



UNIVERSITÀ POLITECNICA DELLE MARCHE
Repository ISTITUZIONALE

Histological features and survival in young patients with HPV-negative oral squamous cell carcinoma

This is the peer reviewed version of the following article:

Original

Histological features and survival in young patients with HPV-negative oral squamous cell carcinoma / Mascitti, M.; Tempesta, A.; Togni, L.; Capodiferro, S.; Troiano, G.; Rubini, C.; Maiorano, E.; Santarelli, A.; Favia, G.; Limongelli, L.. - In: ORAL DISEASES. - ISSN 1354-523X. - 26:8(2020), pp. 1640-1648. [10.1111/odi.13479]

Availability:

This version is available at: 11566/287286 since: 2024-04-12T10:38:44Z

Publisher:

Published

DOI:10.1111/odi.13479

Terms of use:

The terms and conditions for the reuse of this version of the manuscript are specified in the publishing policy. The use of copyrighted works requires the consent of the rights' holder (author or publisher). Works made available under a Creative Commons license or a Publisher's custom-made license can be used according to the terms and conditions contained therein. See editor's website for further information and terms and conditions.

This item was downloaded from IRIS Università Politecnica delle Marche (<https://iris.univpm.it>). When citing, please refer to the published version.

Publisher copyright:

Wiley - Postprint/Author's accepted Manuscript

This is the peer reviewed version of the above quoted article which has been published in final form at 10.1111/odi.13479. This article may be used for non-commercial purposes in accordance with Wiley Terms and Conditions for Use of Self-Archived Versions. This article may not be enhanced, enriched or otherwise transformed into a derivative work, without express permission from Wiley or by statutory rights under applicable legislation. Copyright notices must not be removed, obscured or modified. The article must be linked to Wiley's version of record on Wiley Online Library and any embedding, framing or otherwise making available the article or pages thereof by third parties from platforms, services and websites other than Wiley Online Library must be prohibited.

(Article begins on next page)

Title

Histological Features and Survival in Young Patients with HPV Negative Oral Squamous Cell Carcinoma

Running title

Histological Features in Young OSCC Patients

Authors

Marco Mascitti¹; Angela Tempesta²; Lucrezia Togni¹; Saverio Capodiferro²; Giuseppe Troiano³; Corrado Rubini⁴; Eugenio Maiorano⁵; Andrea Santarelli^{1,6}; Gianfranco Favia²; Luisa Limongelli²

Affiliations

¹ Department of Clinical Specialistic and Dental Sciences, Marche Polytechnic University, Ancona, Italy.

² Interdisciplinary Department of Medicine – Section of Odontostomatology, University of Bari Aldo Moro, Bari, Italy.

³ Department of Clinical and Experimental Medicine, University of Foggia, Foggia, Italy.

⁴ Department of Biomedical Sciences and Public Health, Marche Polytechnic University, Ancona, Italy.

⁵ Department of Emergency and Organ Transplantation – Section of Pathological Anatomy, University of Bari Aldo Moro, Bari, Italy.

⁶ Dentistry Clinic, National Institute of Health and Science of Aging, IRCCS INRCA, Ancona, Italy.

Corresponding author.

Andrea Santarelli

Via Tronto 10, 60126 Ancona - Italy

Phone +39-071-2206226 Fax +39-071-2206221

e-mail: andrea.santarelli@staff.univpm.it

Keywords

Oral squamous cell carcinoma; young age; perineural invasion; 8th edition AJCC; disease-specific survival.

Date of submission

12/02/2020

Abstract

Objectives. The frequency of oral squamous cell carcinoma in young adults has increased in the last decades and there are conflicting results in literature about its prognosis in young subjects. The aim of this study was to analyze the clinical and pathological features of oral squamous cell carcinoma in a cohort of young adults in order to investigate the presence of new independent prognostic markers.

Materials and Methods. Only HPV-negative young patients (under 40-year-old) affected by oral squamous cell carcinoma, were considered in this study. Clinical and pathological data were collected. Patients were re-staged according to the 8th edition of AJCC.

Results. Overall, 66 patients were considered in this study. Perineural invasion significant correlated with both 7th and 8th edition of AJCC, and lymphovascular invasion (p-value < 0.05). The multivariate survival analysis showed that patients with perineural invasion had a significant worse prognosis (HR = 6.384 95% C.I. 1.304-31.252; p-value = 0.022).

Conclusions. Perineural invasion emerged as an independent prognostic factor for disease-specific survival in young patients with oral squamous cell carcinoma. Furthermore, the evaluation of this parameter is simple, inexpensive and can be used to augment the risk stratification of oral cancer based on the 8th edition of AJCC.

Introduction.

Oral Squamous Cell Carcinoma (OSCC) is the most common malignant tumour of the oral cavity, representing the eighth most common cancer worldwide (Shield et al., 2017). Although OSCC usually occurs in males between the age of 60 and 80 years, a rise in OSCC incidence among younger subjects has been reported in recent years (Jeon et al., 2017). In particular, the frequency of OSCC among young adults has increased since the 1980s and to date these patients are 4-12% of all OSCC cases (Muller, Pan, Li, & Chi, 2008; Udeabor, Rana, Wegener, Gellrich, & Eckardt, 2012). Although young patients represent only a small proportion of all OSCC cases, there is increasing attention from clinicians and researches on this subgroup of patients. Indeed, several studies have highlighted that young OSCC patients lack of prolonged exposure to known risk factors, mainly tobacco and alcohol (Dahlstrom et al., 2008; Patel et al., 2011). A possible role of HPV infection in the pathogenesis of OSCC has been suggested. Indeed, the patients with HPV-related oropharyngeal tumours are about 10 years younger than HPV-negative patients and without a significant history of tobacco and alcohol use (Martinez et al., 2018). However, recent reports have demonstrated that only a small percentage of OSCC cases is associated with HPV infection (Upile et al., 2014). For this reason, tumour development in younger patients seems to be aetiologically distinct, but there is no consensus about the risk factors involved (Gu et al., 2019; Hirota, Braga, Penha, Sugaya, & Migliari, 2008; Llewellyn, Linklater, Bell, Johnson, & Warnakulasuriya, 2004). Similarly, there are conflicting results in literature about the prognosis of OSCC in young subjects (Gamez et al., 2018; Hyam et al., 2003).

The American Joint Committee on Cancer (AJCC) staging is the most widely used tool for prognostic stratification of OSCC patients. The 8th edition of AJCC cancer staging system has been recently released and new parameters have been added to stratify OSCC patients, such as depth of invasion (DOI) and extra-nodal extension (ENE) (Amin, Edge, & American Joint Committee on Cancer, 2017). The 8th edition improves the stratification of OSCC patients compared to the previous one; however, accumulating evidences show that this system still need to be improved to obtain an

accurate for the prognostic assessment of young OSCC patients (Kano et al., 2018; Mascitti et al., 2018; Moeckelmann et al., 2018). Therefore, it is necessary to find new prognostic biomarkers in order to better stratify those patients who could benefit from more specific treatments, including young OSCC patients (Frohlich et al., 2018; Kano et al., 2018). There are several well-established molecular techniques to identify new prognostic markers, but the variable results and the high cost hinders their clinical utility (Y. Y. Ho, Wu, Cheng, Yang, & Wu, 2019). For these reasons, the study of morphological features of tumor tissue could be a valuable source of information. Among the morphological features of OSCC there are some that have gained growing interest in the last years, such as Perineural Invasion (PNI) and Lymphovascular Invasion (LVI) (Cassidy et al., 2017; Schmitd, Scanlon, & D'Silva, 2018). Although these parameters have been included in the 8th edition of AJCC cancer staging system as additional prognostic factors, their ability to stratify OSCC patient risk for recurrence or survival is still discussed. There are very few reports that investigated histological and molecular aspects young OSCC patients, with inconclusive results (Farquhar et al., 2018; Jeon et al., 2017).

The aim of this study was to analyze the clinical and histopathological features of OSCC in a cohort of young adults in order to investigate the presence of new independent prognostic markers in this subgroup of patients.

Material and methods

Study population

The cohort included in this retrospective study consists of young patients, defined as under 40-year-old, affected by OSCC. All the patients were treated for curative intent in two Italian University Hospitals (Complex Operating Unit of Odontostomatology, Department of Interdisciplinary Medicine, Aldo Moro University, Bari; Department of Clinical, Specialistic and Dental Sciences,

Marche Polytechnic University, Ancona), between 1991 and 2018. All patients had postoperative follow-up every month for the first year, every 2 months during the second year, every 3 months during the third year, and every 6 months thereafter. If a patient had symptoms or signs of suspected recurrence, an immediate postoperative visit was scheduled. For the patients that were lost to follow-up, recalls were made by phone call by two operators (M.M. and L.L.). A maximum follow-up period of 10 years was settled.

Examination of medical records was conducted to obtain pertinent data about each patient (age, sex, tobacco and alcohol use, clinical presentation, and clinical staging (cTNM)). Pathological data were obtained from the Sections of Pathology of the two Institutes, and included pathological stage (pTNM), Grade, Perineural Invasion (PNI), Lymphovascular Invasion (LVI), and surgical margins. The data were retrieved by two operators (L.T. and A.T.), to ensure uniformity of the collected data. Inclusion criteria were: (a) primary OSCC; (b) age under 40 years; (c) follow-up data of at least 1 year for alive patients. Exclusion criteria were: (a) neoadjuvant therapy (i.e. preoperative chemotherapy or preoperative radiation therapy); (b) human papilloma virus (HPV) infection (HPV status was analysed retrospectively by using HPV 16-specific fluorescence in situ hybridization (FISH) and p16^{Ink4a}-specific immunohistochemistry); (c) relapsed or multiple (synchronous/metachronous) primary OSCC; (d) OSCC patients with immediate postoperative death. Informed consent was obtained from all included patients, and the study was conducted in accordance with the “Ethical Principles for Medical Research Involving Human Subjects” statement of the Helsinki Declaration ("World Medical Association Declaration of Helsinki: ethical principles for medical research involving human subjects," 2014). This study received ethical approval from the Ethical Committee of University of Bari, Italy (Prot.1442/CE). The study was conducted according to the STROBE guidelines.

Histopathologic evaluation

All the OSCC patients, who fulfil the inclusion and exclusion criteria, were further stratified by pathological stage (pTNM). The pTNM classifications were revised by 3 expert pathologists (G.F., E.M, and C.R.) blinded to clinical data, according to both the 7th and 8th editions of the AJCC Cancer Staging Manual (Amin et al., 2017; Edge & American Joint Committee on Cancer., 2010) and the 4th edition of the World Health Organization (WHO) classification of Head and Neck tumours (El-Naggar, Chan, Rubin Grandis, Takata, & Slootweg, 2017).

Routine haematoxylin-eosin (H&E) stained sections obtained from formalin-fixed, paraffin-embedded blocks of the primary tumour specimens, were carried out from the most invasive part of the primary tumour. The DOI and the ENE were measured according to the AJCC 8th edition. Due to the paucity of patients with lymph node metastases, pN2 cases were pooled without distinguishing among pN2a, pN2b, and pN2c. The presence of PNI was reported when cancer cells were identified in any of the 3 layers of the nerve sheath and/or tumour was in close proximity to the nerve, involving more than one-third its circumference (Liebig et al., 2009). LVI was defined as foci of tumour surrounded by a clear space and with a well-visualized endothelial lining (Tai, Li, Yang, Chu, & Wang, 2013).

Outcomes and statistical analysis

GraphPad Prism software version 7.00 for Windows (<http://www.graphpad.com>; GraphPad Software, San Diego, CA) and SPSS 21.0 (IBM Corporation, Chicago, IL, USA) were used for statistical analysis.

Primary endpoint was to detect any significant effect of clinicopathological factors on survival rate; in particular, the clinical endpoints examined were disease-specific survival (DSS) and disease-free survival (DFS). Follow-up time was calculated from the date of surgical operation to the date of recurrence, whether involving local site or regional lymph node (for DFS), to the date of death due to cancer (for DSS), or the date of the last visit.

In order to evaluate the association between clinicopathological variables, the Mann-Whitney non-parametric test and the χ^2 test or the Fisher exact test were used, then the Spearman rank correlation analysis was performed. Normal distribution of variables was explored through Shapiro-Wilk normality test.

The Log-Rank test was used to estimate the association among variables and survival outcomes (DSS and DFS). In addition, a multivariate Cox regression hazard models was built in order to assess the association among predictive variables and their influences on the survival outcomes. A p-value < 0.05 was considered statistically significant.

Results

Demographic and clinicopathological variables

The complete clinicopathological data of the OSCC patients are reported in Table 1. Overall, 66 patients with OSCC were considered in this retrospective study. 51 cases (77.3%) were males and 15 (22.7%) females, with a mean age of 32.1 ± 6.2 years (range 10 - 40). Tobacco and alcohol consumption were reported in 36.4% and 48.5% of the patients, respectively. In particular, 28 patients (42.4%) did not present any major risk factor. Other putative risk factors were reported: ~~in particular,~~ 9 patients had first-degree relatives diagnosed with cancer, including, ~~of which 3 were~~ Head and Neck Squamous Cell Carcinoma (HNSCC), and ~~Furthermore,~~ 9 patients were diagnosed with immune-mediated diseases but ~~(4 cases of Hashimoto's thyroiditis, 2 cases of type 1 diabetes mellitus, 2 cases of oral lichen planus, and 1 case of Crohn's disease).~~ Nevertheless, due to the small number of cases, no significant relationships were found with ~~DFS, DSS, or other clinicopathological~~ variables. The most common site was oral tongue (52 cases) representing 78.8% of all cases. When considering the anatomical subsites of the tongue, 34 cases occurred on the lateral borders, followed by dorsum (10 cases), ventral surface (6 cases), and the tip (2 cases). The presence of an oral ulcer was the most

common clinical presentation (38 cases), followed by leukoplakia (13 cases), nodule (9 cases), and erythroplakia (6 cases). Regarding cTNM, 16 patients were staged as Stage I, 21 as Stage II, 19 as Stage III, and 10 as Stage IV. The histological analysis showed the presence of PNI and LVI in 37.9% and 30.3% of cases, respectively.

The data about pT, pN, and Stage groups according to both 7th and 8th AJCC editions are reported in Table 2. The introduction of DOI and ENE determined the upstage in the pT (13 patients) and pN classifications (3 patients), respectively. Overall, 11 patients received an upstage in the Staging score when using the 8th AJCC staging edition (Table 2, Figure 1a-b). Surgery alone was the curative treatment in 51 patients (77.3%), 12 patients (18.2%) received radiotherapy, and 3 patients (4.5%) received a combination of radiotherapy and chemotherapy as part of their treatment (Table 1).

Results of Spearman rank correlation analysis are reported in Table 3, showing a significant correlation between PNI, LVI, 7th and 8th editions AJCC. In particular, PNI was correlated with 7th edition AJCC ($\rho = 0.434$, $p\text{-value} < 0.001$), 8th edition AJCC ($\rho = 0.584$, $p\text{-value} < 0.001$), and LVI ($\rho = 0.301$, $p\text{-value} = 0.014$). Other significant relationships were found: in particular, between tobacco and alcohol use, and between the use of adjuvant therapy and the 7th and 8th editions AJCC (Table 3).

Survival analysis

As reported in Table 4, no differences were found between upstaged and non-upstaged patients regarding the number of recurrences and the DFS ($p\text{-value} > 0.05$). On the contrary, patients who received an upstage in the Staging score showed a significantly higher number of deaths after 5 and 10 years ($p\text{-value} = 0.0461$ and 0.0065 , respectively). To confirm this, the 5-year and 10-year DSS were significantly lower in upstaged patients ($p\text{-value} = 0.038$ and 0.0064 , respectively) (Figure 1c).

The prognostic significance of PNI and LVI in young OSCC patients were initially analysed with Log-rank test, showing a significant worse prognosis in patients with PNI (p-value < 0.001) (Figure 1d) or LVI (p-value < 0.001) (Figure 1e).

In order to test the usefulness of PNI and LVI as independent prognostic markers in young OSCC patients, Stage groups according to 8th AJCC edition was considered the best risk of death factor available. The Cox proportional hazard model, including Stage, PNI, and LVI as variables, confirmed these results, showing that patients with PNI had a significant worse DSS (HR = 6.384 95% C.I. 1.304-31.252; p-value = 0.022) than those without PNI (Table 5).

Discussion

~~The OSCC represents about 95% of head and neck cancers and currently it is the eighth most common cancer worldwide (Shield et al., 2017). A worldwide increasing trend in the incidence of OSCC in young adults has been observed in the last decades, although the exact incidence is still uncertain (Borba Ribeiro et al., 2019). Nevertheless, the exact incidence of this tumour in young patients is uncertain, ranging from 5-6% in North America to more than 12% in Asian and African countries (Hussein et al., 2017).~~

~~As already pointed out by previous studies, there are heterogeneous definitions of “young age”; indeed, The cut-offs reported in the literature defining the “young age” range from a minimum of 30 years to a maximum of 45 years, confirming the lack of standardization (de Morais et al., 2017; Oliver et al., 2019; Teixeira et al., 2019). This wide range of values confirms the lack of standardization and could be responsible for the inconsistent findings in literature on young OSCC patients. In this study we included patients with an age under 40 years of age, reporting a mean age of 32.1 years, as this was the most frequently used age limit to define young OSCC patients (Frare et al., 2016; Gamez et al., 2018; Hirota et al., 2008; Oliver et al., 2019; Sun, Fang, & Guo, 2015). In our study The men were by far the predominant group, representing the 77.3% of all young patients, with a M/F ratio of~~

~~3.4.1. These results are~~ in agreement with most of the previous reports, ~~confirming a male predominance~~ (de Morais et al., 2017).

The most common risk factors for OSCC are tobacco and alcohol consumption, but their role in the development of OSCC in young adults is still debated. In the present study we found tobacco and alcohol consumption in 36.4% and 48.5% of the patients, respectively. In particular, 42.4% of the patients did not present any major predisposing factor. These results are in agreement with some studies reported in the literature: in particular, tobacco smoking among young OSCC patients ranges from 9.0 to 85.7% (H. C. Ho et al., 2008; Soudry et al., 2010). Some authors have suggested that OSCC occurs in younger patients without a history of tobacco and alcohol use, while others have speculated that the duration of the exposure to the tobacco-related carcinogens in younger adults may not be sufficient for development of OSCC (de Morais et al., 2017). The available literature data report a wide range of alcohol consumption levels, ranging from 26.1 to 78.6% (H. C. Ho et al., 2008; Park et al., 2010). Furthermore, there are inconsistencies in the reporting of alcohol consumption, precluding any reliable conclusion about the relationship between alcohol consumption and early-onset OSCC (Campbell et al., 2018).

A possible involvement of HPV infection in the pathogenesis of OSCC in young adults was initially suggested, but as widely reported in literature, only a small proportion of oral cancers are related to HPV infection (Upile et al., 2014). Recently, substantial evidences support the hypothesis that young patients affected by HNSCC are more associated with HPV-negative status (Ryu, Kim, Cho, & Yoon, 2019). For this reason, we focused on HPV-negative patients, ~~assessed by using HPV 16-specific fluorescence in situ hybridization and p16^{INK4a}-specific immunohistochemistry~~. Therefore, our results excluding this viral infection as a possible etiologic factor and further emphasizes the need to identify the risk factors related to young OSCC patients.

The negligible role of traditional risk factors in the development of OSCC in young adults led to formulate other pathogenetic hypotheses. Specific hereditary influences and familial risk factors have been suggested, but recent studies failed to find substantial genetic differences between younger and

older OSCC patients (Lingen et al., 2000; Pickering et al., 2014). Indeed, in the present study only 3 patients reported to have first-degree relatives diagnosed with HNSCC. Another hypothesis is related to the ability of cancer cells to avoid destruction from the host immune system (Chen & Mellman, 2017). Indeed, recent studies have increasingly shown that tumour immune microenvironment plays a critical role in cancer progression, although significant results in young OSCC patients has not yet emerged (Huang et al., 2019; Ryu et al., 2019; Teixeira et al., 2019; Vincent-Chong et al., 2018).

The recent implementation of clinicopathological parameters of the 8th edition of the AJCC cancer staging system, allows for better stratification of OSCC patients, even if the prognostic prediction for OSCC in young patients still unreliable (Amin et al., 2017; Mascitti et al., 2018). This may partly due to the use of differing survival endpoints and unstandardized cut-off age for defining young patients (Campbell et al., 2018). To the best of our knowledge, this is the first study to evaluate the 8th edition of the AJCC cancer staging system in young OSCC patients. The comparison between upstaged and non-upstaged patients showed a significantly higher number of deaths and a worse DSS (Table 4, Figure 1c), confirming that the 8th edition of the AJCC cancer staging system provide a better stratification of young OSCC patients.

In recent years, several studies have been conducted with the aim to improve the prognostic stratification of OSCC based on the TNM criteria by including other histopathological factors (Lee et al., 2019). Among these morphological parameters, the PNI has attracted increasing interest as a poor prognostic factor in OSCC (Tai et al., 2013). The PNI is a histologic parameter, defined as the dissemination of cancer cells in and along nerve bundles due to tropism of cancer cells for these tissues (Chatzistefanou, Lubek, Markou, & Ord, 2017) (Figure 2). This parameter is distinct from the “perineural spread”, defined as the dissemination of cancer cells along the nerves that can be detected with imaging (Ginsberg, 1999). PNI can be considered as a distinct form of metastatic spread independent of vascular and lymphatic invasion, and its occurrence in OSCC is quite high, ranging from 12% to 50% of all specimens (Lee et al., 2019). The PNI has long been recognized as an indicator of poor prognosis in OSCC patients, but currently it is not required for stage grouping (Amin

et al., 2017). Therefore, the use of PNI as a criterion to guide treatment decisions is debated. Our results revealed the usefulness of PNI as an independent prognostic marker in young OSCC patients, confirmed by both univariate and multivariate analysis. Indeed, young OSCC patients with PNI reported a significant worse DSS (HR = 4.983 95% C.I. 1.029-24.119; p-value = 0.046). These results are in agreement with several studies conducted among OSCC and HNSCC patients (Ling, Mijiti, & Moming, 2013; Nair et al., 2018; Ryu et al., 2019; Tai et al., 2013). In particular, a recent work of Ryu et al. found that HNSCC patients under 45 years of age were more commonly affected by PNI (Ryu et al., 2019). There is no consensus about the prognostic significance of unifocal (one nerve affected) and multifocal (two or more nerves affected) PNI. Furthermore, the presence of the different evaluation methods and the potential confounders for assessing PNI continue to be debated (Aivazian et al., 2015). Indeed, different classifications of PNI have been investigated, such as the diameter, the location, the number of infiltrated nerves, but the inherent subjectivity of these methods hinder their clinical utility (Miller et al., 2012; Wei, Li, & Tai, 2019). For these reasons, and due to the small sample size, in our study we used a dichotomous score (the presence or the absence of PNI) for the evaluation of this parameter. These findings suggest that OSCC in young patients with PNI may represent a more aggressive subtype. Indeed, as the cancer cells spread along the bundle nerves may extend beyond the tumour mass, there is a higher risk of recurrence even after radical surgery (Nair et al., 2018).

The main limitation of the present study is the low sample size and its retrospective nature. However, our results provide significant insights about the prognostic role of PNI in young OSCC patients. In conclusion, the age is a complex variable that can influence the tumour progression by multiple mechanisms, and its role on OSCC progression has not been extensively studied. Our results showed that PNI emerged as an independent prognostic factor for DSS in young OSCC patients. Furthermore, the evaluation of PNI is simple, inexpensive and can be used to augment the risk stratification of OSCC based on the 8th edition of the AJCC cancer staging system.

Acknowledgements.

M.M. and L.L. designed the study;

S.C. and A.S. conceived and supervised the study;

M.M. and L.L. collected the follow-up data;

L.T. and A.T. collected the clinical and pathological data;

G.F., E.M. and C.R. performed the histological analysis;

G.T. and A.S. performed the statistical analysis and interpreted the results;

M.M., L.T., and A.T. drafted the paper;

L.L. and S.C. wrote the concluding remarks.

All authors discussed and approved the final version of the manuscript.

References.

- Aivazian, K., Ebrahimi, A., Low, T. H., Gao, K., Clifford, A., Shannon, K., . . . Gupta, R. (2015). Perineural invasion in oral squamous cell carcinoma: quantitative subcategorisation of perineural invasion and prognostication. *J Surg Oncol*, *111*(3), 352-358. doi:10.1002/jso.23821
- Amin, M. B., Edge, S. B., & American Joint Committee on Cancer. (2017). *AJCC cancer staging manual* (8th ed. ed.). Switzerland: Springer.
- Borba Ribeiro, K. R., Lira Junior, C., Marinho, S. A., de Carvalho, S. H. G., Agripino, G. G., & Sarmiento, D. J. S. (2019). Epidemiological profile of young patients with squamous cell carcinoma in northeast Brazil. *J Investig Clin Dent*, *10*(4), e12436. doi:10.1111/jicd.12436
- Campbell, B. R., Netterville, J. L., Sinard, R. J., Mannion, K., Rohde, S. L., Langerman, A., . . . Lang Kuhs, K. A. (2018). Early onset oral tongue cancer in the United States: A literature review. *Oral Oncol*, *87*, 1-7. doi:10.1016/j.oraloncology.2018.10.009
- Cassidy, R. J., Switchenko, J. M., Jegadeesh, N., Sayan, M., Ferris, M. J., Eaton, B. R., . . . Beitler, J. J. (2017). Association of Lymphovascular Space Invasion With Locoregional Failure and Survival in Patients With Node-Negative Oral Tongue Cancers. *JAMA Otolaryngol Head Neck Surg*, *143*(4), 382-388. doi:10.1001/jamaoto.2016.3795
- Chatzistefanou, I., Lubek, J., Markou, K., & Ord, R. A. (2017). The role of perineural invasion in treatment decisions for oral cancer patients: A review of the literature. *J Craniomaxillofac Surg*, *45*(6), 821-825. doi:10.1016/j.jcms.2017.02.022
- Chen, D. S., & Mellman, I. (2017). Elements of cancer immunity and the cancer-immune set point. *Nature*, *541*(7637), 321-330. doi:10.1038/nature21349
- Dahlstrom, K. R., Little, J. A., Zafereo, M. E., Lung, M., Wei, Q., & Sturgis, E. M. (2008). Squamous cell carcinoma of the head and neck in never smoker-never drinkers: a descriptive epidemiologic study. *Head Neck*, *30*(1), 75-84. doi:10.1002/hed.20664

- de Moraes, E. F., Mafra, R. P., Gonzaga, A. K. G., de Souza, D. L. B., Pinto, L. P., & da Silveira, E. J. D. (2017). Prognostic Factors of Oral Squamous Cell Carcinoma in Young Patients: A Systematic Review. *J Oral Maxillofac Surg*, 75(7), 1555-1566. doi:10.1016/j.joms.2016.12.017
- Edge, S. B., & American Joint Committee on Cancer. (2010). *AJCC cancer staging manual* (7th ed.). New York: Springer.
- El-Naggar, A., Chan, J., Rubin Grandis, J., Takata, T., & Slotweg, P. (Eds.). (2017). *WHO classification of head and neck tumours* (4 ed.). Lyon: International Agency for Research on Cancer.
- Farquhar, D. R., Tanner, A. M., Masood, M. M., Patel, S. R., Hackman, T. G., Olshan, A. F., . . . Zevallos, J. P. (2018). Oral tongue carcinoma among young patients: An analysis of risk factors and survival. *Oral Oncol*, 84, 7-11. doi:10.1016/j.oraloncology.2018.06.014
- Frare, J. C., Sawazaki-Calone, I., Ayroza-Rangel, A. L., Bueno, A. G., de Moraes, C. F., Nagai, H. M., . . . Lopes, M. A. (2016). Histopathological grading systems analysis of oral squamous cell carcinomas of young patients. *Med Oral Patol Oral Cir Bucal*, 21(3), e285-298. doi:10.4317/medoral.20953
- Frohlich, H., Balling, R., Beerenwinkel, N., Kohlbacher, O., Kumar, S., Lengauer, T., . . . Zupan, B. (2018). From hype to reality: data science enabling personalized medicine. *BMC Med*, 16(1), 150. doi:10.1186/s12916-018-1122-7
- Gamez, M. E., Kraus, R., Hinni, M. L., Moore, E. J., Ma, D. J., Ko, S. J., . . . Patel, S. H. (2018). Treatment outcomes of squamous cell carcinoma of the oral cavity in young adults. *Oral Oncol*, 87, 43-48. doi:10.1016/j.oraloncology.2018.10.014
- Ginsberg, L. E. (1999). Imaging of perineural tumor spread in head and neck cancer. *Semin Ultrasound CT MR*, 20(3), 175-186. doi:10.1016/s0887-2171(99)90018-5

- Gu, X., Coates, P. J., Boldrup, L., Wang, L., Krejci, A., Hupp, T., . . . Nylander, K. (2019). Copy number variation: A prognostic marker for young patients with squamous cell carcinoma of the oral tongue. *J Oral Pathol Med*, *48*(1), 24-30. doi:10.1111/jop.12792
- Hirota, S. K., Braga, F. P., Penha, S. S., Sugaya, N. N., & Migliari, D. A. (2008). Risk factors for oral squamous cell carcinoma in young and older Brazilian patients: a comparative analysis. *Med Oral Patol Oral Cir Bucal*, *13*(4), E227-231.
- Ho, H. C., Lee, M. S., Hsiao, S. H., Hwang, J. H., Hung, S. K., Chou, P., & Lee, C. C. (2008). Squamous cell carcinoma of the oral cavity in young patients: a matched-pair analysis. *Eur Arch Otorhinolaryngol*, *265 Suppl 1*, S57-61. doi:10.1007/s00405-007-0496-5
- Ho, Y. Y., Wu, T. Y., Cheng, H. C., Yang, C. C., & Wu, C. H. (2019). The significance of tumor budding in oral cancer survival and its relevance to the eighth edition of the American Joint Committee on Cancer staging system. *Head Neck*, *41*(9), 2991-3001. doi:10.1002/hed.25780
- Huang, Z., Xie, N., Liu, H., Wan, Y., Zhu, Y., Zhang, M., . . . Wang, C. (2019). The prognostic role of tumour-infiltrating lymphocytes in oral squamous cell carcinoma: A meta-analysis. *J Oral Pathol Med*, *48*(9), 788-798. doi:10.1111/jop.12927
- Hussein, A. A., Helder, M. N., de Visscher, J. G., Leemans, C. R., Braakhuis, B. J., de Vet, H. C. W., & Forouzanfar, T. (2017). Global incidence of oral and oropharynx cancer in patients younger than 45 years versus older patients: A systematic review. *Eur J Cancer*, *82*, 115-127. doi:10.1016/j.ejca.2017.05.026
- Hyam, D. M., Conway, R. C., Sathiyaseelan, Y., Gebiski, V., Morgan, G. J., Walker, D. M., & Veness, M. J. (2003). Tongue cancer: do patients younger than 40 do worse? *Aust Dent J*, *48*(1), 50-54. doi:10.1111/j.1834-7819.2003.tb00009.x
- Jeon, J. H., Kim, M. G., Park, J. Y., Lee, J. H., Kim, M. J., Myoung, H., & Choi, S. W. (2017). Analysis of the outcome of young age tongue squamous cell carcinoma. *Maxillofac Plast Reconstr Surg*, *39*(1), 41. doi:10.1186/s40902-017-0139-8

- Kano, S., Sakashita, T., Tsushima, N., Mizumachi, T., Nakazono, A., Suzuki, T., . . . Homma, A. (2018). Validation of the 8th edition of the AJCC/UICC TNM staging system for tongue squamous cell carcinoma. *Int J Clin Oncol*. doi:10.1007/s10147-018-1276-5
- Lee, L. Y., De Paz, D., Lin, C. Y., Fan, K. H., Wang, H. M., Hsieh, C. H., . . . Kang, C. J. (2019). Prognostic impact of extratumoral perineural invasion in patients with oral cavity squamous cell carcinoma. *Cancer Med*, 8(14), 6185-6194. doi:10.1002/cam4.2392
- Liebig, C., Ayala, G., Wilks, J., Verstovsek, G., Liu, H., Agarwal, N., . . . Albo, D. (2009). Perineural invasion is an independent predictor of outcome in colorectal cancer. *J Clin Oncol*, 27(31), 5131-5137. doi:10.1200/JCO.2009.22.4949
- Ling, W., Mijiti, A., & Moming, A. (2013). Survival pattern and prognostic factors of patients with squamous cell carcinoma of the tongue: a retrospective analysis of 210 cases. *J Oral Maxillofac Surg*, 71(4), 775-785. doi:10.1016/j.joms.2012.09.026
- Lingen, M. W., Chang, K. W., McMurray, S. J., Solt, D. B., Kies, M. S., Mittal, B. B., . . . Pelzer, H. J. (2000). Overexpression of p53 in squamous cell carcinoma of the tongue in young patients with no known risk factors is not associated with mutations in exons 5-9. *Head Neck*, 22(4), 328-335. doi:10.1002/1097-0347(200007)22:4<328::aid-hed3>3.0.co;2-r
- Llewellyn, C. D., Linklater, K., Bell, J., Johnson, N. W., & Warnakulasuriya, S. (2004). An analysis of risk factors for oral cancer in young people: a case-control study. *Oral Oncol*, 40(3), 304-313. doi:10.1016/j.oraloncology.2003.08.015
- Martinez, R. C., Sathasivam, H. P., Cosway, B., Paleri, V., Fellows, S., Adams, J., . . . Robinson, M. (2018). Clinicopathological features of squamous cell carcinoma of the oral cavity and oropharynx in young patients. *Br J Oral Maxillofac Surg*, 56(4), 332-337. doi:10.1016/j.bjoms.2018.03.011
- Mascitti, M., Rubini, C., De Michele, F., Balercia, P., Giroto, R., Troiano, G., . . . Santarelli, A. (2018). American Joint Committee on Cancer staging system 7th edition versus 8th edition:

any improvement for patients with squamous cell carcinoma of the tongue? *Oral Surg Oral Med Oral Pathol Oral Radiol*. doi:10.1016/j.oooo.2018.07.052

- Miller, M. E., Palla, B., Chen, Q., Elashoff, D. A., Abemayor, E., St John, M. A., & Lai, C. K. (2012). A novel classification system for perineural invasion in noncutaneous head and neck squamous cell carcinoma: histologic subcategories and patient outcomes. *Am J Otolaryngol*, 33(2), 212-215. doi:10.1016/j.amjoto.2011.06.003
- Moeckelmann, N., Ebrahimi, A., Tou, Y. K., Gupta, R., Low, T. H., Ashford, B., . . . Clark, J. R. (2018). Prognostic implications of the 8th edition American Joint Committee on Cancer (AJCC) staging system in oral cavity squamous cell carcinoma. *Oral Oncol*, 85, 82-86. doi:10.1016/j.oraloncology.2018.08.013
- Muller, S., Pan, Y., Li, R., & Chi, A. C. (2008). Changing trends in oral squamous cell carcinoma with particular reference to young patients: 1971-2006. The Emory University experience. *Head Neck Pathol*, 2(2), 60-66. doi:10.1007/s12105-008-0054-5
- Nair, D., Mair, M., Singhvi, H., Mishra, A., Nair, S., Agrawal, J., & Chaturvedi, P. (2018). Perineural invasion: Independent prognostic factor in oral cancer that warrants adjuvant treatment. *Head Neck*, 40(8), 1780-1787. doi:10.1002/hed.25170
- Oliver, J. R., Wu, S. P., Chang, C. M., Roden, D. F., Wang, B., Hu, K. S., . . . Givi, B. (2019). Survival of oral tongue squamous cell carcinoma in young adults. *Head Neck*, 41(9), 2960-2968. doi:10.1002/hed.25772
- Park, J. O., Sun, D. I., Cho, K. J., Joo, Y. H., Yoo, H. J., & Kim, M. S. (2010). Clinical outcome of squamous cell carcinoma of the tongue in young patients: a stage-matched comparative analysis. *Clin Exp Otorhinolaryngol*, 3(3), 161-165. doi:10.3342/ceo.2010.3.3.161
- Patel, S. C., Carpenter, W. R., Tyree, S., Couch, M. E., Weissler, M., Hackman, T., . . . Chera, B. S. (2011). Increasing incidence of oral tongue squamous cell carcinoma in young white women, age 18 to 44 years. *J Clin Oncol*, 29(11), 1488-1494. doi:10.1200/JCO.2010.31.7883

- Pickering, C. R., Zhang, J., Neskey, D. M., Zhao, M., Jasser, S. A., Wang, J., . . . Myers, J. N. (2014). Squamous cell carcinoma of the oral tongue in young non-smokers is genomically similar to tumors in older smokers. *Clin Cancer Res*, *20*(14), 3842-3848. doi:10.1158/1078-0432.CCR-14-0565
- Ryu, H. J., Kim, E. K., Cho, B. C., & Yoon, S. O. (2019). Characterization of head and neck squamous cell carcinoma arising in young patients: Particular focus on molecular alteration and tumor immunity. *Head Neck*, *41*(1), 198-207. doi:10.1002/hed.25507
- Schmitd, L. B., Scanlon, C. S., & D'Silva, N. J. (2018). Perineural Invasion in Head and Neck Cancer. *J Dent Res*, *97*(7), 742-750. doi:10.1177/0022034518756297
- Shield, K. D., Ferlay, J., Jemal, A., Sankaranarayanan, R., Chaturvedi, A. K., Bray, F., & Soerjomataram, I. (2017). The global incidence of lip, oral cavity, and pharyngeal cancers by subsite in 2012. *CA Cancer J Clin*, *67*(1), 51-64. doi:10.3322/caac.21384
- Soudry, E., Preis, M., Hod, R., Hamzany, Y., Hadar, T., Bahar, G., . . . Shpitzer, T. (2010). Squamous cell carcinoma of the oral tongue in patients younger than 30 years: clinicopathologic features and outcome. *Clin Otolaryngol*, *35*(4), 307-312. doi:10.1111/j.1749-4486.2010.02164.x
- Sun, Q., Fang, Q., & Guo, S. (2015). A comparison of oral squamous cell carcinoma between young and old patients in a single medical center in China. *Int J Clin Exp Med*, *8*(8), 12418-12423.
- Tai, S. K., Li, W. Y., Yang, M. H., Chu, P. Y., & Wang, Y. F. (2013). Perineural invasion in T1 oral squamous cell carcinoma indicates the need for aggressive elective neck dissection. *Am J Surg Pathol*, *37*(8), 1164-1172. doi:10.1097/PAS.0b013e318285f684
- Teixeira, L. R., Almeida, L. Y., Silva, R. N., Mesquita, A. T. M., Colturato, C. B. N., Silveira, H. A., . . . Leon, J. E. (2019). Young and elderly oral squamous cell carcinoma patients present similar angiogenic profile and predominance of M2 macrophages: Comparative immunohistochemical study. *Head Neck*, *41*(12), 4111-4120. doi:10.1002/hed.25954

- Udeabor, S. E., Rana, M., Wegener, G., Gellrich, N. C., & Eckardt, A. M. (2012). Squamous cell carcinoma of the oral cavity and the oropharynx in patients less than 40 years of age: a 20-year analysis. *Head Neck Oncol*, 4, 28. doi:10.1186/1758-3284-4-28
- Upile, N. S., Shaw, R. J., Jones, T. M., Goodyear, P., Liloglou, T., Risk, J. M., . . . Schache, A. G. (2014). Squamous cell carcinoma of the head and neck outside the oropharynx is rarely human papillomavirus related. *Laryngoscope*, 124(12), 2739-2744. doi:10.1002/lary.24828
- Vincent-Chong, V. K., DeJong, H., Rich, L. J., Patti, A., Merzianu, M., Hershberger, P. A., & Seshadri, M. (2018). Impact of Age on Disease Progression and Microenvironment in Oral Cancer. *J Dent Res*, 97(11), 1268-1276. doi:10.1177/0022034518775736
- Wei, P. Y., Li, W. Y., & Tai, S. K. (2019). Discrete Perineural Invasion Focus Number in Quantification for T1-T2 Oral Squamous Cell Carcinoma. *Otolaryngol Head Neck Surg*, 160(4), 635-641. doi:10.1177/0194599818808510
- World Medical Association Declaration of Helsinki: ethical principles for medical research involving human subjects. (2014). *J Am Coll Dent*, 81(3), 14-18.

Figure 1. Kaplan-Meier analysis. 10-year DSS for patients according to the (a) 7th edition and the (b) 8th edition of the AJCC Cancer Staging Manual. (c) 10-year DSS for upstaged and non-upstaged patients (p-value = 0.0065). 10-year DSS for patients with and without PNI (p-value < 0.001) (d). 10-year DSS for patients with and without LVI (p-value < 0.001) (e).

Figure 2. Perineural invasion in OSCC: haematoxylin-eosin stained section showing the carcinoma cells encircling a nerve trunk.

Table 1. Clinical and pathological characteristics of the patients included in this study. RxT = Radiotherapy; ChT = Chemotherapy.

Clinical and pathological data		
Parameters	No.	%
Sex		
<i>Male</i>	51	77.3
<i>Female</i>	15	22.7
Age (years)	32.1 ± 6.2	
Site		
<i>Oral tongue</i>	52	78.8
<i>Gingival mucosa</i>	6	9.1
<i>Buccal mucosa</i>	4	6.1
<i>Floor of mouth</i>	3	4.5
<i>Retromolar trigone</i>	1	1.5
Clinical presentation		
<i>Ulcer</i>	38	57.6
<i>Leukoplakia</i>	13	19.7
<i>Nodule</i>	9	13.6
<i>Erythroplakia</i>	6	9.1
Grading		
<i>G1</i>	26	39.4
<i>G2</i>	27	40.9
<i>G3</i>	13	19.7
PNI		
<i>No</i>	41	62.1
<i>Yes</i>	25	37.9
LVI		
<i>No</i>	46	69.7
<i>Yes</i>	20	30.3
Margins		
<i>No</i>	44	66.7
<i>Yes</i>	22	33.3
Major risk factors		
<i>Only alcohol use</i>	13	19.7
<i>Only tobacco use</i>	5	7.6
<i>Tobacco + Alcohol</i>	20	30.3
<i>No</i>	28	42.4
Treatment		
<i>Surgery</i>	51	77.3
<i>Surgery + RxT</i>	12	18.2
<i>Surgery + RxT + ChT</i>	3	4.5
Median follow-up	60 months	

Table 2. Comparison of the pT, pN, and Stage classifications according to the 7th and 8th Edition of the AJCC.

	<i>Total cases</i>		<i>Recurrences</i>		<i>Deaths</i>	
	<i>7th</i>	<i>8th</i>	<i>7th</i>	<i>8th</i>	<i>7th</i>	<i>8th</i>
pT						
pT1	30	20	8	3	3	0
pT2	23	30	3	8	5	5
pT3	7	10	4	4	5	8
pT4a	6	6	3	3	5	5
pN						
pN0	48	48	10	10	7	7
pN1	14	11	6	6	9	6
pN2	4	7	2	2	2	5
Stage						
I	25	19	5	3	1	0
II	18	22	2	4	4	2
III	11	10	5	5	6	6
IV	12	15	6	6	7	10

Variable	Age	Sex	Grade	PNI	Stage (7 th AJCC)	Stage (8 th AJCC)	LVI	Margins	Tobacco	Alcohol	Adjuvant therapy
Age	$\rho = 1$	-0.058	-0.141	0.044	-0.241	-0.200	-0.063	0.156	0.062	-0.104	-0.208
	p-value=1	0.644	0.257	0.724	0.051	0.107	0.614	0.212	0.622	0.404	0.094
Sex		$\rho = 1$	-0.092	0.051	0.231	0.131	-0.036	0.153	-0.135	-0.053	0.105
		p-value=1	0.463	0.685	0.062	0.293	0.776	0.219	0.282	0.675	0.404
Grade			$\rho = 1$	0.207	0.103	0.130	-0.053	0.201	-0.064	-0.108	0.289
			p-value=1	0.096	0.410	0.298	0.672	0.106	0.611	0.388	0.019*
PNI				$\rho = 1$	0.434	0.584	0.301	0.044	0.150	-0.070	0.130
				p-value=1	0.000**	0.000**	0.014*	0.725	0.229	0.576	0.299
Stage (7 th AJCC)					$\rho = 1$	0.934	0.326	0.182	0.054	-0.027	0.552
					p-value=1	0.000**	0.008**	0.144	0.667	0.827	0.000**
Stage (8 th AJCC)						$\rho = 1$	0.438	0.165	0.163	-0.020	0.564
						p-value=1	0.000**	0.186	0.191	0.874	0.000**
LVI							$\rho = 1$	0.023	0.174	-0.053	0.222
							p-value=1	0.853	0.569	0.714	0.073
Margins								$\rho = 1$	-0.045	-0.043	0.105
								p-value=1	0.720	0.732	0.402
Tobacco									$\rho = 1$	0.436	0.009
									p-value=1	0.000**	0.940
Alcohol										$\rho = 1$	0.016
										p-value=1	0.900
Adjuvant therapy											$\rho = 1$
											p-value=1

Table 3. Spearman rank correlation for variables evaluated into the cohort of 66 OSCC patients classified according to both the 7th and 8th Edition of the AJCC staging. * $p < 0.05$; ** $p < 0.001$.

Table 4. Comparison between upstaged and non-upstaged patients for pT, and Stage.

	pT			Staging		
	Same	Upstaged	P value	Same	Upstaged	P value
<i>5-year Recurrences</i>	11/52	3/14	> 0.05 ^a	13/55	1/11	> 0.05 ^a
<i>5-year DFS</i>	77.3%	78.6%	> 0.05 ^b	74.9%	90.9%	> 0.05 ^b
<i>10-year Recurrences</i>	13/52	5/14	> 0.05 ^a	16/55	2/11	> 0.05 ^a
<i>10-year DFS</i>	64.4%	0%	> 0.05 ^b	57.6%	0%	> 0.05 ^b
<i>5-year Deaths</i>	9/53	5/13	> 0.05 ^a	9/55	5/11	0.0461^a
<i>5-year DSS</i>	80.8%	61.5%	> 0.05 ^b	81.7%	54.5%	0.0380^b
<i>10-year Deaths</i>	11/53	6/13	> 0.05 ^a	11/55	7/11	0.0065^a
<i>10-year DSS</i>	80.8%	30.8%	0.0267^b	81.7%	0%	0.0064^b

Cases with recurrences or death are reported as number of cases/total cases. Bold values indicate statistical significance.

^a χ^2 test or Fisher exact test.

^b Log-Rank test.

Table 5. Results of Cox proportional hazard analysis for the young patients with OSCC.

Variables	Risk ratio	95% confidence interval	p-value
<i>Stage 8th edition</i>	2.428	1.221-4.829	0.011
<i>PNI</i>	6.384	1.304-31.252	0.022
<i>LVI</i>	2.532	0.857-7.480	0.093