination of parameter values is MNL=3, MNI=500 291 and MNC=50. Thus, the ANN associated with this combination, having architecture equal to 292 [14,13,13], AUC equal to 86%, CI equal to 20%, and Acc, Se and SP all equal to 75% (in OP_{Se=Sp}), 293 LCT equal to 212h, 44min and 11s, and CTC equal to 9ms (Table 2; Figure 4) represents the best 294 ANN for the automatic diagnosis of newly emerged HF. 295

5. Discussion

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This study evaluated the robustness of the RS&LP to varying values of parameters and identified 298 the best combination of MNL, MNI, and MNC values for the automatic diagnosis of newly 299 emerged HF from serial electrocardiography. The simultaneous availability of the previously proposed RS&LP and of the here-identified best combination of parameter values represents the main 301 contribution of this work since makes RS&LP a tool immediately usable in clinics for HF diagnosis. Indeed, RS&LP may be used to diagnose different pathologies; however, to perform 303 reliably, it needs to be associated with an optimal combination of parameter values specifically 304 identified for that pathology. 305

As known, clinical interpretability of automatic decision support systems is essential in 306 healthcare. To ensure interpretability of the results, our procedure for automatic HF diagnosis 307 relies on intra-subject serial changes of ECG features and not on raw ECG data. Indeed, according 308 to serial electrocardiography, absence of ECG changes indicates clinical stability of a patient, 309 while occurrence of ECG changes may indicate emerging pathologies. By using the 13 serial ECG 310 features, our machine-learning approach mimics and potentiates the decision procedure normally 311 adopted by physicians, who visually compare two serial ECG tracings in search of clinically sig-312 nificant differences. 313

RS&LP robustness was evaluated by performing three tests during which one single parameter value was varied. Overall, thirteen different combinations of parameter values were considered. The obtained ANN was validated by using the train/test split validation procedure, guaranteeing the realization of a unique tested decision support system.

Results (Table 2) indicate that ANNs constructed by the RS&LP are more stable in terms 318 of AUC and CI than in terms of structure. This is an expected and desirable finding; indeed, 319 RS&LP was designed to automatically create an ANN by recursively alternating structuring and 320 learning phases to optimize correctness of output classification, without considering a-priori ar-321 chitecture. The best parameter configuration is those having MNL, MNI and MNC equal to 3, 322 500 and 50, respectively. This combination of parameters may not be the optimal one, indeed it 323 would be it in case of parameter independence. Nevertheless, it associates with a high value of 324 AUC (86%) and thus guarantees a good clinical performance. Additionally, this optimized com-325 bination of parameter values was associated with the longest LCT (212h, 44min and 11s), mostly 326 due to the high values of the parameters, particularly of MNI. However, once created with the 327 optimized combination of parameter values, the ANN performed testing classification fast 328 (TCT=9ms) suggesting its possible use in clinical applications, even in real-time scenarios. 329

The best ANN was identified based on AUC and not on Acc, Se, and Sp. Indeed, computation of the latter requires choice of an operating point on the ROC, choice that should be left to the clinician and could vary depending on the clinical condition, anamnesis, and HF risk class of the patient. As an example, we reported Acc, Se, and Sp value relative to the commonly used operating point for which Se equals Sp; this value was 75% for the optimized ANN.

In general, definition of the ANN architecture is critical, independently by the method ap-335 plied to construct it. Indeed, use of too few neurons and/or hidden layers may lead to underfitting, 336 whereas use of too many neurons and/or hidden layers may lead to overfitting [32]. Well defined 337 rules for architecting ANNs have not been drawn up yet and definition of the appropriate number 338 of neurons and layers still requires several trials and computations. RS&LP does not require an a 339 priori definition of the architecture of the ANN to be created; rather, it adaptively defines it by 340 continuously optimizing classification correctness. ANN growth is encouraged by trying different 341 candidate ANNs (thus avoiding underfitting) and discouraged by imposing that candidate ANNs 342 must improve performance (thus avoiding overfitting). The RS&LP underlying hypothesis is that 343 there may exist several ANN architectures that may lead to the best possible classification; the 344 reached optimized architecture depends on random initializations. 345

Several constrictive algorithms have been previously presented in the literature [33,34] but, 346 to our knowledge, none for clinical or healthcare applications. The constructive nature of the 347 RS&LP, that uniquely iteratively optimizes ANN architecture and its weights and biases, makes 348 it particularly suitable to be applied to both relatively small databases, like the one used here or 349 in our previously works [10,11], as well as to big data. To further avoid generalization problems 350 due to the small size of the available dataset, in the present study the constructed ANN was also 351 evaluated on the validation dataset where we applied the early-stopping criteria and selected 352 suboptimized ANN as the one with the highest AUC among the 100 ANNs created with different 353 random neuron initializations. Many clinical databases are limited in size and their statistical 354 modelling is often rather conventional and miss ANN flexibility to handle non-linear interactions 355 between features. Our present and previous applications of RS&LP to the same HF database [11] 356 indicate that RS&LP performance (AUC=86%) is superior to that of logistic regression 357 (AUC=61%) and of standard ANN method with a-priori fixed architecture (AUC=83%). When 358 applied to databases of small size, the ANN architecture obtained with the RS&LP typically includes a low number of layers, but in case of big data applications, the RS&LP has the potentiality 360 to create more complex ANN architectures able to manage different types of clinical data. 361

A qualitative comparison of the RS&LP performance against that of other machine learning 362 approaches [13-20] aiming to detect HF by using cardiac signals is reported in Table 3. The 363 studies differed in terms of used algorithm, presence of clinical confounders, samples size of an-364 alyzed populations and signals in input of the classifier. Many studies show very high perfor-365 mance; however, their clinical applicability could be limited due to lack of interpretability and 366 explainability (cardiac signals [13–16,18–20] instead of features are used as input for the classi-367 fiers). The need of "Explainable Artificial Intelligence" [35] is a priority in clinical/ healthcare 368 applications where machine learning approaches should not only perform automatic diagnosis of 369 a pathology, but also explain why that classification was provided. Use of features (as done in the 370 present study and in [17]) instead of signals as input of the classifier is often preferred in these 371 cases. Indeed, if properly selected, the features have a physiological meaning that allows clini-372 cians to interpret the results provided by the automatic analysis. Additionally, in real scenarios 373 patients may be affected by comorbidities so that the capability to discriminate HF patients from 374 subjects with normal sinus rhythm only [13-18] appears reductive. Anyway, considering the high 375 versatility of ANN, future studies will aim to implement the RS&LP for the structuring and learn-376 ing of convolutional and recurrent neural networks and test its performance in more complex 377 clinical scenarios, always guaranteeing clinical interpretability. 378

It is finally important to observe that, as previously said, here RS&LP was optimized to 379 work on serial electrocardiography to mimic and potentiate the diagnostic procedure adopted by 380 clinicians while ensuring interpretability. However, in some practical cases baseline ECG may 381 not be available. In those cases, RS&LP could still be thought as a tool to discriminate HF occurrence, but with an architecture and a combination of parameter values that should be specific for 383

that application. Determination of these architecture and combination of parameter values is be-	384
yond the scope of this paper but will be matter of future studies.	385
	386
6. Conclusion	387
Automatic diagnosis of newly emerged heart failure can occur through our optimized supervised	388
fully connected artificial neural network created using the Repeated Structuring & Learning pro-	389
cedure that can thus be proposed as a useful diagnostic tool for the clinical practice.	390

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Table 1. Division of the HFDB, constituted by case patients and control patients, into learning	516
and testing datasets, and further division of the learning dataset into training and validation da-	517
tasets.	518

	Learning (50%)			Testing	Total
_	Training (80%)	Validation (20%)	Total (100%)	(50%)	(100%)
Case patients	18	6	24	24	48
Control patients	34	7	41	40	81
Total	52	13	65	64	129

Tes t	MN L	MN I	MN C	Architecture	AU C (%)	CI (%)	Acc (%	Se (%)	Sp (%)	LCT (hh:mm:ss)
1	1	500	10	[26]	78	66- 90	75	75	75	13:16:02
	2	500	10	[22,21]	80	68- 92	72	71	73	16:28:12
	3	500	10	[12,12,8]	83*	72- 94	75	75	75	18:04:30
	4	500	10	[15,15,10,10]	77	64- 89	70	71	70	16:51:55
	10	500	10	[17,13,10,8,8,7]	77	64- 89	67	67	68	22:43:46
2	3	50	10	[15,12,8]	68	54- 82	63	63	63	2:44:28
	3	250	10	[26,10,10]	79	66- 91	67	67	68	8:27:13
	3	500	10	[12,12,8]	83*	72- 94	75	75	75	18:04:30
	3	1000	10	[17,17,16]	80	69- 92	72	71	73	32:57:32
	3	1500	10	[14,7,7]	79	67- 91	70	71	70	58:05:07
3	3	500	2	[1,1,1]	82	71- 94	75	75	75	3:36:44
	3	500	5	[15,7,7]	85	74- 95	75	75	75	6:30:07
	3	500	10	[12,12,8]	83	72- 94	75	75	75	18:04:30
	3	500	20	[19,10,9]	78	66- 91	70	71	70	39:17:36
	3	500	50	[14,14,13]	86*§	76- 96	75	75	75	212:44:11

Table 2. Clinical performances of suboptimized artificial neural networks (ANNs) obtained by performing the three robustness tests.

*suboptimized ANN with the highest AUC within a test; [§]optimized ANN. 52

Ref.	Algorithm	Clinical Confounders	Data Sam- ple Size	Input	Inter- preta- bility	Results
[13]	K-nearest neighbours and convolutional neural networks	No	73	ECG	No	Acc=98.97%
[14]	Support vector machine	No	76	ECG	No	Acc=99.66%
[15]	Support vector machine	No	33	64 ECG samples	No	Acc= 97.27%
[16]	Random forest classifier	No	63	ECG	No	Acc=99.86 %
[17]	Deep neural networks	No	55163	Demo- graphic and electrocar- diographic features	Fea- tures	AUC=89%
[18]	Long short-term memory	No	156 di- vided into two data- bases: 1. 73 2. 83	RR time series	No	Acc=98.9% Acc=87.6%
[19]	Convolutional neural networks	Comorbidities in some pa- tients: diabetes mellitus, hy- percholesterolemia, renal dis- ease, hypertension, coronary artery disease, myocardial in- farction.	163892	ECG	No	AUC=89%
[20]	Convolutional neural networks	Comorbidities in some pa- tients: hypertension.	40	ECG	No	Acc>99.8% in several experiments
This work	Neural Net- works	Comorbidities in all patients: myocardial infarction.	129	13 serial ECG dif- ference features	Fea- tures	AUC=86%

Table 3. Qualitative comparison of machine 1	earning approaches for heart failure detection from
cardiac signals.	

Acc: accuracy; AUC: area under the receiver operating curve



Figure 1. Flowchart of the repeated structuring and learning procedure (RS&LP).

START %LearnD is the learning dataset Request: LearnD %Structure of the initial NN (first iteration). *S0* ← [1]; %Training of the initial architecture with the learning data EVO, ETO, NNO <- Train SO, LearnD; % NNOR is the original NN NNOR 🗲 NNO; % SOR is the structure of original NN SOR 🗲 SO; %EVOR is the training error of the original NN ETOR \leftarrow ETO; %EVOR is the validation error of the original NN EVOR \leftarrow EV0; %Number of confirmation of the same structure Conf 🗲 0; %As long as a stopping criterium does not occur WHILE (Missclass NNOR, LearnD == 0) or (Conf < MNC) do %Determination of the possible new structures. S-NN contain N possible new structures. %Structures with number of layer higher than MNL are rejected. S-NN **< Find New Architectures** SOR; FOR $n \leftarrow 1$ to N do S-NNn 🗲 S-NN(n); %Item is the number of initializations Item < 0; WHILE (ETn>ETOR) or (Init<MNI) %Initializialization of new neurons, mantaining the weights and the biases of the existing NN. IS-NNn ← Initialize S-NNn, NNOR ; Item ← Item +1 ; %Training of the initialized possible new structure with only one iteration. [EVj, ETj, NNj] ← Train One Step IS-NNn, LearnD; END IF Init == MNI Reject NNn; ELSE %Training of the initialized possible ANN EVn, ETn, NNn <- Train IANNn, LearnD; % Receiver Operating Characteristing (ROC) curve analysis and area under the curve (AUC) computation AUCn <- ROC Analysis NNn, LearnD; %Saving of the all possible candidate NNs PossNN(n) ← NNn; AUC(n) 🗲 AUCn ; END END IF (PossNN==0) Conf == Conf +1 ;ELSE %Selection of the possible NN with the maximum AUC NNOR ← PossNN (max AUC); END END FinalNN 🗲 NNOR RETURN FinalNN END

Figure 2. Pseudocode of the repeated structuring and learning procedure (RS&LP).



Figure 3. Receiver operating characteristics (ROCs) obtained when performing Test 1 (panel a), Test 2 (panel b) and Test 3 (panel c), with a varying maximum number of hidden layers (MNL), a varying maximum number of initializations (MNI) and with a varying maximum number of confirmations (MNC), respectively. The operating points for which sensitivity equals specificity $(OP_{Se=Sp})$ are indicated with '×'.



Figure 4. Artificial neural network obtained with the optimized configuration of repeated struc-543turing & learning procedure parameters for automatic diagnosis of newly emerged heart failure544with [14, 14, 13] architecture and associated area under the curve (AUC) of 86%.545