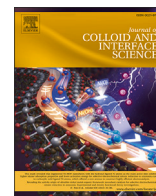




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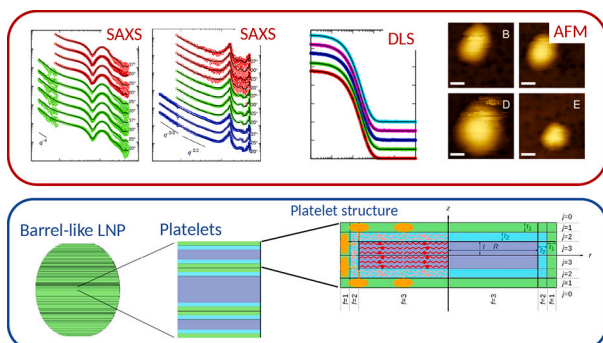
Regular Article

## Small-angle X-ray scattering unveils the internal structure of lipid nanoparticles

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## GRAPHICAL ABSTRACT



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## ABSTRACT

Lipid nanoparticles own a remarkable potential in nanomedicine, only partially disclosed. While the clinical use of liposomes and cationic lipid-nucleic acid complexes is well-established, liquid lipid nanoparticles (nanoemulsions), solid lipid nanoparticles, and nanostructured lipid carriers have even greater possibilities. However, they face obstacles in being used in clinics due to a lack of understanding about the molecular mechanisms controlling their drug loading and release, interactions with the biological environment (such as the protein corona), and shelf-life stability. To create effective drug delivery carriers and successfully translate bench research to clinical settings, it is crucial to have a thorough understanding of the internal structure of lipid nanoparticles. Through synchrotron small-angle X-ray scattering experiments, we determined the spatial distribution and internal structure of the nanoparticles' lipid, surfactant, and the bound water in them. The

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nanoparticles themselves have a barrel-like shape that consists of coplanar lipid platelets (specifically cetyl palmitate) that are covered by loosely spaced polysorbate 80 surfactant molecules, whose polar heads retain a large amount of bound water. To reduce the interface cost of bound water with unbound water without stacking, the platelets collapse onto each other. This internal structure challenges the classical core-shell model typically used to describe solid lipid nanoparticles and could play a significant role in drug loading and release, biological fluid interaction, and nanoparticle stability, making our findings valuable for the rational design of lipid-based nanoparticles.

## 1. Introduction

Lipid nanoparticles (LNPs) have been widely investigated as drug delivery systems for enhancing drug bioavailability and targeting therapeutic and diagnostic agents to pathological sites such as brain and solid tumors [1–6]. The recent introduction to clinics of RNAi and mRNA-based medicinal products using LNPs [7,8] has highlighted the enormous potential of lipid carriers as drug delivery systems for both large biomacromolecules like nucleic acid and peptides, as well as small molecule drugs. However, LNPs comprise a diverse range of nanometer carriers composed of lipid molecules. Indeed, due to the broad definition of lipids according to IUPAC [9], LNPs encompass various structurally different nanoscale carriers, including liposomes, liquid LNPs, solid LNPs, nanostructured lipid carriers, and cationic lipid-nucleic acid complexes [4].

LNPs for drug delivery have the advantage of using GRAS materials [10] and industrial-scale production protocols [4], which increases the likelihood of developing effective nanotechnology-based medicine for clinical use. However, the lack of a deep and comprehensive understanding of the LNP structure hinders the rational, safe and effective design of these drug carriers. The effectiveness and safety of LNPs are not only influenced by the lipids in their formulation and the amount of drug they can hold but also by various factors such as their size, shape, surface chemistry, internal structure, and drug distribution. Careful analysis of the entire system is essential in comprehending the nano-bio interface, which is accountable for the safety and efficacy of nanotechnology-based medication. [11].

Solid LNPs are a type of drug delivery and targeting carriers that have shown great promise due to their stability over time. Compared to other lipid-based delivery systems like liposomes and nanoemulsions, solid LNPs have the solid-state stability of the core that is less prone to problems such as drug leakage/degradation and particle coalescence. They can encapsulate a variety of hydrophobic and hydrophilic drugs [12,13] and this adaptability to deliver a wide range of therapeutic compounds is expected to increase demand for them in the market [14].

Although solid LNPs have shown excellent performance in preclinical studies, they have been studied as nanoscopic carriers for drug delivery and targeting for only the last three decades, much less than liposomes and cationic lipid particles for RNA delivery. Also, solid LNPs still face stability challenges like premature drug leakage and nanoparticle aggregation, which hinder their clinical use [4]. Researchers previously thought lipid polymorphism was responsible for these issues, as observed through techniques like calorimetry and X-ray diffraction. Solid LNPs were described using a core-shell model with a (solid) lipid core stabilized by a surfactant shell, possibly penetrating with its hydrophobic tail the lipid surface [15]. However, recent findings have shown that the interplay between lipids and surfactants is more complex and LNP structure cannot be explained by this model alone [16,17]. This new understanding sheds light on the structure, shelf-life stability, drug loading/release, and interaction with the biological environment of solid LNPs, offering new possibilities for drug delivery.

In this study, we used solid LNPs made of cetyl palmitate (CP) and polysorbate 80 (P80) to investigate how the combination of lipids and surfactants affects the internal lamellar structure and the P80 surface coverage. CP was selected due to its easy biodegradability in vivo [18,

10], fundamental to avoiding waste disposable, while P80 is non-ionic surfactant approved by regulatory agencies for parenteral use and so already employed in injectable formulations [19].

Understanding the internal structure and composition is crucial for predicting drug loading, cargo stability, and release based on the drug's physicochemical properties. Similarly, studying the surface characteristics is essential for analyzing the nano-bio interface and comprehending the role of adsorbed biomolecules (bio-corona) on biodistribution and cellular uptake.

We conducted synchrotron small-angle X-ray scattering (SAXS) experiments on P80 micelles and P80-stabilized LNPs at different concentrations and temperatures. By using advanced methods, we were able to determine that these particles have a barrel-like shape made up of CP platelets that are covered by loosely spaced P80 molecules retaining a large amount of bound water. These findings demonstrate the interplay between lipid, surfactant, and water in the formation of the solid LNP inner core. Furthermore,  $\approx 65\%$  of the platelet surface is made of water bound to P80 and in contact with amorphous CP. Consequently, we found that some lipid regions are in contact with the surrounding water via bound water.

## 2. Materials and methods

### 2.1. Materials

CP (batch 120851, purity  $\sim 93\%$ ) was kindly gifted by Gattefossé s.a.s. (Saint-Priest, France) while P80 (batch BCBV8843) was from Sigma-Aldrich (Milan, Italy). Water (resistivity  $18.3 \text{ M}\Omega\text{cm}$  at  $25^\circ\text{C}$ ) was produced with a Synergy<sup>®</sup> UV Water Purification System (Millipore Sigma, USA). If not specified, all the materials and solvents used in the present research work were used as provided by the supplier without further purification.

#### 2.1.1. Solid LNPs preparation

Solid LNPs were prepared through the hot, high-pressure homogenization technique with slight adaptations of a previously reported protocol [20,21]. Briefly, 4 g of CP, melted at  $65^\circ\text{C}$ , were slowly added to 40 mL of heated water ( $65^\circ\text{C}$ ) containing P80 at a concentration of 2% (w/v) under mixing at 8000 rpm by a high-shear mixer (Ultra Turax T25 IKA<sup>®</sup> Werke GmbH & Co. KG, Staufen, Germany). The obtained emulsion was passed through a homogenizer (high-pressure homogenizer Emulsiflex C5, Avestin Inc., Ottawa, Canada) 7 times at a pressure of 1500 bar [20]. The homogenizer was conditioned at  $65^\circ\text{C}$  during all the homogenization process. After the last homogenization cycle, the obtained nanoemulsion was cooled down in an ice bath, maintaining the dispersion under mild magnetic stirring (20 min). Upon cooling, the nanoemulsion droplets solidify, generating solid LNPs.

### 2.2. Methods

#### 2.2.1. DLS experiments

Dynamic Light Scattering (DLS) experiments were carried out to evaluate the average size, at micrometric resolution, of solid LNPs as well as their stability as a function of the time from preparation. Measurements were performed on a Zetasizer PRO instrument (Malvern Panalytical Ltd, Malvern, United Kingdom) at  $25^\circ\text{C}$  by detecting the

intensity of the light (wavelength 6328 Å) scattered at a fixed angle of 173°. A freshly prepared dispersion of solid LNPs was diluted to 1 g/L, and three independent DLS measurements of the second-order intensity autocorrelation functions,  $g_2(\tau) - 1$ , where  $\tau$  is the correlation time, were performed after 0, 2, 6, 15, and 30 days passed from the nanoemulsion preparation. Data were analyzed by assuming a Gaussian distribution of the hydrodynamic LNP radius,  $R_H$ , as detailed in the Sect. S1 of the Supplementary Material (SM). Zeta Potential measurements were also performed using the same instrument.

### 2.2.2. AFM experiments

AFM measurements were carried out on an AIST-NT Scanning Probe Microscopy (Horiba Scientific, Kyoto, Japan). Images were generated in non-contact mode with a pyramidal silicon tip with radius 80 Å. To improve the quality of the measurements, samples were diluted to 0.1 g/L. An amount of  $\approx 5 \mu\text{L}$  of the diluted dispersion was deposited on a freshly cleaved mica surface and then dried with a nitrogen flux. All images were acquired with a resolution of  $512 \times 512$  pixels at a scan rate of 1 Hz and were analyzed with Gwyddion [22] and ImageJ [23] software. The AFM particle size analysis was carried out by selecting about 50 individual LNPs and measuring the distance  $R_c$  between the center and the border along randomly oriented straight lines passing through the center of the particle. A histogram of all measurements was then determined by using a 50 Å grid and fitted using a simple Gaussian distribution.

### 2.2.3. SAXS experiments

SAXS experiments were carried out at the beamline ID02 of ESRF, the European Synchrotron Radiation Facility (Grenoble, France). A unique flow-through capillary, with quartz walls of 10  $\mu\text{m}$  and a diameter of  $\sim 2.0$  mm, equipped with a motorized syringe that allowed the sample volume to be moved continuously forward and backward in order to limit the radiation damage, was used for both samples and buffers. Two sample-to-detector distances were used, corresponding to 1.5 m and 15 m, and data were merged to achieve a  $q$ -range ( $q = 4\pi \sin \theta / \lambda$  being the modulus of the scattering vector, where  $2\theta$  is the scattering angle and  $\lambda = 0.995$  Å the X-ray wavelength) of  $0.001 - 0.5 \text{ \AA}^{-1}$ . For each of the two distances, SAXS measurements were performed at the temperature of 20, 25, 30, 37, 25 and 20 °C by using an increasing and decreasing temperature ramp accessible using a Peltier-controlled stage. 2D SAXS patterns were collected by using a CCD detector (Rayonix MX170 HS) and subsequently corrected for the CCD dark counts, for the spatial inhomogeneities of the detector and normalized to an absolute scale using the standard procedure [24]. Ten 2D SAXS patterns of 0.1 s duration were collected for each sample or buffer. The 1D SAXS profiles were obtained by azimuthally averaging each of the 10 normalized 2D SAXS patterns. The mean and the standard deviation of the 1D SAXS profiles were calculated based on the 10 2D SAXS patterns. To each sample, the buffer contribution, multiplied by the factor  $1 - \eta$ ,  $\eta$  being the sample volume fraction, was subtracted from the 1D SAXS profile to finally obtain the macroscopic differential scattering cross-section,  $d\Sigma/d\Omega(q)$ , together with its standard deviation,  $\sigma(q)$ , as a function of  $q$ .

Other SAXS experiments on a second batch of samples prepared with the same method exposed in the Sect. 2.1.1 were performed at the Austrian SAXS beamline of the ELETTRA synchrotron (Trieste, Italy). Measurements of both samples and buffers were carried out in a unique quartz capillary (diameter 1.5 mm and wall thickness 10  $\mu\text{m}$ ) mounted on a thermostatic support connected to a circulation bath for temperature control. 2D SAXS patterns were collected 3 times with an acquisition time of 20 s using a Pilatus3 1 M detector. Data reduction was performed with the methodology previously described for the ESRF data.

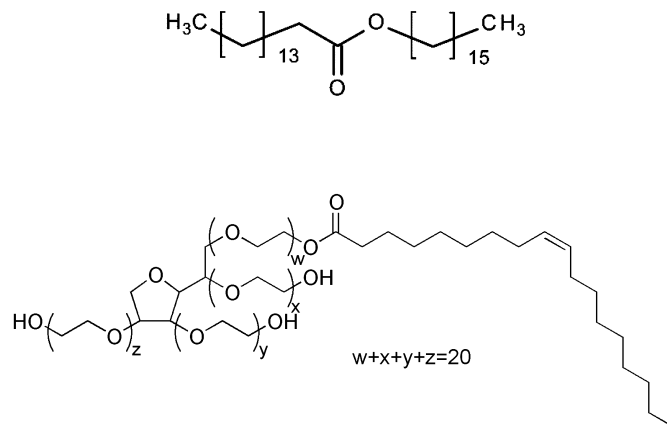


Fig. 1. Chemical structure of the molecules cetyl palmitate, CP (top), and polysorbate 80, P80 (bottom).

### 2.2.4. SAXS models

We have developed novel models to analyze SAXS data of solid lipid nanoparticles formed by cetyl palmitate and stabilized by polysorbate 80 (Fig. 1) as well as SAXS data of only P80. The models take into account the whole  $q$ -range of all synchrotron SAXS data and exploit the information coming from (i) the absolute calibration of such data, (ii) the chemical compositions of CP and P80 (Table 1) and (iii) their nominal concentrations in the SAXS investigated water solutions. Moreover, those models are applied to simultaneously fit all the experimental SAXS curves by following a so-called global fit approach [25].

Data of samples containing only P80 have been analyzed with the form factor of cylinders with spherical end-caps [26], with size distribution described by the ladder model [27], and with the structure factor derived by a perturbation of the Percus-Yevick (PY) model due to the hard sphere double Yukawa potential (HSDY) in the framework of the random phase approximation (RPA) [28–30].

SAXS curves of LNPs have been modeled by the form factor of a barrel formed by the stacking of polydisperse CP platelets [31,32] covered with a non continuous layer of P80 with low surface density. The stacking structure factor has been described in the framework of the para-crystal theory [33–36]. The excess P80 molecules of these samples are considered to form micelles, described with the same approach used for samples of only P80.

In the following paragraphs, a complete description of these models is shown.

**SAXS of growing and interacting end-capped cylindrical micelles** Micelles composed by the nonionic surfactant P80 are supposed to be distributed in different sizes according to the ladder model derived by Thomas et al. [27]. We first consider the chemical potential of a micelle formed by  $m$  self-assembled molecules,  $\mu_m = \mu_m^\circ + RT \log C_m$ , where  $R$  is the perfect gas constant,  $T$  the absolute temperature,  $C_m$  the molar concentration of the micelle and  $\mu_m^\circ$  is the standard chemical potential in the molar unit (corresponding to  $C_m = 1$  M). The formation of this micelle from  $m$  isolated molecules is written as a chemical reaction,  $m\text{P80} \rightleftharpoons \text{P80}_m$ . At the equilibrium, according to standard thermodynamics, the chemical potential of P80 in any state should be the same, hence  $\mu_1 = \mu_m/m$ . It follows that  $C_m = C_1^m e^{-(\mu_m^\circ - m\mu_1^\circ)/(RT)}$ . The ladder model [27] simply assumes that the standard chemical potential difference,  $\mu_m^\circ - m\mu_1^\circ$ , is a linear function of  $m$ ,

$$\mu_m^\circ - m\mu_1^\circ = \Delta + (m - m_0)\delta \quad (1)$$

where  $\Delta$  is the free energy gain when a micelle with the minimum aggregation number  $m_0$  is formed and  $\delta$  is the free energy gain when a molecule is added to a micelle already formed. To note, both  $\Delta$  and  $\delta$  must be negative, indicating that the two corresponding processes are favored. On the other hand,  $\Delta - m_0\delta$ , the free energy required

**Table 1**

Chemical groups forming the polar and the hydrophobic domains of CP and P80 molecules. The first block of the table reports the number of electrons and the molecular volume at 25 °C of each group. The second bloc reports the abundance of the groups in the hydrophobic and polar domains CP and P80 molecules. <sup>(a)</sup> Data calculated according to Marsh et al. [37].

	>C=	=O	–O–	OH	CH	CH <sub>2</sub>	CH <sub>3</sub>	H <sub>2</sub> O
n. electrons	6	8	8	9	7	8	9	10
$v^{\circ}$ <sup>(a)</sup> (Å <sup>3</sup> )	13.0	12.0	15.0	16.0	21.5	27.7	52.9	29.9
CP polar head	1	1	1					
CP hydrophobic tail						29	2	
P80 dry polar head	1	1	22	3	4	42		
P80 hydrophobic tail					2	14	1	

to form two end-caps in the cylindrical body of the micelle should be positive. The mass balance of P80 leads to the following equation,  $C_{P80} = C_1 + \sum_{m=m_0}^{\infty} mC_m$ , where  $C_{P80} = c_{P80} d_{\text{wat}} / M_{P80}$  is the nominal molar concentration of P80 ( $c_{P80}$  is the w/v concentration at the reference temperature  $T_0 = 298.15$  K,  $M_{P80}$  is the molecular weight of P80 and  $d_{\text{wat}}$  is the bulk water relative mass density, calculated, according to Eq. (2) of Spinozzi et al. [30], as a function of  $T$ ). We thus derive  $C_{P80} = C_1 + e^{-(\Delta - m_0\delta)/(RT)} \sum_{m=m_0}^{\infty} mC_1^m e^{-m\delta/(RT)}$ . The last equation can be re-written in terms of the fraction of free P80 molecules in solution,  $\alpha_1 = C_1/C_{P80}$ , and by calculating the derivative of the sum of the first  $m$  elements of a geometric series. The result leads to an equation of the unique variable  $z = \alpha_1 C_{P80} e^{-\delta/(RT)}$ ,

$$z e^{\delta/(RT)} + e^{-(\Delta - m_0\delta)/(RT)} z^{m_0} \frac{m_0 - z(m_0 - 1)}{(1 - z)^2} = C_{P80} \quad (2)$$

We have checked that, by assuming  $z < 1$ , Eq. (2) can be numerically solved. As a result, the fraction  $\alpha_1$  can be obtained as a function of  $c$ ,  $T$  and the two thermodynamic parameters ruling the micellar processes,  $\Delta$  and  $\delta$ . Moreover, the average micellar aggregation number,  $\langle m \rangle$ , can be easily derived, according to Eq. S10 of the SM. Examples of numerical solutions of Eq. (2) and calculation of  $C_m$  are shown in Fig. S1 of the SM. By extending this treatment from a discrete to a continuous approach and by neglecting the SAXS contribution of isolated P80 molecules, the average form factor of end-cap cylindrical (ec) micelles can be written by

$$P_{\text{ec}}(q) = \int_{m_0}^{\infty} p(m) P_{\text{ec},m}(q) dm \quad (3)$$

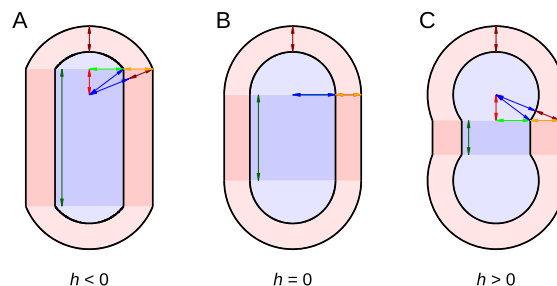
where  $P_{\text{ec},m}(q)$  is the form factor of the micelle formed by the aggregation of  $m$  P80 molecules of which  $m_0$  are involved in the formation of two end-caps and the remaining  $m - m_0$  are forming a cylindrical region between them and  $p(m)$  represents the probability density of having micelles with  $m$  molecules,

$$p(m) = \frac{C_m}{\int_{m_0}^{\infty} C_m dm} \quad (4)$$

An expression similar to Eq. (3) can be derived for the average amplitude of polydisperse micelles,

$$P_{\text{ec}}^{(1)}(q) = \int_{m_0}^{\infty} p(m) P_{\text{ec},m}^{(1)}(q) dm \quad (5)$$

We have adopted one of the most suitable SAS models for describing this kind of micellar shape [38], which is the one developed by Kaya [26], here extended to the presence of an inner hydrophobic domain (2-domain) and an outer hydrated polar head domain (1-domain). A representation of this model is shown in Fig. 2. The geometrical parameters of the model are the radius  $R_{2,\text{cyl}}$  (green segment, Fig. 2) of the inner cylindrical domain (intense blue shadow, Fig. 2) and its length  $L$  (dark-green segment, Fig. 2), the thickness  $\delta_{\text{cyl}}$  (orange segment, Fig. 2)



**Fig. 2.** Sketches of the globular end-cap cylinder model, with negative, null and positive parameter  $h$ , panels A, B and C, respectively. The geometrical parameters of the model represented with colored segments, are:  $h$  (red, absolute value),  $R_{2,\text{cyl}}$  (green),  $R_{2,\text{cap}}$  (blue),  $\delta_{\text{cyl}}$  (orange),  $\delta_{\text{cap}}$  (dark-red) and  $L$  (dark green). Areas with less intense and more intense shadings represent the ED of end-cap and cylindrical regions, respectively, red and blue shading being the corresponding hydrated polar head and hydrophobic domains, respectively. (For interpretation of the colors in the figure(s), the reader is referred to the web version of this article.)

of the outer cylindrical shell (intense red shadow, Fig. 2), the radius  $R_{2,\text{cap}}$  (blue segment, Fig. 2) of the inner spherical cap domain (less intense blue shadow, Fig. 2) and the thickness  $\delta_{\text{cap}}$  (dark-red segment, Fig. 2) of the outer shell of the spherical cap domain. The parameter  $h = \pm \sqrt{R_{2,\text{cap}}^2 - R_{2,\text{cyl}}^2}$  (red segment, Fig. 2) could be negative, null, or positive, as highlighted in panels A-C of Fig. 2, respectively. To note, the condition  $R_{2,\text{cap}} > R_{2,\text{cyl}}$  should be respected. By observing the right triangles with the colored sides that appear in panels A and C of Fig. 2, it is evident that  $\delta_{\text{cyl}} + R_{2,\text{cyl}} = \sqrt{(R_{2,\text{cap}} + \delta_{\text{cap}})^2 - h^2}$ , hence only one of two parameters  $\delta_{\text{cyl}}$  and  $R_{2,\text{cyl}}$  can be considered independent. The scattering parameters of the model are the electron densities (EDs) of the cylindrical and end-cap regions, distinguished in hydrated polar domains ( $\rho_{1,\text{cyl}}$  and  $\rho_{1,\text{cap}}$ , more intense and less intense red shadows in Fig. 2) and in hydrophobic domains ( $\rho_{2,\text{cyl}}$  and  $\rho_{2,\text{cap}}$ , more intense and less intense blue shadows in Fig. 2). The geometrical parameters of the model can be related to the aggregation numbers  $m$  and  $m_0$ . Indeed, by referring to the hydrophobic molecular volume of P80 in the end-cap domain,  $v_{\text{hyd,cap}}$ , we have the following constraint,

$$m_0 v_{\text{hyd,cap}} = \frac{4}{3} \pi R_{2,\text{cap}}^3 \left[ 1 + \frac{3}{2} \frac{h}{R_{2,\text{cap}}} - \frac{1}{2} \left( \frac{h}{R_{2,\text{cap}}} \right)^3 \right], \quad (6)$$

whereas, considering the hydrophobic molecular volume of P80 in the cylindrical domain,  $v_{\text{hyd,cyl}}$ , we have

$$(m - m_0) v_{\text{hyd,cyl}} = \pi R_{2,\text{cyl}}^2 L \quad (7)$$

The X-ray scattering amplitude  $A_m(\mathbf{q})$ , which is defined as the Fourier transform of the excess X-ray scattering length density, of the core-shell end-cap cylinder formed by  $m$  P80 molecules, derived according to Kaya's model [26], is fully reported in Eq. S11 of the SM as a function



of the components of the scattering vector  $\mathbf{q}$  parallel and perpendicular to the cylindrical axis,  $q_{\parallel} = q \cos \beta_q$  and  $q_{\perp} = q \sin \beta_q$ , respectively ( $\beta_q$  is the angle between  $\mathbf{q}$  and the cylindrical axis and  $q$  is the modulus of  $\mathbf{q}$ ). Corresponding orientational integrals  $P_{ec,m}(q)$  and  $P_{ec}^{(1)}(q)$  are defined in Eqs. S16 and S17 of the SM. By entering the results of the ladder model,  $C_m = e^{-(\Delta-m_0\delta)/(RT)} e^{-mE}$ , where the positive dimensionless parameter  $E = \delta/(RT) - \log C_{P80} - \log \alpha_1$  has been introduced, we have been able to simplify Eqs. (3) and (5) according to

$$P_{ec}(q) = \int_0^{\pi/2} d\beta_q \sin \beta_q \frac{N_2}{D_2}, \quad (8)$$

$$P_{ec}^{(1)}(q) = \int_0^{\pi/2} d\beta_q \sin \beta_q \frac{N_1}{D_1}, \quad (9)$$

where the working factors  $N_2$ ,  $D_2$ ,  $N_1$  and  $D_1$  are fully reported in Eqs. S18-S21 of the SM. The volumetric properties of the P80 molecules have been used to calculate all the electron densities as well as the area per molecule in both end-cap and cylinder regions. All details are shown in Sect. S11.2 of the SM. Besides, the average number density of the micelles, defined by  $n_{ec} = N_A \int_{m_0}^{\infty} C_m dm$  ( $N_A$  is Avogadro's number), is  $n_{ec} = (N_A/E) e^{-(\Delta-m_0\delta)/(RT)-m_0E}$ .

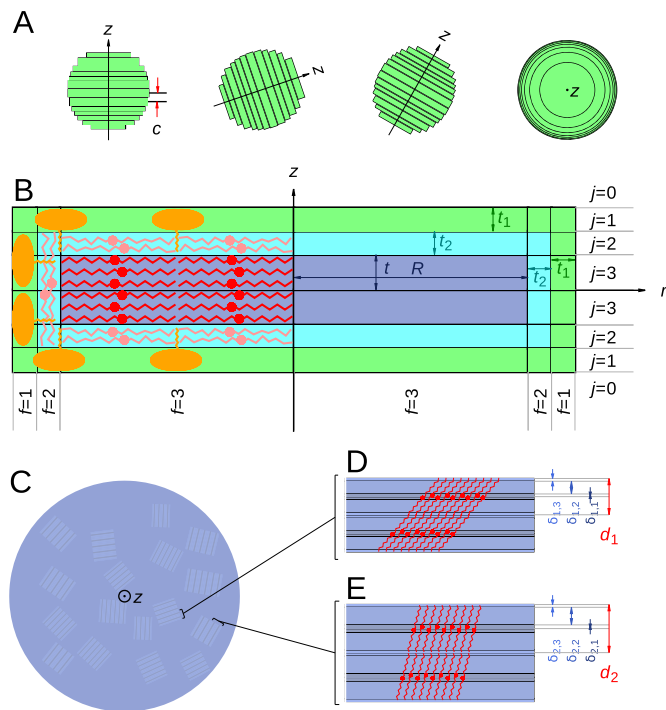
The effective structure factor  $S_M(q)$ , a term that reflects the correlation among micelles, particularly relevant at the high concentration (particle volume fraction  $\eta$  greater than  $\approx 0.01$ ), and that depends on the coupling function  $\beta(q) = [P_{ec}^{(1)}(q)]^2 / P_{ec}(q)$  [30], is modeled with the same approach, based on the HSDY potential, that some of us have successfully applied to different nanosized systems [39,30,40]. In the case of the nonionic P80 surfactant, the micelle charge is set to zero. Hence, the only relevant parameters are the effective average micelle diameter  $\sigma_{ec}$  (so that the volume fraction that appears in the PY expression of  $S_0(q)$  (see Eq. S1 of Piccinini et al. [40]) is  $\eta = n_{ec} \pi \sigma_{ec}^3 / 6$ ), the depth  $J$  of the attractive potential's well, and the decay range  $d$ . Moreover, since our experimental data show a  $q^{-4}$  behavior at low  $q$  (Sect. 3.3) probably due to the presence of very large micellar aggregates, the final equation used to fit all the experimental SAXS differential macroscopic cross section recorded for the samples containing only P80 is

$$\frac{d\Sigma}{d\Omega_{ec}}(q) = n_{ec} r_e^2 P_{ec}(q) S_M(q) + k_{por} q^{-4} \quad (10)$$

where  $k_{por}$  represents the Porod's constant. The factor  $r_e = 0.28 \cdot 10^{-12}$  cm is the scattering length of the electron.

**SAXS of stacked polydisperse platelets in the form of barrel** SAXS data of CP solid LNPs stabilized by P80 (Sect. 3.3) show two sets of low-order diffraction peaks, similar to previous results [41–43,21,44,20,6], that grow over a typical bilayer band, widely seen in SAXS experiments of flat bilayers [45], suggesting the presence of platelets. The first peak's positions of the two families are at  $\approx 0.160 \text{ \AA}^{-1}$  and  $\approx 0.143 \text{ \AA}^{-1}$ , corresponding to repeat distances of  $\approx 39.3 \text{ \AA}$  and  $\approx 43.9 \text{ \AA}$ , respectively. The low  $q$  behavior of these SAXS curves shows a power trend  $q^{-p}$  with exponent  $2 < p < 3$ , far from the characteristic  $p = 2$  value of freely rotating platelets in solution [46], indicating that a certain degree of parallel platelet-platelet stacking interaction would occur. Based on these preliminary observations, together with the AFM and DLS results shown in Sect. 3 and by taking into account the detailed model developed by Schmiele et al. [31,32] for platelet systems, we have worked out a novel model aimed at analyzing SAXS curves in the whole  $q$ -range. As a matter of fact, it should be noted that no model among those reported in the literature has proved capable of fitting the SAXS curves in the entire range of  $q$ . This novel model (Fig. 3A) is based on the following assumptions.

(i) The platelets are composed of three cylindrical structures that are embedded inside one another (Fig. 3B). The innermost cylinder (blue,



**Fig. 3.** The platelets model for LNPs. A) Randomly oriented, polydispersed, barrel-like LNPs. Each comprises a stack of  $N_c$  platelets, orthogonal to their main axis  $z$ , separated by a distance  $c$  (red marks), with  $N_c$  and  $c$  following Gaussian distributions and a cross-section radius distributed according to an elliptical profile (Fig. S2). B) Section of a single platelet along its central axis  $z$ . The inner cylinder (blue), made of crystalline CP molecules (red), has half-height  $t$  and radius  $R$  (vertical and horizontal dark-blue double arrows, respectively). The  $t/R$  ratio is not in scale and has been chosen for the sake of visualization. Amorphous-CP molecules (pink) form a cylindrical shell (cyan) with thickness  $t_2$  (dark-cyan double arrows) within another cylindrical shell (green) with thickness  $t_1$  (dark-green double arrows) made of P80 molecules (orange) and bound water (not shown). Labels  $f = 1, 2$ , and  $3$  mark the regions with different ED profiles along  $z$ . The  $f = 3$  region has six layers ( $j = 1, 2, 3$ , and those specular to the central plane orthogonal to  $z$ , with thicknesses  $t_1, t_2$ , and  $t$ , respectively) with distinctive EDs. The  $f = 2$  region has layers  $j = 2$  and  $3$  with the same ED, while for the  $f = 1$  region all the layers have the same ED. C) Cross section of the inner cylinder (outgoing  $z$  axis) in which small crystalline domains, randomly oriented and containing several parallel CP bilayers, are shown. The crystalline domains are distinguished into two groups, with shorter and longer lamellar distances. A zoom of two adjacent bilayers for each of the two groups of crystalline domains is shown in panels D and E, respectively, where the red double arrows represent the corresponding lamellar distances  $d_1$  and  $d_2$ . A hypothetical disposal of the CP molecules, oriented differently in the two types of bilayers, is shown. The three specular layers, shown by decreasing intensities of blue, represent the ED of the carboxyl group, the middle and terminal chains, respectively. Their corresponding thicknesses  $\delta_{k,1}$ ,  $\delta_{k,2}$  and  $\delta_{k,3}$  ( $k = 1, 2$ ) are indicated by the double arrows shown on the right with the same color as the ED domains.

Fig. 3C) is made up of lamellar layers consisting of CP molecules (red) with internal structures (Fig. 3D and E). This cylinder is surrounded by a cylindrical shell (cyan) consisting of widely-spaced P80 aliphatic chains (orange) and amorphous CP molecules (pink). The outer cylinder (green) is made up of P80 polar heads and bound water molecules that bridge the hydrophilic moieties, as illustrated in atomistic simulations of phospholipid membranes [47].

(ii) The innermost cylinder (shown in Fig. 3 in blue color) has both the radius  $R$  and the height  $2t$  polydisperse. The mean value of the radius is indicated with  $R_0 = \langle R \rangle$ , its dispersion index is  $\xi_R = (\langle R^2 \rangle - R_0^2)^{1/2} / R_0$ , while  $t_0 = \langle t \rangle$  indicates the mean value of half the height of the inner cylinder, with dispersion index  $\xi_t = (\langle t^2 \rangle - t_0^2)^{1/2} / t_0$ .

(iii) According to AFM results, we assume that LNPs are barrel-shaped particles, defined by a maximum and a minimum radius of the circular cross-section,  $R_M$  and  $R_m = \nu R_M$ , respectively, with  $0 < \nu < 1$ ,  $\nu$  being the “bulging” parameter of the barrel. Also, we assume a smooth variation of the barrel’s circular cross-section radius according to an elliptical profile, as depicted in Fig. S2 of the SM, where we have also plotted the theoretical distribution function of the barrel circular cross-section radius,

$$p(R, R_M, R_m) = \begin{cases} \frac{R-R_m}{(R_M-R_m)\sqrt{(R_M-R)(R_M+R-2R_m)}} & R_m \leq R < R_M \\ 0 & \text{otherwise} \end{cases} \quad (11)$$

According to this view, the barrel shape is obtained by the stacking of parallel cylindrical platelets (Fig. 3A). Since AFM results indicate a polydispersion of the barrel size, we assume a Gaussian distribution of the maximum circular cross-section radius  $R_M$  of the barrel, centered at  $R_{M,max}$  and with standard deviation  $\xi_{R_M}$ . As a consequence, the overall distribution function  $p(R)$  of the platelet radius is written as,

$$p(R) = \int_{R_{M,lb}}^{R_{M,ub}} p(R, R_M, \nu R_M) p(R_M) dR_M \quad (12)$$

$$p(R_M) = \frac{1}{Z_{R_M}} e^{-\frac{(R_M-R_{M,max})^2}{2\xi_{R_M}^2}} \quad (13)$$

The lower and the upper bounds of the integral are  $R_{M,lb} = \max\{R_{M,max}(1 - p_G \xi_{R_M}), R_{M,min}\}$  and  $R_{M,ub} = R_{M,max}(1 + p_G \xi_{R_M})$ , respectively, where  $p_G \approx 3$  represents the number of standard deviations of the Gaussian taken into consideration, whereas  $R_{M,min}$  represents the minimum value of  $R_M$ , a parameter necessary in order to avoid non-physical negative values of  $R_M$ . The normalization factor,  $Z_{R_M}$ , can be analytically calculated as reported in Eq. S22 of the SM. Examples of  $p(R)$  calculated with Eq. (13) are reported in Fig. S3 of the SM. To note, the average platelet radius and its dispersion are calculated according to

$$R_0 = \int_{\nu R_{M,lb}}^{R_{M,ub}} R p(R) dR \quad (14)$$

$$\xi_R^2 = \frac{1}{R_0^2} \int_{\nu R_{M,lb}}^{R_{M,ub}} (R - R_0)^2 p(R) dR \quad (15)$$

with  $\int_{\nu R_{M,lb}}^{R_{M,ub}} p(R) dR = 1$ . Analytical expressions of  $R_0$  and  $\xi_R$  are given in Eqs. S23-S24 of the SM.

(iv) A Gaussian function also describes the distribution function of  $t$  with the maximum at the position  $t_{max}$  and the standard deviation defined as  $\xi_{t_{max}}$ . Since  $t$  is a positively defined quantity, the average thickness,  $t_0$  and the dispersion,  $\xi_t$ , are calculated by integrating the Gaussian function only in a positive range of  $t$ , as described in detail in the Sect. S5 of the SM. To note,  $t$  is represented by a dark-blue arrow in Fig. 3B.

(v) Platelets are highly anisometric cylinders, with  $R \gg t$ , hence, according to scattering theory [46], the SAXS signal only depends on the excess ED along the axis  $z$  of the platelet (drawn in Fig. 3B). As a consequence, there are three distinct ED profiles along  $z$ , indicated with the label  $f = 1, 2, 3$ , each of them formed by 3 specular layers in respect to the middle plane orthogonal to the  $z$  axis (Fig. 3B). Such layers are indexed by  $j = 1, 2, 3$ , and the corresponding thicknesses are  $t_1, t_2$  and  $t$ . In positions labeled with  $j = 0$  in Fig. 3B there are stacked platelets with their  $t_1, t_2$  and  $t$  layers, with a stacking interlayer distance  $\Delta t \simeq 1 \text{ \AA}$ , as discussed in section 3.3.2 (Fig. 9M). We associate  $\Delta t/2$  to each stacked platelet as a correction to the thickness  $t_1$  of the hydrated-P80 layer. For the ED profile indexed with  $f = 3$ , the 3 layers have distinct values of ED, as shown in Fig. 3 with blue ( $j = 3$ ), cyan ( $j = 2$ ) and green

( $j = 1$ ) colors. Differently, for the ED profile with index  $f = 2$ , two layers have the same ED, shown in cyan ( $j = 2, 3$ ) in Fig. 3B, whereas for  $f = 1$  all layers have the same ED. We also assume smooth transitions of EDs from two subsequent layers and from the last layer to bulk water by adopting the error function to describe the smooth effect (see Fig. S4 of the SM and Spinozzi et al. [48] for details). The smooth parameter from  $j$ -layer to  $(j - 1)$ -layer is the standard deviation  $\sigma_{pl,j}$  of the error function.

(vi) The stacking among roughly parallel platelets (Fig. 3A) is described by the para-crystal theory applied along the  $z$  direction, with a repeat distance  $c = 2(t + t_2 + t_1 + \Delta t/2)$  (Fig. 3A, red arrows) and distortion parameter  $g_c = \sigma_c/c$ ,  $\sigma_c$  being the standard deviation of  $c$ . The number of stacking platelets,  $N_c$ , is polydisperse, according to a Gaussian distribution function  $p_{N_c}(N_c)$ , with the maximum at the position  $N_{c,max}$  and the standard deviation indicated with  $\sigma_{N_c}$ . Since  $N_c$  cannot be negative, the average para-crystal structure factors, as well as the average number of platelets,  $N_{c,0}$ , are calculated by integrating the Gaussian distribution function only in a positive range of  $N_c$ , as detailed in the Sect. S6 of the SM.

(vii) The CP molecules in the innermost cylinder (Fig. 3C) are organized into three groups, two of which correspond to two nano-sized lamellar domains (Fig. 3D and E) and the third group forming an amorphous domain. The molar fraction of CP in the three groups are named  $y_k$ , with the obvious condition  $\sum_{k=1}^3 y_k = 1$ . The lamellar orders of the domains (ld) are described by the para-crystal scheme of Fröhlich et al. [49], defined by the repetition distance  $d_k$  (Fig. 3D and E, red arrows), the distortion  $g_{ld,k}$  and the average repeat number  $N_{ld,k}$ , with  $k = 1, 2$ . In turn, the repetition distance is  $d_k = 2(\delta_{k,1} + \delta_{k,2} + \delta_{k,3})$ , where  $\delta_{k,i}$  is the thickness of the  $i$ -layer of ED corresponding to the carboxyl group, the middle, and the terminal chains of the CP molecules, with  $i = 1, 2, 3$ , respectively (see arrows with decreasing intensity of blue in Fig. 3D and E). Smooth transitions from  $i$ -layer to  $(i - 1)$ -layer are modeled based on the error function with standard deviation  $\sigma_{k,i}$ . To note, the 0-layer has the ED corresponding to the average of the EDs of the three layers, as shown in Fig. S5 and Eq. S61 of the SM and Ref. Spinozzi et al. [48].

(viii) The P80 molecules are divided into two groups. Those in the first group (with molar fraction  $y_{P80}$ ) are distributed on the platelets’ surface, with their large polar head in the layer  $j = 1$  and their hydrophobic chain in the intermediate layer ( $j = 2$ ), among the CP molecules considered in amorphous configuration (Fig. 3B). The polar heads of P80 molecules are hydrated by bound water in the  $j = 1$  layer. As discussed in Sect. 3.3.2, the bound water is responsible for the collapse of the platelets. The second group of P80 molecules, with a molar fraction  $1 - y_{P80}$ , consists of all the molecules forming end-cap cylinder micelles, according to the model described in the Sect. 2.2.4, paragraph “SAXS of growing and interacting end-capped cylindrical micelles”. However, as discussed in Sect. 3.3, we found that  $y_{P80} = 1$ . Hence, there are no end-cap cylinder micelles in the LNPs, although the general theory includes them.

(ix) Both the height of the barrel,  $H = c N_c$ , and the circular cross-section radius of the barrel,  $R$ , are considered larger than  $\approx 1/q_{min}$ ,  $q_{min}$  being the minimum modulus of the scattering vector detectable by SAXS experiments. Hence, the contribution of the whole barrel to the SAXS signal depends on the average surface of the barrel and is due to the excess ED of all the molecules within the barrel (CP, P80 and bound water between the platelets) with respect to the bulk water, a case similar to that described by Porod’s law. To note, in the case of a barrel-like LNP that interacts with other molecules, such as proteins, the SAXS contribution of the barrel surface will be approximated by the form factor of  $N_s$  layers of different EDs in planar geometry, with possible smooth transitions, according to the classical scattering theory [46]. The distribution function of  $H$  corresponds to  $p(H) = (1/c)p_{N_c}(H/c)$ . We have also developed a simple Monte Carlo method to derive the distribution function of the center-to-border distance of the barrel,  $p(R_c)$ , by com-

binning the distributions functions  $p(R_M)$  and  $p(H)$ . Details are given in the Sect. S7 of the SM.

We will now derive the SAXS differential macroscopic cross section of platelets according to all these assumptions, from (i) to (ix). According to scattering theory [46], the SAXS differential macroscopic cross section of flat (fl), thin and not interacting (ni) platelet with surface  $S_{fl}$  and number density  $n_{pl}$  is

$$\frac{d\Sigma}{d\Omega_{fl,ni}}(q) = n_{pl}r_c^2 \frac{2\pi}{q^2} S_{fl} |A_{fl}(q)|^2 \quad (16)$$

where  $A_{fl}(q) = \int \delta\rho(z)e^{iqz} dz$  is the Fourier transform the excess ED profile  $\delta\rho(z)$  along the direction  $z$  perpendicular to the platelet. The number density of platelets,  $n_{pl}$ , with inner radius  $R$ , half-inner length  $t$  and shell thicknesses  $t_1$  and  $t_2$  can be calculated considering the CP w/v concentration,  $c_{CP}$ , by  $n_{pl} = N_A c_{CP} / (M_{CP} N_{CP,pl})$ , where  $M_{CP}$  is the CP molecular weight and  $N_{CP,pl}$  is the number of CP molecules in the platelet, which can be derived on the basis of the mass balance, as shown in Eq. S105 of the SM. By referring to assumption (v), since for platelets we have three ED profiles along  $z$  ( $f = 1, 2, 3$ ), the differential macroscopic cross section of the platelets is

$$\begin{aligned} \frac{d\Sigma}{d\Omega_{pl,ni}}(q) = n_{pl}r_c^2 \frac{2\pi}{q^2} \left[ \pi((R+t_2+t_1)^2 - (R+t_2)^2) A_{fl,1}^2(q) \right. \\ \left. + \pi((R+t_2)^2 - R^2) A_{fl,2}^2(q) + \pi R^2 A_{fl,3}^2(q) \right] \quad (17) \end{aligned}$$

The real functions  $A_{fl,f}(q)$  for specular layers with smooth transitions based on error functions are reported in Eq. S44 of the SM. By substituting the expression of  $N_{CP,pl}$  shown in Eq. S105 of the SM and considering both the polydispersion model described in assumption (ii) and the stacking correlation described in assumption (vi), the differential macroscopic cross section of interacting (in) polydisperse platelets, averaged over  $R$  and  $t$  (av), is

$$\begin{aligned} \frac{d\Sigma}{d\Omega_{pl,in,av}}(q) = r_c^2 \phi_{CP} \left( 1 + \frac{v_{P80,hyd} y_{P80}}{\bar{v}_{CP} r_{CP,P80} k_{r_{CP,P80}}} \right) \\ \times \frac{\pi}{q^2} \left( \langle t_1(t_1 + 2(R+t_2))(R+t_2)^{-2} \rangle_R \langle (t+t_2)^{-1} A_{fl,1}^2(q) \rangle_t \right. \\ \left. + \langle t_2(t_2 + 2R)(R+t_2)^{-2} \rangle_R \langle (t+t_2)^{-1} A_{fl,2}^2(q) \rangle_t \right. \\ \left. + \langle R^2(R+t_2)^{-2} \rangle_R \langle (t+t_2)^{-1} A_{fl,3}^2(q) \rangle_t \right) S_{pl}(q) \quad (18) \end{aligned}$$

where  $\phi_{CP} = N_A c_{CP} \bar{v}_{CP} / M_{CP}$  (see Eq. S109 of the SM) is the overall CP volume fraction,  $r_{CP,P80}$  is the nominal molar ratio between CP and P80 molecules, with an eventual correction factor and  $k_{r_{CP,P80}}$ . The terms  $v_{P80,hyd}$  and  $\bar{v}_{CP}$  are the volumes of the hydrophobic tail of P80 and the mean volume of CP, as detailed in Eq. S66 and S108 of the SM, respectively. The radial averages ( $\langle \dots \rangle_R$ ) are calculated on the basis of the function  $p(R)$ , as shown in Eq. S52 of the SM. The  $t$ -averages  $\langle (t+t_2)^{-1} A_{fl,f}^2(q) \rangle_t$  are determined as fully described in Eq. S47 of the SM. The factor  $S_{pl}(q)$  in Eq. (18) represents the platelet-platelet structure factor, which is calculated according to para-crystal order along the  $z$  direction. The expressions can be found in literature [49,48].

Regarding the SAXS differential macroscopic cross sections of the two groups of randomly oriented nano-sized lamellar domains (ld) of CP within the inner cylinder, foreseen by assumption (vii), according to scattering theory it can be shown that they are two terms that add up to the one due to the platelets since the average cross-terms between the cylindrical layer of the platelets, and the nano-domains drop to zero. Considering the stacks of flat bilayers, as shown in Fig. 3D and E, their differential macroscopic cross section is

$$\frac{d\Sigma}{d\Omega_{ld,in}}(q) = r_c^2 \phi_{CP,3} \frac{2\pi}{q^2} \sum_{k=1}^2 \frac{y_k}{d_k} A_{ld,k}^2(q) S_{ld,k}(q) \quad (19)$$

where  $\phi_{CP,3}$  is the volume fraction of CP in the inner region of the platelets (see Eq. S110 of the SM) and  $A_{ld,k}(q)$  is the Fourier transform of the excess ED profile of the 3-spectral layers of the  $k$ -nano-domain calculated with respect to the average ED of the CP molecules (represented in blue in Fig. 3). Its expression is given in Eq. S62 of the SM. The stacking between CP  $k$ -domains is described by the para-crystal structure factor  $S_{ld,k}(q)$ .

The SAXS contribution due to the overall barrel-like surface, based on the assumption (ix), is

$$\frac{d\Sigma}{d\Omega_{brl}}(q) = n_{brl}r_c^2 \frac{2\pi}{q^2} \langle S_{brl} \rangle |A_{brl}(q)|^2 \quad (20)$$

where  $n_{brl}$  is the average number density of barrels (see Eq. S123 of the SM),  $\langle S_{brl} \rangle$  is the average barrel surface (calculated according to Eq. S132 of the SM) and  $A_{brl}(q)$  is the Fourier transform of the excess ED profile along the direction perpendicular to the barrel surface, fully described in Eq. S138 of the SM. It can be easily shown that the scattering cross-term between the barrel and the platelets has a mean value that tends to be zero.

The final equation used to fit the SAXS data of LNP samples, which includes all the assumptions (i)-(ix) is the sum of Eqs. (18), (19), (20) and (10),

$$\frac{d\Sigma}{d\Omega_{LNP}}(q) = \frac{d\Sigma}{d\Omega_{pl,in,av}}(q) + \frac{d\Sigma}{d\Omega_{ld,in}}(q) + \frac{d\Sigma}{d\Omega_{brl}}(q) + \frac{d\Sigma}{d\Omega_{ec}}(q) \quad (21)$$

where in the term  $\frac{d\Sigma}{d\Omega_{ec}}(q)$  (Eq. (10)), which accounts for the SAXS contribution of P80 molecules that are not involved in the platelets, the number density of end-cap cylindrical micelles,  $n_{ec}$ , is calculated as widely described in Sec. 2.2.4, paragraph ‘‘SAXS of growing and interacting end-capped cylindrical micelles’’, and considering the available molar concentration of P80 as large as  $C_{P80} = c_{P80}(1 - y_{P80})d_{wat} / M_{P80}$ .

**Global-fit** Considering the interplay between the SAXS models introduced in Sect. 2.2.4, paragraphs ‘‘SAXS of growing and interacting end-capped cylindrical micelles’’ and ‘‘SAXS of stacked polydisperse platelets in the form of barrel’’, all SAXS curves of samples containing only P80 and samples of LNP (containing both P80 and CP) can be analyzed by a unique optimization procedure, referred to as global-fit [25]. All model parameters are divided into two classes: the first-class includes the common parameters, such as the volumes of chemical groups, which are optimized to a single value for all curves; the second-class includes single-curve parameters, which can assume an independent value for each curve. The merit function to be minimized is

$$H = \chi^2 + \alpha L. \quad (22)$$

In this equation, the term  $\chi^2$  is the standard reduced chi-square of all the  $N_v$  experimental SAXS curves,

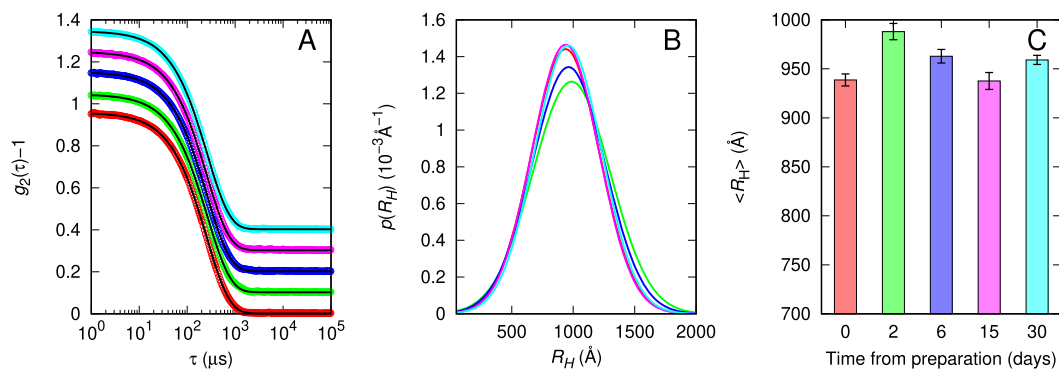
$$\chi^2 = \frac{1}{N_v} \sum_{v=1}^{N_v} \frac{1}{N_{q,v}} \sum_{j=1}^{N_{q,v}} \left( \frac{\frac{d\Sigma}{d\Omega_{v,ex}}(q_j) - \frac{d\Sigma}{d\Omega_{v,th}}(q_j)}{\sigma_v(q_j)} \right)^2, \quad (23)$$

where  $N_{q,v}$  is the number of  $q$ -points of the  $v$ -curve,  $\frac{d\Sigma}{d\Omega_{v,ex}}(q_j)$ ,  $\sigma_v(q_j)$  is the experimental standard deviation and  $\frac{d\Sigma}{d\Omega_{v,th}}(q_j)$  is the fitting curve calculated based on either Eq. (10) or Eq. (21), depending on the kind of sample ( $s = P80$  or  $s = LNP$ ). The second term,  $L$ , is the regularization factor aimed to reduce unlikely oscillations of single-curve parameters related to samples with the closest chemical-physical conditions (composition, concentration, and temperature). The term  $L$  is indeed defined by

$$L = \sum_{s=P80,LNP} \sum_{p=1}^{N_{p,s}} \sum_{v=1}^{N_v} \left( 1 - \frac{X_{p,v}}{X_{p,v'}} \right)^2, \quad (24)$$

where the index  $s$  in the first sum distinguishes the kind of sample, the index  $p$  is the label of the  $p$ th of the  $N_{p,s}$  single-curve fitting parameters,





**Fig. 4.** DLS results of LNPs. A) Auto-correlation functions of LNP recorded at 0 (red), 2 (green), 6 (blue), 15 (magenta) and 30 (cyan) days after the sample preparation with corresponding best fits (solid black lines). A factor of 0.1 vertically scales data for clarity. B) Distribution functions of the hydrodynamic radius  $R_H$  obtained by the best fit of DLS auto-correlation functions. C) Mean particle hydrodynamic radius of the distributions shown in panel B. The color code used in panel B and C is as in panel A.

$X_{p,v}$  is the value of the parameter used to fit the  $v$ -curve and  $X_{p,v'}$  is the value of the parameter used to fit the  $v'$  curve, which is one of the samples with the closest chemical-physical conditions to the sample of the  $v$ -curve. The closest chemical is the one that minimizes the term  $(1 - C_v/C_{v'})^2 + (1 - T_v/T_{v'})^2$ , where  $C_v$  is the concentration of either P80 or CP. The minimization of the merit function and the evaluation of the uncertainties of fitting parameters are achieved according to a combination of Simulated Annealing and Simplex methods, as detailed described by Moretti et al. [50]. The constant  $\alpha$  in Eq. (22) is fixed to ensure that, at the end of the minimization, the factor  $\alpha L$  does not overcome  $\approx 10\%$  of the merit function  $H$ . The present model has been integrated into the GENFIT software [25].

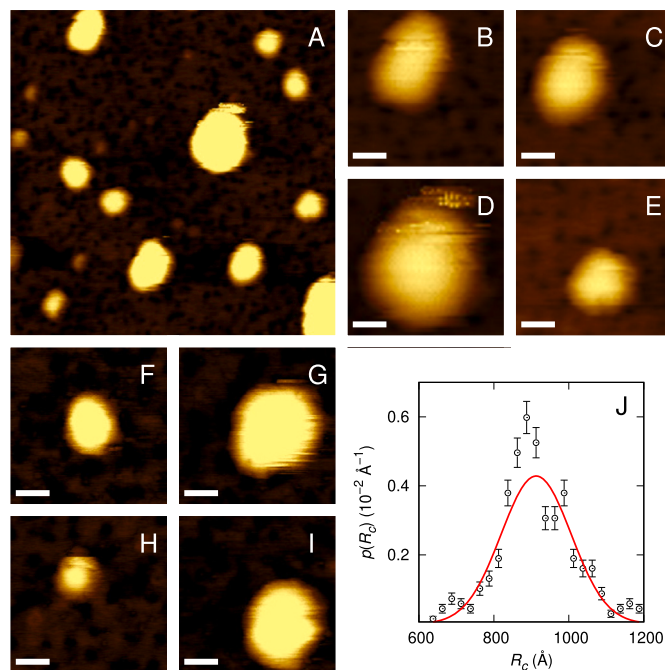
### 3. Results and discussion

#### 3.1. DLS

In Fig. 4A, we report the second-order intensity autocorrelation functions of a solid LNP dispersion measured on different days after it was prepared. These functions exhibit a single exponential decay, suggesting that the sample primarily comprises particles of the same size. Accordingly, we analyzed the data with a single Gaussian distribution function of the solid LNP's hydrodynamic radius,  $R_H$ , as in Eq. S9 of the SM, and achieved optimal fits (black solid lines in Fig. 4A, with fitting parameters in Table S2 of the SM). We show the resulting hydrodynamic radius distributions in Fig. 4B, and the histogram of the average values  $\langle R_H \rangle$  as a function of time from sample preparation in Fig. 4C. These results indicate that the solid LNP size is stable, with an average hydrodynamic radius of  $\langle R_H \rangle \approx 950$  Å, with rather limited temporal variations (in the order of 2%), and with a dispersion index  $\xi_{R_H} \approx 0.3$ . Additionally, we found that the particles were slightly negative with a  $\zeta$  potential of  $-6.5 \pm 0.6$  mV, which remained relatively constant throughout the investigation.

#### 3.2. AFM

In Fig. 5A, we show a representative image of tens non-contact mode AFM observations obtained from a solid LNP dispersion diluted to 0.1 g/L. The particles show an elongated, barrel-like shape and are noticeably polydisperse. In Fig. 5B-I, we show magnifications of the images centered on the single particles. The jagged morphology in the region close to the border of AFM images (e.g., Fig. 5G and I) is consistent, at least to some extent, with the presence of an internal structure formed by parallel sheets. As described in the Sect. 2, we determined the distribution function of the center-to-border distance  $R_c$ , along different straight lines passing from the center, of  $\sim 50$  particles directly observed by AFM (Fig. 5J). The mean value of  $R_c$  is  $\approx 912$  Å, with a



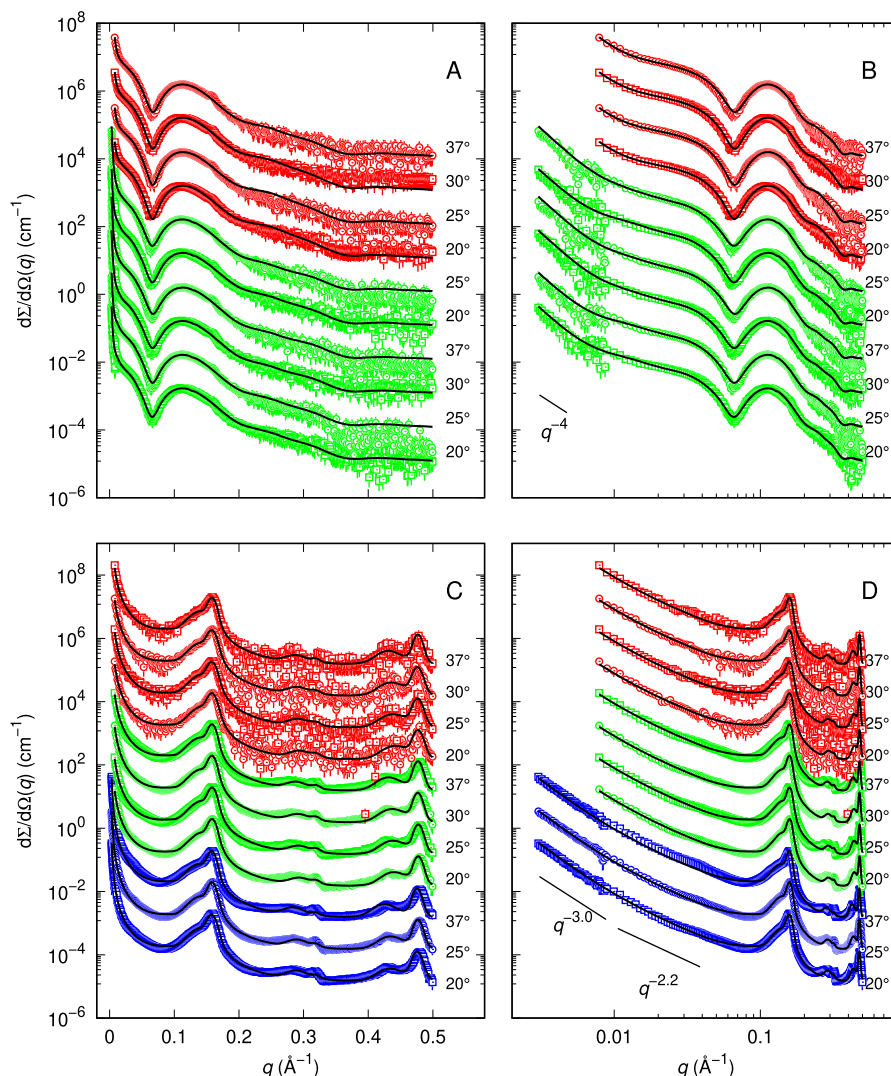
**Fig. 5.** AFM results for LNPs. Panel A: example image of a sample recorded in non-contact mode. Panels B-I: square magnifications of single LNPs. The bottom horizontal bars span 1000 Å. Panel J: distribution function of the center-to-border distance obtained with ImageJ software [23] by selecting 300 distances measured in random directions passing through the center of 50 individual LNPs. The grid size was 50 Å, and the error bars were assigned according to Poisson statistics. The solid red line represents the best fit through a Gaussian, with the center at  $912 \pm 6$  Å and dispersion  $0.100 \pm 0.006$ .

dispersion as large as 0.1, in excellent agreement with the mean hydrodynamic radius  $\langle R_H \rangle$  measured by DLS.

#### 3.3. SAXS

SAXS curves recorded at the ID02 beamline of ESRF for water dispersion for P80 in different concentrations and temperatures are shown in Fig. 6A (semi-logarithmic plot) and B (logarithmic plot), whereas SAXS curves of solid LNPs formed by CP and stabilized by P80 are presented in Fig. 6C (semi-logarithmic plot) and D (logarithmic plot). We show in Fig. S7 of the SM additional SAXS curves, recorded at Austrian SAXS beamline of ELETTRA, for P80 and solid LNPs samples of a second preparation batch but in a more limited number of conditions in terms of concentration and temperature. We analyzed simultaneously





**Fig. 6.** Synchrotron SAXS curves recorded at the ID02 beamline at ESRF for P80 (panels A-B) and LNP (panels C-D) samples reported in semi-logarithmic plots (panels A and C) and in logarithmic plots (panels B and D), respectively. For a better visualization, curves have been stacked by multiplying for a factor  $10^{m-1}$ , where  $m$  is the index of the row from the bottom. In panels A-B, red and green points refer to 13.3 and 1.7 g/L P80 concentration, respectively. In panels C-D, red, green, and blue points refer to 80.0, 40.0, and 1.0 g/L LNP concentration, respectively. Solid black lines are the best fits obtained with the global-fit method.

by a unique calculation, according to the SAXS models fully described in the Sect. 2.2.4, all the P80 and the solid LNP sets of curves recorded at ESRF and ELETTRA. We find that the results for each experimental campaign are very similar. Therefore, we present and discuss here only those from ESRF, while those from ELETTRA are included in the SM.

First, to reduce the number of free fitting-parameters, we duly exploited all the information related to the composition of the molecules P80 and CP, including the volume of the different chemical groups and their dependence on the temperature, to calculate the electron densities of the domains in each of the regions that constitute the end-capped cylindrical micelles (Sect. S11.2 of the SM) and the platelets (Sect. S11.3 of the SM). The parameter  $y_{P80}$ , which represents, for the solid LNP samples, the mole fraction of P80 bound to the platelets, was always found equal to 1, indicating that, for these samples, there are no P80 molecules available to form end-cap micelles. To note, the global fit of 21 SAXS curves was obtained by optimizing 16 first-class (common) fitting parameters and 280 second-class (single-curve) fitting parameters (controlled by the regularization method), with an average of 14 parameters per curve. It should be noted that, despite the large number of parameters, the validity range of many of them have been delimited very carefully around known literature values to ensure physical mean-

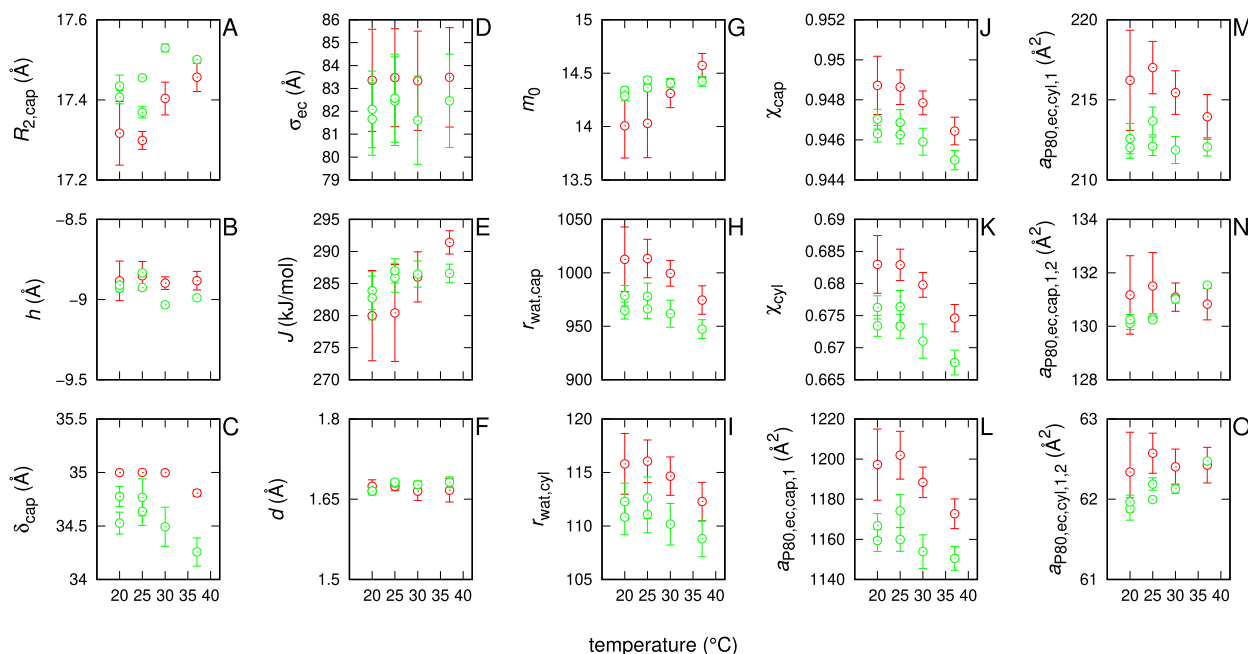
ing. The first-class fitting parameters, shared among all SAXS curves, and their uncertainties are reported in Table 2.

We show the second-class fitting parameters, together with derived parameters, as a function of temperature for P80 samples (Fig. 7) and solid LNP samples (Fig. 9). The merit function  $H$  at the end of the minimization, resulted 6.4, corresponding to a total reduced  $\chi^2$  of 6.1.

### 3.3.1. Polysorbate 80

The quality of the fits throughout the whole range of  $q$  can be appreciated by observing Fig. 6A and B. Considering the single-curve fitting parameters (Fig. 7), we first observe that the inner radius of the two end-caps is  $\approx 18$  Å (Fig. 7A), slightly depending on temperature and concentration. We find that the parameter  $h$  (Fig. 7B) is negative, with a value  $\approx -10$  Å, and the thickness of the end-cap shell (Fig. 7C) is around 34 Å. These values, the fitted thermodynamic parameters  $\Delta$  and  $\delta$  (Table 2) lead to a very spheroidal shape of P80 micelles (Fig. 8).

The derived parameter  $m_0$  (Fig. 7G), corresponding to the number of P80 molecules in the end-cap region, is  $\approx 14$ , very close to the average value  $\langle m \rangle$  from Eq. S10 of the SM. Indeed, the probability densities  $p(m)$  of finding micelles with  $m$  molecules (Fig. S11 of the SM) is low for  $m > m_0$ . Therefore, the cylindrical region of the micelles is almost negligible, and the micelle in Fig. 8A is the most representative.



**Fig. 7.** Second-class fitting parameters (panels A-F) and derived fitting parameters (panels G-O) as from ESRF-SAXS data for P80 (Fig. 6A-B). The parameters and symbols are defined in SM. Red and green points refer to  $C_{P80} = 13.3$  and  $1.7$  g/L, respectively. The validity ranges of the fit parameters shown in the panels are: A) [6,30] Å; B) [-30,30] Å; C) [6,50] Å; D) [0,100] Å; E) [0,500] kJ/mol; F) [0.1,10] Å.

**Table 2**

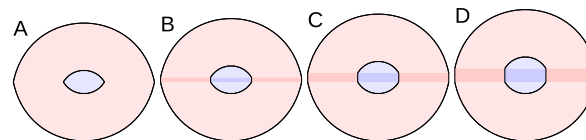
First-class fitting parameters for the SAXS data recorded by the ID02 beamline at ESRF. The parameters and symbols are defined in SM. The units of length and volume are Å and Å<sup>3</sup>, respectively. Validity ranges of fitting parameters: <sup>a</sup> [-1000, 1000]; <sup>b</sup> [-50, 50]; <sup>c</sup> [12.0, 15.0]; <sup>d</sup> [11.0, 14.0]; <sup>e</sup> [14.0, 17.0]; <sup>f</sup> [14.0, 17.0]; <sup>g</sup> [19.8, 23.0]; <sup>h</sup> [26.2, 27.5]; <sup>i</sup> [48.0, 54.0]; <sup>j</sup> [29.8, 30.0]; <sup>k</sup> [0.95, 1.00]; <sup>l</sup> [0.95, 1.00]; <sup>m</sup> [7.1, 7.8]; <sup>n</sup> [0.97, 1.15]; <sup>o</sup> [0.97, 1.15]; <sup>p</sup> [0.97, 1.15].

$\Delta$	(kJ/mol)	a	-352	±	4
$\delta$	(kJ/mol)	b	-24.8	±	0.2
$v_{>C=}$	(Å <sup>3</sup> )	c	13.0	±	0.1
$v_{>O}$	(Å <sup>3</sup> )	d	12.0	±	0.1
$v_{>O-}$	(Å <sup>3</sup> )	e	16.0	±	0.2
$v_{>OH}$	(Å <sup>3</sup> )	f	16.0	±	0.2
$v_{>CH}$	(Å <sup>3</sup> )	g	20.9	±	0.2
$v_{>CH_2}$	(Å <sup>3</sup> )	h	26.5	±	0.3
$v_{>CH_3}$	(Å <sup>3</sup> )	i	50.0	±	0.5
$v_{>H_2O}$	(Å <sup>3</sup> )	j	30.0	±	0.3
$\beta_{CH_2}$		k	0.97	±	0.01
$\beta_{CH_3}$		l	1.00	±	0.01
$\alpha_{lip}$	(10 <sup>-4</sup> K <sup>-1</sup> )	m	7.20	±	0.07
$\hat{d}_{wat,cyl}$		n	0.99	±	0.01
$\hat{d}_{wat, cap}$		o	1.01	±	0.01
$\hat{d}_{wat, pl}$		p	1.00	±	0.01

SAXS results for the micelles' size and shape agree well with those estimated by coarse-grained (MARTINI) Molecular Dynamics (MD) simulations [38]. Nevertheless, the SAXS measure for the thickness of the P80 hydrophilic shell, made of the very large three-branched molecule's headgroup, is larger, suggesting a higher degree of disorder than that estimated by MARTINI.

In particular, the number of bound molecules per polar head in the end-cap regions is large,  $\approx 950$  (Fig. 7H), corresponding, for the Eq. S73 of the SM, to a hydration level of  $\approx 94\%$  (Fig. 7J), in agreement with SANS experiments by Nayem et al. [51]. On the contrary, the number of bound water molecules in the cylindrical region per P80 and the hydration level are much lower,  $\approx 110$  and  $\approx 66\%$ , respectively (Fig. 7I and K).

We observe that the corresponding mass densities,  $\hat{d}_{wat, cap}$  and  $\hat{d}_{wat, cyl}$ , of bound water embedded in the 1-domain of end-cap and cylin-



**Fig. 8.** Schematic representation of the P80-micelles shapes as from the ESRF-SAXS data analysis. The shapes A-D are for micelles formed by  $m = 14, 19, 24,$  and  $29$  self-assembled molecules, respectively. The inner azure regions represent the hydrophobic tails, while the pink regions represent the bulky hydrophilic side.

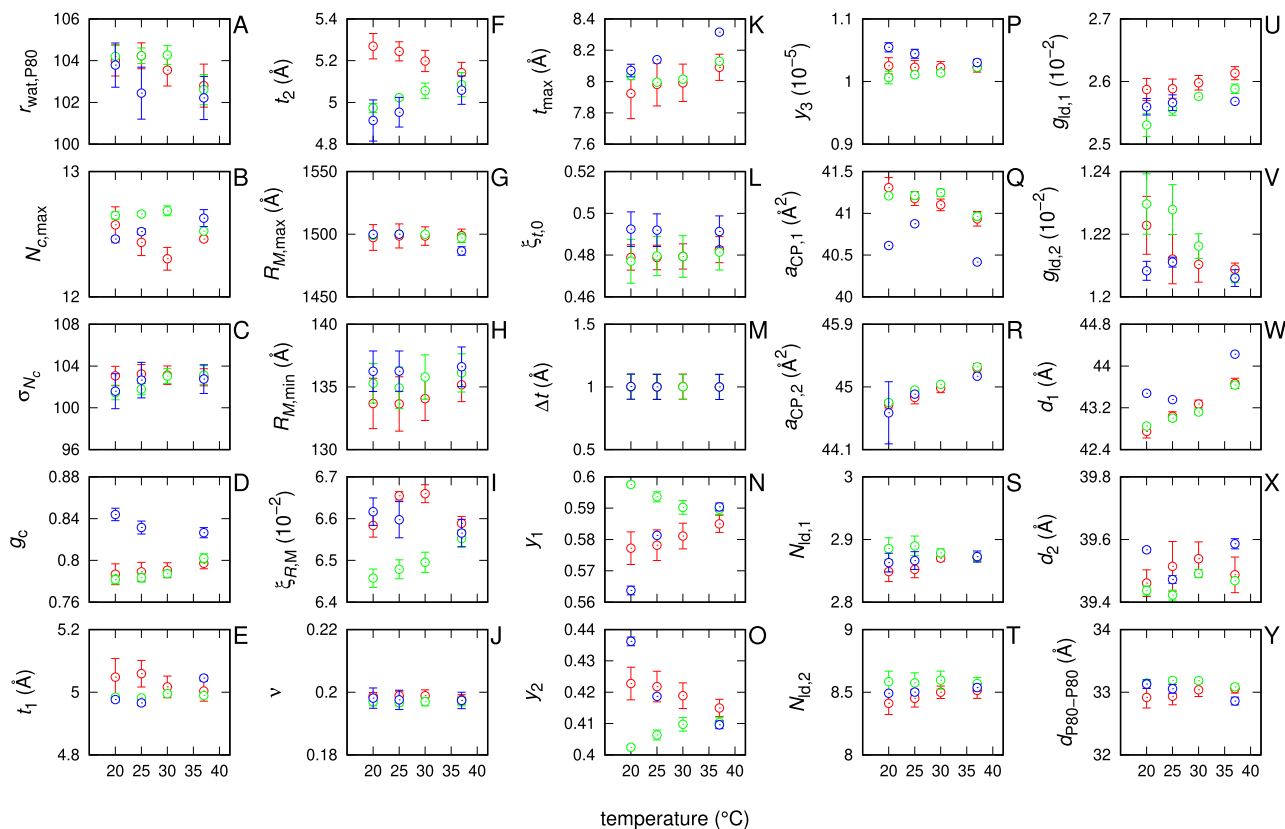
der regions are  $\approx 1$  (Table 2). Therefore, water near the end-cap areas, bound to polar heads, has a density similar to bulk water.

We report the trend of the area per polar head (Fig. 7L-O), that, as expected, displays differences among regions and interfaces within the same region. For example, the area between 1- and 2-domains in the end-cap region,  $\approx 130$  Å<sup>2</sup>, almost doubles that in the cylinder region,  $\approx 62$  Å<sup>2</sup>, (Fig. 7N and O).

Next, we calculate the concentration  $C_1$  of free P80 molecules in solution as  $C_1 = \alpha_1 C_{P80}$ , where  $\alpha_1$  results from the numerical solution of Eq. (2) and  $C_{P80}$  is the total concentration of P80. In particular, we find that at the reference temperature  $T_0$  (Fig. S13 of the SM) the P80 critical micellar concentration (cmc) is  $0.014 \pm 0.003$  g/L, fully in agreement with literature [52].

### 3.3.2. Solid lipid nanoparticles

We find that the SAXS curves of our solid LNPs are fitted very well in the whole  $q$  range by the model described in Sect. 2.2.4, paragraph "SAXS of stacked polydisperse platelets in the form of barrel" (Fig. 6C-D). The values of the first-class fitting parameters for the chemical groups have a level of uncertainty  $\ll 1$  Å<sup>3</sup> within reasonable validity ranges (Table 2). The mass density of bound water, relative to bulk, in contact with the P80 polar heads is  $\hat{d}_{wat, pl} = 1.00 \pm 0.01$ . The number of bound water molecules per P80 around the platelets is  $r_{wat, P80} \approx 100$  (Fig. 9A), much lower than the one found in P80 micelles, and the thickness of the polar head domain is very low,  $t_1 \approx 5$  Å (Fig. 9E). Therefore, SAXS data show that the bulky P80 polar heads are well attached to the platelet surface. Indeed, the average distance between two adjacent P80



**Fig. 9.** Second-class fitting parameters (panels A, B, C, D, F, G, H, I, J, K, L, M, N, O, Q, R, S, T, U, V) and derived fitting parameters (panels E, P, W, X, Y) as from ESRF-SAXS data for LNPs (Fig. 6C-D). The parameters and symbols are defined in SM. Red, green and blue points refer to LNP concentration  $C_{LNP} = 80.0, 40.0,$  and  $1.0$  g/L, respectively. The validity ranges of the fit parameters shown in the panels are: A) [35,500]; B) [10,500]; C) [2,100]; D) [0,2]; F) [4,20] Å; G) [600,3000] Å; H) [100,400] Å; I) [0,5]; J) [0,1]; K) [3,40] Å; L) [0,10]; M) [0,30] Å; N) [0,1]; O) [0,1]; Q) [30,65] Å<sup>2</sup>; R) [30,65] Å<sup>2</sup>; S) [1,20]; T) [1,20]; U) [0,1]; V) [0,1].

molecules, Eq. S112 of the SM, is quite large,  $d_{P80,P80} \approx 30$  Å (Fig. 9Y) as necessary to get a narrow coating of P80 polar heads.

The fitting parameters allow us to evaluate that the average platelet surface associated with each P80 molecule, Eq. S113 of the SM, is  $946 \pm 6$  Å<sup>2</sup>, of which  $325 \pm 2$  Å<sup>2</sup> is occupied by the P80 polar head and  $622 \pm 5$  Å<sup>2</sup> by bound water. Furthermore, according to Eqs. S124-S126 of the SM, we find that the barrel is consisting of  $66.1 \pm 0.1\%$  CP,  $11.41 \pm 0.02\%$  P80 and  $22.5 \pm 0.2\%$  bound water. In particular, we find that the small thickness of the layer between two platelets, is almost negligible ( $\Delta t \approx 1$  Å, Fig. 9M). Considering that a water molecule's size is approximately 3 Å, this finding reveals that the thickness  $\Delta t \approx 1$  Å must be considered as split between two stacked P80 layers. Therefore, the bound water molecules share this layer with P80 molecules and bridge their polar heads, as seen in phospholipid membranes [47,53]. Hence, two adjacent platelets collapse one on top of the other in a stacked conformation and comprise P80 polar heads, each hydrated by  $\approx 100$  bound water molecules. Without stacking, bound water within the P80 layer would form an interface with unbound water that would separate it from bulk water, as seen in phospholipid membranes [47]. When the platelets' surface is large enough instead, the system eliminates this interface, which would have a free energy cost, and reduces the total free energy by stacking the platelets into a barrel shape. Therefore, the platelets stacking is an enthalpy-driven process with an energy-favorable mechanism provided by the bound water. The fitting parameters allow us to evaluate the fraction of platelets' surface covered by P80 polar heads, Eq. S114 of the SM, as  $\phi_{S,P80} = 0.343 \pm 0.002$ , weakly dependent of temperature and solid LNP concentration. Therefore,  $\approx 65\%$  of the platelet surface is covered by water bound to P80 and in contact with the layer of amorphous CP.

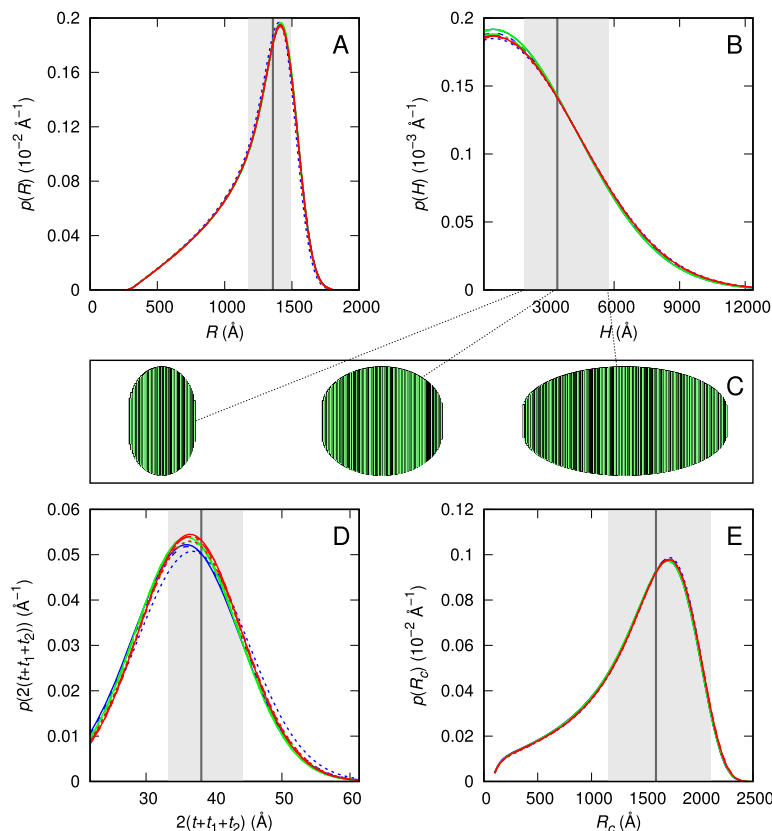
We estimate that the platelet has an inner radius, i.e. the radius of the maximum circular cross-section of the barrel, with a maxi-

imum value  $R_{M,max} \approx 1500$  Å (Fig. 9G), with a polydispersion index of  $\xi_{M,max} \approx 0.06$  (Fig. 9I), and minimum value  $R_{M,min} \approx 130$  Å (Fig. 9H), with a bulging parameter  $\nu \approx 0.2$  (Fig. 9J). Accordingly, the probability density,  $p(R)$ , of the platelet radius  $R$  assumes a peculiar shape (Fig. 10A), almost independent on temperature and solid LNP concentration.

The platelet core (made of CP) has a maximum half-thickness  $t_{max} \approx 8$  Å (Fig. 9K), with a high level of polydispersion  $\xi_{r,0} \approx 0.5$  (Fig. 9L). Moreover, the thickness of P80 hydrophobic chains, embedded in the platelet, is small  $t_2 \approx 5$  Å (Fig. 9F). These values allow us to calculate the probability density of the whole platelet thickness,  $2(t + t_1 + t_2)$ . This density (Fig. 10D) is related to the probability density of the half-thickness core,  $p_r(t)$ , as  $p(2(t + t_1 + t_2)) = (1/2)p_r(t)$ .

The distribution of the number of platelets forming a barrel-like particle has a maximum at  $N_{c,max} \approx 13$  (Fig. 9B), with a very large standard deviation  $\sigma_{N_c} \approx 100$  (Fig. 9C) and distortion parameter,  $g_c \approx 0.8$  (Fig. 9D). The CP amorphous domain occupies a negligible part of the platelets,  $y_3 \approx 10^{-5}$  (Fig. 9P), whereas the CP 1-domain accounts for almost 58% of them,  $y_1 \approx 0.58$  (Fig. 9N), with an area per molecule  $a_{CP,1} \approx 41.5$  Å<sup>2</sup> (Fig. 9Q), a repeat distance  $d_1 \approx 43$  Å (Fig. 9W), slightly increasing with temperature, and a repeat number  $N_{id,1} \approx 3$  (Fig. 9S). The CP 2-domain occupies only  $\approx 42\%$  of each platelet,  $y_2 \approx 0.42$  (Fig. 9O), with an area per molecule  $a_{CP,2} \approx 45$  Å<sup>2</sup> (Fig. 9R) and a repeat distance  $d_2 \approx 39.5$  Å (Fig. 9X), both increasing with temperature, and a repeat number  $N_{id,2} \approx 8$  (Fig. 9T).

Despite the low repeat numbers  $N_{id,1}$  and  $N_{id,2}$ , the order degree of both lamellar domains 1 and 2 is high, with distortion parameters  $g_{id,1} \approx g_{id,2} \approx 10^{-2}$  (Fig. 9U and V). The two lamellar orders agree with similar results found by Barbosa et al. [42], Lukowski et al. [54], and by Jenning and Gohla [55] for LNPs composed of cetyl palmitate.



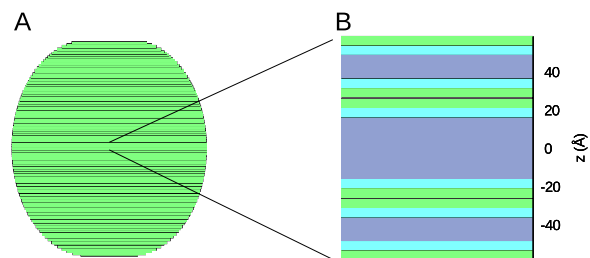
**Fig. 10.** Probability densities of the barrel circular cross-section radius  $R$  (panel A), the barrel height  $H$  (panel B), the total thickness of the platelets  $2(t + t_1 + t_2)$  (panel D), and of the center-to-border distance  $R_c$  (panel E), as from ESRF-SAXS data for LNPs. Red, green, and blue lines refer to  $C_{\text{LNP}} = 80.0, 40.0,$  and  $1.0$  g/L. Solid, dotted, and dashed lines refer to temperatures 20, 25, and 37 °C. In all panels, the dark-gray vertical lines indicate the median at  $C_{\text{LNP}} = 80.0$  g/L and 20 °C. The shaded areas mark the ranges between the 1st and the 3rd quartile in each distribution. Panel C represents three characteristic LNPs at 80.0 g/L and 20 °C, all with  $R_M$ , the maximum radius of the circular cross-section, corresponding to the 2nd quartile of  $p(R_M)$  distribution ( $R_M = 1520$  Å) and with total height  $H$  corresponding to the three quartiles of the  $p(H)$  distribution (from left to right, 1860 Å, 3390 Å and 5740 Å) indicated by the three dotted-lines.

The fitting parameters also allow us to calculate the probability densities  $p(H)$  and  $p(R_c)$  of the whole barrel height  $H$  and the center-to-border distance  $R_c$ , respectively (Fig. 10B and E). We find that  $H$  has a broad distribution, with the median at 3390 Å, and the 1st and the 3rd quartile at 1860 Å and 5740 Å, respectively, corresponding to shapes (Fig. 10C) that resemble those observed by AFM (Fig. 5).

Nevertheless, it is essential to exercise caution when considering  $p(H)$  because data on  $H \geq 10^4$  Å are not directly accessible from the experimental  $q$  range. This information is derived from various constraints, such as concentrations and molecular volumes, and the approximations adopted in the model, e.g., the paracrystal theory.

The distribution  $p(R_c)$  from our SAXS data is asymmetric and shifted toward large values, at variance with that derived from our AFM data (Fig. 5J) and the  $p(R_H)$  from our DLS measurements (Fig. 4B). The median value is at  $R_c = 1600$  Å, the 1st and the 3rd quartiles are at 1150 Å and 2100 Å, respectively. To comprehend the inconsistencies, it's essential to consider that the three methods have varying degrees of sensitivity regarding size. Specifically, SAXS measurements are obtained by averaging over a significant number of solid LNPs of the order of Avogadro's number, while AFM does not. As a result, SAXS data are considered to be more dependable than AFM. Therefore, we conclude that a representative shape for the LNPs (Fig. 11) corresponds to the medians of the distributions for  $H$ ,  $R_M$ , and platelet thickness derived from SAXS data (Fig. 10).

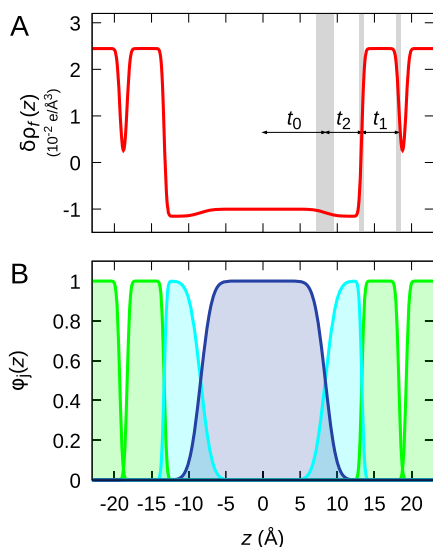
From the SAXS measurements, we calculate, using Eq. S39 of the SM, the LNP's excess electron-density (ED) profile along the direction  $z$  (LNP's main axis) perpendicular to three subsequent platelets with split



**Fig. 11.** Panel A: Representation of a LNP with external and internal dimensions corresponding to the medians of the distributions derived from the analysis of SAXS data at  $C_{\text{LNP}} = 80.0$  g/L and 20 °C. (Fig. 10,  $R_M = 1520$  Å,  $H = 3390$  Å,  $2(t_0 + t_1 + t_2 + \Delta t/2) = 39$  Å). Panel B: three platelets in the core, with layers schematically representing hydrated P80 polar heads (green), mixed P80 hydrophobic chains (cyan) embedded in amorphous CP (cyan) and lamellar CP (blue)). The thicknesses of the blue layers were sampled from the derived  $p_i(t)$  distribution.

distance  $\Delta t$  (Fig. 12A). We set the half-thickness of the CP domain to its average value  $t_0$ , Eq. S31 of the SM. To note, the volume distribution functions of the hydrated P80 polar heads of a platelet, shown in green in Fig. 12B, are merged with that of the two adjacent platelets, indicating that the bound water acts as glue between the P80 polar heads belonging to two subsequent platelets. Sharp transitions in the profile between the P80 polar-head domain and the mixed P80 hydrophobic domain embedded in CP (shown in cyan) mark the thicknesses  $t_1$  and  $t_2$ , respectively. Finally, a smoother transition indicates the interface between the latter and the CP domain (shown in blue).





**Fig. 12.** Panel A: Excess ED profile of three subsequent platelets with split-thickness  $\Delta t$  within a LNP calculated from the global fit of the ESRF-SAXS data at  $T = 20^\circ\text{C}$  and  $C_{\text{LNP}} = 80\text{ g/L}$  (bottom curve in Fig. 6C-D). From right to left, the size of the shaded gray bands represents the standard deviation  $\sigma_{\text{pl},j}$ , with the indexes  $j = 1, 2, 3$  corresponding to outer, middle and inner domain, respectively, within the region  $f = 3$  in Fig. 3B. Panel B: Volume fraction distributions  $\phi_j(z)$ , calculated according to Eq. S41-S43 of the SM, for the hydrated P80 polar head domain (green), the mixed P80 hydrophobic chain domain embedded in amorphous CP (cyan), and the crystalline CP domain (blue).

#### 4. Conclusions

Through synchrotron light small-angle X-ray scattering measurements at varying temperatures and concentrations, we studied the solid LNPs formed by CP and stabilized by P80. To analyze our SAXS data, we created a novel structural model based on data gathered from dynamic light scattering (DLS) and atomic force microscopy (AFM) measurements. Our model effectively fits all SAXS curves in the full scattering vector range.

Based on our findings, the shape of our LNPs is polydisperse and barrel-like (Fig. 3A). This shape is achieved by stacking platelets (Fig. 3B). Each platelet contains a core with small crystalline domains of CP molecules. These molecules are elongated on the platelet surface and randomly rotated around the normal to the surface (Fig. 3C). The thickness of the CP core is also polydisperse, with an average thickness of around  $8\text{ \AA}$ .

Our study indicates that there are two different lamellar crystal structures in roughly equal proportions. These structures have characteristic (repetition) distances of approximately  $43$  and  $39.5\text{ \AA}$ , respectively, with repeat numbers of around  $3$  and  $8$  (Fig. 3D and E).

In contrast to the standard core-shell model, we discovered that the P80 molecules surround each platelet (Fig. 3B) and intercalate between them. Their polar heads are separated by an average distance of around  $30\text{ \AA}$ , occupying a layer of approximately  $5\text{ \AA}$  with roughly  $100$  water molecules bound to each head and bridging between them, with  $\approx 1\text{ \AA}$  between two stacked platelets. Instead, the P80 apolar tails are embedded within the amorphous CP portion, creating a layer roughly  $5\text{ \AA}$  thick.

According to our estimations, around  $35\%$  of the LNP's external surface and the surface of the internal platelets are hydrophilic, made up of P80 polar heads, with approximately  $65\%$  of bound water, which favors the platelets stacking. As a result, about  $65\%$  of the barrels' volume fraction is occupied by CP,  $11\%$  by P80, and the remaining is bound water.

We believe that these findings, based on our SAXS data and the new structural model for solid LNPs, are of paramount importance for creating effective devices to load and deliver therapeutics to their intended targets with improved accuracy and precision.

#### CRediT authorship contribution statement

**Francesco Spinozzi:** Writing – review & editing, Supervision, Software, Methodology, Investigation, Formal analysis, Conceptualization. **Paolo Moretti:** Writing – original draft, Investigation. **Diego Romano Perinelli:** Investigation. **Giacomo Corucci:** Investigation. **Paolo Piergiovanni:** Investigation. **Heinz Amenitsch:** Investigation. **Giulio Alfredo Sancini:** Conceptualization. **Giancarlo:** Writing – review & editing, Conceptualization. **Paolo Blasi:** Writing – review & editing, Supervision, Funding acquisition, Conceptualization.

#### Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

#### Data availability

Data will be made available on request.

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#### Appendix A. Supplementary material

Supplementary material related to this article can be found online at <https://doi.org/10.1016/j.jcis.2024.02.076>.

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# Supplementary Material

## Small-Angle X-ray Scattering Unveils the Internal Structure of Lipid Nanoparticles

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### S1 Analysis of DLS measurements

According to Siegert's relationship, the second-order auto-correlation function of the light intensity measured by a DLS experiment for a suspension of monodisperse particles is

$$g_2(\tau) - 1 = e^{-2Dq^2\tau}, \quad (\text{S1})$$

where  $q = (4\pi/\lambda)n_0 \sin(\theta/2)$  is the modulus of light scattering vector,  $\lambda$ ,  $n_0$  and  $\theta$  being the light wavelength, the solvent refraction index, and the scattering angle, respectively. By assuming a Brownian motion of the particles caused by the movement of solvent molecules that surround them, the translational diffusion coefficient,  $D$ , can be approximated by the Stokes-Einstein equation,

$$D = \frac{k_B T}{6\eta R_H} \quad (\text{S2})$$

where  $k_B$  is Boltzmann's constant,  $T$  the absolute temperature,  $\eta$  the viscosity of the solvent at  $T$  and  $R_H$  is the radius of sphere that best approximates the hydrated particle shape (hydrodynamic radius). In the case of particles with polydisperse dimensions and assuming a simple Gaussian distribution function of  $R_H$ , the auto-correlation function becomes

$$g_2(\tau) - 1 = \int_{R_{H,lb}}^{R_{H,ub}} e^{-2Dq^2\tau} p(R_H) dR_H \quad (\text{S3})$$

where

$$p(R_H) = \frac{1}{Z_{R_H}} e^{-(R_H - R_{H,max})^2 / (2\xi_{R_H,max}^2 R_{H,max}^2)} \quad (\text{S4})$$

In this equation,  $R_{H,lb} = \max\{R_{H,max}(1 - p_G \xi_{R_H,max}), R_{H,min}\}$  and  $R_{H,ub} = R_{H,max}(1 + p_G \xi_{R_H,max})$  are the lower and the upper bounds of the integrals calculated on the basis of the dispersion  $\xi_{R_H,max}$ . Notice that in these equations,  $R_{H,min}$  is the minimum allowed value of the lower integration bound, which cannot be negative. In our case we fixed  $R_{H,min} = 50 \text{ \AA}$ . The normalization factor  $Z_{R_H}$  is determined by the following equation

$$\begin{aligned} Z_{R_H} &= \int_{R_{H,lb}}^{R_{H,ub}} e^{-(R_H - R_{H,max})^2 / (2\xi_{R_H,max}^2 R_{H,max}^2)} dR_H \\ &= (\sqrt{2\pi}(\text{erf}((R_{H,ub} - R_{H,max}) / (\sqrt{2}\xi_{R_H,max} R_{H,max}))) \\ &\quad - \text{erf}((R_{H,lb} - R_{H,max}) / (\sqrt{2}\xi_{R_H,max} R_{H,max}))) / 2. \end{aligned} \quad (\text{S5})$$

The integral in Eq. S3 is numerically calculated with Simpson's rule by using 100 points. The average of the  $k$ -power of the hydration radius is defined as

$$\langle R_H^k \rangle = \frac{1}{Z_{R_H}} \int_{R_{H,lb}}^{R_{H,ub}} R_H^k e^{-(R_H - R_{H,max})^2 / (2\xi_{R_H,max}^2 R_{H,max}^2)} dR_H \quad (\text{S6})$$



The average hydration radius, corresponding to  $k = 1$  in Eq. S6, is

$$\begin{aligned}
\langle R_H \rangle &= -\exp(-R_{H,\max}^2/s^2 - R_{H,\text{ub}}^2/s^2 - R_{H,\text{lb}}^2/s^2)(s^2 \exp(R_{H,\text{ub}}^2/s^2) \\
&\quad + (2R_{H,\max}R_{H,\text{lb}})/s^2) - s^2 \exp((2R_{H,\max}R_{H,\text{ub}})/s^2 + R_{H,\text{lb}}^2/s^2) \\
&\quad - \sqrt{\pi}sR_{H,\max} \operatorname{erfc}((R_{H,\text{ub}} - R_{H,\max})/s) \exp(R_{H,\max}^2/s^2 \\
&\quad + R_{H,\text{ub}}^2/s^2 + R_{H,\text{lb}}^2/s^2) \\
&\quad + \sqrt{\pi}sR_{H,\max} \exp(R_{H,\max}^2/s^2 + R_{H,\text{ub}}^2/s^2 \\
&\quad + R_{H,\text{lb}}^2/s^2) \operatorname{erfc}((R_{H,\text{lb}} - R_{H,\max})/s))/\sqrt{\pi}. \tag{S7}
\end{aligned}$$

where  $s^2 = 2R_{H,\max}^2\xi_{R_{H,\max}}^2$ . The second moment of the distribution is the case  $k = 2$ , which reads

$$\begin{aligned}
\langle R_H^2 \rangle &= -\exp(-R_{H,\max}^2/s^2 - R_{H,\text{ub}}^2/s^2 - R_{H,\text{lb}}^2/s^2)(2s^2R_{H,\max} \exp(R_{H,\text{ub}}^2/s^2) \\
&\quad + (2R_{H,\max}R_{H,\text{lb}})/s^2) + 2s^2R_{H,\text{lb}} \exp(R_{H,\text{ub}}^2/s^2 \\
&\quad + (2R_{H,\max}R_{H,\text{lb}})/s^2) - 2s^2R_{H,\max} \exp((2R_{H,\max}R_{H,\text{ub}})/s^2 \\
&\quad + R_{H,\text{lb}}^2/s^2) - 2s^2R_{H,\text{ub}} \exp((2R_{H,\max}R_{H,\text{ub}})/s^2 + R_{H,\text{lb}}^2/s^2) \\
&\quad - \sqrt{\pi}s^3 \operatorname{erfc}((R_{H,\text{ub}} - R_{H,\max})/s) \exp(R_{H,\max}^2/s^2 \\
&\quad + R_{H,\text{ub}}^2/s^2 + R_{H,\text{lb}}^2/s^2) \\
&\quad - 2\sqrt{\pi}sR_{H,\max}^2 \operatorname{erfc}((R_{H,\text{ub}} - R_{H,\max})/s) \exp(R_{H,\max}^2/s^2 \\
&\quad + R_{H,\text{ub}}^2/s^2 + R_{H,\text{lb}}^2/s^2) + \sqrt{\pi}s^3 \exp(R_{H,\max}^2/s^2 + R_{H,\text{ub}}^2/s^2 \\
&\quad + R_{H,\text{lb}}^2/s^2) \operatorname{erfc}((R_{H,\text{lb}} - R_{H,\max})/s) \\
&\quad + 2\sqrt{\pi}sR_{H,\max}^2 \exp(R_{H,\max}^2/s^2 + R_{H,\text{ub}}^2/s^2 \\
&\quad + R_{H,\text{lb}}^2/s^2) \operatorname{erfc}((R_{H,\text{lb}} - R_{H,\max})/s))/2. \tag{S8}
\end{aligned}$$

The dispersion of  $R_H$  is calculated as

$$\xi_{R_H} = (\langle R_H^2 \rangle / \langle R_H \rangle^2 - 1)^{1/2}. \tag{S9}$$

## S2 Average micelle aggregation number

$$\langle m \rangle = \frac{z}{C_{\text{P80}}} e^{\delta/(RT)} + e^{-(\Delta - m_0 \delta)/(RT)} z^{m_0} \frac{z^2(m_0 - 1)^2 + z[1 - 2m_0(m_0 - 1)] + m_0^2}{C_{\text{P80}}(1 - z)^3} \quad (\text{S10})$$

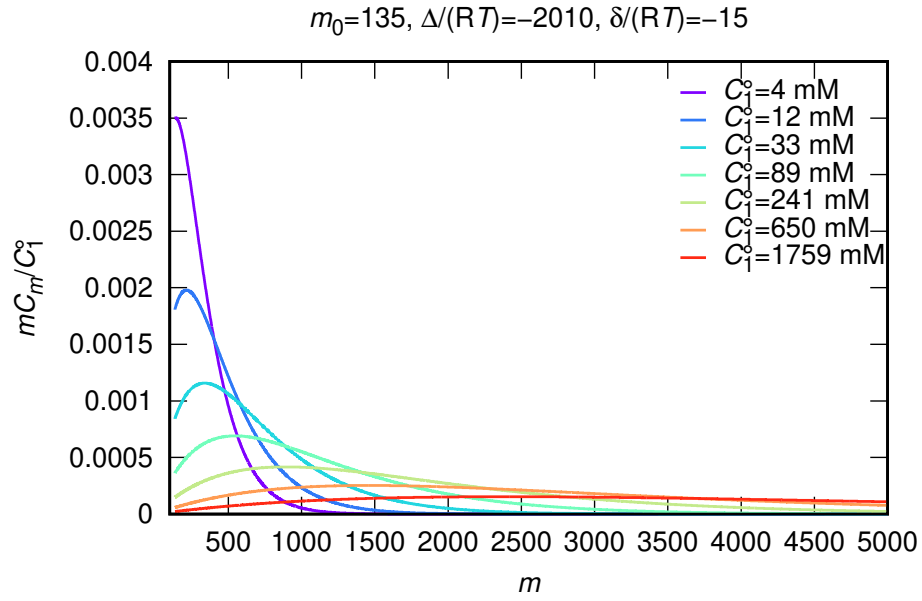


Figure S1: Size distribution of a cylinder with spherical end-caps according to the ladder model

### S3 SAXS amplitude of the core-shell end-cap cylinder

The SAXS amplitude of the core-shell end-cap cylinder formed by  $m$  P80 molecules reads<sup>1</sup>

$$A_{ec,m}(\mathbf{q}) = G \sin(q_{\parallel} B(m - m_0)) + F \cos(q_{\parallel} B(m - m_0)) \quad (\text{S11})$$

$$G = \sum_{k=1}^2 \frac{4\pi}{q_{\parallel}} (\rho_{k,cyl} - \rho_{k-1,cyl}) R_{k,cyl}^2 \frac{J_1(q_{\perp} R_{k,cyl})}{q_{\perp} R_{k,cyl}} - \sum_{k=1}^2 \int_{-h/R_{k,cap}}^1 dX H_k(X) \sin(q_{\parallel} [X R_{k,cap} + h]) \quad (\text{S12})$$

$$B = \frac{V_{hyd,cyl}}{2\pi R_{2,cyl}^2} \quad (\text{S13})$$

$$F = \sum_{k=1}^2 \int_{-h/R_{k,cap}}^1 dX H_k(X) \cos(q_{\parallel} [X R_{k,cap} + h]) \quad (\text{S14})$$

$$H_k(X) = 4\pi R_{k,cap}^3 (\rho_{k,cap} - \rho_{k-1,cap}) (1 - X^2) \frac{J_1(q_{\perp} R_{k,cap} \sqrt{1 - X^2})}{q_{\perp} R_{k,cap} \sqrt{1 - X^2}} \quad (\text{S15})$$

where  $J_1(x)$  is the Bessel functions of the first order,  $R_{1,cyl} = R_{2,cyl} + \delta_{cyl}$  and  $R_{1,cap} = R_{2,cap} + \delta_{cap}$ .

Moreover,  $\rho_{0,cyl} \equiv \rho_{0,cap} \equiv \rho_0$  is the ED of bulk water.

The corresponding orientational average squared amplitude (the so-called form factor) and the average amplitude of the  $m$ -micelle are the following integrals

$$P_{ec,m}(q) = \int_0^{\pi/2} d\beta_q \sin \beta_q A_{ec,m}^2(\mathbf{q}) \quad (\text{S16})$$

$$P_{ec,m}^{(1)}(q) = \int_0^{\pi/2} d\beta_q \sin \beta_q A_{ec,m}(\mathbf{q}) \quad (\text{S17})$$

The numerical calculus of these integrals is realized with the 32-point Gauss-Legendre quadrature method. The working factors appearing in Eqs. 8 and 9 are:

$$N_2 = 2q_{\parallel}^2 B^2 (F^2 + G^2) + EF(EF + 2q_{\parallel} BG) \quad (\text{S18})$$

$$D_2 = E^2 + 4q_{\parallel}^2 B^2 \quad (\text{S19})$$

$$N_1 = E(EF + q_{\parallel} BG) \quad (\text{S20})$$

$$D_1 = E^2 + q_{\parallel}^2 B^2 \quad (\text{S21})$$

All the electron densities are calculated based on the volumetric properties of each group forming the P80 molecule and considering the number of water molecules embedded among the polar heads

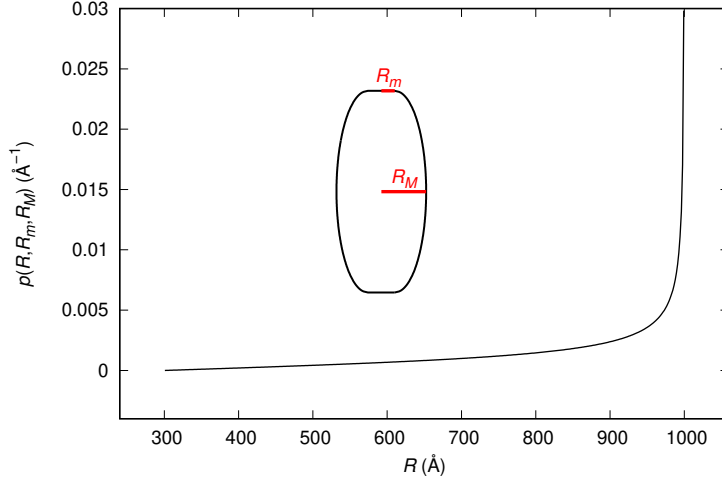


Figure S2: Distribution function of the circular cross-section radius of a barrel with an elliptical radial profile (Eq. 11). Parameters are  $R_m = 300 \text{ \AA}$  and  $R_M = 1000 \text{ \AA}$ .

in the  $k = 1$  domain of both the end-cap and the cylinder regions. Detailed expressions are reported in the Sect. S11.2 (Eqs. S65, S68, S69, S70, S71 and S72).

## S4 Distribution function of the circular cross-section radius of a polydisperse barrel shape with smooth radial elliptical profile

The normalization factor  $Z_{R_M}$ , seen in Eq. 13, is given by

$$\begin{aligned}
 Z_{R_M} &= \int_{R_{M,lb}}^{R_{M,ub}} e^{-(R_M - R_{M,max})^2 / (2\xi_{R_M}^2 R_{M,max}^2)} dR_M \\
 &= (\sqrt{2\pi}(\operatorname{erf}((R_{M,ub} - R_{M,max})/(\sqrt{2}\xi_{R_M} R_{M,max}))) \\
 &\quad - \operatorname{erf}((R_{M,lb} - R_{M,max})/(\sqrt{2}\xi_{R_M} R_{M,max}))) / 2.
 \end{aligned} \tag{S22}$$

The average platelet radius and its dispersion, defined in Eqs. 14-15, are

$$R_0 = G_1 / Z_{R_M} ((4 - \pi)\nu + \pi) / 4 \tag{S23}$$

$$\xi_R = \sqrt{\langle R^2 \rangle / R_0^2 - 1} \tag{S24}$$

$$\langle R^2 \rangle = G_2 / Z_{R_M} ((10 - 3\pi)\nu^2 + (3\pi - 8)\nu + 4) / 6 \tag{S25}$$



where

$$\begin{aligned}
G_1 = & ((\xi_{R_M} R_{M,\max}) \exp(-(R_{M,\text{lb}}^2/(\xi_{R_M} R_{M,\max})^2)/2) \\
& - (R_{M,\text{ub}}^2/(\xi_{R_M} R_{M,\max})^2)/2 - (R_{M,\max}^2/(\xi_{R_M} R_{M,\max})^2)/2)(2(\xi_{R_M} R_{M,\max}) \\
& \exp((R_{M,\max} R_{M,\text{lb}})/(\xi_{R_M} R_{M,\max})^2 + (R_{M,\text{ub}}^2/(\xi_{R_M} R_{M,\max})^2)/2) \\
& - 2(\xi_{R_M} R_{M,\max}) \exp((R_{M,\text{lb}}^2/(\xi_{R_M} R_{M,\max})^2)/2 + ( \\
& R_{M,\max} R_{M,\text{ub}})/(\xi_{R_M} R_{M,\max})^2) - \sqrt{2}\sqrt{\pi} R_{M,\max} \operatorname{erfc}((R_{M,\text{ub}} - R_{M,\max})/(\sqrt{2} \\
& (\xi_{R_M} R_{M,\max}))) \exp((R_{M,\text{lb}}^2/(\xi_{R_M} R_{M,\max})^2)/2 + (R_{M,\text{ub}}^2/(\xi_{R_M} R_{M,\max})^2)/2 \\
& + (R_{M,\max}^2/(\xi_{R_M} R_{M,\max})^2)/2) + \sqrt{2}\sqrt{\pi} \\
& R_{M,\max} \operatorname{erfc}((R_{M,\text{lb}} - R_{M,\max})/(\sqrt{2}(\xi_{R_M} R_{M,\max}))) \\
& \exp((R_{M,\text{lb}}^2/(\xi_{R_M} R_{M,\max})^2)/2 + (R_{M,\text{ub}}^2/ \\
& (\xi_{R_M} R_{M,\max})^2)/2 + (R_{M,\max}^2/(\xi_{R_M} R_{M,\max})^2)/2)))/2
\end{aligned} \tag{S26}$$

$$\begin{aligned}
G_2 = & ((\xi_{R_M} R_{M,\max}) \exp((-R_{M,\text{lb}}^2/(\xi_{R_M} R_{M,\max})^2)/2) \\
& - (R_{M,\text{ub}}^2/(\xi_{R_M} R_{M,\max})^2)/2 - (R_{M,\max}^2/(\xi_{R_M} R_{M,\max})^2)/2)(2R_{M,\max} \\
& (\xi_{R_M} R_{M,\max}) \exp((R_{M,\max} R_{M,\text{lb}})/(\xi_{R_M} R_{M,\max})^2 \\
& + (R_{M,\text{ub}}^2/(\xi_{R_M} R_{M,\max})^2)) + 2R_{M,\text{lb}}(\xi_{R_M} R_{M,\max}) \exp(( \\
& R_{M,\max} R_{M,\text{lb}})/(\xi_{R_M} R_{M,\max})^2 + (R_{M,\text{ub}}^2/(\xi_{R_M} R_{M,\max})^2)/2) \\
& - 2R_{M,\max}(\xi_{R_M} R_{M,\max}) \exp((R_{M,\text{lb}}^2/(\xi_{R_M} R_{M,\max})^2)/2 + ( \\
& R_{M,\max} R_{M,\text{ub}})/(\xi_{R_M} R_{M,\max})^2) - 2R_{M,\text{ub}}(\xi_{R_M} R_{M,\max}) \\
& \exp((R_{M,\text{lb}}^2/(\xi_{R_M} R_{M,\max})^2)/2 + (R_{M,\max} R_{M,\text{ub}})/(\xi_{R_M} R_{M,\max})^2) - \\
& \sqrt{2}\sqrt{\pi}R_{M,\max}^2 \operatorname{erfc}((R_{M,\text{ub}} - R_{M,\max})/(\sqrt{2}(\xi_{R_M} R_{M,\max}))) \\
& \exp((R_{M,\text{lb}}^2/ \\
& (\xi_{R_M} R_{M,\max})^2)/2 + (R_{M,\text{ub}}^2/(\xi_{R_M} R_{M,\max})^2)/2 + (R_{M,\max}^2/(\xi_{R_M} R_{M,\max})^2)/2) \\
& + \sqrt{2}\sqrt{\pi}R_{M,\max}^2 \operatorname{erfc}((R_{M,\text{lb}} - \\
& R_{M,\max})/(\sqrt{2}(\xi_{R_M} R_{M,\max}))) \exp((R_{M,\text{lb}}^2/(\xi_{R_M} R_{M,\max})^2)/2 \\
& + (R_{M,\text{ub}}^2/(\xi_{R_M} R_{M,\max})^2)/2 + (R_{M,\max}^2/(\xi_{R_M} R_{M,\max})^2)/2) - \\
& \sqrt{2}\sqrt{\pi} \operatorname{erfc}((R_{M,\text{ub}} - R_{M,\max})/(\sqrt{2}(\xi_{R_M} R_{M,\max}))) (\xi_{R_M} R_{M,\max})^2 \exp((R_{M,\text{lb}}^2/ \\
& (\xi_{R_M} R_{M,\max})^2)/2R_{M,\text{ub}}^2/(\xi_{R_M} R_{M,\max})^2)/2 + (R_{M,\max}^2/(\xi_{R_M} R_{M,\max})^2)/2) \\
& \sqrt{2}\sqrt{\pi} \operatorname{erfc}((R_{M,\text{lb}} - R_{M,\max})/(\sqrt{2} \\
& (\xi_{R_M} R_{M,\max}))) (\xi_{R_M} R_{M,\max})^2 \exp((R_{M,\text{lb}}^2/(\xi_{R_M} R_{M,\max})^2)/2 \\
& + (R_{M,\text{ub}}^2/(\xi_{R_M} R_{M,\max})^2)/2 + (R_{M,\max}^2/(\xi_{R_M} R_{M,\max})^2)/2)))/2
\end{aligned} \tag{S27}$$

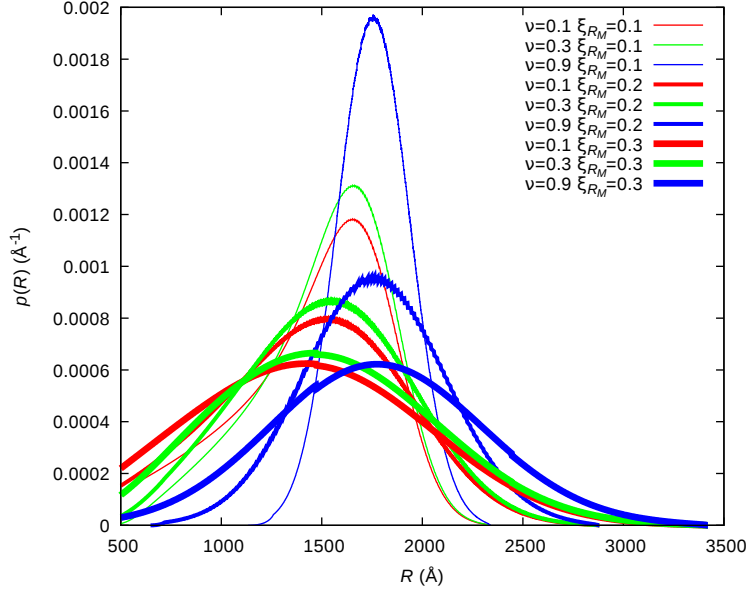


Figure S3:  $p(R)$  of the circular cross-section radius of a polydisperse barrel shape.  $R_{M,\max} = 1800 \text{ \AA}$ ,  $R_{M,\min} = 500 \text{ \AA}$ ,  $p_G = 3$ .

## S5 Averages of the half thickness of the core of the platelet and its square over a Gaussian distribution comprised between two bounds

The distribution function of  $t$  (the half thickness of the core of the platelet) is

$$p_t(t) = \frac{1}{Z_t} e^{-(t-t_{\max})^2/(2\xi_{t_{\max}}^2 t_{\max}^2)} \quad (\text{S28})$$

The normalization factor  $Z_t$  is determined by the following equation

$$\begin{aligned} Z_t &= \int_{t_{\text{lb}}}^{t_{\text{ub}}} e^{-(t-t_{\max})^2/(2\xi_{t_{\max}}^2 t_{\max}^2)} dt \\ &= (\sqrt{2\pi}(\text{erf}((t_{\text{ub}} - t_{\max})/(\sqrt{2}\xi_{t_{\max}} t_{\max}))) - \text{erf}((t_{\text{lb}} - t_{\max})/(\sqrt{2}\xi_{t_{\max}} t_{\max}))))/2. \end{aligned} \quad (\text{S29})$$

where  $t_{\text{lb}} = \max\{t_{\max}(1 - p_G \xi_{t_{\max}}), t_{\min}\}$  and  $t_{\text{ub}} = t_{\max}(1 + p_G \xi_{t_{\max}})$  are the lower and the upper bounds of the integrals calculated based on the dispersion  $\xi_{t_{\max}}$ . In these equations,  $t_{\min}$  is the minimum allowed value of the lower integration bound, which cannot be negative. In our case we fixed  $t_{\min} = 1 \text{ \AA}$ .

The average of the  $k$ -power of the half thickness of the platelet core is defined as

$$\langle t^k \rangle = \frac{1}{Z_t} \int_{t_{lb}}^{t_{ub}} t^k e^{-(t-t_{max})^2/(2\xi_{t_{max}}^2 t_{max}^2)} dt \quad (\text{S30})$$

The average thickness, corresponding to  $k = 1$  in Eq. S30, is

$$\begin{aligned} t_0 = & -\exp(-t_{max}^2/s^2 - t_{ub}^2/s^2 - t_{lb}^2/s^2)(s^2 \exp(t_{ub}^2/s^2) \\ & + (2t_{max}t_{lb})/s^2) - s^2 \exp((2t_{max}t_{ub})/s^2 + t_{lb}^2/s^2) \\ & - \sqrt{\pi} s t_{max} \operatorname{erfc}((t_{ub} - t_{max})/s) \exp(t_{max}^2/s^2 \\ & + t_{ub}^2/s^2 + t_{lb}^2/s^2) \\ & + \sqrt{\pi} s t_{max} \exp(t_{max}^2/s^2 + t_{ub}^2/s^2 \\ & + t_{lb}^2/s^2) \operatorname{erfc}((t_{lb} - t_{max})/s))/\sqrt{\pi}. \end{aligned} \quad (\text{S31})$$

where  $s^2 = 2t_{max}^2 \xi_{t_{max}}^2$ . The second moment of the distribution is the case  $k = 2$ , which reads

$$\begin{aligned} \langle t^2 \rangle = & -\exp(-t_{max}^2/s^2 - t_{ub}^2/s^2 - t_{lb}^2/s^2)(2s^2 t_{max} \exp(t_{ub}^2/s^2) \\ & + (2t_{max}t_{lb})/s^2) + 2s^2 t_{lb} \exp(t_{ub}^2/s^2 \\ & + (2t_{max}t_{lb})/s^2) - 2s^2 t_{max} \exp((2t_{max}t_{ub})/s^2 \\ & + t_{lb}^2/s^2) - 2s^2 t_{ub} \exp((2t_{max}t_{ub})/s^2 + t_{lb}^2/s^2) \\ & - \sqrt{\pi} s^3 \operatorname{erfc}((t_{ub} - t_{max})/s) \exp(t_{max}^2/s^2 \\ & + t_{ub}^2/s^2 + t_{lb}^2/s^2) \\ & - 2\sqrt{\pi} s t_{max}^2 \operatorname{erfc}((t_{ub} - t_{max})/s) \exp(t_{max}^2/s^2 \\ & + t_{ub}^2/s^2 + t_{lb}^2/s^2) + \sqrt{\pi} s^3 \exp(t_{max}^2/s^2 + t_{ub}^2/s^2 \\ & + t_{lb}^2/s^2) \operatorname{erfc}((t_{lb} - t_{max})/s) \\ & + 2\sqrt{\pi} s t_{max}^2 \exp(t_{max}^2/s^2 + t_{ub}^2/s^2 \\ & + t_{lb}^2/s^2) \operatorname{erfc}((t_{lb} - t_{max})/s))/2. \end{aligned} \quad (\text{S32})$$

The dispersion of  $t$  is calculated as

$$\xi_t = (\langle t^2 \rangle / t_0^2 - 1)^{1/2}. \quad (\text{S33})$$



## S6 Average number of stacked platelets over a Gaussian distribution comprised between two bounds

The Gaussian distribution function of the number  $N_c$  of stacked platelets is

$$p_{N_c}(N_c) = \frac{1}{Z_{N_c}} e^{-(N_c - N_{c,\max})^2 / (2\sigma_{N_c}^2)} \quad (\text{S34})$$

The normalization factor  $Z_t$  is determined by the following equation

$$\begin{aligned} Z_{N_c} &= \int_{N_{c,\text{lb}}}^{N_{c,\text{ub}}} e^{-(N_c - N_{c,\max})^2 / (2\sigma_{N_c}^2)} dN_c \\ &= \sigma_{N_c} \sqrt{\frac{\pi}{2}} \left[ \text{erf} \left( \frac{N_{c,\text{ub}} - N_{c,\max}}{\sqrt{2}\sigma_{N_c}} \right) - \text{erf} \left( \frac{N_{c,\text{lb}} - N_{c,\max}}{\sqrt{2}\sigma_{N_c}} \right) \right]. \end{aligned} \quad (\text{S35})$$

where  $N_{c,\text{lb}} = \max\{N_{c,\max} - p_G \sigma_{N_c}, N_{c,\min}\}$  and  $N_{c,\text{ub}} = N_{c,\max} + p_G \sigma_{N_c}$  are the lower and the upper bounds of the integrals and  $N_{c,\min}$  is the minimum allowed value of the lower integration bound, which was fixed to  $N_{c,\min} = 1$ . The average number of stacked platelets is

$$\begin{aligned} N_{c,0} &= \int_{N_{c,\text{lb}}}^{N_{c,\text{ub}}} N_c p_{N_c}(N_c) dN_c = \frac{G_5}{Z_{N_c}} \\ G_5 &= \sqrt{2\pi} N_{c,\max} \sigma_{N_c} \\ &\quad + \sigma_{N_c}^2 \left( e^{-(N_{c,\text{lb}} - N_{c,\max})^2 / (2\sigma_{N_c}^2)} - e^{-(N_{c,\text{ub}} - N_{c,\max})^2 / (2\sigma_{N_c}^2)} \right) \\ &\quad + N_{c,\max} \sigma_{N_c} \sqrt{\frac{\pi}{2}} \left[ \text{erfc} \left( \frac{N_{c,\text{lb}} - N_{c,\max}}{\sqrt{2}\sigma_{N_c}} \right) - \text{erfc} \left( \frac{N_{c,\text{ub}} - N_{c,\max}}{\sqrt{2}\sigma_{N_c}} \right) \right] \end{aligned} \quad (\text{S36})$$

## S7 Distribution function of the center-to-border distance of a polydisperse barrel

For a barrel with minimum and maximum circular cross-section radius  $\nu R_M$  and  $R_M$ , respectively, and with height  $H$ , the distance from the center and the border taken along a direction that forms an angle  $\beta$  with the barrel axis is given by the function

$$f_c(\beta) = \begin{cases} \frac{H}{2 \cos \beta} & 0 \leq \beta \leq \tan^{-1} \left( \frac{2\nu R_M}{H} \right) \\ \frac{H R_M \left[ H \nu \tan \beta + (1-\nu) \sqrt{4(1-2\nu) R_M^2 + H^2 \tan^2 \beta} \right]}{\cos \beta \left[ 4(1-\nu)^2 R_M^2 + H^2 \tan^2 \beta \right]} & 0 < \beta < \tan^{-1} \left( \frac{2\nu R_M}{H} \right) \\ R_M & \beta = \frac{\pi}{2} \end{cases} \quad (\text{S37})$$

Hence, the average center-to-border distance is the zenith integral

$$R_c = \int_0^{\pi/2} d\beta \sin \beta f_c(\beta) \quad (\text{S38})$$

For a polydisperse barrel over both  $R_M$  and  $H$ , the probability density of the center-to-border distance,  $p(R_c)$ , is obtained by sampling  $R_M$  and  $H$  over the two corresponding distribution functions  $p(R_M)$  and  $p(H)$  determined by the analysis of SAXS data. A simple Monte Carlo method that samples 300000 values of  $R_c$  has been developed for this aim.

## S8 SAXS amplitude of 3 specular layers of electron densities with smooth transitions

The excess ED profile, relative to the average ED of the entire barrel ( $\rho_{\text{brl}}$ , see Eq. S122), of 3 specular layers with smooth transitions along the  $z$  direction perpendicular to the layers is<sup>2</sup>

$$\delta\rho_f(z) = \sum_{j=1}^3 (\rho_{f,j} - \rho_{f,j-1}) E(z, z_j, \sigma_{\text{pl},j}) \quad (\text{S39})$$

where  $\rho_{f,0} = \rho_{\text{brl}}$ , the indexes  $j = 1, 2, 3$  correspond to the outer, middle, and inner domains, the  $z$  levels are  $z_j = t + \tau_j$ , with, by definition,  $\tau_1 = t_1 + t_2$ ,  $\tau_2 = t_2$  and  $\tau_3 = 0$ . The smoothness parameter on going from the  $j$ -layer to the  $(j-1)$ -layer is  $\sigma_{\text{pl},j}$ . The function  $E(z, z_0, \sigma)$  represents a combination of two symmetrical error functions<sup>3</sup>,

$$E(z, z_0, \sigma) = \frac{1}{2} \left[ \text{erf} \left( \frac{z + z_0}{2^{1/2}\sigma} \right) - \text{erf} \left( \frac{z - z_0}{2^{1/2}\sigma} \right) \right] \quad (\text{S40})$$

A representative plot of  $\delta\rho_f(z)$  is shown in Fig. S4. To note, the volume fraction distributions along  $z$  of the three domains are,

$$\varphi_1(z) = E(z, z_1, \sigma_{\text{pl},1}) - E(z, z_2, \sigma_{\text{pl},2}) \quad (\text{S41})$$

$$\varphi_2(z) = E(z, z_2, \sigma_{\text{pl},2}) - E(z, z_3, \sigma_{\text{pl},3}) \quad (\text{S42})$$

$$\varphi_3(z) = E(z, z_3, \sigma_{\text{pl},3}) \quad (\text{S43})$$

Details on the calculation of the electron densities  $\rho_{f,j}$  in Eq. S39 on the basis of the composition

of the platelet are shown in Sect. S11.3.2 (Eqs. S65, S115, S116, S117).

The one-dimensional Fourier transform of Eq. S39 reads

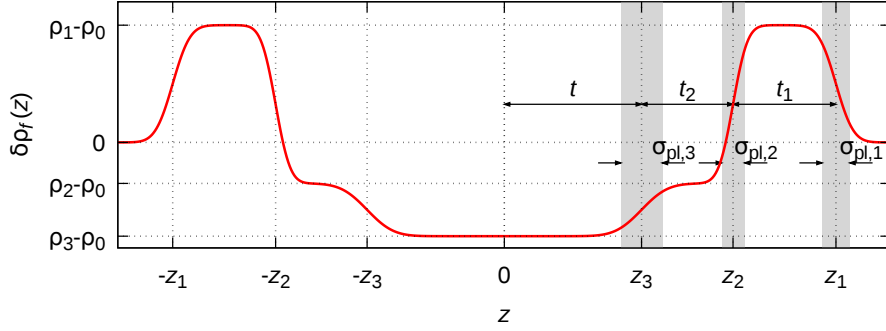


Figure S4: Excess ED calculated with Eq. S39.

$$A_{fl,f}(q) = 2 \sum_{j=1}^3 z_j (\rho_{f,j} - \rho_{f,j-1}) \frac{\sin(qz_j)}{qz_j} e^{-q^2 \sigma_{pl,j}^2 / 2} \quad (S44)$$

Eq. S44 can be re-written in the more useful complex space according to

$$A_{fl,f}(q) = -\frac{i}{q} \sum_{j=1}^3 (\rho_{f,j} - \rho_{f,j-1}) e^{-q^2 \sigma_{pl,j}^2 / 2} (e^{iqz_j} - e^{-iqz_j}) \quad (S45)$$

The squared amplitude is

$$A_{fl,f}^2(q) = \frac{1}{q^2} \sum_{j_1=1}^3 \sum_{j_2=1}^3 (\rho_{f,j_1} - \rho_{f,j_1-1}) e^{-q^2 \sigma_{pl,j_1}^2 / 2} (\rho_{f,j_2} - \rho_{f,j_2-1}) e^{-q^2 \sigma_{pl,j_2}^2 / 2} (e^{iq(2t+\tau_{j_1}+\tau_{j_2})} - e^{iq(\tau_{j_1}-\tau_{j_2})} - e^{-iq(\tau_{j_1}-\tau_{j_2})} + e^{-iq(2t+\tau_{j_1}+\tau_{j_2})}) \quad (S46)$$

The averages  $\langle (t + t_2)^{-1} A_{\text{fl},f}^2(q) \rangle_t$ , which enter into Eq. 18, read

$$\begin{aligned}
\langle (t + t_2)^{-1} A_{\text{fl},f}^2(q) \rangle_t &= \frac{1}{q^2} \sum_{j_1=1}^3 (\rho_{f,j_1} - \rho_{f,j_1-1})^2 e^{-q^2 \sigma_{j_1}^2} \\
&\quad (e^{i2q\tau_{j_1}} \langle (t + t_2)^{-1} e^{2iqt} \rangle_t - 2 \langle (t + t_2)^{-1} \rangle_t \\
&\quad + e^{-i2q\tau_{j_1}} \langle (t + t_2)^{-1} e^{-2iqt} \rangle_t) \\
&\quad + \frac{2}{q^2} \sum_{j_1=1}^2 \sum_{j_2=j_1+1}^3 (\rho_{f,j_1} - \rho_{f,j_1-1})(\rho_{f,j_2} - \rho_{f,j_2-1}) e^{-q^2(\sigma_{j_1}^2 + \sigma_{j_2}^2)/2} \\
&\quad (e^{iq(\tau_{j_1} + \tau_{j_2})} \langle (t + t_2)^{-1} e^{2iqt} \rangle_t - (e^{iq(\tau_{j_1} - \tau_{j_2})} \\
&\quad + e^{-iq(\tau_{j_1} - \tau_{j_2})}) \langle (t + t_2)^{-1} \rangle_t \\
&\quad + e^{-iq(\tau_{j_1} + \tau_{j_2})} \langle (t + t_2)^{-1} e^{-2iqt} \rangle_t) \tag{S47}
\end{aligned}$$

We have calculated the term  $\langle (t + t_2)^{-1} e^{iqkt} \rangle_t$  by sampling the Gaussian distribution seen in Eq. S30 over  $n_t$  points and by performing an analytical integration over the piecewise lines according to

$$\begin{aligned}
\langle (t + t_2)^{-1} e^{iqkt} \rangle_t &= \frac{1}{Z_t} \int_{t_{\text{lb}}}^{t_{\text{ub}}} (t + t_2)^{-1} e^{iqkt} e^{-(t-t_{\text{max}})^2/(2\xi_{t_{\text{max}}}^2 t_{\text{max}}^2)} dt \\
&\approx \frac{1}{Z_t} \frac{1}{q^2 k^2 \Delta t} \sum_{j=1}^{n_t-1} ((1 - i q k \Delta t) e^{i q k t_{j+1}} - e^{i q k t_j}) (t_{j+1} + t_2)^{-1} e^{-(t_{j+1} - t_{\text{max}})^2/(2\xi_{t_{\text{max}}}^2 t_{\text{max}}^2)} \\
&\quad + ((1 + i q k \Delta t) e^{i q k t_j} - e^{i q k t_{j+1}}) (t_j + t_2)^{-1} e^{-(t_j - t_{\text{max}})^2/(2\xi_{t_{\text{max}}}^2 t_{\text{max}}^2)} \tag{S48}
\end{aligned}$$

where the sampled points are  $t_j = t_{\text{lb}} + (j - 1)\Delta t$ , with  $\Delta t = (t_{\text{ub}} - t_{\text{lb}})/(n_t - 1)$ .

## S9 Calculation of the radial averages of Eq. 18

The three radial averages shown in Eq. 18, which involve the following three functions,

$$F_1(R) = t_1(t_1 + 2(R + t_2))(R + t_2)^{-2}, \tag{S49}$$

$$F_2(R) = t_2(t_2 + 2R)(R + t_2)^{-2}, \tag{S50}$$

$$F_3(R) = R^2(R + t_2)^{-2}, \tag{S51}$$

are defined by the following integral

$$\begin{aligned}
\langle F_k(R) \rangle_R &= \int_{\nu R_{M,\text{lb}}}^{R_{M,\text{ub}}} F_k(R) p(R) dR \\
&= \frac{1}{Z_{R_M}} \int_{R_{M,\text{lb}}}^{R_{M,\text{ub}}} F_{k,a}(R_M) e^{-(R_M - R_{M,\text{max}})^2 / (2\xi_{R_M}^2 R_{M,\text{max}}^2)} dR_M, \tag{S52}
\end{aligned}$$

where, considering the definition of  $p(R, R_M, \nu R_M)$  (Eq. 11), we have introduced the following functions

$$\begin{aligned}
F_{k,a}(R_M) &= \int_{\nu R_{M,\text{lb}}}^{R_{M,\text{ub}}} F_k(R) p(R, R_M, \nu R_M) dR \\
&= \int_{\nu R_M}^{R_M} F_k(R) p(R, R_M, \nu R_M) dR \tag{S53}
\end{aligned}$$

We have been able, by exploiting the computer algebra system Maxima<sup>4</sup>, to analytically solve the integrals shown in Eq. S53. Results, for the case  $R_M(2\nu - 1) + t_2 \geq 0$ , are given by the following



relationships:

$$\begin{aligned}
F_{1,a}(R_M) = & -(\sqrt{R_M + t_2}\sqrt{2R_M\nu - R_M + t_2}(2\pi \\
& t_2^3 t_1 + (\pi t_1^2 - 2\pi t_2 t_1)R_M^2 + ((-2\pi t_1 \\
& R_M^3) + (4\pi t_2 t_1 - 2\pi t_1^2)R_M^2 + 6\pi t_2^2 t_1 \\
& R_M)\nu + (4\pi t_1 R_M^3 + (4\pi t_2 t_1 + \pi t_1^2) \\
& R_M^2)\nu^2 + (((2t_1^2 + 8t_2 t_1)R_M^2 + 8t_1 R_M^3)\nu^2 + (12t_2^2 \\
& t_1 R_M + (8t_2 t_1 - 4t_1^2)R_M^2 - 4t_1 R_M^3)\nu + (2t_1^2 - 4 \\
& t_2 t_1)R_M^2 + 4t_2^3 t_1) \sin^{-1}((R_M\nu - R_M)/(t_2 + R_M \\
& \nu))) + ((4t_2 t_1^2 - 8\pi t_2^2 t_1)R_M^2 + (4t_1^2 - 16\pi t_2 \\
& t_1)R_M^3 - 8\pi t_1 R_M^4)\nu^2 + ((2t_2^2 t_1^2 - 8\pi t_2^3 \\
& t_1)R_M + ((-4t_2 t_1^2) - 8\pi t_2^2 t_1)R_M^2 + (8\pi t_2 \\
& t_1 - 6t_1^2)R_M^3 + 8\pi t_1 R_M^4)\nu - 2\pi t_1 R_M^4 + 2 \\
& t_1^2 R_M^3 + 4\pi t_2^2 t_1 R_M^2 - 2t_2^2 t_1^2 R_M - 2\pi \\
& t_2^4 t_1)/((-2t_2^4 R_M) + 4t_2^2 R_M^3 - 2R_M^5 + (10R_M^5 + 8t_2 R_M^4 - 12 \\
& t_2^2 R_M^3 - 8t_2^3 R_M^2 + 2t_2^4 R_M)\nu + ((-16R_M^5) - 24t_2 R_M^4 + 8 \\
& t_2^3 R_M^2)\nu^2 + (8R_M^5 + 16t_2 R_M^4 + 8t_2^2 R_M^3)\nu^3)
\end{aligned} \tag{S54}$$

$$\begin{aligned}
F_{2,a}(R_M) = & -(\sqrt{R_M + t_2}\sqrt{2R_M\nu - R_M + t_2}(2\pi \\
& t_2^4 - 3\pi t_2^2 R_M^2 + ((-2\pi t_2 R_M^3) + 6\pi t_2^2 R_M^2 + 6 \\
& \pi t_2^3 R_M)\nu + (4\pi t_2 R_M^3 + 3\pi t_2^2 R_M^2) \\
& \nu^2 + ((6t_2^2 R_M^2 + 8t_2 R_M^3)\nu^2 + (12t_2^3 R_M + 12t_2^2 R_M^2 - 4 \\
& t_2 R_M^3)\nu - 6t_2^2 R_M^2 + 4t_2^4) \sin^{-1}((R_M\nu - R_M)/(t_2 + \\
& R_M\nu))) + (((-8\pi) - 4)t_2^3 R_M^2 + ((-16\pi) - 4)t_2^2 R_M^3 - 8\pi t_2 \\
& R_M^4)\nu^2 + (((-8\pi) - 2)t_2^4 R_M + (4 - 8\pi)t_2^3 R_M^2 + (8\pi + 6)t_2^2 \\
& R_M^3 + 8\pi t_2 R_M^4)\nu - 2\pi t_2 R_M^4 - 2t_2^2 R_M^3 + 4 \\
& \pi t_2^3 R_M^2 + 2t_2^4 R_M - 2\pi t_2^5)/((-2t_2^4 R_M) + 4t_2^2 \\
& R_M^3 - 2R_M^5 + (10R_M^5 + 8t_2 R_M^4 - 12t_2^2 R_M^3 - 8t_2^3 R_M^2 + 2t_2^4 \\
& R_M)\nu + ((-16R_M^5) - 24t_2 R_M^4 + 8t_2^3 R_M^2)\nu^2 + (8R_M^5 + 16t_2 \\
& R_M^4 + 8t_2^2 R_M^3)\nu^3)
\end{aligned} \tag{S55}$$

$$\begin{aligned}
F_{3,a}(R_M) = & (\sqrt{R_M + t_2}\sqrt{2R_M\nu - R_M + t_2}(2\pi \\
& t_2^4 - 3\pi t_2^2 R_M^2 + ((-2\pi t_2 R_M^3) + 6\pi t_2^2 R_M^2 + 6 \\
& \pi t_2^3 R_M)\nu + (4\pi t_2 R_M^3 + 3\pi t_2^2 R_M^2) \\
& \nu^2 + ((6t_2^2 R_M^2 + 8t_2 R_M^3)\nu^2 + (12t_2^3 R_M + 12t_2^2 R_M^2 - 4 \\
& t_2 R_M^3)\nu - 6t_2^2 R_M^2 + 4t_2^4) \sin^{-1}((R_M\nu - R_M)/(t_2 + \\
& R_M\nu))) + ((-8t_2^2 R_M^3) - 16t_2 R_M^4 - 8R_M^5)\nu^3 + (((-8\pi) - 12)t_2^3 \\
& R_M^2 + ((-16\pi) - 4)t_2^2 R_M^3 + (24 - 8\pi)t_2 R_M^4 + 16R_M^5)\nu^2 + (((-8\pi) - 4) \\
& t_2^4 R_M + (12 - 8\pi)t_2^3 R_M^2 + (8\pi + 18)t_2^2 R_M^3 + (8\pi - 8)t_2 \\
& R_M^4 - 10R_M^5)\nu + 2R_M^5 - 2\pi t_2 R_M^4 - 6t_2^2 R_M^3 + 4\pi \\
& t_2^3 R_M^2 + 4t_2^4 R_M - 2\pi t_2^5)/((-2t_2^4 R_M) + 4t_2^2 R_M^3 - 2 \\
& R_M^5 + (10R_M^5 + 8t_2 R_M^4 - 12t_2^2 R_M^3 - 8t_2^3 R_M^2 + 2t_2^4 R_M) \\
& \nu + ((-16R_M^5) - 24t_2 R_M^4 + 8t_2^3 R_M^2)\nu^2 + (8R_M^5 + 16t_2 R_M^4 + 8 \\
& t_2^2 R_M^3)\nu^3)
\end{aligned} \tag{S56}$$

On the other hand, for  $R_M(2\nu - 1) + t_2 < 0$ , the functions  $F_{k,a}(R_M)$  are:

$$\begin{aligned}
F_{1,a}(R_M) = & -(\sqrt{R_M + t_2}\sqrt{(-2R_M\nu) + R_M - t_2}((-2i \\
& \pi t_2^3 t_1) + (2i\pi t_2 t_1 - i\pi t_1^2) \\
& R_M^2 + (2i\pi t_1 R_M^3 + (2i\pi t_1^2 - 4i\pi \\
& t_2 t_1)R_M^2 - 6i\pi t_2^2 t_1 R_M)\nu + (((-4i \\
& \pi t_2 t_1) - i\pi t_1^2)R_M^2 - 4i\pi t_1 \\
& R_M^3)\nu^2 + ((((-t_1^2) - 4t_2 t_1)R_M^2 - 4t_1 R_M^3)\nu^2 + ((-6t_2^2 \\
& t_1 R_M) + (2t_1^2 - 4t_2 t_1)R_M^2 + 2t_1 R_M^3)\nu + (2t_2 \\
& t_1 - t_1^2)R_M^2 - 2t_2^3 t_1) \log(R_M\nu + t_2) + (((t_1^2 + 4 \\
& t_2 t_1)R_M^2 + 4t_1 R_M^3)\nu^2 + (6t_2^2 t_1 R_M + (4t_2 \\
& t_1 - 2t_1^2)R_M^2 - 2t_1 R_M^3)\nu + (t_1^2 - 2t_2 t_1)R_M^2 + 2 \\
& t_2^3 t_1) \log(\sqrt{R_M + t_2}\sqrt{(-2R_M\nu) + R_M - t_2} + \\
& R_M\nu - R_M))) + ((2t_2 t_1^2 - 4\pi t_2^2 t_1)R_M^2 + (2 \\
& t_1^2 - 8\pi t_2 t_1)R_M^3 - 4\pi t_1 R_M^4)\nu^2 + ((t_2^2 \\
& t_1^2 - 4\pi t_2^3 t_1)R_M + ((-2t_2 t_1^2) - 4\pi t_2^2 t_1) \\
& R_M^2 + (4\pi t_2 t_1 - 3t_1^2)R_M^3 + 4\pi t_1 R_M^4)\nu - \\
& \pi t_1 R_M^4 + t_1^2 R_M^3 + 2\pi t_2^2 t_1 R_M^2 - t_2^2 \\
& t_1^2 R_M - \pi t_2^4 t_1)/((-t_2^4 R_M) + 2t_2^2 R_M^3 - R_M^5 + (5 \\
& R_M^5 + 4t_2 R_M^4 - 6t_2^2 R_M^3 - 4t_2^3 R_M^2 + t_2^4 R_M)\nu + ((-8 \\
& R_M^5) - 12t_2 R_M^4 + 4t_2^3 R_M^2)\nu^2 + (4R_M^5 + 8t_2 R_M^4 + 4t_2^2 R_M^3)\nu^3) \quad (S57)
\end{aligned}$$

$$\begin{aligned}
F_{2,a}(R_M) = & -(\sqrt{R_M + t_2}\sqrt{-2R_M\nu} + R_M - t_2)((-2i \\
& \pi t_2^4) + 3i\pi t_2^2 R_M^2 + (2i\pi t_2 R_M^3 - 6 \\
& i\pi t_2^2 R_M^2 - 6i\pi t_2^3 R_M)\nu + ((-4i \\
& \pi t_2 R_M^3) - 3i\pi t_2^2 R_M^2)\nu^2 + (((-3t_2^2 R_M^2) - 4 \\
& t_2 R_M^3)\nu^2 + ((-6t_2^3 R_M) - 6t_2^2 R_M^2 + 2t_2 R_M^3)\nu + 3 \\
& t_2^2 R_M^2 - 2t_2^4) \log(R_M\nu + t_2) + ((3t_2^2 R_M^2 + 4t_2 \\
& R_M^3)\nu^2 + (6t_2^3 R_M + 6t_2^2 R_M^2 - 2t_2 R_M^3)\nu - 3t_2^2 \\
& R_M^2 + 2t_2^4) \log((\sqrt{R_M + t_2}\sqrt{-2R_M\nu} + R_M - t_2 + \\
& R_M\nu - R_M))) + (((-4\pi) - 2)t_2^3 R_M^2 + ((-8\pi) - 2)t_2^2 R_M^3 - 4 \\
& \pi t_2 R_M^4)\nu^2 + (((-4\pi) - 1)t_2^4 R_M + (2 - 4\pi)t_2^3 R_M^2 + (4 \\
& \pi + 3)t_2^2 R_M^3 + 4\pi t_2 R_M^4)\nu - \pi t_2 R_M^4 - \\
& t_2^2 R_M^3 + 2\pi t_2^3 R_M^2 + t_2^4 R_M - \pi t_2^5)/((-t_2^4 \\
& R_M) + 2t_2^2 R_M^3 - R_M^5 + (5R_M^5 + 4t_2 R_M^4 - 6t_2^2 R_M^3 - 4t_2^3 \\
& R_M^2 + t_2^4 R_M)\nu + ((-8R_M^5) - 12t_2 R_M^4 + 4t_2^3 R_M^2)\nu^2 + (4 \\
& R_M^5 + 8t_2 R_M^4 + 4t_2^2 R_M^3)\nu^3)
\end{aligned} \tag{S58}$$

$$\begin{aligned}
F_{3,a}(R_M) = & (\sqrt{R_M + t_2}\sqrt{-2R_M\nu} + R_M - t_2)((-2i \\
& \pi t_2^4) + 3i\pi t_2^2 R_M^2 + (2i\pi t_2 R_M^3 - 6 \\
& i\pi t_2^2 R_M^2 - 6i\pi t_2^3 R_M)\nu + ((-4i \\
& \pi t_2 R_M^3) - 3i\pi t_2^2 R_M^2)\nu^2 + (((-3t_2^2 R_M^2) - 4 \\
& t_2 R_M^3)\nu^2 + ((-6t_2^3 R_M) - 6t_2^2 R_M^2 + 2t_2 R_M^3)\nu + 3 \\
& t_2^2 R_M^2 - 2t_2^4) \log(R_M\nu + t_2) + ((3t_2^2 R_M^2 + 4t_2 \\
& R_M^3)\nu^2 + (6t_2^3 R_M + 6t_2^2 R_M^2 - 2t_2 R_M^3)\nu - 3t_2^2 \\
& R_M^2 + 2t_2^4) \log((\sqrt{R_M + t_2}\sqrt{-2R_M\nu} + R_M - t_2 + \\
& R_M\nu - R_M))) + ((-4t_2^2 R_M^3) - 8t_2 R_M^4 - 4R_M^5)\nu^3 + (((-4 \\
& \pi) - 6)t_2^3 R_M^2 + ((-8\pi) - 2)t_2^2 R_M^3 + (12 - 4\pi)t_2 R_M^4 + 8R_M^5) \\
& \nu^2 + (((-4\pi) - 2)t_2^4 R_M + (6 - 4\pi)t_2^3 R_M^2 + (4\pi + 9)t_2^2 R_M^3 + (4 \\
& \pi - 4)t_2 R_M^4 - 5R_M^5)\nu + R_M^5 - \pi t_2 R_M^4 - 3t_2^2 \\
& R_M^3 + 2\pi t_2^3 R_M^2 + 2t_2^4 R_M - \pi t_2^5)/((-t_2^4 R_M) + 2 \\
& t_2^2 R_M^3 - R_M^5 + (5R_M^5 + 4t_2 R_M^4 - 6t_2^2 R_M^3 - 4t_2^3 R_M^2 + \\
& t_2^4 R_M)\nu + ((-8R_M^5) - 12t_2 R_M^4 + 4t_2^3 R_M^2)\nu^2 + (4R_M^5 + 8 \\
& t_2 R_M^4 + 4t_2^2 R_M^3)\nu^3)
\end{aligned} \tag{S59}$$

Notice that Eqs. S57-S59 have been solved in the complex space so that, for example, the logarithmic functions are applied to negative numbers. However, we have checked that the imaginary part of all the expressions is zero. Finally, the integral averages  $\langle F_k(R) \rangle_R$  over a Gaussian (shown in Eq. S52) are numerically calculated with the Simpson's rule by using 10 points.

## S10 SAXS amplitude of 3-electron density levels of CP bilayers with smooth transitions

The excess ED profile of 3 specular layers of EDs with smooth transitions along the  $z$  direction perpendicular to the layers, representing the  $k$ -th nano-crystal region of CP (see Fig. 3, panels C

and D), is<sup>2</sup>

$$\delta\rho_k(z) = \sum_{i=1}^3 (\rho_{k,i} - \rho_{k,i-1}) E(z, z_k, \sigma_{k,i}) \quad (\text{S60})$$

where  $\rho_{\text{CP},0}$  is the average CP ED, according to

$$\rho_{k,0} = \frac{\sum_{i=1}^3 \nu_{\text{CP},i} \rho_{\text{CP},i}}{\sum_{i=1}^3 \nu_{\text{CP},i}} \quad (\text{S61})$$

In this equation,  $\nu_{\text{CP},i}$  and  $\rho_{\text{CP},i}$  are the molecular volume and the ED of the carboxyl group ( $i = 1$ ), the middle ( $i = 2$ ) and the terminal ( $i = 3$ ) chains of the CP molecules, respectively. The  $z$  levels are  $z_i = \sum_{i'=i}^3 \delta_{k,i'}$  and  $\sigma_{k,i}$  is the smoothness parameter on going from the  $i$ -layer to the ( $i - 1$ )-layer. A representative plot of  $\delta\rho_k(z)$  is shown in Fig. S5. The one-dimensional Fourier transform of Eq. S60 reads

$$A_{\text{1d},k}(q) = 2 \sum_{i=1}^3 z_i (\rho_{k,i} - \rho_{k,i-1}) \frac{\sin(qz_i)}{qz_i} e^{-q^2 \sigma_{k,i}^2 / 2} \quad (\text{S62})$$

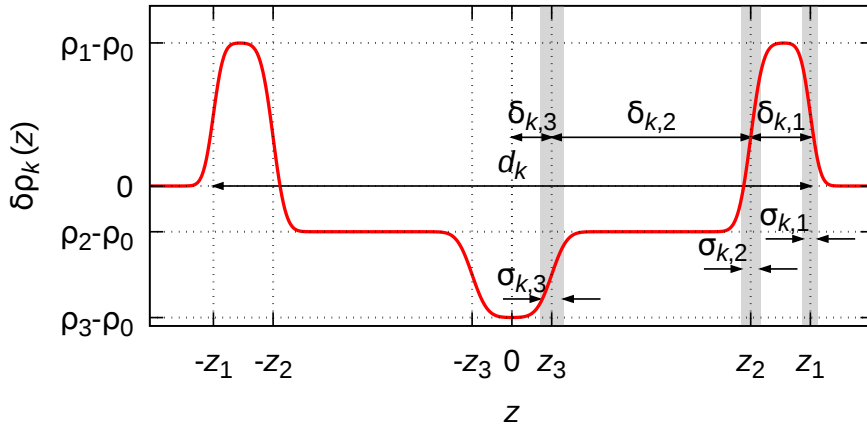


Figure S5: Excess ED calculated with Eq. S60.

Electron densities  $\rho_{k,i}$  and thicknesses  $\delta_{k,i}$  are calculated according to the physical-chemical characteristics of the groups forming the CP molecule, shown in Table 2. Explicit equations are reported in the Sect. S11.3.1, Eqs. S85, S86, S90, S91, S92, S93, S94, S96, S97, S98, S99, S100 and S101.



## S11 Volumetric constraints and calculation of electron densities

### S11.1 Water and thermal expansivities

The relative mass density of bulk water is calculated as a function of  $T$  with the following expression

$$d_{\text{wat}} = e^{-\alpha_{\text{wat}}(T-T_0) - \beta_{\text{wat}}(T-T_0)^2/2}, \quad (\text{S63})$$

where the thermal expansivity of water at  $T_0$  and its first derivative are  $\alpha_{\text{wat}} = 2.5 \cdot 10^{-4} \text{ K}^{-1}$  and  $\beta_{\text{wat}} = 9.8 \cdot 10^{-6} \text{ K}^{-2}$ , respectively<sup>5</sup>. Conversely, the temperature dependency of the relative mass density of both CP and P80 molecules is expressed as a function of the thermal expansivity  $\alpha_{\text{lip}}$  of lipids, according to

$$d_{\text{lip}} = e^{-\alpha_{\text{lip}}(T-T_0)}, \quad (\text{S64})$$

$\alpha_{\text{lip}}$  being considered an adjustable parameter.

The bulk water electron density is

$$\rho_0 = e_{\text{H}_2\text{O}}/(\nu_{\text{wat}}^\circ/d_{\text{wat}}) \quad (\text{S65})$$

### S11.2 End-capped cylindrical micelles

The molecular volume of the hydrophobic region of P80 is

$$\nu_{\text{P80,hyd}} = (14\nu_{\text{CH}_2} + 2\nu_{\text{CH}} + \nu_{\text{CH}_3})/d_{\text{lip}}. \quad (\text{S66})$$

The molecular volume of the dry polar region of P80 is written as

$$\nu_{\text{P80,pol,dry}} = ((2\nu_{\text{CH}_2} + \nu_{-\text{O}-})20 + \nu_{>\text{C}=} + 2\nu_{-\text{O}-} + \nu_{\text{O}=} + 2\nu_{\text{CH}_2} + 4\nu_{\text{CH}} + 3\nu_{\text{OH}})/d_{\text{lip}}. \quad (\text{S67})$$

The number of water molecules *per* molecule of P80 in ( $k = 1$ ) domain (see Eq. S12, here

referred to as 1-domain) of the end-cap region of the micelle is derived by the following equation

$$\begin{aligned}
r_{\text{wat,cap}} = & (2\delta_{\text{cap}}^3\nu_{\text{P80,hyd}} + 6R_{2,\text{cap}}\delta_{\text{cap}}^2\nu_{\text{P80,hyd}} \\
& + 3h\delta_{\text{cap}}^2\nu_{\text{P80,hyd}} + 6R_{2,\text{cap}}^2\delta_{\text{cap}}\nu_{\text{P80,hyd}} \\
& + 6hR_{2,\text{cap}}\delta_{\text{cap}}\nu_{\text{P80,hyd}} - 2R_{2,\text{cap}}^3\nu_{\text{P80,pol,dry}} \\
& - 3hR_{2,\text{cap}}^2\nu_{\text{P80,pol,dry}} + h^3\nu_{\text{P80,pol,dry}}) / \\
& ((h + R_{2,\text{cap}})^2(2R_{2,\text{cap}} - h)\nu_{\text{wat}}^\circ/d_{\text{wat}}/\hat{d}_{\text{wat,cap}})
\end{aligned} \tag{S68}$$

The number of water molecules *per* molecule of P80 in 1-domain of the cylinder region of the micelle is derived by the following equation

$$r_{\text{wat,cyl}} = \frac{\delta_{\text{cap}}^2\nu_{\text{P80,hyd}} + 2R_{2,\text{cap}}\delta_{\text{cap}}\nu_{\text{P80,hyd}} - R_{2,\text{cap}}^2\nu_{\text{P80,pol,dry}} + h^2\nu_{\text{P80,pol,dry}}}{(R_{2,\text{cap}} - h)(h + R_{2,\text{cap}})\nu_{\text{wat}}^\circ/d_{\text{wat}}/\hat{d}_{\text{wat,cyl}}} \tag{S69}$$

Accordingly, the electron densities of the 1-domain of the end-cap and of the cylinder regions of the micelle are

$$\begin{aligned}
\rho_{1,\text{cap}} = & ((2e_{\text{CH}_2} + e_{\text{-O-}})20 + e_{>\text{C=}} \\
& + 2e_{\text{-O-}} + e_{\text{O=}} + 2e_{\text{CH}_2} + 4e_{\text{CH}} + 3e_{\text{OH}} + r_{\text{wat,cap}}e_{\text{H}_2\text{O}}) \\
& /(\nu_{\text{P80,pol,dry}} + r_{\text{wat,cap}}\nu_{\text{wat}}^\circ/d_{\text{wat}}/\hat{d}_{\text{wat,cap}})
\end{aligned} \tag{S70}$$

$$\begin{aligned}
\rho_{1,\text{cyl}} = & ((2e_{\text{CH}_2} + e_{\text{-O-}})20 + e_{>\text{C=}} \\
& + 2e_{\text{-O-}} + e_{\text{O=}} + 2e_{\text{CH}_2} + 4e_{\text{CH}} + 3e_{\text{OH}} + r_{\text{wat,cyl}}e_{\text{H}_2\text{O}}) \\
& /(\nu_{\text{P80,pol,dry}} + r_{\text{wat,cyl}}\nu_{\text{wat}}^\circ/d_{\text{wat}}/\hat{d}_{\text{wat,cyl}})
\end{aligned} \tag{S71}$$

In Eqs. S68-S71,  $\hat{d}_{\text{wat,cap}}$  and  $\hat{d}_{\text{wat,cyl}}$  represent the relative mass density of water molecules embedded in the 1-domain of the end cap and the cylinder regions, respectively.

The electron density of the hydrophobic domain of the P80 molecule is

$$\rho_{\text{P80,2}} = (14e_{\text{CH}_2} + 2e_{\text{CH}} + e_{\text{CH}_3})/\nu_{\text{P80,hyd}} \tag{S72}$$

This ED corresponds to the ED of the 2-domain of both end-cap and cylinder regions of the micelle,  $\rho_{2,\text{cap}}$  and  $\rho_{2,\text{cyl}}$ , respectively (see Eq. S12). The hydration of the 1-domain is calculated by the

ratio between the volume occupied by water and the total volume of the 1-domain, in both regions

$$\chi_{\text{cap}} = \frac{r_{\text{wat,cap}} \nu_{\text{wat}}^{\circ} / d_{\text{wat}} / \hat{d}_{\text{wat,cap}}}{\nu_{\text{P80,pol,dry}} + r_{\text{wat,cap}} \nu_{\text{wat}}^{\circ} / d_{\text{wat}} / \hat{d}_{\text{wat,cap}}} \quad (\text{S73})$$

$$\chi_{\text{cyl}} = \frac{r_{\text{wat,cyl}} \nu_{\text{wat}}^{\circ} / d_{\text{wat}} / \hat{d}_{\text{wat,cyl}}}{\nu_{\text{P80,pol,dry}} + r_{\text{wat,cyl}} \nu_{\text{wat}}^{\circ} / d_{\text{wat}} / \hat{d}_{\text{wat,cyl}}} \quad (\text{S74})$$

The area that each P80 molecule faces towards the water in the end-cap and the cylinder region can be calculated by the following expressions

$$a_{\text{P80,ec,cap},1} = 3 \frac{\nu_{\text{P80,hyd}}}{R_{2,\text{cap}}} \left(1 + \frac{\delta_{\text{cap}}}{R_{2,\text{cap}}}\right)^2 \frac{1 + \frac{h}{R_{2,\text{cap}}}}{1 + \frac{3}{2} \frac{h}{R_{2,\text{cap}}} - \frac{1}{2} \left(\frac{h}{R_{2,\text{cap}}}\right)^3} \quad (\text{S75})$$

$$a_{\text{P80,ec,cyl},1} = 2 \frac{\nu_{\text{P80,hyd}}}{R_{2,\text{cyl}}} \left(1 + \frac{\delta_{\text{cyl}}}{R_{2,\text{cyl}}}\right) \quad (\text{S76})$$

We can also calculate the corresponding areas at the interface between 1-domain and 2-domain in both regions. They are

$$a_{\text{P80,ec,cap},1,2} = 3 \frac{\nu_{\text{P80,hyd}}}{R_{2,\text{cap}}} \frac{1 + \frac{h}{R_{2,\text{cap}}}}{1 + \frac{3}{2} \frac{h}{R_{2,\text{cap}}} - \frac{1}{2} \left(\frac{h}{R_{2,\text{cap}}}\right)^3} \quad (\text{S77})$$

$$a_{\text{P80,ec,cyl},1,2} = 2 \frac{\nu_{\text{P80,hyd}}}{R_{2,\text{cyl}}} \quad (\text{S78})$$

### S11.3 Platelets

The molecular volume of CP, seen as a function of  $T$ , in the amorphous region (disordered chains,  $\alpha$ ) is

$$\nu_{\text{CP},\alpha} = (29\nu_{\text{CH}_2} + 2\nu_{\text{CH}_3} + \nu_{>\text{C}=\text{}} + \nu_{-\text{O}-} + \nu_{\text{O}=\text{}}) / d_{\text{lip}}. \quad (\text{S79})$$

In the lamellar phases (ordered chains,  $\beta$ ), the volume becomes

$$\nu_{\text{CP},\beta} = (29\nu_{\text{CH}_2} \beta_{\text{CH}_2} + 2\nu_{\text{CH}_3} \beta_{\text{CH}_3} + \nu_{>\text{C}=\text{}} + \nu_{-\text{O}-} + \nu_{\text{O}=\text{}}) / d_{\text{lip}}, \quad (\text{S80})$$

where  $\beta_{\text{CH}_2}$  and  $\beta_{\text{CH}_3}$  are, respectively, the reduction factors of volumes of the groups  $\text{CH}_2$  and  $\text{CH}_3$  in the ordered chains relative to the values they have in disordered chains.

### S11.3.1 Lamellar domains

The number of CH<sub>2</sub> groups of CP that are considered to be part of the  $i = 1$  domain (see Eq. S60, shortly referred to as 1-domain) of each of the two lamellar phases are  $N_{\text{CH}_2, \text{CP}, \text{pol}, 1}$  and  $N_{\text{CH}_2, \text{CP}, \text{pol}, 2}$ , respectively.

The fractions of CH<sub>2</sub> and CH<sub>3</sub> that occupy the  $i = 2$  domain (see Eq. S60, shortly referred to as 2-domain) of the first lamellar phase are  $x_{\text{CP}, \text{CH}_2, 1}$  and  $x_{\text{CP}, \text{CH}_3, 1}$ , respectively, where the fractions of CH<sub>2</sub> and CH<sub>3</sub> that occupies the 2-domain of the second lamellar phase are  $x_{\text{CP}, \text{CH}_2, 2}$  and  $x_{\text{CP}, \text{CH}_3, 2}$ , respectively.

The number of correlated bilayers of the first and the second lamellar phase are  $N_{\text{CP}, 1}$  and  $N_{\text{CP}, 2}$ , respectively, and the corresponding distortion factors are  $g_{\text{CP}, 1}$  and  $g_{\text{CP}, 2}$ , respectively.

The areas associated with each CP molecule in the two lamellar phases are  $a_{\text{CP}, 1}$  and  $a_{\text{CP}, 2}$ , respectively. These values allow us to calculate the repetition distance of two lamellar phases according to

$$d_1 = \nu_{\text{CP}, \beta} / a_{\text{CP}, 1} \quad (\text{S81})$$

$$d_2 = \nu_{\text{CP}, \beta} / a_{\text{CP}, 2}. \quad (\text{S82})$$

The volumes of the 1-domain of the CP molecule in the first and the second lamellar phase are,

$$\nu_{\text{CP}, 1, 1} = (1/d_{\text{lip}})(\nu_{>\text{C}=} + \nu_{-\text{O}-} + \nu_{\text{O}=} + N_{\text{CH}_2, \text{CP}, \text{pol}, 1} \nu_{\text{CH}_2} \beta_{\text{CH}_2}) \quad (\text{S83})$$

$$\nu_{\text{CP}, 2, 1} = (1/d_{\text{lip}})(\nu_{>\text{C}=} + \nu_{-\text{O}-} + \nu_{\text{O}=} + N_{\text{CH}_2, \text{CP}, \text{pol}, 2} \nu_{\text{CH}_2} \beta_{\text{CH}_2}) \quad (\text{S84})$$

and the two corresponding thicknesses are

$$\delta_{1, 1} = \nu_{\text{CP}, 1, 1} / a_{\text{CP}, 1} \quad (\text{S85})$$

$$\delta_{2, 1} = \nu_{\text{CP}, 2, 1} / a_{\text{CP}, 2} \quad (\text{S86})$$

The total volume of the CH<sub>2</sub> groups in both the 2-domain and the 3-domain of the CP in the first and in the second lamellar phases are

$$\nu_{\text{CP}, 1, \text{CH}_2, 2, 3} = (29 - N_{\text{CH}_2, \text{CP}, \text{pol}, 1}) \nu_{\text{CH}_2} \beta_{\text{CH}_2} / d_{\text{lip}} \quad (\text{S87})$$

$$\nu_{\text{CP}, 2, \text{CH}_2, 2, 3} = (29 - N_{\text{CH}_2, \text{CP}, \text{pol}, 2}) \nu_{\text{CH}_2} \beta_{\text{CH}_2} / d_{\text{lip}} \quad (\text{S88})$$

The total volume occupied by the  $\text{CH}_3$  groups in the CP molecule is

$$\nu_{\text{CP,CH}_3} = 2\nu_{\text{CH}_3}\beta_{\text{CH}_3}/d_{\text{lip}} \quad (\text{S89})$$

The thicknesses of the 2-domain the CP molecule in the first and in the second lamellar phase are

$$\delta_{1,2} = (\nu_{\text{CP,1,CH}_2,2,3}x_{\text{CP,CH}_2,1} + \nu_{\text{CP,CH}_3}x_{\text{CP,CH}_3,1})/a_{\text{CP,1}} \quad (\text{S90})$$

$$\delta_{2,2} = (\nu_{\text{CP,2,CH}_2,2,3}x_{\text{CP,CH}_2,2} + \nu_{\text{CP,CH}_3}x_{\text{CP,CH}_3,2})/a_{\text{CP,2}} \quad (\text{S91})$$

The thicknesses of the 3-domain the CP molecule in the first and in the second lamellar phase are

$$\delta_{1,3} = (\nu_{\text{CP,1,CH}_2,2,3}(1 - x_{\text{CP,CH}_2,1}) + \nu_{\text{CP,CH}_3}(1 - x_{\text{CP,CH}_3,1}))/a_{\text{CP,1}} \quad (\text{S92})$$

$$\delta_{2,3} = (\nu_{\text{CP,2,CH}_2,2,3}(1 - x_{\text{CP,CH}_2,2}) + \nu_{\text{CP,CH}_3}(1 - x_{\text{CP,CH}_3,2}))/a_{\text{CP,2}} \quad (\text{S93})$$

The average electron density of the CP molecule is

$$\rho_{\text{CP},0} = \frac{e_{\text{C}} + 2e_{\text{O}} + 29e_{\text{CH}_2} + 2e_{\text{CH}_3}}{\bar{\nu}_{\text{CP},3}}, \quad (\text{S94})$$

where we have introduced the mean molecular volume of CP for ordered and disordered regions of the inner part of the platelet,

$$\bar{\nu}_{\text{CP},3} = y_3\nu_{\text{CP},\alpha} + (1 - y_3)\nu_{\text{CP},\beta} \quad (\text{S95})$$

The electron densities of the 1-domain of the first and the second lamellar phase are

$$\rho_{\text{CP},1,1} = (e_{\text{C}} + 2e_{\text{O}} + e_{\text{CH}_2}N_{\text{CH}_2,\text{CP,pol},1})/\nu_{\text{CP},1,1} \quad (\text{S96})$$

$$\rho_{\text{CP},2,1} = (e_{\text{C}} + 2e_{\text{O}} + e_{\text{CH}_2}N_{\text{CH}_2,\text{CP,pol},2})/\nu_{\text{CP},2,1} \quad (\text{S97})$$

The electron densities of the 2-domain of the first and the second lamellar phase are

$$\rho_{CP,1,2} = \frac{x_{CP,CH_2,1}(29 - N_{CH_2,CP,pol,1})e_{CH_2} + x_{CP,CH_3,1}2e_{CH_3}}{\nu_{CP,1,CH_2,2,3}x_{CP,CH_2,1} + \nu_{CP,CH_3}x_{CP,CH_3,1}} \quad (S98)$$

$$\rho_{CP,2,2} = \frac{x_{CP,CH_2,2}(29 - N_{CH_2,CP,pol,2})e_{CH_2} + x_{CP,CH_3,2}2e_{CH_3}}{\nu_{CP,2,CH_2,2,3}x_{CP,CH_2,2} + \nu_{CP,CH_3}x_{CP,CH_3,2}} \quad (S99)$$

The electron densities of the 3-domain of the first and the second lamellar phase are

$$\rho_{CP,1,3} = \frac{(1 - x_{CP,CH_2,1})(29 - N_{CH_2,CP,pol,1})e_{CH_2} + (1 - x_{CP,CH_3,1})2e_{CH_3}}{\nu_{CP,1,CH_2,2,3}(1 - x_{CP,CH_2,1}) + \nu_{CP,CH_3}(1 - x_{CP,CH_3,1})} \quad (S100)$$

$$\rho_{CP,2,3} = \frac{(1 - x_{CP,CH_2,2})(29 - N_{CH_2,CP,pol,2})e_{CH_2} + (1 - x_{CP,CH_3,2})2e_{CH_3}}{\nu_{CP,2,CH_2,2,3}(1 - x_{CP,CH_2,2}) + \nu_{CP,CH_3}(1 - x_{CP,CH_3,2})} \quad (S101)$$

### S11.3.2 Entire platelet

The nominal w/v concentration (in g/L) of nanoparticles, corresponding to both CP and P80 molecules in the sample, is indicated as  $c_{LNP}$  and the nominal molar ratio between CP and P80 molecules as  $r_{CP,P80}$ . To each of these two parameters, we associate two correction factors,  $k_{cLNP}$  and  $k_{r_{CP,P80}}$ . Hence, the w/v concentration of CP in the sample is

$$c_{CP} = \frac{k_{cLNP}c_{LNP}M_{CP}}{M_{CP} + M_{P80}/(k_{r_{CP,P80}}r_{CP,P80})}. \quad (S102)$$

The mass balance of CP and P80 is combined with the structural parameters of the platelet as follows. By referring to Fig. 3, the volumes of the platelet's core and the second (or intermediate) platelet's shell (labeled with  $j = 2, 3$  and  $f = 2, 3$ ) are related to the number of CP and P80 molecules in the platelet ( $N_{CP,pl}$  and  $N_{P80,pl}$ , respectively) using

$$\begin{aligned} \sum_{f=2}^3 \sum_{j=2}^3 V_{f,j} &= 2\pi(t + t_2)(R + t_2)^2 \\ &= N_{CP,pl}\bar{\nu}_{CP} + N_{P80,pl}\nu_{P80,hyd} \end{aligned} \quad (S103)$$

where  $\bar{\nu}_{CP}$  is the average molecular volume of CP in the platelet's core and the second platelet's shell. The number of P80 in the platelet can be expressed as a function of the fraction of P80 molecules embedded into the platelet,  $y_{P80}$ , and the nominal molar ratio between CP and P80

molecules,  $r_{\text{CP,P80}}$  (a parameter known by the composition of the sample),

$$N_{\text{P80,pl}} = y_{\text{P80}} \frac{N_{\text{CP,pl}}}{r_{\text{CP,P80}} k_{r_{\text{CP,P80}}}}. \quad (\text{S104})$$

Combining Eqs. S103-S104, we find  $N_{\text{CP,pl}}$

$$N_{\text{CP,pl}} = \frac{2\pi(t+t_2)(R+t_2)^2}{\bar{\nu}_{\text{CP}} + \frac{\nu_{\text{P80,hyd}} y_{\text{P80}}}{r_{\text{CP,P80}} k_{r_{\text{CP,P80}}}}} \quad (\text{S105})$$

The average value of  $N_{\text{CP,pl}}$  over both the radial distribution  $p(R)$  (Eq. 13) and the distribution of the half-thickness  $p_t(t)$  (Eq. S28) is

$$\langle N_{\text{CP,pl}} \rangle = \frac{2\pi(t_0+t_2)(R_0^2(1+\xi_R^2) + 2t_2R_0 + t_2^2)}{\bar{\nu}_{\text{CP}} + \frac{\nu_{\text{P80,hyd}} y_{\text{P80}}}{r_{\text{CP,P80}} k_{r_{\text{CP,P80}}}}} \quad (\text{S106})$$

Moreover, by considering only the volume of the second (intermediate) shell of the platelet, the one that contains the hydrophobic domain of P80 molecules embedded in the CP region (represented in cyan in Fig. 3 panel B), we can write

$$\begin{aligned} \sum_{f=2}^3 \sum_{j=2}^{5-f} \langle V_{f,j} \rangle &= 2\pi(t_0+t_2)(R_0^2(1+\xi_R^2) + 2t_2R_0 + t_2^2) - 2\pi t_0 R_0^2(1+\xi_R^2) \\ &= \langle N_{\text{P80,pl}} \rangle (\nu_{\text{P80,hyd}} + \hat{r}_{\text{CP,P80}} \bar{\nu}_{\text{CP}}) \end{aligned} \quad (\text{S107})$$

where  $\hat{r}_{\text{CP,P80}}$  represents the average number of CP molecules *per* P80 molecule in the second platelet shell. This definition allows to calculate the average molecular volume of CP in the whole platelet,

$$\bar{\nu}_{\text{CP}} = \bar{\nu}_{\text{CP,3}} + \frac{y_{\text{P80}} \hat{r}_{\text{CP,P80}}}{r_{\text{CP,P80}} k_{r_{\text{CP,P80}}}} (\nu_{\text{CP},\alpha} - \bar{\nu}_{\text{CP,3}}) \quad (\text{S108})$$

where we have assumed that in the second platelet's shell, all CP molecules are in the amorphous configuration. Combining Eqs. S103-S108 it is easy to analytically find out  $\hat{r}_{\text{CP,P80}}$  as well as  $\langle N_{\text{CP,pl}} \rangle$ ,  $\langle N_{\text{P80,pl}} \rangle$  and  $\bar{\nu}_{\text{CP}}$ . We can also calculate both the overall volume fraction of CP and



the volume fraction of CP in the inner part of the platelets, according to,

$$\phi_{\text{CP}} = \frac{N_A c_{\text{CP}} \bar{\nu}_{\text{CP}}}{M_{\text{CP}}} \quad (\text{S109})$$

$$\phi_{\text{CP},3} = \phi_{\text{CP}} \left( 1 - \frac{y_{\text{P80}} \hat{r}_{\text{CP,P80}} \nu_{\text{CP},\alpha}}{\bar{\nu}_{\text{CP}} r_{\text{CP,P80}} k_{r_{\text{CP,P80}}}} \right) \quad (\text{S110})$$

The average area of the platelet associated with each P80 molecule can be calculated by referring to the second layer of the platelet and considering the ratio between the sum of the volume occupied by the hydrophobic domain of P80 and the one occupied by  $\hat{r}_{\text{CP,P80}}$  molecules of CP and the thickness of this layer,

$$a_{\text{P80,pl}} = \frac{\nu_{\text{P80,hyd}} + \hat{r}_{\text{CP,P80}} \nu_{\text{CP},\alpha}}{t_2} \quad (\text{S111})$$

To note, by assuming an average hexagonal displacement of the P80 molecules on the platelet surface, the average distance between the nearest neighbor P80 molecules is

$$d_{\text{P80,P80}} = \sqrt{2a_{\text{P80,pl}}/\sqrt{3}} \quad (\text{S112})$$

We also consider the number of water molecules associated with each P80 molecule occupying the first layer region of the platelet (shown in green in Fig. 3), indicated with  $r_{\text{wat,P80}}$ . On the other hand, the thickness of the first layer of the platelet can be calculated by taking into account the volume occupied by the polar head of P80 and the one due to  $r_{\text{wat,P80}}$  water molecules, supposed to have a relative mass density  $\hat{d}_{\text{wat,pl}}$  in respect to the bulk water mass density

$$t_1 = \frac{\nu_{\text{P80,pol,dry}} + r_{\text{wat,P80}} \frac{\nu_{\text{wat}}^{\circ}}{\hat{d}_{\text{wat,pl}} d_{\text{wat}}}}{a_{\text{P80,pl}}} \quad (\text{S113})$$

Therefore, we can calculate the fraction of the platelet surface occupied by the polar head of P80

$$\phi_{S,\text{P80}} = \frac{\nu_{\text{P80,pol,dry}}}{t_1 a_{\text{P80,pl}}} \quad (\text{S114})$$

The electron density of the 1-domain of the platelet results,

$$\rho_{f,1} = \frac{(e_C + 2e_O + 29e_{CH_2} + 2e_{CH_3} + r_{\text{wat,P80}}e_{H_2O})}{(\nu_{\text{P80,pol,dry}} + r_{\text{wat,P80}} \frac{\nu_{\text{wat}}^{\circ}}{\hat{d}_{\text{wat,pl}} d_{\text{wat}}})} \quad (\text{S115})$$

The electron density of the 2-domain of the platelet results,

$$\rho_{f,2} = \frac{(14e_{CH_2} + 2e_{CH} + e_{CH_3} + \hat{r}_{\text{CP,P80}}(e_C + 2e_O + 29e_{CH_2} + 2e_{CH_3}))}{(\nu_{\text{P80,hyd}} + \hat{r}_{\text{CP,P80}} \bar{\nu}_{\text{CP}})} \quad (\text{S116})$$

Finally, the third ED values correspond to the average electron density of the CP molecule, given in Eq. S94.

$$\rho_{f,3} = \rho_{\text{CP},0} \quad (\text{S117})$$

### S11.3.3 Barrels with shells

The average volume of the region between two subsequent platelets (represented in white in Fig. 3 panel B) is

$$V_0 = 2\pi\Delta t[R_0^2(1 + \xi_R^2) + t_2^2 + t_1^2 + 2R_0(t_2 + t_1) + 2t_2t_1] \quad (\text{S118})$$

The average volume of the first shell region of platelets (represented in green in Fig. 3 panel B) is

$$V_1 = 2\pi t_1[R_0^2(1 + \xi_R^2) + t_2(2R_0 + t_2) + (t_0 + t_2 + t_1)(2R_0 + 2t_2 + t_1)] \quad (\text{S119})$$

The average volume of the second shell region of platelets (represented in cyan in Fig. 3 panel B) is

$$V_2 = 2\pi t_2[R_0^2(1 + \xi_R^2) + (t_0 + t_2)(2R_0 + t_2)] \quad (\text{S120})$$

The average volume of the core region of platelets (represented in blue in Fig. 3 panel B) is

$$V_3 = 2\pi t_0 R_0^2(1 + \xi_R^2) \quad (\text{S121})$$

The average ED of barrels is

$$\rho_{\text{brl}} = \frac{\rho_{\text{wat}}V_0 + \rho_{f,1}V_1 + \rho_{f,2}V_2 + \rho_{f,3}V_3}{V_0 + V_1 + V_2 + V_3} \quad (\text{S122})$$

The average number density of barrels is

$$\begin{aligned} n_{\text{brl}} &= \frac{N_{\text{ACCP}}}{M_{\text{CP}} \langle N_{\text{CP,pl}} \rangle N_c} \\ &= \frac{\phi_{\text{CP}}}{\bar{\nu}_{\text{CP}} \langle N_{\text{CP,pl}} \rangle N_c} \end{aligned} \quad (\text{S123})$$

The volume fractions of CP, P80 and water in the barrel are

$$\phi_{\text{brl,CP}} = \frac{\langle N_{\text{CP,pl}} \rangle \bar{\nu}_{\text{CP}}}{D} \quad (\text{S124})$$

$$\phi_{\text{brl,P80}} = \frac{\langle N_{\text{P80,pl}} \rangle (\nu_{\text{P80,hyd}} + \nu_{\text{P80,pol,dry}})}{D} \quad (\text{S125})$$

$$\phi_{\text{brl,wat}} = \frac{(\langle N_{\text{P80,pl}} \rangle r_{\text{wat,P80}}/\hat{d}_{\text{wat,pl}} + V_0)\nu_{\text{wat}}^\circ/d_{\text{wat}}}{D} \quad (\text{S126})$$

where

$$\begin{aligned} D &= (\langle N_{\text{P80,pl}} \rangle r_{\text{wat,P80}}/\hat{d}_{\text{wat,pl}} + V_0)\nu_{\text{wat}}^\circ/d_{\text{wat}} \\ &\quad + \langle N_{\text{P80,pl}} \rangle (\nu_{\text{P80,hyd}} + \nu_{\text{P80,pol,dry}}) + \langle N_{\text{CP,pl}} \rangle \bar{\nu}_{\text{CP}} \end{aligned} \quad (\text{S127})$$

#### S11.3.4 Average surface of the barrel

The surface of a barrel with height  $H$ , major and minor radii  $\nu R_M$  and  $R_M$ , respectively, results

$$S_{\text{brl}} = 2\pi R_M^2 (\nu + 2) f(\varepsilon, \nu) \quad (\text{S128})$$

where  $\varepsilon = 2R_M/H$  and the function  $f(\varepsilon, \nu)$ , corresponds to the following integral

$$f(\varepsilon, \nu) = \frac{1}{\varepsilon} \int_0^1 \left[ \nu + (1 - \nu) \sqrt{1 - \phi^2} \right] \sqrt{1 + \frac{\varepsilon^2 \phi^2 (1 - \nu)^2}{1 - \phi^2}} d\phi \quad (\text{S129})$$

that can be easily derived in the framework of the revolution solid theory. We have solved numerically the integral in Eq. S129 in a two-dimensional grid of  $\varepsilon$  and  $\nu$  in the corresponding ranges  $\frac{1}{5} \leq \varepsilon \leq 5$  and  $0 \leq \nu \leq 1$ . Subsequently, we have expanded the results in power series of  $\nu$  up to

$j$	$b_{0,j}$	$b_{1,j}$	$c_{1,j}$	$b_{2,j}$	$c_{2,j}$	$b_{3,j}$	$c_{3,j}$
0	0.5382	-0.0739	0.1724	-2.9555	6.0253	1.3475	2.3820
1	0.8831	0.3803	-0.6286	2.3728	-9.8397	-8.1622	-3.6075
2	-0.8858	-0.6223	-0.2495	-0.2482	-0.3393	-0.0033	-0.3686
3	11.0761	2.8980	0.2566	-0.5802	1.1276	-1.1853	0.4495
4	-12.0772	-11.3033	-5.5527	-4.6906	-5.6968	-4.7512	-6.1686
5	3.5727	0.9426	0.2049	1.0701	3.0945	7.7301	0.9234
6	-3.6432	-3.0487	-1.2873	-0.2511	-0.5396	-0.2639	-0.5900

Table S1: Expansion coefficients according to Eqs. S130 and S131.

the 6<sup>th</sup> degree

$$f(\varepsilon, \nu) \approx \sum_{j=0}^6 a_j(\varepsilon) \nu^j \quad (\text{S130})$$

We have then approximated the coefficients  $a_j(\varepsilon)$  with a combination of three exponential functions over a background,

$$a_j(\varepsilon) = b_{0,j} + \sum_{k=1}^3 b_{k,j} e^{c_{k,j}\varepsilon} \quad (\text{S131})$$

Best fitting parameters are shown in Table S1. The comparison between the integrals and their approximations due to Eqs. S130 and S131 is shown in Fig. S6. The double expansion allows an analytical calculation of the mean barrel surface, according to Gaussian distributions of both  $R_M$  and  $e$ ,

$$\langle S_{\text{brl}} \rangle = 2\pi \langle R_M^2 \rangle_{R_M} (\nu + 2) \langle f(\varepsilon, \nu) \rangle_\varepsilon . \quad (\text{S132})$$

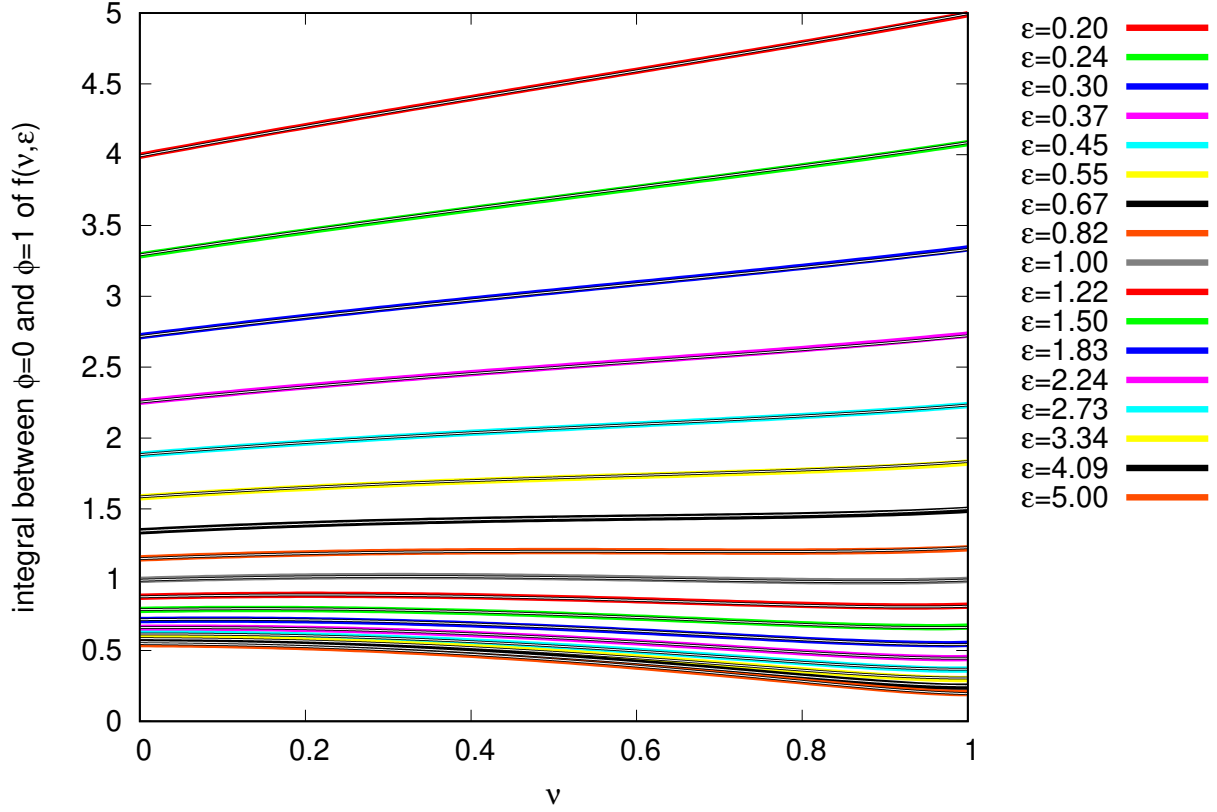


Figure S6: Best fit of the integral expressed in Eq. S129 according to Eqs. S130 and S131.

The first average is given by

$$\begin{aligned}
\langle R_M^2 \rangle_{R_M} &= \frac{1}{Z_{R_M}} \int_{R_{M,lb}}^{R_{M,ub}} R_M^2 e^{-(R_M - R_{M,max})^2 / (2\xi_{R_M}^2 R_{M,max}^2)} \\
&= \frac{G_3}{Z_{R_M}} \\
G_3 &= \frac{\sqrt{\pi} \left( \sqrt{2}\xi_{R_M}^3 R_{M,max}^3 + \sqrt{2}\xi_{R_M} R_{M,max}^3 \right) - 4\xi_{R_M}^2 R_{M,max}^3}{2} \\
&\quad + \frac{4\xi_{R_M}^2 R_{M,max}^3 + \sqrt{\pi} \left( \sqrt{2}\xi_{R_M}^3 R_{M,max}^3 + \sqrt{2}\xi_{R_M} R_{M,max}^3 \right)}{2} \\
&\quad - e^{-\frac{1}{2\xi_{R_M}^2} - \frac{R_{M,lb}^2}{2\xi_{R_M}^2 R_{M,max}^2}} \left( \xi_{R_M}^2 R_{M,max}^2 (-2R_{M,lb} - 2R_{M,max}) e^{\frac{R_{M,lb}}{\xi_{R_M}^2 R_{M,max}}} \right. \\
&\quad \left. + \sqrt{\pi} e^{\frac{1}{2\xi_{R_M}^2} + \frac{R_{M,lb}^2}{2\xi_{R_M}^2 R_{M,max}^2}} \left( \sqrt{2}\xi_{R_M}^3 R_{M,max}^3 \operatorname{erfc} \left( \frac{\sqrt{2}R_{M,max} - \sqrt{2}R_{M,lb}}{2\xi_{R_M} R_{M,max}} \right) \right. \right. \\
&\quad \left. \left. + \sqrt{2}\xi_{R_M} R_{M,max}^3 \operatorname{erfc} \left( \frac{\sqrt{2}R_{M,max} - \sqrt{2}R_{M,lb}}{2\xi_{R_M} R_{M,max}} \right) \right) \right) / 2 \\
&\quad - e^{-\frac{1}{2\xi_{R_M}^2} - \frac{R_{M,ub}^2}{2\xi_{R_M}^2 R_{M,max}^2}} \left( \xi_{R_M}^2 R_{M,max}^2 (2R_{M,ub} + 2R_{M,max}) e^{\frac{R_{M,ub}}{\xi_{R_M}^2 R_{M,max}}} \right. \\
&\quad \left. + \sqrt{\pi} e^{\frac{1}{2\xi_{R_M}^2} + \frac{R_{M,ub}^2}{2\xi_{R_M}^2 R_{M,max}^2}} \left( \sqrt{2}\xi_{R_M}^3 R_{M,max}^3 \operatorname{erfc} \left( \frac{\sqrt{2}R_{M,ub} - \sqrt{2}R_{M,max}}{2\xi_{R_M} R_{M,max}} \right) \right. \right. \\
&\quad \left. \left. + \sqrt{2}\xi_{R_M} R_{M,max}^3 \operatorname{erfc} \left( \frac{\sqrt{2}R_{M,ub} - \sqrt{2}R_{M,max}}{2\xi_{R_M} R_{M,max}} \right) \right) \right) / 2\sqrt{2}
\end{aligned} \tag{S133}$$

where  $Z_{R_M}$  is calculated with Eq. S22. The second average depends on the mean value of  $\varepsilon$ ,  $\varepsilon_0 = 2R_{M,0}/H_0$ , and its variance  $\sigma_\varepsilon^2 = \varepsilon_0^2 \xi_{R_M}^2 + \varepsilon_0^4 \sigma_H^2 / (4R_{M,0}^2)$  where  $\sigma_H^2 = H_0^2 \sigma_{N_c}^2 + 4\xi_t^2 N_c^2 t_0^2$ . To notice,  $R_{M,0}$  is the average maximum circular cross-section radius of the barrel, according to

$$\begin{aligned}
R_{M,0} &= \frac{1}{Z_{R_M}} \int_{R_{M,lb}}^{R_{M,ub}} R_M e^{-(R_M - R_{M,max})^2 / (2\xi_{R_M}^2 R_{M,max}^2)} \\
&= \frac{G_4}{Z_{R_M}} \\
G_4 &= \sqrt{2\pi} \xi_{R_M} R_{M,max}^2 \\
&\quad - \frac{1}{2} e^{-\frac{1}{2\xi_{R_M}^2} - \frac{R_{M,lb}^2}{2\xi_{R_M}^2 R_{M,max}^2}} \left( \sqrt{2\pi} \xi_{R_M} R_{M,max}^2 e^{\frac{1}{2\xi_{R_M}^2} + \frac{R_{M,lb}^2}{2\xi_{R_M}^2 R_{M,max}^2}} \right. \\
&\quad \left. \operatorname{erfc} \left( \frac{\sqrt{2} R_{M,max} - \sqrt{2} R_{M,lb}}{2\xi_{R_M} R_{M,max}} \right) - 2\xi_{R_M}^2 R_{M,max}^2 e^{\frac{R_{M,lb}}{\xi_{R_M}^2 R_{M,max}}} \right) \\
&\quad - \frac{1}{2} e^{-\frac{1}{2\xi_{R_M}^2} - \frac{R_{M,ub}^2}{2\xi_{R_M}^2 R_{M,max}^2}} \left( 2\xi_{R_M}^2 R_{M,max}^2 e^{\frac{R_{M,ub}}{\xi_{R_M}^2 R_{M,max}}} + \sqrt{2\pi} \xi_{R_M} R_{M,max}^2 e^{\frac{1}{2\xi_{R_M}^2} + \frac{R_{M,ub}^2}{2\xi_{R_M}^2 R_{M,max}^2}} \right. \\
&\quad \left. \operatorname{erfc} \left( \frac{\sqrt{2} R_{M,ub} - \sqrt{2} R_{M,max}}{2\xi_{R_M} R_{M,max}} \right) \right) \tag{S134}
\end{aligned}$$

As a result, we have obtained the following analytical expression for the average  $\langle f(\varepsilon, \nu) \rangle_\varepsilon$

$$\begin{aligned}
\langle f(\varepsilon, \nu) \rangle_\varepsilon &\approx \sum_{j=0}^6 \langle a_j(\varepsilon) \rangle_\varepsilon \nu^j \\
\langle a_j(\varepsilon) \rangle_\varepsilon &= \frac{1}{Z_\varepsilon} \int_{\varepsilon_{lb}}^{\varepsilon_{ub}} a_j(\varepsilon) e^{-(\varepsilon - \varepsilon_0)^2 / (2\sigma_\varepsilon^2)} d\varepsilon \\
&= b_{0,j} + \frac{1}{2Z_\varepsilon} \sum_{k=1}^3 b_{k,j} e^{c_{k,j}(\varepsilon_0 + c_{k,j} \sigma_\varepsilon^2 / 2)} \\
&\quad \times \left[ \operatorname{erf} \left( \frac{\varepsilon_0 - \varepsilon_{lb} + c_{k,j} \sigma_\varepsilon^2}{\sqrt{2}\sigma_\varepsilon} \right) - \operatorname{erf} \left( \frac{\varepsilon_0 - \varepsilon_{ub} + c_{k,j} \sigma_\varepsilon^2}{\sqrt{2}\sigma_\varepsilon} \right) \right] \tag{S135}
\end{aligned}$$

$$\begin{aligned}
Z_\varepsilon &= \int_{\varepsilon_{lb}}^{\varepsilon_{ub}} e^{-(\varepsilon - \varepsilon_0)^2 / (2\sigma_\varepsilon^2)} d\varepsilon \\
&= \frac{1}{2} \left[ \operatorname{erf} \left( \frac{\varepsilon_{ub} - \varepsilon_0}{\sqrt{2}\sigma_\varepsilon} \right) - \operatorname{erf} \left( \frac{\varepsilon_{lb} - \varepsilon_0}{\sqrt{2}\sigma_\varepsilon} \right) \right] \tag{S136}
\end{aligned}$$

where the two integral bounds are  $\varepsilon_{lb} = \max\{1/5, \varepsilon_0 - p\sigma_\varepsilon\}$  and  $\varepsilon_{ub} = \min\{5, \varepsilon_0 + p\sigma_\varepsilon\}$ .

## S12 SAXS amplitude of $N_s$ layers of electron densities with smooth transitions

The excess ED profile of  $N_s$  layers with smooth transition in respect to the bulk water ED  $\rho_0$  is

$$\delta\rho_{\text{brl}}(z) = \frac{1}{2} \sum_{j=0}^{N_s} (\rho_{j+1,\text{brl}} - \rho_{j,\text{brl}}) \left[ 1 + \operatorname{erf} \left( \frac{z - z_{j,\text{brl}}}{2^{1/2} \sigma_{j,\text{brl}}} \right) \right] \quad (\text{S137})$$

where  $z_{j,\text{brl}} = \sum_{k=1}^j \tau_{k,\text{brl}}$  is the  $z$  coordinate of the plane that separates the  $(j+1)$ -layer (with ED  $\rho_{j+1,\text{brl}}$ ) and the  $j$ -layer (with ED  $\rho_{j,\text{brl}}$ ) with the assumption  $z_{0,\text{brl}} = 0$ ,  $\tau_{k,\text{brl}}$  is the thickness of the  $k$ -layer,  $\sigma_{j,\text{brl}}$  is the smooth parameter between  $(j+1)$ -layer and the  $j$ -layer and with the assumption  $\rho_{0,\text{brl}} \equiv \rho_0$ . To note, in the case of  $N_s = 0$ , there is only a smooth transition between 0-layer (bulk) and 1-layer (overall barrel). The Fourier transform of Eq. S137 is

$$A_{\text{brl}}(q) = \frac{i}{q} \sum_{j=0}^{N_s} (\rho_{j+1,\text{brl}} - \rho_{j,\text{brl}}) e^{-\frac{1}{2}(q\sigma_{j,\text{brl}})^2} e^{iqz_{j,\text{brl}}} \quad (\text{S138})$$

To note, in the case  $N_s = 0$  and for  $\sigma_{0,\text{brl}} = 0$  we have  $|A_{\text{brl}}(q)|^2 = q^{-2}(\rho_{1,\text{brl}} - \rho_0)^2$ , which, combined with Eq. 20, leads to the typical  $q^{-4}$  Porod behaviour.

Time from preparation (days)	$\langle R_H \rangle$ (Å)	$\xi_{R_H}$
0	939±6	0.29±0.02
2	988±8	0.32±0.02
6	963±7	0.31±0.02
15	938±9	0.29±0.02
30	959±5	0.28±0.01

Table S2: Mean hydrodynamic radius of the LNS and associated dispersion obtained from the analysis of the second-order autocorrelation functions measured by DLS.



Table S3: Common fitting parameters obtained by the analysis of SAXS curves as recorded at the Austrian SAXS beamline at ELETTRA. The unit of length is Å. Validity ranges of fitting parameters: <sup>a</sup> [−1000, 1000] (kJ/mol); <sup>b</sup> [−50, 50] (kJ/mol); <sup>c</sup> [12.0, 15.0]; <sup>d</sup> [11.0, 14.0]; <sup>e</sup> [14.0, 17.0]; <sup>f</sup> [14.0, 17.0]; <sup>g</sup> [19.8, 23.0]; <sup>h</sup> [26.2, 27.5]; <sup>i</sup> [48.0, 54.0]; <sup>j</sup> [29.8, 30.0]; <sup>k</sup> [0.95, 1.00]; <sup>l</sup> [0.95, 1.00]; <sup>m</sup> [7.1, 7.8] ( $10^{-4}$  K<sup>−1</sup>); <sup>n</sup> [0.97, 1.15]; <sup>o</sup> [0.97, 1.15]; <sup>p</sup> [0.97, 1.15]

$\Delta$	<sup>a</sup>	$-348 \pm 3$
$\delta$	<sup>b</sup>	$-24.7 \pm 0.2$
$\nu_{>C=}^{\circ}$	<sup>c</sup>	$13.0 \pm 0.1$
$\nu_{=O}^{\circ}$	<sup>d</sup>	$12.0 \pm 0.1$
$\nu_{-O-}^{\circ}$	<sup>e</sup>	$15.5 \pm 0.2$
$\nu_{OH}^{\circ}$	<sup>f</sup>	$14.0 \pm 0.1$
$\nu_{CH}^{\circ}$	<sup>g</sup>	$20.4 \pm 0.2$
$\nu_{CH_2}^{\circ}$	<sup>h</sup>	$26.5 \pm 0.3$
$\nu_{CH_3}^{\circ}$	<sup>i</sup>	$50.1 \pm 0.5$
$\nu_{H_2O}^{\circ}$	<sup>j</sup>	$29.8 \pm 0.3$
$\beta_{CH_2}$	<sup>k</sup>	$0.97 \pm 0.01$
$\beta_{CH_3}$	<sup>l</sup>	$0.97 \pm 0.01$
$\alpha_{lip}$	<sup>m</sup>	$7.22 \pm 0.07$
$\hat{d}_{wat,cyl}$	<sup>n</sup>	$1.12 \pm 0.01$
$\hat{d}_{wat,cap}$	<sup>o</sup>	$1.01 \pm 0.01$
$\hat{d}_{wat,pl}$	<sup>p</sup>	$0.99 \pm 0.01$

### S13 SAXS analysis of the data recorded at ELETTRA

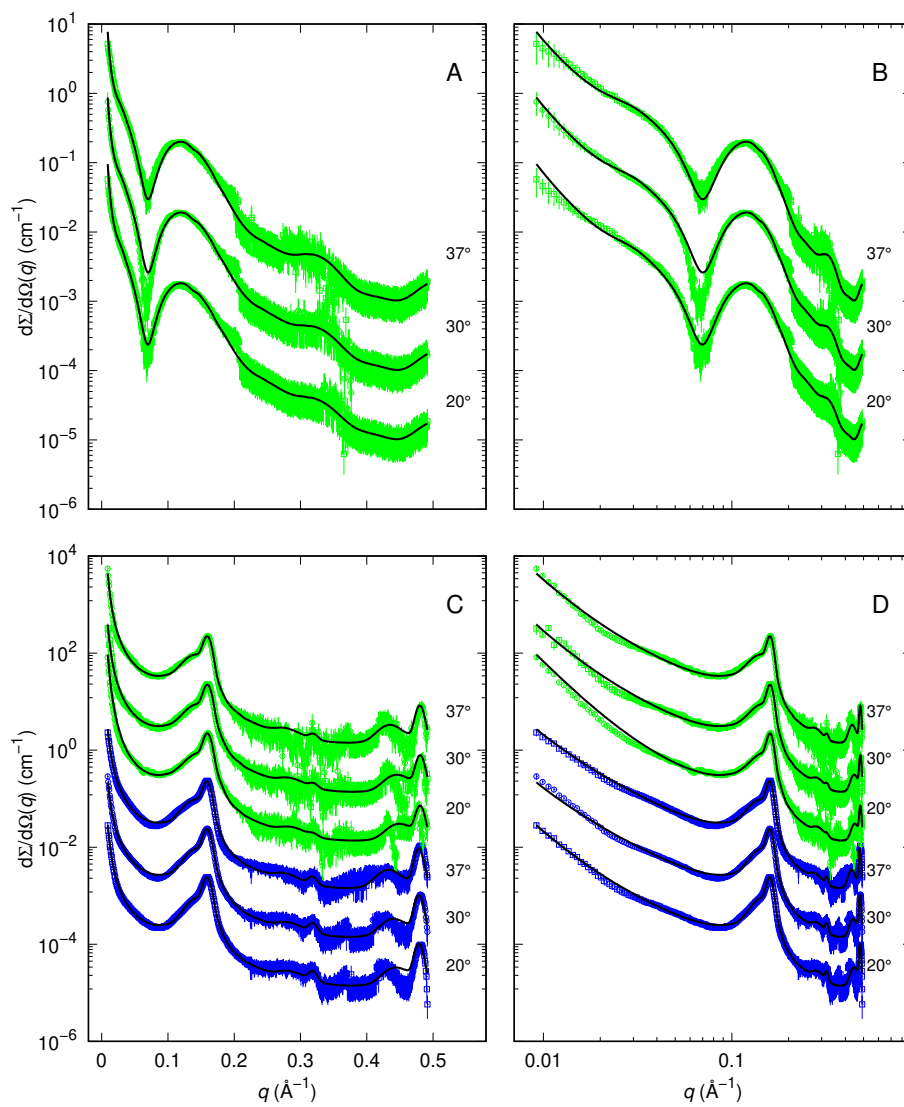


Figure S7: Synchrotron SAXS curves recorded the Austrian SAXS beamline of ELETTRA of P80 (panels A-B) and LNP (panels C-D) samples reported in semi-logarithmic plot (panels A, C) and in logarithmic plots (panels B and D), respectively. For a better visualization, curves have been stacked by multiplying for a factor  $10^{m-1}$ ,  $m$  being the index of the row from the bottom. In panels A-B, data refer to 13.3 g/L P80 concentration. Green and blue points in panels C-D refer to 80.0 and 40.0 g/L LNP concentration, respectively. Solid black lines are the best fits obtained with the global-fit method.

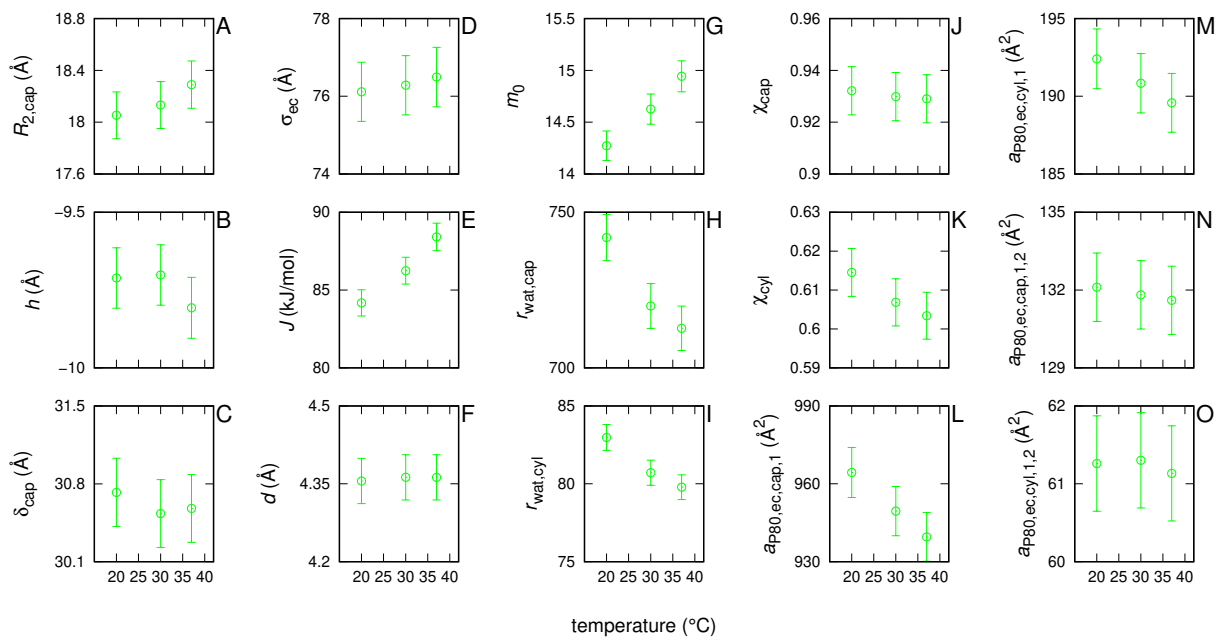


Figure S8: Second-class fitting parameters (panels A-F) and derived fitting parameters (panels G-O) obtained by the analysis of SAXS data recorded at the Austrian SAXS beamline at ELETTRA of P80 shown in Fig. S7 (panels A-B). Points refer to 13.3 g/L P80 concentration. The validity ranges of the fit parameters shown in the panels are: A) [6,30] Å; B) [-30,30] Å; C) [6,50] Å; D) [0,100] Å; E) [0,500] kJ/mol; F) [0.1,10] Å.

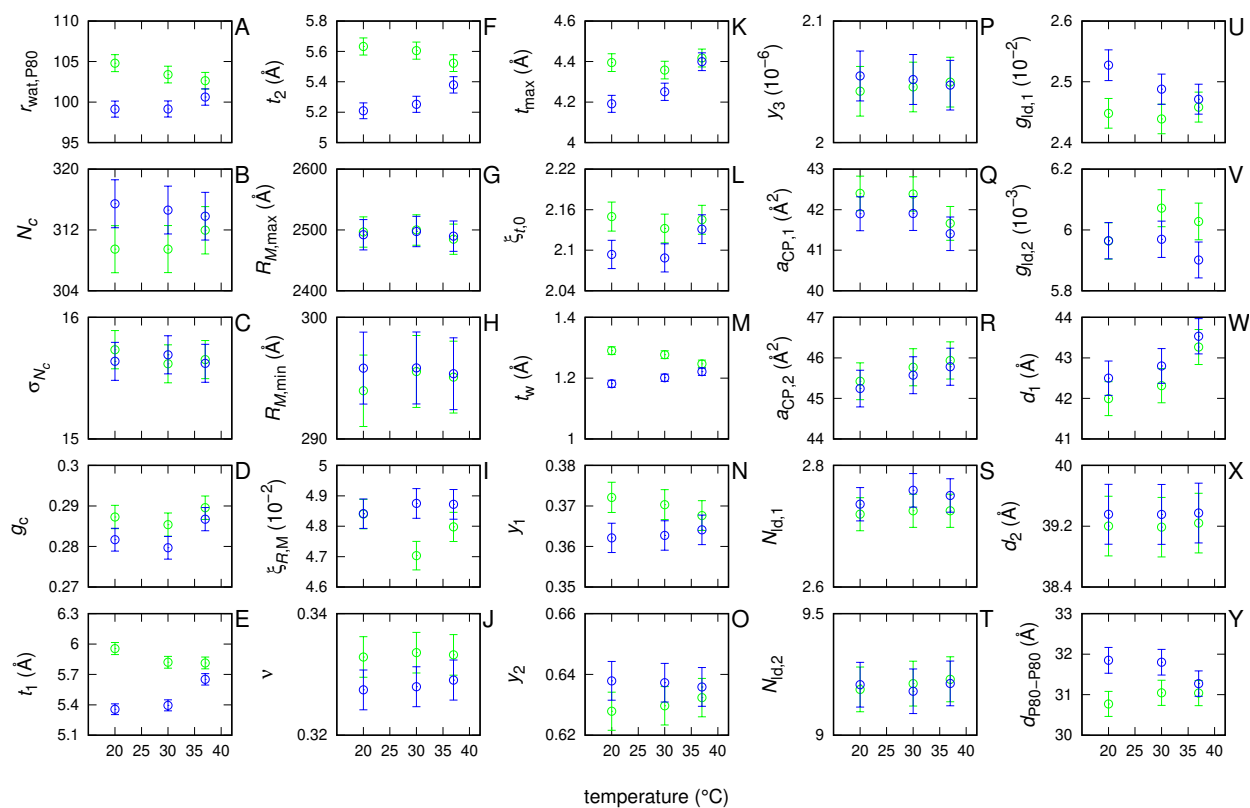


Figure S9: Second-class fitting parameters (panels A, B, C, D, F, G, H, I, J, K, L, M, N, O, Q, R, S, T, U, V) and derived fitting parameters (panels E, P, W, X, Y) obtained by analyzing SAXS data recorded at the Austrian SAXS beamline at ELETTRA of LNP shown in Fig. 3 (panels C-D). Green and blue points refer to 80.0 and 40.0 g/L LNP concentration, respectively. The validity ranges of the fit parameters shown in the panels are: A) [35,500]; B) [10,500]; C) [2,100]; D) [0,2]; F) [4,20] Å; G) [600,3000] Å; H) [100,400] Å; I) [0,5]; J) [0,1]; K) [3,40] Å; L) [0,10]; M) [0,30] Å; N) [0,1]; O) [0,1]; Q) [30,65] Å<sup>2</sup>; R) [30,65] Å<sup>2</sup>; S) [1,20]; T) [1,20]; U) [0,1]; V) [0,1].

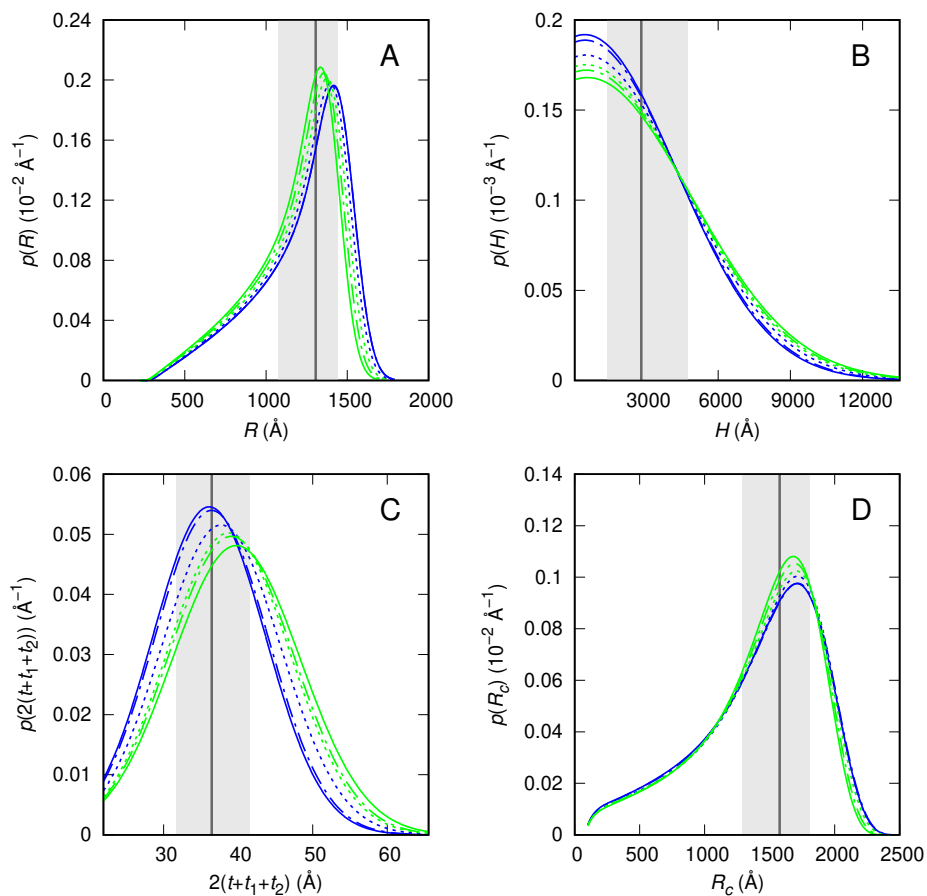


Figure S10: Probability densities of the circular cross-section barrel radius (panel A), of the total thickness of the platelets (panel B), of the barrel height (panel C) and of the center-to-border distance (panel D) obtained by the analysis of SAXS data recorded at the Austrian SAXS beamline of ELETTRA. Green and blue lines refer to 80.0 and 40.0 g/L LNP concentration. Solid, dotted, and dashed lines refer to the temperature of 20, 25, and 37 °C. In all panels, the dark-gray vertical lines indicate the median at 80.0 g/L and 20 °C, and the shaded area indicates the corresponding range between 1<sup>st</sup> and 3<sup>rd</sup> quartile.

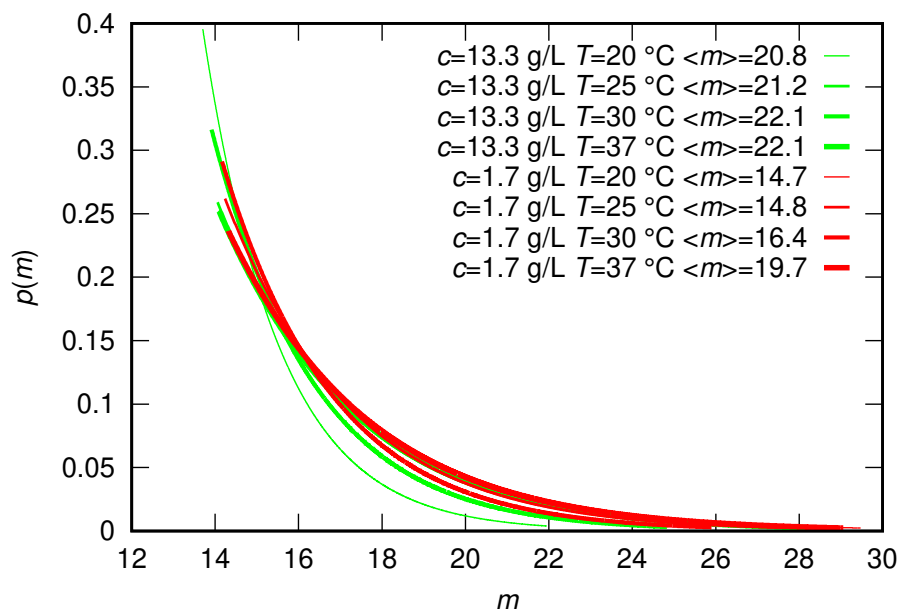


Figure S11: Size distribution of a cylinder with spherical end-caps micelle resulting from the fit of SAXS data recorded at the ID02 beamline at ESRF on P80 samples.

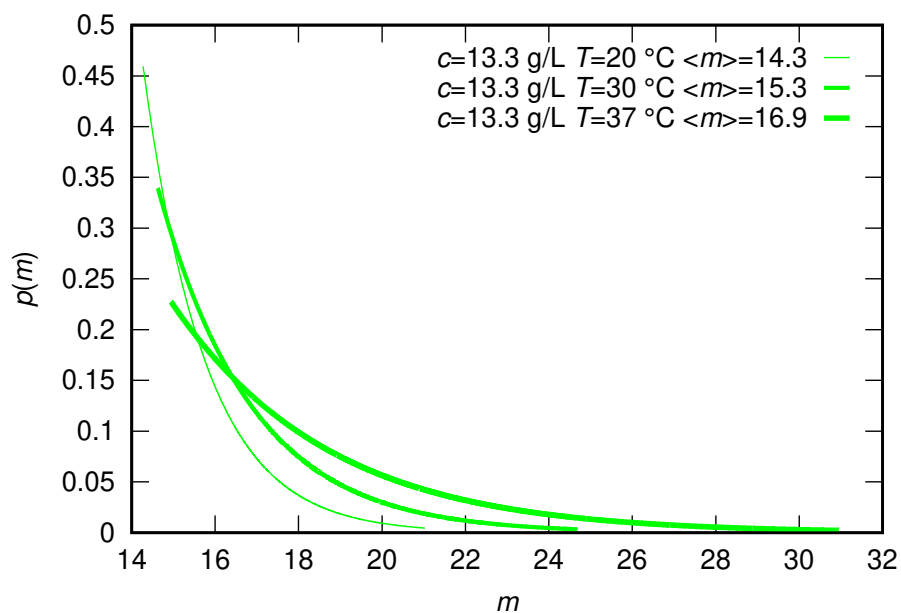


Figure S12: Size distribution of a cylinder with spherical end-caps micelle resulting from the fit of SAXS data recorded at the Austrian SAXS beamline of ELETTRA on P80 samples.

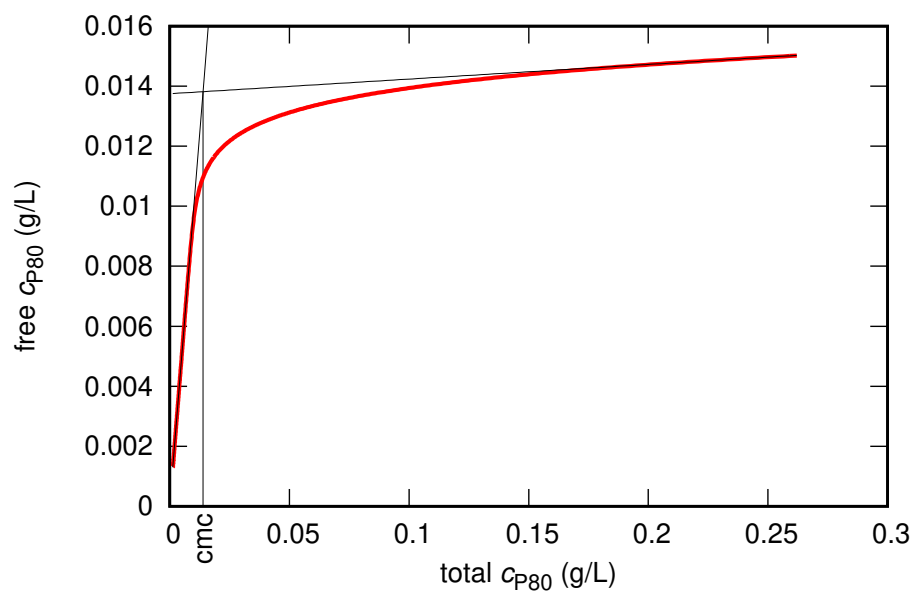


Figure S13: Concentration of free P80 molecules in solution as a function of the total concentration of the molecules calculated on the basis of the fitting parameters of SAXS curves. Linear fittings at the beginning and the end of the curve allow us to calculate the cmc of P80.

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