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Impact of thistle rennet from *Carlina acanthifolia* All. subsp. *acanthifolia* on bacterial diversity and dynamics of a specialty Italian raw ewes' milk cheese

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*Original*

Impact of thistle rennet from *Carlina acanthifolia* All. subsp. *acanthifolia* on bacterial diversity and dynamics of a specialty Italian raw ewes' milk cheese / Cardinali, Federica; Osimani, Andrea; Taccari, Manuela; Milanovic, Vesna; Garofalo, Cristiana; Clementi, Francesca; Polverigiani, Serena; Zitti, Silvia; Raffaelli, Nadia; Mozzon, Massimo; Foligni, Roberta; Franciosi, Elena; Tuohy, Kieran; Aquilanti, Lucia. - In: INTERNATIONAL JOURNAL OF FOOD MICROBIOLOGY. - ISSN 0168-1605. - ELETTRONICO. - 255:(2017), pp. 7-16. [[10.1016/j.ijfoodmicro.2017.05.018](https://doi.org/10.1016/j.ijfoodmicro.2017.05.018)]

*Availability:*

This version is available at: 11566/248306 since: 2020-04-12T23:04:51Z

*Publisher:*

*Published*

DOI:[10.1016/j.ijfoodmicro.2017.05.018](https://doi.org/10.1016/j.ijfoodmicro.2017.05.018)

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note finali coverage

(Article begins on next page)



Elsevier Editorial System(tm) for  
International Journal of Food Microbiology  
Manuscript Draft

Manuscript Number:

Title: Impact of thistle rennet from *Carlina acanthifolia* All. subsp. *acanthifolia* on bacterial diversity and dynamics of a specialty Italian raw ewes' milk cheese

Article Type: Short Communication

Keywords: Sopravissana raw ewes' milk cheese; vegetable milk coagulant; bacterial biota; culture; PCR-DGGE; high-throughput sequencing.

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Ancona 01-02-2017

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Dear Editor,

would you please consider the manuscript titled “**Impact of thistle rennet from *Carlina acanthifolia* All. subsp. *acanthifolia* on bacterial diversity and dynamics of a specialty Italian raw ewes’ milk cheese**” for publication as short communication in International Journal of Food Microbiology.

*Caciofiore della Sibilla* is an Italian specialty soft cheese manufactured with *Sopravissana* raw ewes’ milk and thistle rennet prepared with young fresh leaves and stems of *Carlina acanthifolia* All. subsp. *acanthifolia*, according to an ancient tradition deeply rooted in the territory of origin (mountainous hinterland of the Marche region, Central Italy). In this study, the impact of thistle rennet on the bacterial dynamics and diversity of *Caciofiore della Sibilla* cheese was investigated by applying a polyphasic approach based on culture and DNA-based techniques (Illumina sequencing and PCR-DGGE). A control cheese manufactured with the same batch of ewes’ raw milk and commercial animal rennet was analyzed in parallel. Overall, a large number of bacterial taxa were identified, including spoilage, environmental and pro-technological bacteria, primarily ascribed to *Lactobacillales*. Thistle rennet was observed clearly to affect the early bacterial dynamics of *Caciofiore della Sibilla* cheese with several bacterial groups (*Lactobacillus alimentarius/paralimentarius* and *Lactobacillus plantarum/paraplantarum/pentosus*) being detected in the phyllosphere of *C. acanthifolia* All, thistle rennet and curd obtained with thistle rennet. Other bacterial taxa, hypothetically originating from the vegetable coagulant (*Enterococcus faecium*, *Lactobacillus brevis*, *Lactobacillus delbrueckii*, *Leuconostoc mesenteroides/pseudomesenteroides*), were exclusively found in *Caciofiore della Sibilla* cheese by PCR-DGGE. At the end of the maturation period, Illumina sequencing demonstrated that both cheeses were dominated by *Lactobacillales*; however curd and cheese produced with thistle rennet were co-dominated by *Lactobacillus* and *Leuconostoc*, whereas *Lactococcus* prevailed in curd and cheese produced with commercial animal rennet followed by *Lactobacillus*. Differences in the bacterial composition between the two cheeses at the end of their maturation period were confirmed by PCR-DGGE analysis.

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### **To whom it may concern**

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## Highlights

- *Caciofiore della Sibilla* cheese and a control cheese were analyzed in parallel
- A polyphasic approach based on culture and DNA-based techniques was applied
- Thistle rennet affected early bacterial dynamics of *Caciofiore della Sibilla* cheese
- The two cheeses differed in their bacterial composition at the end of ripening

1 **Impact of thistle rennet from *Carlina acanthifolia* All. subsp. *acanthifolia* on bacterial diversity and dynamics of**  
2 **a specialty Italian raw ewes' milk cheese**

3

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5 Serena Polverigiani<sup>1</sup>, Silvia Zitti<sup>1</sup>, Nadia Raffaelli<sup>1</sup>, Massimo Mozzon<sup>1</sup>, Elena Franciosi<sup>2</sup>, Kieran Tuohy<sup>2</sup>, Lucia  
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32 **Abstract**

33

34 *Caciofiore della Sibilla* is an Italian specialty soft cheese manufactured with *Sopravissana* raw ewes' milk and thistle  
35 rennet prepared with young fresh leaves and stems of *Carlina acanthifolia* All. subsp. *acanthifolia*, according to an  
36 ancient tradition deeply rooted in the territory of origin (mountainous hinterland of the Marche region, Central Italy). In  
37 this study, the impact of thistle rennet on the bacterial dynamics and diversity of *Caciofiore della Sibilla* cheese was  
38 investigated by applying a polyphasic approach based on culture and DNA-based techniques (Illumina sequencing and  
39 PCR-DGGE). A control cheese manufactured with the same batch of ewes' raw milk and commercial animal rennet  
40 was analyzed in parallel. Overall, a large number of bacterial taxa were identified, including spoilage, environmental  
41 and pro-technological bacteria, primarily ascribed to *Lactobacillales*. Thistle rennet was observed clearly to affect the  
42 early bacterial dynamics of *Caciofiore della Sibilla* cheese with several bacterial groups (*Lactobacillus*  
43 *alimentarius/paralimentarius* and *Lactobacillus plantarum/paraplantarum/pentosus*) being detected in the phyllosphere  
44 of *C. acanthifolia* All, thistle rennet and curd obtained with thistle rennet. Other bacterial taxa, hypothetically  
45 originating from the vegetable coagulant (*Enterococcus faecium*, *Lactobacillus brevis*, *Lactobacillus delbrueckii*,  
46 *Leuconostoc mesenteroides/pseudomesenteroides*), were exclusively found in *Caciofiore della Sibilla* cheese by PCR-  
47 DGGE. At the end of the maturation period, Illumina sequencing demonstrated that both cheeses were dominated by  
48 *Lactobacillales*; however curd and cheese produced with thistle rennet were co-dominated by *Lactobacillus* and  
49 *Leuconostoc*, whereas *Lactococcus* prevailed in curd and cheese produced with commercial animal rennet followed by  
50 *Lactobacillus*. Differences in the bacterial composition between the two cheeses at the end of their maturation period  
51 were confirmed by PCR-DGGE analysis.

52

53 **Keywords:** *Sopravissana* raw ewes' milk cheese, vegetable milk coagulant, bacterial biota, culture, PCR-DGGE, high-  
54 throughput sequencing

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62



## 63 **1. Introduction**

64

65 *Caciofiore della Sibilla* is a specialty soft cheese manufactured in a restricted central Italian geographical area using  
66 *Sopravissana* raw ewes' milk and thistle rennet obtained from young fresh leaves and stems of *Carlina acanthifolia* All.  
67 subsp. *acanthifolia* according to an ancient local tradition.

68 The term "thistle" refers to plants belonging to the tribe *Cynareae* (synonym: *Cardueae*) especially ascribed to the  
69 genera *Carduus*, *Cirsium*, and *Onopordum*. However, plants outside this tribe are sometimes considered thistles,  
70 including those within the genera *Cynara*, *Scolymus*, *Silybum*, *Onopordum*, and *Carlina*. In the Mediterranean area, the  
71 exploitation of thistle rennet, especially that obtained from *Cynara* spp., is particularly widespread in western Africa  
72 (García et al., 2012; Cardinali et al., 2016), Italy, and the Iberian peninsula, the latter boasting a large number of  
73 Protected Designation of Origin (PDO) cheeses manufactured with this peculiar coagulant (Aquilanti et al., 2011;  
74 Cardinali et al., 2016). Cheeses coagulated with thistle rennet are generally manufactured at family-run or artisan dairy  
75 farms, most often located in marginal areas (e.g., high altitude pastures, dry lands or islands) using raw ewes' or goats'  
76 milk, or a mixture of both. Though these cheeses are greatly appreciated by consumers for their unique, distinctive  
77 flavor, their manufacturing is generally seasonal, mainly due to limitations on the availability of young leaves or  
78 flowers from spontaneously growing thistles.

79 *Caciofiore della Sibilla* cheese undoubtedly falls within this cheese category. The manufacturing technology of this  
80 cheese, which had been lost for more than 50 years in the original area of production, has very recently been revived by  
81 two local family-run dairies located in Pieve Torina and Belforte del Chienti (Macerata district), respectively. The  
82 cheese produced by these local dairies from late spring to early summer is 3-4 cm tall, has an average weight of 0.2 to  
83 0.8 kg and is characterized by a very thin straw-white outer rind and a cream-white soft core, with a sweetish buttery  
84 smell, a delicate but incisive flavor with a scent of wild herbs, and a slightly acidulous, pleasant taste.

85 To date, few studies have been conducted to identify the bacterial biota harboured by thistle-rennet cheeses (Sousa and  
86 Malcata, 1997; Vioque et al., 2000; Gómez et al., 2001; Roseiro et al., 2003; Fernández-Salguero et al., 2002; Tejada  
87 and Fernández-Salguero, 2003; Aquilanti et al., 2011; Galán et al., 2012; Ordiales et al., 2013) and almost all of these  
88 investigations have been focused on Protected Designation of Origin (PDO) or specialty cheeses manufactured with  
89 thistle coagulants obtained from *Cynara* spp.

90 Based on these premises, this study uses a polyphasic molecular approach based on culture and DNA-based techniques  
91 to assess the impact of an unexplored milk coagulant obtained from *Carlina acanthifolia* All. subsp. *acanthifolia* on the  
92 bacterial dynamics and diversity of *Caciofiore della Sibilla* cheese. To this end, two cheese manufactures produced with

93 the same batch of *Sopravissana* raw ewes' milk and coagulated with either thistle rennet or commercial powdered  
94 animal rennet were analyzed in parallel and the results comparatively evaluated.

95

## 96 **2. Materials and Methods**

97

### 98 *2.1. Cheese-making process and sampling*

99 *Caciofiore della Sibilla* cheese was made in a family-run dairy farm located in Pieve Torina (Italy) following an ancient  
100 local manufacturing method without any addition of starter cultures.

101 The sole *Caciofiore della Sibilla* cheese manufacture produced by the dairy farm during spring and summer 2015 was  
102 sampled and analysed. Raw milk obtained from *Sopravissana* ewes during one milking day was filtered and separated  
103 into two batches; three cheese wheels were produced from each batch. The first batch (labelled "C") was coagulated  
104 with commercial powdered calf rennet (Caglificio Clerici, Cadorago, CO, Italy; 1:10,000), whereas the second batch  
105 (labelled "CF") was coagulated with a crude aqueous extract prepared from *C. acanthifolia* All. subsp. *acanthifolia*. The  
106 traditional preparation of the crude aqueous extract based on the use of fresh young leaves and stems - containing a  
107 considerable quantity of latex - of plants spontaneously growing in the high altitude pastures (>1000 m a.s.l.) of Monti  
108 Sibillini National Park has previously been detailed by Cardinali et al. (2016). Milk coagulants were added to raw milk  
109 pre-heated at 35 °C and gently stirred. After clotting (ca. 30'), the curds were manually broken into rice-sized grains,  
110 transferred into plastic perforated molds (8 x 8 cm) and manually pressed to remove the whey. Molded cheeses were  
111 held at 12-13 °C for 4 h, dry salted and ripened for 20 days under controlled conditions (12-13 °C and 70 % relative  
112 humidity).

113 Ewes' raw milk, fresh young leaves and stems of *C. acanthifolia* All. subsp. *acanthifolia*, thistle rennet, curds and  
114 cheeses (after 1, 3, 6, 10 and 20 days of ripening) were collected in triplicate. Samples were transported to the  
115 laboratory under controlled temperature (4 °C) and processed within 24 h. Triplicate samples were pooled before viable  
116 counting and molecular analysis.

117

### 118 *2.2. pH measurements*

119

120 The pH of samples collected during cheese-making was measured using the pH meter 300 (Hanna Instruments, Padova,  
121 Italy), equipped with a solid electrode (HI2031, Hanna Instruments). Three independent measurements were performed  
122 for each sample, and the mean values  $\pm$  standard deviations were calculated.

123

124 *2.3. Microbial counts and bulk formation*

125

126 For the microbial counts, 10 grams of each solid sample were accurately homogenized in 90 mL of sterile aqueous  
127 citrate (2 % w/v) for 2 min at 260 rpm using a Stomacher apparatus (400 Circulator, VWR International PBI, Milan,  
128 Italy). Aliquots of decimal dilutions of raw milk, thistle rennet and the homogenates were inoculated in duplicate on  
129 opportune solid media to determine the load of (i) presumptive lactococci, thermophilic cocci and lactobacilli; (ii)  
130 coagulase-negative cocci; (iii) total mesophilic aerobes; (iv) enterococci; (v) and finally *Enterobacteriaceae* (Garofalo  
131 et al., 2017). Viable counts were expressed as log colony forming units (log cfu) per gram or mL of sample  $\pm$  standard  
132 deviations. For all samples but cheeses, bulk cells were prepared by harvesting confluent colonies from both the lowest  
133 MRSA and M17 dilution plates and the countable plates with a number of colonies ranging from 30 to 300 (Garofalo et  
134 al. 2015). For cheeses, the sole colonies grown on the countable plates were harvested. Harvested cells were suspended  
135 in 2 mL of sterile saline solution added with glycerol, and stored at -20 °C prior to DNA extraction (Garofalo et al.,  
136 2015).

137

138 *2.4. DNA extraction from cheese samples and bulks*

139

140 For raw milk, thistle rennet, curd and cheese homogenates, total microbial DNA was extracted using a commercial kit  
141 (PowerFood™ Microbial DNA Isolation Kit, Mo Bio Laboratories, Carlsbad, USA), as previously elucidated (Cardinali  
142 et al. 2016). For bulk cells, DNA extraction was performed using the method proposed by Hynes et al. (1992) with  
143 some modifications as reported by Osimani et al. (2015). Assessment of quantity and purity of DNA extract was carried  
144 out as described by Osimani et al. (2016).

145

146 *2.5. PCR amplification and DGGE analysis*

147

148 The universal primers 338F (5'-ACT CCT ACG GGA GGC AGC AGC AG-3'), added with the GC clamp at the 5' end  
149 (Ampe et al. 1999), and 518R (5'-ATTACC GCG GCT GCT GG-3') were used to amplify the V3 region of the 16S  
150 rRNA gene (Alessandria et al., 2010).

151 Approximately 100 ng of bacterial DNA were amplified as previously reported by Osimani et al. (2015) using the  
152 thermal cycler My Cycler (Bio-Rad Laboratories, Segrate, Italy). DGGE runs were performed as reported by the same  
153 authors. Sequencing of DNA eluted from selected DGGE bands was performed in accordance to Taccari et al. (2016).  
154 Sequences were compared with those deposited in the GenBank DNA database (<http://www.ncbi.nlm.nih.gov/>) using

155 the Basic Local Alignment Search Tool (BLAST). A sequence identity  $\geq 97\%$  was chosen as a threshold for  
156 unambiguous assignment into species.

157

## 158 *2.6. DNA amplification and Illumina sequencing*

159

160 The extracted DNA was used to study the bacterial diversity of the samples (raw milk, thistle rennet, curds and cheeses)  
161 by 16S rRNA amplicon Illumina sequencing. A 464-nucleotide sequence of the V3-V4 region of the 16S rRNA gene  
162 was analyzed as previously described by Alfonzo et al. (2017).

163

## 164 *2.7. Illumina data analysis and sequence identification by QIIME*

165

166 Sequences obtained from Illumina sequencing were processed using Quantitative Insights Into Microbial Ecology  
167 (QIIME) software package version 1.9 (Caporaso et al., 2010) as previously detailed by Alfonzo et al. (2017). The data  
168 generated by Illumina sequencing were deposited in the NCBI Sequence Read Archive (SRA) and are available under  
169 Ac. No. PRJNA340351.

170

## 171 *2.8. Statistical analysis*

172

173 For each cheese batch, viable counts recorded after 1, 3, 6, 10 and 20 days of maturation were analyzed by an ANOVA  
174 and a Tukey's test ( $\alpha = 0.05$ ) for means separation. At each sampling time, data from the two batches "C" and Cf" were  
175 compared using the Student's t-test ( $\alpha = 0.05$ ). A principal component analysis (PCA) with a correlation matrix was  
176 carried out on standardized data to visually identify bacterial dynamics over time. All the statistical analyses were  
177 performed using JMP statistical software v. 11.0 (SAS Institute, Cary, NC, USA).

178

# 179 **3. RESULTS**

180

## 181 *3.1. pH measurement and viable counting*

182

183 Raw ewes' milk and thistle rennet were characterized by pH mean values of  $6.39 \pm 0.10$  and  $3.79 \pm 0.05$ , respectively; the  
184 results of pH measurements carried out in curds and cheeses sampled at different time points are reported in Fig. 1. As

185 revealed by ANOVA, curds and cheeses coagulated with thistle and animal rennet significantly differed in their pH  
186 values up until the 10<sup>th</sup> day of ripening, whereas after 20 days of maturation, both cheeses reached similar pH values.  
187 The results of viable counting are shown in Table 1. The phyllosphere of *C. acanthifolia* All. was characterized by high  
188 levels of total mesophilic aerobes, lactococci, *Enterobacteriaceae* and coagulase-negative cocci and, conversely, by low  
189 levels of presumptive thermophilic cocci, enterococci and lactobacilli. Low bacterial loads were seen in thistle rennet.  
190 No significant differences were observed between raw ewes' milk and curds in the viable counts of presumptive  
191 lactobacilli, total mesophilic aerobes and enterococci, whereas significant differences were observed in the loads of  
192 presumptive lactococci, thermophilic cocci and coagulase-negative cocci.  
193 Viable counts of lactobacilli, total mesophilic aerobes, enterococci and *Enterobacteriaceae* increased progressively  
194 during the ripening of *Caciofiore della Sibilla* cheese; moreover, at the end of the maturation period (20 days), the two  
195 cheeses differed significantly in the load of all the bacterial groups assayed, except for lactobacilli and  
196 *Enterobacteriaceae*.  
197 When PCA was computed, the first component accounted for 85.7 % of total variability whereas the second component  
198 accounted for an additional 5.3 % (Fig. 2). As clearly evidenced by the plot, the *Caciofiore della Sibilla* cheese had a  
199 greater range of variation in the bacterial loads than the control cheese, especially up until the third day of maturation.

200

### 201 3.2. PCR-DGGE analyses

202

203 The DGGE profiles obtained by analyzing the DNA extracted from both the samples and the bulk cells harvested from  
204 selected dilution plates are shown in Fig. S1 and S2, and the results of multiple alignments of DNA sequences from  
205 selected DGGE bands are shown in Table S1. These results are summarized in Tables 2 and 3. In the phyllosphere of *C.*  
206 *acanthifolia* All., the closest relatives to *Pantoea agglomerans*, *Pseudomonas alcaliphila* *Acinetobacter baumannii*, the  
207 *Lactobacillus alimentarius/paralimentarius* group, the *Lactobacillus graminis/curvatus* group, *Enterobacter* spp.,  
208 *Pseudomonas* spp., and *Bacillus* spp. were found. Members of the latter genus were also detected in thistle rennet, along  
209 with members of the *Lactobacillus plantarum/paraplantarum/pentosus* group and the *Lactobacillus*  
210 *alimentarius/paralimentarius* group.

211 In raw ewes' milk, the following taxa were detected: *Acinetobacter johnsonii*, *Enterobacter cloacae*, *Enterobacter*  
212 *hormaechei*, *Pseudomonas* spp. and *Lactococcus lactis*. The latter species was detected at both the lowest and highest  
213 dilution.

214 Completely different bacterial compositions were seen in the two curds: curd obtained with commercial animal rennet  
215 was dominated by *Enterobacteriaceae* bacteria, while curd obtained from thistle rennet was dominated by lactic acid

216 bacteria. In general, the bacterial diversity of cheeses during ripening was higher than that of raw milk, thistle rennet  
217 and curds. Furthermore, if the two cheeses were comparatively evaluated, a few taxa, such as *Enterococcus faecium*,  
218 *Lactobacillus brevis*, *Leuconostoc mesenteroides* and *Weissella* spp., were exclusively found in *Caciofiore della Sibilla*  
219 cheese, whereas other taxa, such as *Bifidobacterium dentium*, *Citrobacter* spp., *Enterobacter hormaechei*, *Erwinia*  
220 *chrysanthemi* and the *Lact. alimentarius/paralimentarius* group, were found only in the control cheese. By contrast, the  
221 following bacteria were identified in both cheeses, namely, *Enterococcus faecalis*, *L. lactis*, the *Lactobacillus*  
222 *casei/paracasei/rhamnosus* group, the *Lact. plantarum/paraplantarum/pentosus* group and *Staphylococcus sciuri*. With  
223 the exception of *Bacillus subtilis*, *Acinetobacter johnsonii* and *Enterobacter cloacae*, all of the remaining taxa were  
224 detected in the highest dilution plates, thereby suggesting a load of at least  $10^5$ - $10^8$  cfu/g.

225

### 226 3.3. Illumina sequencing

227

228 The DNA extracted from ewes' raw milk, curds and cheeses was successfully amplified in the bacterial V3-V4 16S  
229 rRNA gene region. After splitting and quality trimming of raw data, 62,772 reads remained for subsequent analysis.  
230 After alignment, OTUs were clustered at a 3 % distance and the doubles and singletons (OTUs counting only two or  
231 one reads, respectively) were discarded by a filter script implemented in QIIME. Chao1 estimator predicted an average  
232 of 688 and  $231 \pm 43$  OTUs in milk and cheese samples, respectively, and the average observed counts were 661 and  
233  $176 \pm 40$  OTUs, respectively, suggesting that we were able to capture approximately 96 % and 76 % of the OTUs  
234 estimated as present in the milk and cheese bacterial populations, respectively.

235 In most samples, a number of OTUs belonged to chloroplasts. These OTUs were not very abundant in raw milk, curd  
236 produced with animal rennet, and *Caciofiore della Sibilla* cheese at 3 and 20 days of ripening, accounting for less than  
237 1.2 % of total reads number, with the exception of *Caciofiore della Sibilla* cheese at 3 days of ripening, where they  
238 constituted 10.6 % of the total reads number. Conversely, chloroplast OTUs constituted the majority of the reads  
239 number in curd obtained with thistle rennet and *Caciofiore della Sibilla* cheese collected after 1 day of ripening,  
240 accounting for 81.9 % and 78.5 % of the total reads number, respectively. The relative abundance (%) of the different  
241 bacterial groups identified in raw milk, curds and cheeses are reported in Fig. 3. Only the groups with an incidence of  
242 0.1 % were considered. The majority of milk OTUs belonged to three different groups: *Lactobacillales*,  
243 *Enterobacteriaceae* and *Clostridiales*, which together accounted for 60 % of the total number of bacterial OTUs in raw  
244 milk. Various minority taxa were also identified, including *Staphylococcus*, *Planococcaceae* and *Bacteroidales*.

245 As the bacterial dynamics were comparatively evaluated along with the two cheese-making processes, the following  
246 evidence emerged. In curd obtained with commercial animal rennet, *Planococcaceae* and *Enterobacteraceae* prevailed,

247 followed by *Lactobacillales*, *Staphylococcus* and *Macrooccus*. *Enterobacteraceae*, *Lactobacillales* and  
248 *Staphylococcus* were also found in curd obtained with thistle rennet. At the end of the maturation period, both cheeses  
249 were dominated by *Lactobacillales*, which accounted for approximately 65 % of the total number of bacterial OTUs;  
250 however, different minority taxa were found, namely, *Enterobacteriaceae* in control ewes' milk cheese, and both  
251 *Macrooccus* and *Acidobacteria* in *Caciofiore della Sibilla* cheese.

252 In Fig. 4, a finer taxonomic composition within the order *Lactobacillales* is shown. In raw ewes' milk, OTUs  
253 corresponding to *Lactobacillus*, *Enterococcus*, *Lactococcus*, *Staphylococcus*, *Carnobacterium*, *Leuconostoc* and  
254 *Weissella* were found, though for the latter two taxa, a relative abundance lower than 0.1 % was seen. In curd and  
255 cheese obtained with thistle rennet, *Lactobacillus* and *Leuconostoc* co-dominated, whereas *Lactococcus* prevailed in  
256 curd and cheese produced with commercial animal rennet, followed by *Lactobacillus*. The two cheese manufactures  
257 also differed in the composition of minority taxa, with *Leuconostoc*s and *Pediococci* occurring at low levels in both the  
258 control and *Caciofiore della Sibilla* cheese, respectively.

259

#### 260 **4. Discussion**

261

262 To the best of the authors' knowledge, this report is the first to describe the contribution of thistle rennet obtained from  
263 *C. acanthifolia* All. subsp. *acanthifolia* to cheese bacterial composition and dynamics. Moreover, no previous  
264 investigations have been conducted on *Caciofiore della Sibilla* cheese, a Mediterranean soft ewes' raw milk cheese  
265 manufactured according to a revived local ancient technology.

266 As far as raw *Sopravissana* ewes' milk was analysed, viable counts of presumptive lactobacilli, lactococci, thermophilic  
267 cocci, total mesophilic aerobes, *Enterobacteriaceae* and coagulase-negative cocci were within the range reported by  
268 other authors for raw ewes' milk (Quigley et al. 2013).

269 Regarding thistle rennet, viable counts of total mesophilic aerobes and presumptive lactobacilli were comparable to  
270 those found by other authors (Aquilanti et al. 2011; Barbosa et al., 1981) in thistle rennets obtained from *Cynara* spp.  
271 dried flowers; by contrast, slightly lower counts of presumptive lactococci and thermophilic cocci were found compared  
272 to those reported by the same authors (Aquilanti et al. 2011; Barbosa et al. 1981).

273 At the end of ripening (20 days) *Caciofiore della Sibilla* cheese showed viable counts of total mesophilic aerobes and  
274 presumptive lactobacilli comparable with those reported by Aquilanti et al. (2013) in a raw cow's milk *Caciotta* cheese  
275 manufactured with an aqueous extract of *C. cardunculus*, whereas the counts of coagulase-negative cocci and  
276 *Enterobacteriaceae* were higher. Higher counts of *Enterobacteriaceae* in cheeses at the end of their ripening might  
277 suggest a lack of hygiene during milking and cheese-making. However, the metabolic activity of members of this

278 bacterial family has been positively correlated to high proteolysis and lipolysis in artisanal cheeses, resulting in the  
279 production of volatile aroma compounds (Tabla et al., 2016).

280 When DNA-based techniques were applied to the profiling of the bacterial biota, numerous taxa were identified,  
281 including starter lactic acid bacteria (LAB), namely *Lactococcus lactis*, which is known to lower the pH and control  
282 fermentation rapidly) and a wide variety of adventitious microorganisms (such as environmental, spoilage and non-  
283 starter lactic acid bacteria (NSLAB), which gain access to the cheese at any stage of the manufacturing process).  
284 NSLAB are mainly responsible for key physico-chemical transformations, e.g., proteolysis and lipolysis, which greatly  
285 impact basic cheese characteristics, such as flavor, appearance and texture (Gobbetti et al., 2015). Illumina sequencing  
286 allowed both the majority and minority taxa to be identified, whereas single bacterial species were unambiguously  
287 recognized by PCR-DGGE. When the latter technique was applied, discrepancies were seen in the fingerprints obtained  
288 by the bulk and the direct approach, in terms of both the number of taxa identified and their relative abundance; this  
289 finding was in agreement with a recent finding by the same authors on semi-hard cheese models (Aquilanti et al., 2016)  
290 In *Sopravissana* raw ewes' milk, PCR-DGGE allowed the sole species *L. lactis* to be identified among LAB. Illumina  
291 sequencing confirmed the occurrence of *Lactococcus* spp. in raw ewes' milk, though as a minority taxon with respect to  
292 the members of the genus *Lactobacillus*. The presence of both lactococci and lactobacilli in raw ewes' milk has  
293 previously been documented, as reviewed by Quigley et al. (2013). The presence of *L. lactis* was also evidenced in two  
294 previous studies (Aquilanti et al., 2011; 2013) carried out onto raw cow's milk *Caciotta* cheeses manufactured with  
295 aqueous extract of *Cynara cardunculus* dried flowers. The occurrence of additional genera, including *Aerococcus*  
296 *Leuconostoc*, *Streptococcus* and *Enterococcus*, has previously been found in raw ewes' milk by next-generation  
297 sequencing (Quigley et al., 2013).

298 In both the phyllosphere of *C. acanthifolia* All. and thistle rennet, culture-dependent PCR-DGGE identified various  
299 LAB species, as well as both spoilage and environmental microorganisms. To date, there is a paucity of data on the  
300 bacterial biota colonizing the aerial surfaces of thistles and thistle rennets. In 1968, Mundt and Hammer (1968) first  
301 enumerated and identified lactobacilli on plant surfaces; in such a pioneering systematic study, *L. plantarum*, *L.*  
302 *fermenti* and *L. brevis* were the species most frequently isolated, whereas *L. casei*, *L. viridescens*, *L. cellobiosus*, *L.*  
303 *salivarius*, and *L. buchneri* occurred at lower frequencies. A widespread but sporadic distribution of low counts of  
304 lactobacilli in the phyllosphere of higher plants was also highlighted by the same authors. In accordance with data  
305 collected in the present study, Widnyana and Javandira (2016) recently reported the presence of *Bacillus* spp. and  
306 *Pseudomonas* spp. on plant surfaces, where these microorganisms exert a plant-growth stimulating activity as well as an  
307 inhibitory activity towards plant pathogens.



308 Lactobacilli ascribed to the *Lact. alimentarius/paralimentarius* group and the *Lact. plantarum/paraplantarum/pentosus*  
309 found by PCR-DGGE in both the phyllosphere of *C. acanthifolia* All. and thistle rennet were also detected in curd  
310 obtained by milk coagulation with thistle rennet, thus strongly suggesting a role of the coagulating agent in the early  
311 bacterial dynamics of *Caciofiore della Sibilla* cheese. By contrast, the occurrence of *P. acidilactici* in the sole curd  
312 obtained by milk coagulation with thistle rennet is more likely related to an environmental contamination, since this  
313 species was apparently absent in ewes' raw milk, thistle phyllosphere and thistle rennet.

314 A different picture emerged in curd obtained by milk coagulation with commercial animal rennet. In this case, LAB  
315 were found to be the minority by Illumina sequencing; among these microorganisms, *Lactococcus*, likely derived from  
316 raw ewes' milk, was predominant. PCR-DGGE confirmed the occurrence of *L. lactis* as the sole pro-technological  
317 species, along with various spoilage and pathogenic bacteria.

318 As far as the bacterial dynamics are considered, the stable presence of *L. lactis* in both the *Caciofiore della Sibilla* and  
319 control cheeses suggested by the results of PCR-DGGE might be, at least in part, ascribed to the contribution of raw  
320 ewes' milk, where lactococci and *L. lactis* have been revealed by Illumina sequencing and culture-dependent PCR-  
321 DGGE, respectively. It is worth noting that when this latter technique was applied, closest relatives to *L. lactis* were  
322 found in the bulk cells harvested from both the lowest and the highest dilution plates, thus suggesting a load of *L. lactis*  
323  $\geq 10^5$  ufc/mL. *L. lactis* has a wide ecological distribution and is mostly associated with the milk environment and dairy  
324 products (Cavanagh et al., 2015). As recently elucidated by Ruggirello et al. (2016), this species can persist in late  
325 ripening of cheese in both the viable and the viable but nonculturable (VNC) states, shifting its catabolism to peptide  
326 and amino acid consumption.

327 Besides *Lactococcus*, bacteria ascribed to *Leuconostoc* and *Lactobacillus* dominated during ripening of *Caciofiore della*  
328 *Sibilla* cheese; both genera have been detected from t1 to t20 by both Illumina sequencing and PCR-DGGE analysis.

329 The dominance of *Leuconostoc* during the maturation of *Caciofiore della Sibilla* cheese might be explained by the  
330 higher initial pH of the curd obtained with thistle rennet compared to that produced with commercial animal rennet.  
331 Indeed, as reported by Hemme and Foucaud-Scheunemann (2004), *Leuconostoc* can be affected by the acidification of  
332 the growth medium. Interestingly, *Leuconostoc* was indicated by Illumina sequencing as a minority bacterial taxon in  
333 control ewes' milk cheese; however, no closest relatives to this genus were identified by PCR-DGGE in this cheese  
334 manufacture in either of the two approaches, thus strongly emphasizing the usefulness of a combined analytical  
335 strategy. Moreover, since apparently neither raw ewes' milk nor thistle and thistle rennet harboured leuconostocs, as  
336 revealed by PCR-DGGE, the occurrence of these microorganisms in *Caciofiore della Sibilla* cheese might be tentatively  
337 ascribed to a contamination from the dairy environment. However, members of the genus *Leuconostoc* have previously  
338 been detected in a raw cow's milk Caciotta cheese manufactured with thistle rennet from *Cynara cardunculus* dried

339 flowers (Aquilanti et al., 2011), as well as in other cheeses produced with vegetable coagulants, such as *Serra da*  
340 *Estrela* PDO cheese and *La Serena* PDO cheese (Macedo et al., 2004). Based on these latter evidences, it might be also  
341 hypothesized that in thistle, thistle rennet and curd obtained with thistle rennet, leuconostococ occurred at levels below  
342 the limit of detection of the PCR-DGGE technique.

343 In addition, *Lactobacillus delbrueckii*, *Lactobacillus brevis*, and *Enterococcus faecium* were retrieved by PCR-DGGE  
344 exclusively in *Caciofiore della Sibilla* cheese throughout its maturation. Since these species could not be detected by  
345 PCR-DGGE before t1, again it might be hypothesized that they originate from the vegetable coagulant, where they  
346 occur at very low levels. *Lactobacillus delbrueckii* includes a subspecies that can be positively affected by the addition  
347 of vegetable extracts to the dairy matrix (Joung et al., 2016); even *Lactobacillus brevis* has been retrieved in vegetable-  
348 based matrices (Ruiz Rodriguez et al., 2016). Finally, enterococci are NSLAB that are naturally present in the  
349 gastrointestinal tract of humans and animals; they can enter the dairy environment via cross-contaminations, where they  
350 play a crucial role during cheese ripening, due to their high adaptation to the cheese environment (e.g., high salt  
351 concentration and low pH) (Giraffa 2003) and to acknowledged technological traits, such as the production of  
352 bacteriocins (Íspirli et al., 2017).

353 Finally, members of two additional bacterial groups, namely, *Lactobacillus casei/paracasei/rhamnosus* and  
354 *Lactobacillus plantarum/pentosus/paraplantarum*, were identified by PCR-DGGE in both cheese-manufactures; since  
355 these microorganisms could not be detected in either raw ewes' milk or thistle rennet, once again, a contamination from  
356 the dairy environment might be hypothesized.

357 An important piece of evidence addresses the occurrence of *Enterobacteriaceae* in the two cheese manufactures: a  
358 higher occurrence of this microbial group was seen in control ewes' milk cheese by applying both DNA-based  
359 techniques. However, this finding was not supported by viable counts; indeed, at the end of the ripening period,  
360 comparable loads of *Enterobacteriaceae* were found in the two cheeses by culturing in selective VRBA medium, thus  
361 suggesting the need for an integration between culture-dependent and culture-independent techniques. It is worth  
362 remembering that Illumina sequencing provides a relative but not absolute abundances of single microbial taxa, whereas  
363 PCR-DGGE allows a qualitative or, at most semi-quantitative, overview of heterogeneous microbial communities.

364

## 365 **5. Conclusions**

366

367 Overall, the combined analytical approach enabled differences and similarities in the bacterial biota and dynamics of the  
368 two cheeses under study to be defined. The integration of data from viable counting, Illumina sequencing and PCR-  
369 DGGE provided the detection of major and minor bacterial components (Illumina sequencing and viable counting), as

370 well as the identification of single bacterial species (PCR-DGGE) that could not be revealed with the first two  
371 techniques. The primary result confirmed the association of lactobacilli, lactococci and leuconostocs with cheese and  
372 the dairy environment; moreover, the vegetable coagulant was demonstrated to affect the early bacterial dynamics of  
373 *Caciofiore della Sibilla* cheese, and at the end of its maturation, the composition of the bacterial biota significantly  
374 differed from the control ewes' milk cheese.

375

## 376 **Acknowledgments**

377

378 The authors thank "Caseificio degli Angeli" (Pievetorina, MC, Italy) for supplying raw milk, curds and cheeses.

379 Funding: This study was financially supported by the Regione Marche within the project "*Valorizzazione di prodotti*  
380 *alimentari della tradizione marchigiana*".

381

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491 **Figure legends**

492

493 **Fig. 1.** Results of pH measurements of curd obtained from milk coagulation with commercial rennet, curd obtained  
494 from milk coagulation with thistle rennet, *Caciofiore della Sibilla* and control ewes' milk cheese during cheese-making  
495 and ripening.

496

497 \* pH values of curd obtained from milk coagulation with commercial rennet ( $\diamond$ ) and from milk coagulation with thistle  
498 rennet ( $\Delta$ ).

499

500 **Fig. 2.** Loading and score plot of principal components analysis (PCA) based on viable counts evolution over time of  
501 *Caciofiore della Sibilla* (dots) and control ewes' milk cheese (triangles).

502

503 **Fig. 3.** Relative abundances (%) of bacterial groups and vegetable genome identified by MySeq Illumina in raw ewes'  
504 milk (rm); curd obtained by milk coagulation with commercial animal rennet (cc); curd obtained by milk  
505 coagulation with carline thistle rennet (ct); control raw ewe's milk cheese and *Caciofiore della Sibilla* cheese  
506 collected at 1, 3, and 20 days of ripening (C<sub>1</sub>, C<sub>3</sub>, C<sub>20</sub> and Cf<sub>1</sub>, Cf<sub>3</sub>, Cf<sub>20</sub> respectively).

507 "Other" represents all genera that were unidentified, belonged to uncultured or whose abundance was less than 0.1 %.

508

509 **Fig. 4.** Relative abundances (%) of the different LAB genera identified by MySeq Illumina in raw ewes' milk (rm);  
510 curd obtained by milk coagulation with commercial animal rennet (cc); curd obtained by milk coagulation with  
511 carline thistle rennet (ct); control raw ewe's milk cheese and *Caciofiore della Sibilla* cheese collected at 1, 3, and  
512 20 days of ripening (C<sub>1</sub>, C<sub>3</sub>, C<sub>20</sub> and Cf<sub>1</sub>, Cf<sub>3</sub>, Cf<sub>20</sub> respectively).

513 Each percentage is related to the total amount of LAB found in each sample.

514

515 **Fig. S1.** Bacterial DGGE profiles of the DNA extracted from the bulk of colonies harvested from selected plates and the  
516 DNA extracted directly from the samples of raw ewes' milk (rm); curd obtained by milk coagulation with carline thistle  
517 rennet (ct) (panel **a**); fresh young leaves of *Carlina acanthifolia* All. (ca); carline thistle rennet (tr) (panel **b**); curd  
518 obtained by milk coagulation with commercial animal rennet (cc) (panel **c**). Lanes I<sub>H</sub> and I<sub>L</sub> indicate DNA extracted  
519 from the bulk of colonies harvested from the MRS Agar plates spiked with the highest and lowest dilutions,  
520 respectively. Lanes II<sub>H</sub> and II<sub>L</sub> indicate DNA extracted from the bulk of colonies harvested from the M17 Agar plates  
521 incubated at 22 °C spiked with the highest and lowest dilutions, respectively. Lanes III<sub>H</sub> and III<sub>L</sub> indicate DNA extracted

522 from the bulk of colonies harvested from the M17 Agar plates incubated at 45 °C spiked with the highest and lowest  
523 dilutions, respectively. Lane m indicates DNA extracted from the samples. Mix' refers to the mixture of species: a -  
524 *Lactobacillus plantarum* DSMZ 2601; b - *Pediococcus pentosaceus* DSMZ 20336<sup>T</sup>; c - *Lactobacillus parabuchneri*  
525 DSMZ 5708; d - *Lactobacillus buchneri* DSMZ 20057; e - *Lactobacillus paracasei* NRRL 4560<sup>T</sup>; f - *Lactobacillus*  
526 *casei* NCIMB 4114.

527

528 **Fig. S2.** Bacterial DGGE profiles of the DNA extracted directly from the samples of control raw ewes' milk cheese  
529 (batch C) and *Caciopfiore della Sibilla* cheese (batch Cf) (panel **a**) and the DNA extracted from the bulk of colonies  
530 harvested from selected plates of control raw ewes' milk cheese (panel **b**) and *Caciopfiore della Sibilla* cheese (panel **c**)  
531 collected at 1, 3, 6, 10 and 20 days of ripening (C<sub>1</sub>, C<sub>3</sub>, C<sub>6</sub>, C<sub>10</sub>, C<sub>20</sub> and Cf<sub>1</sub>, Cf<sub>3</sub>, Cf<sub>6</sub>, Cf<sub>10</sub>, Cf<sub>20</sub>, respectively).

532 Lane I indicates DNA extracted from the bulk of colonies harvested from the MRS Agar plates spiked with the highest  
533 dilutions. Lane II indicate DNA extracted from the bulk of colonies harvested from the M17 Agar plates incubated at 22  
534 °C spiked with the highest dilutions. Lane III indicate DNA extracted from the bulk of colonies harvested from the M17  
535 Agar plates incubated at 45 °C spiked with the highest dilutions. Mix' refers to the mixture of species: a - *Lactobacillus*  
536 *plantarum* DSMZ 2601; b - *Pediococcus pentosaceus* DSMZ 20336<sup>T</sup>; c - *Lactobacillus parabuchneri* DSMZ 5708; d -  
537 *Lactobacillus buchneri* DSMZ 20057; e - *Lactobacillus paracasei* NRRL 4560<sup>T</sup>; f - *Lactobacillus casei* NCIMB 4114.



Table 1

**Table 1** Results of viable counting of bacteria in *Caciofiore della Sibilla* and control ewes' milk cheese.

Sample	<i>Caciofiore della Sibilla</i> cheese			Control cheese			<i>Caciofiore della Sibilla</i> cheese			Control cheese		
	Lactococci (M17 22°C)			Thermophilic cocci (M17 45°C)			Lactobacilli (MRSA)					
Raw milk	5.00 ± 0.06			4.08 ± 0.06			4.78 ± 0.02					
<i>Carlina acanthifolia</i> All.	6.68 ± 0.03			4.88 ± 0.04			3.54 ± 0.10					
Thistle rennet	3.13 ± 0.14			2.10 ± 0.28			4.01 ± 0.00					
Curd	4.11 ± 0.00			4.82 ± 0.12			4.90 ± 0.06			4.74 ± 0.11		
1 day of ripening	5.56 ± 0.02 <sup>d</sup>	8.57 ± 0.01 <sup>c</sup>	<.0001*	4.68 ± 0.00 <sup>c</sup>	7.50 ± 0.06 <sup>b</sup>	0.0002*	5.06 ± 0.05 <sup>d</sup>	8.57 ± 0.00 <sup>b</sup>	0.0001			
3 days of ripening	7.30 ± 0.00 <sup>c</sup>	7.98 ± 0.04 <sup>d</sup>	0.0016*	6.32 ± 0.01 <sup>d</sup>	7.37 ± 0.08 <sup>bc</sup>	0.0028*	8.08 ± 0.00 <sup>c</sup>	8.89 ± 0.01 <sup>ab</sup>	<.0001			
6 days of ripening	8.62 ± 0.13 <sup>b</sup>	9.00 ± 0.14 <sup>b</sup>	0.1098	8.26 ± 0.00 <sup>b</sup>	8.18 ± 0.08 <sup>a</sup>	0.3251	8.66 ± 0.09 <sup>b</sup>	9.03 ± 0.01 <sup>a</sup>	0.0312*			
10 days of ripening	9.12 ± 0.18 <sup>a</sup>	9.14 ± 0.06 <sup>b</sup>	0.9113	8.31 ± 0.00 <sup>a</sup>	8.00 ± 0.02 <sup>a</sup>	0.0012*	8.68 ± 0.01 <sup>b</sup>	8.96 ± 0.01 <sup>a</sup>	0.0009*			
20 days of ripening	8.90 ± 0.05 <sup>ab</sup>	9.52 ± 0.06 <sup>a</sup>	0.0079*	7.42 ± 0.03 <sup>c</sup>	7.24 ± 0.05 <sup>c</sup>	0.0450*	9.05 ± 0.03 <sup>a</sup>	8.87 ± 0.22 <sup>ab</sup>	0.3557			

Sample	<i>Caciofiore della Sibilla</i> cheese			Control cheese			<i>Caciofiore della Sibilla</i> cheese			Control cheese		
	Coagulase-negative cocci (MSA)			Total mesophilic aerobes (PCA)			Enterococci (Slanetz-Bartley Agar)			<i>Enterobacteriaceae</i> (VRBGA)		
Raw milk	4.01 ± 0.03			5.14 ± 0.16			4.30 ± 0.06			3.93 ± 0.06		
<i>Carlina acanthifolia</i> All.	5.24 ± 0.01			7.27 ± 0.04			3.97 ± 0.16			5.34 ± 0.03		
Thistle rennet	3.06 ± 0.03			4.07 ± 0.04			3.60 ± 0.01			1.00 ± 0.00		
Curd	5.06 ± 0.08			4.52 ± 0.04			4.37 ± 0.01			4.23 ± 0.05		
1 day of ripening	5.16 ± 0.02 <sup>d</sup>	6.75 ± 0.10 <sup>c</sup>	0.0022*	5.37 ± 0.02 <sup>c</sup>	8.45 ± 0.03 <sup>a</sup>	<.0001*	4.60 ± 0.05 <sup>c</sup>	6.09 ± 0.05 <sup>c</sup>	0.0011*	1.10 ± 0.00	3.39 ± 0.16	
3 days of ripening	6.34 ± 0.02 <sup>c</sup>	7.97 ± 0.04 <sup>d</sup>	0.0003*	8.15 ± 0.08 <sup>d</sup>	8.87 ± 0.02 <sup>a</sup>	0.0056*	5.14 ± 0.08 <sup>d</sup>	7.12 ± 0.02 <sup>c</sup>	0.0099*	1.74 ± 0.06 <sup>c</sup>	7.55 ± 0.05 <sup>a</sup>	
6 days of ripening	7.47 ± 0.04 <sup>b</sup>	8.91 ± 0.19 <sup>a</sup>	0.0086*	8.58 ± 0.00 <sup>c</sup>	8.71 ± 0.73 <sup>a</sup>	0.8181	7.78 ± 0.00 <sup>c</sup>	7.55 ± 0.01 <sup>b</sup>	0.0007*	1.74 ± 0.06 <sup>c</sup>	7.55 ± 0.05 <sup>a</sup>	
10 days of ripening	8.72 ± 0.02 <sup>a</sup>	8.40 ± 0.03 <sup>b</sup>	0.0059*	8.82 ± 0.01 <sup>b</sup>	9.10 ± 0.03 <sup>a</sup>	0.0073*	8.26 ± 0.01 <sup>b</sup>	7.90 ± 0.01 <sup>a</sup>	0.0004*	2.19 ± 0.02 <sup>d</sup>	7.30 ± 0.01 <sup>b</sup>	
20 days of ripening	7.44 ± 0.01 <sup>b</sup>	7.34 ± 0.01 <sup>d</sup>	0.0074*	9.20 ± 0.02 <sup>a</sup>	8.87 ± 0.00 <sup>a</sup>	0.0017*	8.51 ± 0.07 <sup>a</sup>	6.94 ± 0.04 <sup>d</sup>	0.0012*	2.19 ± 0.02 <sup>d</sup>	7.30 ± 0.01 <sup>b</sup>	
										5.41 ± 0.02 <sup>c</sup>	7.13 ± 0.07 <sup>b</sup>	
										6.17 ± 0.05 <sup>b</sup>	7.07 ± 0.09 <sup>b</sup>	
										6.40 ± 0.00 <sup>a</sup>	6.32 ± 0.03 <sup>c</sup>	
										0.0009*	0.0073*	
										0.0597	0.0597	

Viable counts of lactococci, thermophilic cocci, lactobacilli, coagulase-negative cocci, total mesophilic aerobes, enterococci and *Enterobacteriaceae* expressed as mean values ± st. dev. of samples collected during ripening of *Caciofiore della Sibilla* and control ewes' milk cheese. Mean separation test throughout ripening: different letters on the same column indicate significant differences over time according to Tukey's test ( $\alpha = 0.05$ ). Least significant difference (LSD) is reported.

\*Occurrence of significant differences due to cheese batch (C or Cf) according to Student's t test ( $\alpha = 0.05$ ).

Table 2

**Table 2** Bacterial species identified by PCR-DGGE analysis in raw ewe's milk, *Carlina acanthifolia* All. subsp. *acanthifolia*, thistle rennet, curd obtained from milk coagulation with thistle rennet and curd obtained from milk coagulation with commercial rennet.

Bacterial species	Raw ewes' milk				<i>Carlina acanthifolia</i> All.				Thistle rennet				Curd obtained from milk coagulation with thistle rennet				Curd obtained from milk coagulation with commercial rennet					
	MRS		M17 22°C	M17 45°C	M	MRS		M17 22°C	M17 45°C	M	MRS		M17 22°C	M17 45°C	M	MRS		M17 22°C	M17 45°C	M		
	H	L	H	L	H	L	H	L	H	L	H	L	H	L	H	L	H	L	H	L		
<i>Acinetobacter baumannii</i>								•	•													
<i>Acinetobacter johnsonii</i>			•		•	•											•	•	•			
<i>Bacillus cereus</i>												•		•								
<i>Bacillus</i> sp.									•	•			•	•			•		•			
<i>Bacillus subtilis</i>												•				•						
<i>Enterobacter cloacae</i>					•	•													•	•		
<i>Enterobacter hormaechei</i>					•	•													•	•		
<i>Enterobacter</i> sp.								•	•	•									•	•		
<i>Escherichia coli</i>																				•		
<i>Kurthia gibsonii</i>																			•	•	•	
<i>Lactobacillus alimentarius/paralimentarius</i> group						•	•							•		•	•	•				
<i>Lactobacillus graminis/curvatus</i> group						•	•															
<i>Lactobacillus plantarum/paraplantarum/pentosus</i> group												•	•			•		•				
<i>Lactococcus lactis</i>	•	•																•	•	•	•	
<i>Pantoea agglomerans</i>								•														
<i>Pediococcus acidilactici</i>															•		•					
<i>Pseudomonas alcaliphila</i>																			•			
<i>Pseudomonas</i> sp.			•	•	•	•		•	•	•	•											
<i>Staphylococcus chromogenes</i>																				•	•	•

• DGGE bands resulting from the analysis of the DNA extracted from the bulk of colonies harvested from high (H) and low (L) dilution agar plates used for viable counting from selected plates or the DNA extracted directly from samples showing  $\geq 97\%$  of similarity with the sequences of the closest relatives found by a BLAST search in the GenBank. M indicate the DNA extracted directly from a cheese samples matrix.

Table 3

Table 3 Bacterial species identified during the manufacture and ripening of control ewe's milk cheeses and *Caciofiore della Sibilla* by PCR-DGGE analysis.

Bacterial species	t <sub>1</sub>				t <sub>3</sub>				t <sub>6</sub>				t <sub>10</sub>				t <sub>20</sub>			
	MRS	M17 22°C	M17 45°C	M	MRS	M17 22°C	M17 45°C	M	MRS	M17 22°C	M17 45°C	M	MRS	M17 22°C	M17 45°C	M	MRS	M17 22°C	M17 45°C	M
<i>Bifidobacterium dentium</i>				■				■				■				■				■
<i>Citrobacter</i> sp.							■				■				■					■
<i>Enterobacter hormaechei</i>				■				■												
<i>Enterobacter</i> sp.			■				■													
<i>Enterococcus faecalis</i>	●		●●						■	●■	●■		■	■	■					●■
<i>Enterococcus faecium</i>	●	●	●				●			●	●		●	●	●	●	●		●	●
<i>Erwinia chrysanthemi</i>				□				□				□				□				□
<i>Lactobacillus alimentarius/paralimentarius</i> group				■				■				■				■				■
<i>Lactobacillus brevis</i>	●				●	●											●			
<i>Lactobacillus casei/paracasei/rhamnosus</i> group				●				●									■			●
<i>Lactobacillus delbrueckii</i>	●	●	●			●			●	●			●	●					●	
<i>Lactobacillus plantarum/pentosus/paraplantarum</i> group																	●■		●	
<i>Lactococcus lactis</i>	●■	●■	●■	■	■	●■		■	●■	●■	■	●■	●■	●■	●■	●■	■	●■	■	■
<i>Leuconostoc mesenteroides/pseudomesenteroides</i>								●										●		●
<i>Staphylococcus sciuri</i>		●	●■				●■		●■	■	■		■	■	■		■			
<i>Weissella</i> sp.					●															

● DGGE bands resulting from the analysis of the DNA extracted from the bulk of colonies harvested from selected plates or the DNA extracted directly from *Caciofiore della Sibilla* cheese samples showing  $\geq 97\%$  of similarity with the sequences of the closest relatives found by a BLAST search in the GenBank; ■ DGGE bands resulting from the analysis of the DNA extracted from the bulk of colonies harvested from selected plates or the DNA extracted directly from control ewe's milk cheese samples showing  $\geq 97\%$  of similarity with the sequences of the closest relatives found by a BLAST search in the GenBank; □ DGGE bands resulting from the analysis of the DNA extracted from the bulk of colonies harvested from selected plates or the DNA extracted directly from control ewe's milk cheese samples showing  $\leq 97\%$  of similarity with the sequences of the closest relatives found by a BLAST search in the GenBank;

t<sub>1</sub>: cheese sampled after 1 day of maturation; t<sub>3</sub>: cheese sampled after 3 days of maturation; t<sub>6</sub>: cheese sampled after 6 days of maturation; t<sub>10</sub>: cheese sampled after 10 days of maturation; t<sub>20</sub>: cheese sampled after 20 days of maturation.

M: DNA extracted directly from a cheese samples matrix.

Fig. 1.

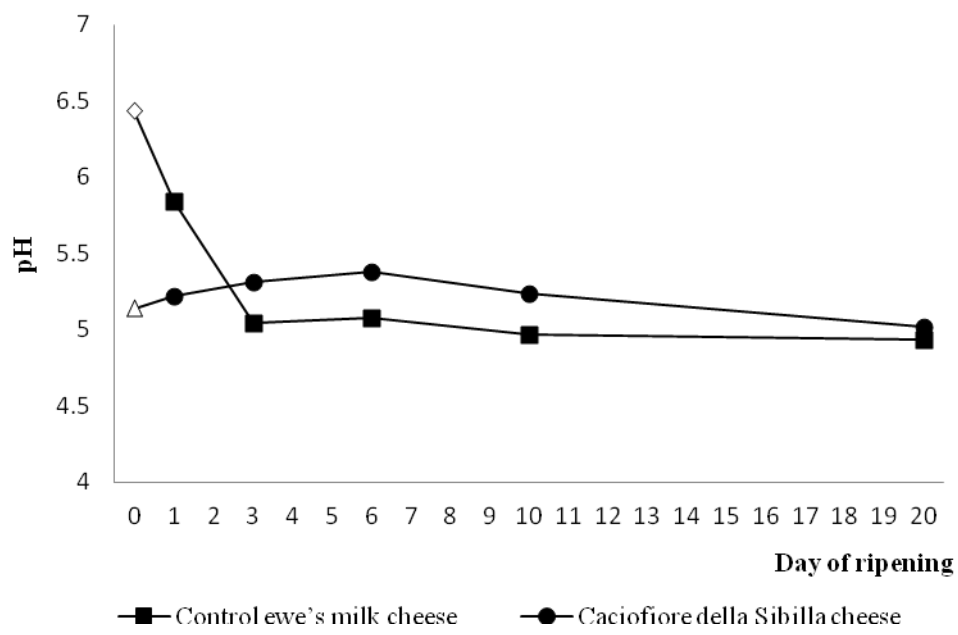


Fig. 2.

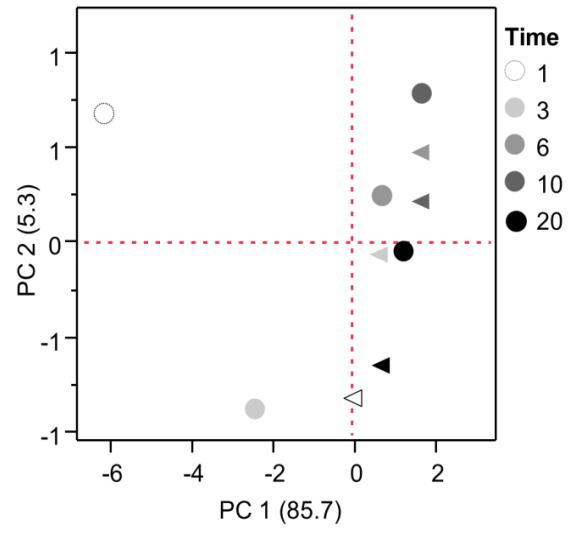


Fig. 3.

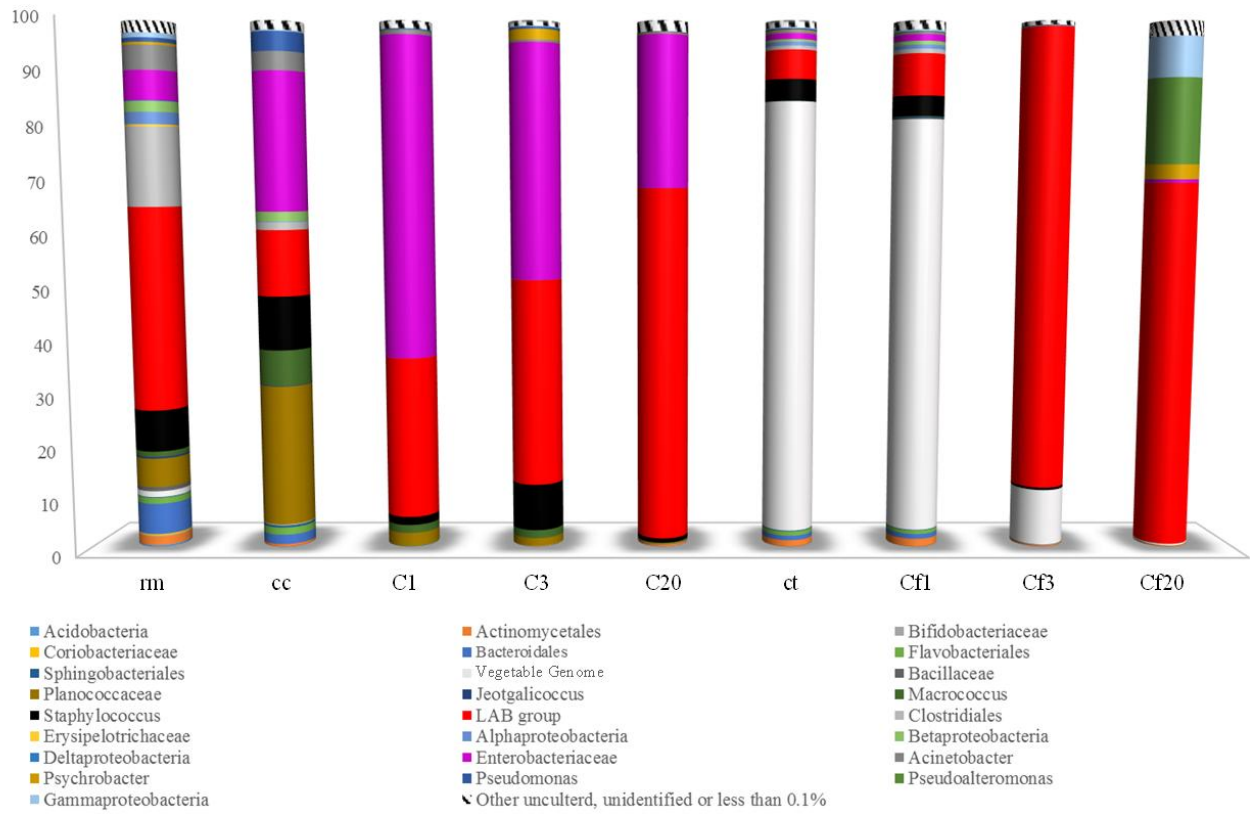
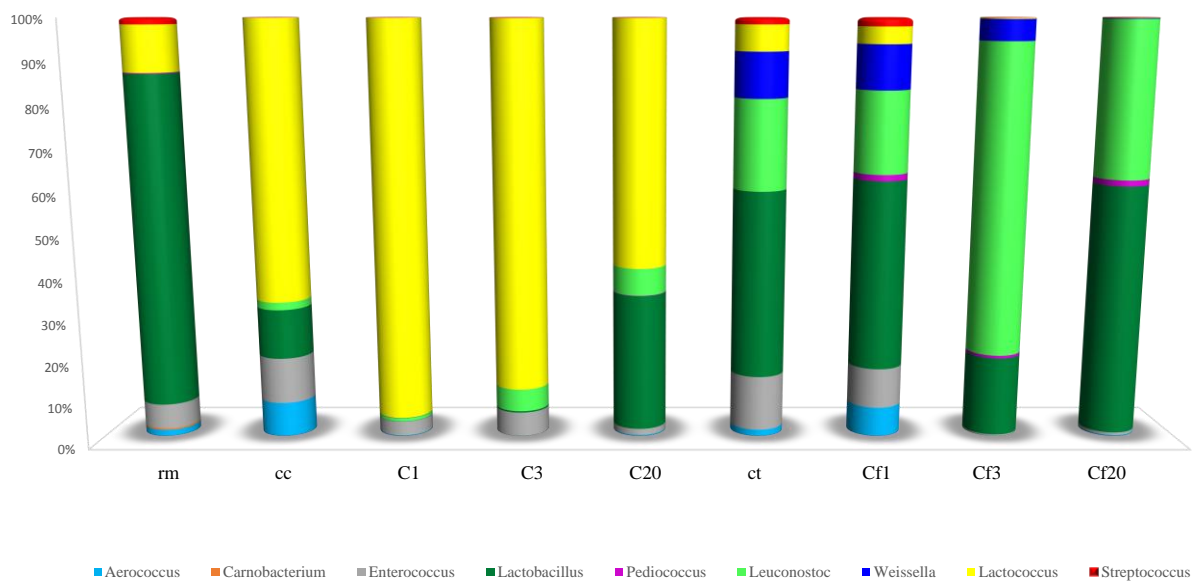


Fig.4.



**Table S1** Results from the sequencing of the bands cut from the DGGE gels.

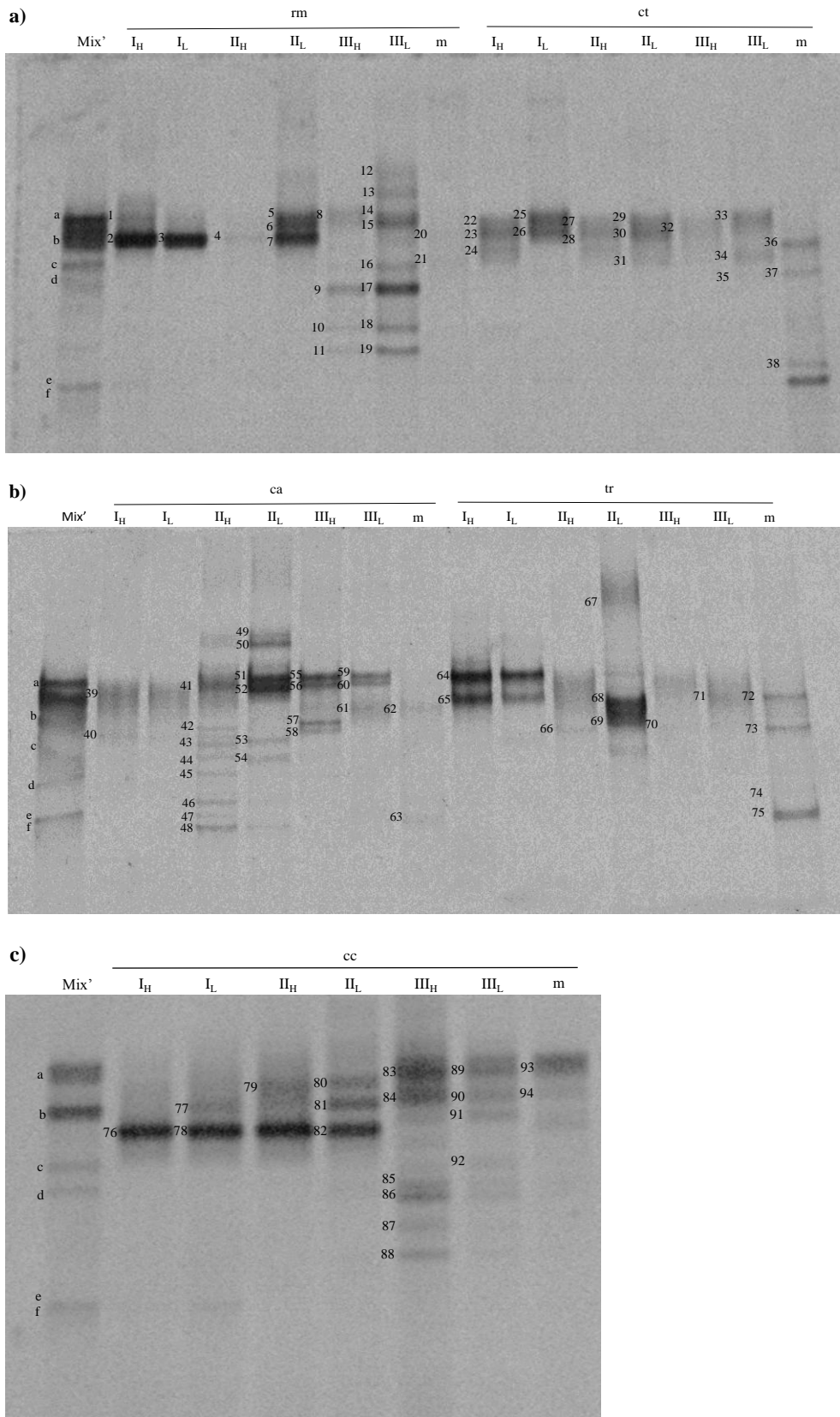
<b>Band(s)</b>	<b>Closest relative</b>	<b>% Ident.<sup>a</sup></b>	<b>Acc.no.<sup>b</sup></b>
<b>1, 2, 3, 76, 78, 82, 98, 103, 106, 107, 115, 123, 124, 125, 126,</b> 129, 134, 135, <b>136,</b> 140, <b>153, 155,</b> 164, 168, 178, <b>180, 181,</b> 183, 184, 194, <b>199,</b> 218, 226, 237, 241	<i>Lactococcus lactis</i>	100%	KT429894
<b>4, 5, 7, 8, 14, 41, 49, 50, 51, 52, 53, 55, 59</b>	<i>Pseudomonas sp.</i>	100%	HF546529
<b>6, 15, 21, 77, 79, 80, 81</b>	<i>Acinetobacter johnsonii</i>	99%	LN774358
<b>43, 44, 46, 47, 48, 57, 58, 86, 127, 131, 132, 133, 142, 146, 149, 150</b>	<i>Enterobacter sp.</i>	100%	HQ439419
<b>11, 12, 19, 85</b>	<i>Enterobacter cloacae</i>	99%	KP226566
<b>13, 20, 36, 37, 38, 63, 66, 72, 73, 74, 75, 91, 100, 102, 105, 108, 114, 116, 161, 165, 169, 137, 138, 139, 182, 186, 201, 253</b>	Failed		
<b>9, 10, 16, 17, 18, 87, 88, 95, 99</b>	<i>Enterobacter hormaechei</i>	98%	HM584024
<b>22, 25, 26, 29, 33, 64, 65, 175, 176, 246, 247, 249, 252</b>	<i>Lactobacillus plantarum</i> /pentosus /paraplantarum	99%	KJ775808 KT634227 KU315098
<b>23, 27, 30, 32, 40, 101</b>	<i>Lactobacillus alimentarius</i> /paralimentarius	98%	M58804 AB626063
<b>24, 28</b>	<i>Pediococcus acidilactici</i>	99%	KM921945
<b>31, 34, 61, 62, 70, 200</b>	<i>Bacillus sp.</i>	99%	HM755812
<b>35, 69</b>	<i>Bacillus subtilis</i>	98%	GQ392055
<b>39</b>	<i>Lactobacillus graminis</i> /curvatus	96%	LC063167 KP117256
<b>42, 45</b>	<i>Pantoea agglomerans</i>	99%	AB681812
<b>54</b>	<i>Pseudomonas alcaliphila</i>	97%	EU144361
<b>56, 60</b>	<i>Acinetobacter baumannii</i>	100%	AY269241
<b>67, 68, 71</b>	<i>Bacillus cereus</i>	100%	KF782833
<b>83, 89, 93</b>	<i>Kurthia gibsonii</i>	99%	KT165384
<b>84, 90, 94</b>	<i>Staphylococcus chromogenes</i>	99%	KR028439
<b>92</b>	<i>Escherichia coli</i>	99%	KC539468
<b>96, 104</b>	<i>Bifidobacterium dentium</i>	100%	AP012326
<b>97</b>	<i>Erwinia chrysanthemi</i>	96%	DQ123809
<b>109, 113, 122, 179</b>	<i>Lactobacillus casei</i> /paracasei /rhamnosus	97%	KM921936 KT626389 KT626387
<b>110, 111, 112, 118, 119, 120, 250</b>	<i>Leuconostoc mesenteroides</i> /pseudomesenteroides	96%	KR137536 KJ186948
<b>117, 121, 191, 195, 196, 202, 206, 213, 215, 219, 220, 221, 222, 223, 227, 228,</b> 229, 230, 231, 233, 234, 235, 238, 239, 242, 243, 244, 245, 254, 255, <b>256</b>	<i>Enterococcus faecium</i>	98%	KM921922
<b>130, 152, 157,</b> 163, 167, 171, 187, 192, 204, 207, <b>224,</b> 232, 257	<i>Enterococcus faecalis</i>	98%	KP298396
<b>128, 141, 143,</b> 144, <b>145,</b> 151, <b>154,</b> 156, 162, 166, <b>170,</b> 177, 197, <b>203, 205,</b> 214, 216	<i>Staphylococcus sciuri</i>	99%	JQ511682
<b>147, 148, 158, 159, 160, 172, 173, 174, 185, 188, 189</b>	<i>Citrobacter sp.</i>	99%	KP212094
<b>190, 210, 211, 248</b>	<i>Lactobacillus brevis</i>	99%	KP221640
<b>193, 198, 208, 212, 217, 225, 236, 240, 251</b>	<i>Lactobacillus delbrueckii</i>	97%	JN969331
<b>209</b>	<i>Weissella sp.</i>	99%	KF598906

<sup>a</sup> Percentage of identical nucleotides in the sequence obtained from the DGGE band and the sequence of the closest relative found in the GenBank DNA database.

<sup>b</sup> Accession number of the sequence of the closest relative found by BLAST search.

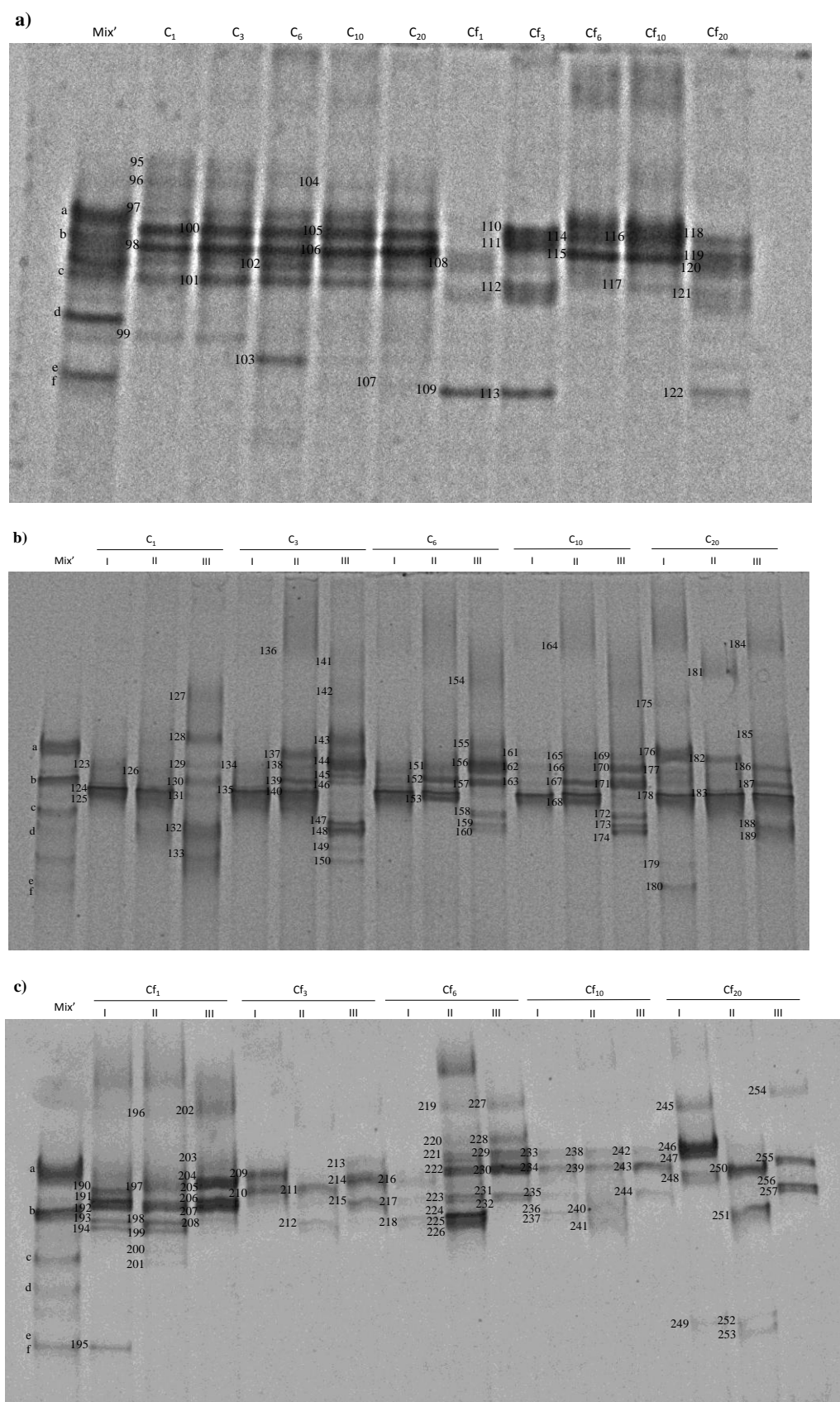


**Fig. S1.** Bacterial DGGE profiles of the DNA extracted from the bulk of colonies harvested from selected plates and the DNA extracted directly from the samples of raw ewe's milk (rm); curd obtained by milk coagulation with carline thistle rennet (ct) (panel **a**); fresh young leaves of *Carlina acanthifolia* All. (ca); carline thistle rennet (tr) (panel **b**); curd obtained by milk coagulation with commercial animal rennet (cc) (panel **c**).



Lanes I<sub>H</sub> and I<sub>L</sub> indicate DNA extracted from the bulk of colonies harvested from the MRS Agar plates spiked with the highest and lowest dilutions respectively. Lanes II<sub>H</sub> and II<sub>L</sub> indicate DNA extracted from the bulk of colonies harvested from the M17 Agar plates incubated at 22°C spiked with the highest and lowest dilutions respectively. Lanes III<sub>H</sub> and III<sub>L</sub> indicate DNA extracted from the bulk of colonies harvested from the M17 Agar plates incubated at 45°C spiked with the highest and lowest dilutions respectively. Lane m indicate DNA extracted from the samples. Mix' refers to the mixture of species: a - *Lactobacillus plantarum* DSMZ 2601; b - *Pediococcus pentosaceus* DSMZ 20336<sup>T</sup>; c - *Lactobacillus parabuchneri* DSMZ 5708; d - *Lactobacillus buchneri* DSMZ 20057; e - *Lactobacillus paracasei* NRRL 4560<sup>T</sup>; f - *Lactobacillus casei* NCIMB 4114.

**Fig. S2.** Bacterial DGGE profiles of the DNA extracted directly from the samples of control raw ewe's milk cheese (batch C) and *Caciofiore della Sibilla* cheese (batch Cf) (panel a) and the DNA extracted from the bulk of colonies harvested from selected plates of control raw ewe's milk cheese (panel b) and *Caciofiore della Sibilla* cheese (panel c) collected at 1, 3, 6, 10 and 20 days of ripening (C<sub>1</sub>, C<sub>3</sub>, C<sub>6</sub>, C<sub>10</sub>, C<sub>20</sub> and Cf<sub>1</sub>, Cf<sub>3</sub>, Cf<sub>6</sub>, Cf<sub>10</sub>, Cf<sub>20</sub> respectively).



Lane I indicate DNA extracted from the bulk of colonies harvested from the MRS Agar plates spiked with the highest dilutions. Lane II indicate DNA extracted from the bulk of colonies harvested from the M17 Agar plates incubated at 22°C spiked with the highest dilutions. Lane III indicate DNA extracted from the bulk of colonies harvested from the M17 Agar plates incubated at 45°C spiked with the highest dilutions. Mix' refers to the mixture of species: a - *Lactobacillus plantarum* DSMZ 2601; b - *Pediococcus pentosaceus* DSMZ 20336<sup>T</sup>; c - *Lactobacillus parabuchneri* DSMZ 5708; d - *Lactobacillus buchneri* DSMZ 20057; e - *Lactobacillus paracasei* NRRL 4560<sup>T</sup>; f - *Lactobacillus casei* NCIMB 4114.