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1 Representative cycle for heat pump 2 energy flexibility evaluations – A 3 comparative simulation study of existing 4 day selection procedures to a new 5 consecutive day procedure 6

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12 Abstract

13 Heat pumps allow to decarbonise the heating sector and to provide energy flexibility services. Hence,
14 flexible heat pump control strategies are being developed. When testing these strategies, hardware-
15 in-the-loop experiments using representative test cycles allow to evaluate the real heat pump
16 behaviour. While several works investigated the representative cycle composition for retrieving the
17 yearly energy performance, it is unclear if they can still be used for energy flexibility analysis. This
18 paper investigates the performance of the three mainly used representative day selection procedures
19 available in literature in presence of seven heat pump control strategies. A new approach, in which
20 only consecutive days are used, was also evaluated. Two hydraulic configurations, i.e. with and
21 without an energy storage between heat pump and building, and three climatic zones spread over the
22 European Union were used in order to reach a general conclusion. Simulation results showed that
23 approaches using consecutive days or approaches which select days based on their energy
24 consumption can be used for the energy flexibility analysis. Though, only approaches with consecutive
25 days were able to closely follow the operative room temperature profiles when compared to a full
26 winter simulation due to the avoidance of abrupt temperature variations between the different days.

27 Keywords

28 Heat pump – Thermal energy storage – Energy flexibility – Hardware-in-the-loop – Testing cycles

29 Nomenclature

Abbreviations

BUH	Back-up heater
Clu	Day selection approach based on day clustering
DHW	Domestic hot water
Dur	Day selection approach based on duration curve/day aggregation
FF1	Flexibility factor 1
FF2	Flexibility factor 2
GHI	Global horizontal irradiation

HIL	Hardware-in-the-loop
HP	Heat pump
KPI	Key performance indicator
Mac	Day selection approach based on energies
MPC	Model predictive control
REF	Reference control strategy without energy flexibility services
RMSE	Root mean squared error
SCOP	Seasonal coefficient of performance
SoC	State-of-charge
SH	Space heating
STRAT	Energy flexible control strategy
TES	Thermal energy storage
Typ	Day selection approach based on using a typical week with consecutive days only
UFH	Underfloor heating
Symbols	
A	Surface area (m ²)
C	Specific heat capacity (J/kg.K)
D	Number of days (-)
D	Thickness (m)
E	Energy (J)
Err	Error (-)
L	Number of construction layers within surface m , limited to the insulated building layers and excluding the insulation layer itself (-)
m	Number of construction surfaces within a room (-)
\dot{m}	Mass flow rate (kg/s)
n	Number of winter months (-)
R	Number of rooms or floor levels within the simulated building (-)
S	Number of thermal energy storages (-)
SP	Spot price (€/MWh)
T	Temperature (°C)
t	Time (s)
V	Volume (m ³)
X	Number of investigated flexible control strategies for a certain hydraulic configuration (-)
ρ	Mass density (kg/m ³)
ζ	Factor (-)
Subscripts	
<i>air</i>	With reference to thermal properties of air
<i>avg</i>	Average
<i>bottom</i>	Close to the bottom of the thermal storage
<i>condenser</i>	With reference to the heat pump condenser-side
<i>corr</i>	Correction
<i>cum</i>	Cumulative
<i>diff</i>	Difference between the end of the initialisation day and end of the last day within the time shortened test cycle
<i>elec</i>	Electrical
<i>end</i>	At the end
<i>FullW</i>	With reference to full winter period
<i>hyst</i>	Hysteresis
<i>inlet</i>	With reference to the inlet side
<i>min</i>	Minimum
<i>max</i>	Maximum
<i>Nom</i>	At nominal conditions
<i>norm</i>	Normalised datapoint
<i>orig</i>	Original datapoint
<i>out</i>	Outdoor air
<i>outlet</i>	With reference to the outlet side
<i>Q1</i>	First quartile

<i>Q3</i>	Third quartile
<i>rad</i>	Radiative
<i>room</i>	Room
<i>sel</i>	Amount that has to be selected
<i>shift,pot</i>	Remaining shifting potential (%)
<i>shift,pot,red</i>	Reduction in remaining shifting potential (%)
<i>start</i>	At the start
<i>sup</i>	Supply setpoint
<i>th</i>	Thermal
<i>top</i>	Close to the top of the thermal storage
<i>w</i>	With reference to thermal properties of water
<i>7d</i>	With reference to time shortened sequence of seven days

30 1. Introduction

31 Within the European Union, buildings account for 40 % of the energy consumption and for 36 % of the
32 energy-related greenhouse gas emissions. Hence, improvements within the building heating and
33 cooling systems show great potential for reaching carbon-neutrality in the EU by 2050 [1]. Thanks to
34 their electrical grid connection, heat pumps (HPs) allow using renewable energy resources and when
35 smartly controlled, they also allow the provision of energy flexibility services [2]. A first step in the
36 development and analysis of these smart and flexible HP control strategies is to obtain an accurate HP
37 model as its short-term behaviour should be well represented, including the onboard control. Indeed,
38 several studies highlighted the shortcomings of steady-state conditions according EN 14511 [3] and
39 EN 14825 [4] when analysing the transient HP system behaviour. By comparing several modelling
40 approaches of the HP compressor controller and domestic hot water (DHW) prioritisation, Clauß et al.
41 [5] investigated the importance of an accurate HP model for demand response analysis. They
42 concluded that for short-term behaviour analysis, the HP model should well represent its transient
43 behaviour. In addition, Evens & Arteconi [6] compared several modelling approaches for heat pumps
44 and by gradually increasing the HP modelling complexity, they showed that most effects were visible
45 in the short-term behaviour. They further improved and validated their short-term HP model in a
46 hardware-in-the-loop (HIL) set-up [7] via artificially constructed load profiles.

47 In light of investigating the short-term HP behaviour, hardware-in-the-loop (HIL) experiments and field
48 trials allow further development and validation of an accurate HP model as well as testing smart HP
49 control strategies. Compared to field trials, HIL experiments ease setting equal boundary and start
50 conditions, while different hydraulic configurations or heat emission systems can be easily tested. A
51 pre-requirement of performing HIL experiments is composing a short, though representative, testing
52 campaign to reduce the testing time and related costs [8]. Herein, several works already defined the
53 selection criteria and guidelines to retrieve a representative period for annual HP performance
54 analysis. The MacSheep project [9], [10] provided an overview of the most commonly used dynamic
55 test methodologies for heating and cooling systems and discussed their main differences. Although
56 the existence of several methodologies, the MacSheep project also developed a new and harmonised
57 approach based on the combination of the existing approaches. The methodology proposed ensures
58 an identical load provision, with the unit under test still in autonomous control as in real installations.

59 Furthermore, Menegon et al. [11] investigated the experimental performance characterisation of
60 heating and cooling systems. On a whole system analysis, they applied a day clustering methodology
61 for several combinations of two, three or four selection criteria, i.e. outdoor temperature (T_{out}), global
62 horizontal irradiation (GHI), heating load and cooling load. They concluded that clustering days based
63 on only T_{out} and GHI reached best agreement with the annual simulation, while scaling factors are
64 required as the selected days for each cluster do not fully represent the cluster load energy. Similarly

65 to the MacSheep project, they also applied a building pre-simulation to define the load profile, for
66 which the thermal capacity of the heat distribution system was also reduced to prevent energy shifting
67 of high thermal inertia systems over several days. Furthermore, the authors showed that reordering
68 the days affected the results and proposed three main solutions for which they considered the latter
69 one as the most feasible, (1) forced energy extraction before the winter day, (2) irradiation reduction
70 during summer days and (3) simulating the winter days before the summer days.

71 In addition, Mehrfeld et al. [12] formulated an experimental procedure to evaluate the yearly HP
72 efficiency based on a time shortened testing sequence of four representative days. Within their study,
73 days were chosen based on the representativeness of the hourly T_{out} and direct and diffuse solar
74 irradiation. To prevent unequal thermal building mass states, a pre-simulation of ten days prior to the
75 real testing day is simulated. From their study, it was shown that a warm – cold – warm day reordering
76 led to the least mean deviation in the inner energy, while extrapolating the results from the test
77 sequence to yearly performances showed better agreement for a warm – cold day reordering
78 procedure. The authors carefully recommended to use the warm – cold sequencing procedure as they
79 showed that the overestimation of the seasonal coefficient of performance (SCOP), due to not having
80 the coldest days of the year, compensate for the additional state-of-charge (SoC) of thermal energy
81 storages (TES) when using a warm – cold day order.

82 Analysing these yearly energy performance characterisation procedures with regard to the
83 applicability for testing flexible HP control strategies points out several shortcomings. Firstly, using
84 predetermined load profiles prevents charging the building during low electricity prices and shifting
85 energy towards the next day. Even if these predetermined load profiles could be time-shifted, they
86 would still neglect changing building heat losses when shifting room temperature setpoints. Also,
87 working with predefined load profiles complicates the evaluation of thermal system inertia and its
88 related energy flexibility potential as the room temperature is not directly evaluated. These system
89 inertia issues even occurred within the MacSheep project where two different sequence lengths were
90 tested, namely a six and twelve day sequence. In the former case, the thermal capacity of an
91 underfloor heating system (UFH) had to be reduced to the thermal capacity of a radiator-based system
92 as the time shift between the charged and emitted energy in the underfloor heating could not be
93 avoided and the repeatability of the test was affected. Another difficulty when testing smart control
94 strategies is the usage of non-consecutive days for two main reasons. Firstly, it affects the state of
95 charge of the building when e.g. a cold day follows a warmer day and it is unclear how to deal with
96 the stored energy within a SH TES when shifting from day n to day $n+1$. Secondly, using a model
97 predictive controller (MPC) will cause the controller to make optimal use of warmer days with a lower
98 supply temperature and to overestimate the savings potential. Finally, reaching equivalent energy
99 states within thermal storages at the beginning and end of the test cycle is also difficult. Indeed, even
100 if the extracted load from the storage is equal, it does not necessarily mean equal temperature levels
101 as the flexibility strategy can change the operational schedule to shift the HP consumption to lower
102 price periods.

103 In contrast with a detailed analysis of HP systems as in the previous studies, several works [13]–[16]
104 focus on retrieving a representative period for energy system design of district heating systems,
105 renewable energy generation planning and seasonal energy storage. Herein, representative cycles are
106 mainly retrieved via time aggregation, where modelling simplifications are mainly required to reduce
107 the computational complexity within optimisation problems. Hence, the applicability for investigating
108 the experimental short-term HP behaviour of an individual heating system with regard to energy
109 flexibility services can be questioned. Though, due to their time aggregation capabilities, these

110 approaches can be used to reduce the simulation time for computationally expensive problems such
111 as optimisation problems.

112 In light of these shortcomings for energy flexibility analysis with HPs, this paper develops an
113 alternative approach, in which it is proposed to not work with representative days, but to search for
114 a typical week within the winter season to maintain consecutive days with normal temperature
115 transitions. The first contribution is to compare the existing procedures for selecting representative
116 days with the new approach solely relying on consecutive days in order to draw recommendations.
117 Therefore, a comparative simulation study will be used to determine which approach fits best with
118 regard to the energy flexibility evaluation. The second contribution of this paper is to define
119 representative cycle requirements for experimental energy flexibility characterisation of HPs during
120 the winter season and to investigate the necessity of post-experimental or post-simulation measures
121 on the energy states. The analysis will be performed for the three main climatic zones within the EU
122 and for two hydraulic configurations, namely (1) directly coupling the HP to the building without using
123 a SH TES and (2) the existence of a SH TES between HP and building. To analyse the applicability of
124 each representative cycle methodology, this paper also considers multiple energy flexible control
125 strategies.

126 The structure for the remaining part of this paper is as follows. Section 2 provides an overview of the
127 used methodologies for defining a representative cycle, consisting of procedures for yearly energy
128 performance characterisation, day aggregation procedures as well as using only consecutive days.
129 Moreover, it provides a description of the models, hydraulic configurations, energy flexible control
130 strategies and performance indicators that were used within the analysis. Within Section 3, the
131 selected days from each methodology will be presented at first. Afterwards, a comparison of energy
132 flexible performance indicators for each day selection approach to a full winter period simulation will
133 be shown. Section 4 critically reviews the results obtained and provides directions for future work.
134 Finally, Section 5 summarises the analysis of this work into main conclusions to define a general
135 approach for experimental energy flexibility evaluation with heat pumps.

136 2. Methods

137 This section describes the methodologies used to obtain the testing sequence requirements for smart
138 and energy flexibility tests with HPs during the winter season (Section 2.1), followed by a description
139 of the case study (Section 2.2) and energy flexible control strategies that were investigated (Section
140 2.3). Section 2.4 presents an energy correction mechanism for correcting the differences within the
141 energy balances between the start and end of the test cycle, while Section 2.5 discusses relevant key
142 performance indicators (KPIs) for energy flexibility analysis. To generalise the outcome for wide-scale
143 adoption, the study was carried out for three climatic zones within the European Union as defined
144 within EN 14825 [4]. The selected locations for the cold, average and warm climate within this paper
145 are represented by Helsinki (Finland), Uccle (Belgium) and Athens (Greece), respectively. Based on the
146 national weather institutes [17]–[19], it was concluded that a typical winter period ranges from
147 December until March within Finland and from December until February in Belgium and Greece.

148 2.1. Determination of the “Representative flexibility cycle”

149 2.1.1. Sequence length

150 A first aspect when selecting representative days is the required sequence length. As already
151 mentioned in the Introduction, annual performance tests generally work with six or twelve day
152 sequences. As highlighted within the six-day approach of the MacSheep project, the thermal capacity
153 of high thermal inertia systems had to be reduced to prevent energy shifting between different days.

154 To explore the full energy flexibility potential of both the HP and building and to allow the
 155 development of smart control strategies that incorporate the building behaviour, it was decided that
 156 reducing the thermal heating system capacity cannot be used. Hence, only a twelve day approach
 157 could be used, in which one day should be selected from each month. It should be noted that the goal
 158 of this paper is to evaluate the energy flexibility potential during the winter season only as switching
 159 to cooling services requires to reverse the energy state of the building and storages. Prior analysis of
 160 using only one day for each winter month showed difficulties with high thermal inertia systems and it
 161 was decided to select a seven day period. This decision was further supported by features of smart
 162 control strategies taking into account behavioural patterns throughout the week or weekend and the
 163 potential existence of personalised DHW and/or SH setpoint schedules. Prior to the seven days cycle,
 164 an additional initialisation day to even out temperature variations in the storages and heating system
 165 was used. Hence, this day cannot be used to test a flexible control strategy and should be neglected
 166 from the analysis.

167 2.1.2. Day selection criteria: based on energy consumption or environmental data

168 The second aspect is the day selection criteria, for which Haller et al. [20] distinguished two
 169 approaches, namely (1) using thermal and/or electrical energies and (2) using the environmental
 170 conditions to select the most appropriate days. In this paper three main methodologies to determine
 171 which days should be selected are adopted from literature, namely (1) an energy-based approach
 172 similar to the MacSheep project [10] (Mac), (2) a day clustering approach on environmental conditions
 173 similar to the one used by Menegon et al. [11] (Clu) and (3) a day aggregation procedure on
 174 environmental conditions as applied in [13] (Dur). In addition, a new approach by extracting a typical
 175 week of environmental conditions consisting only of consecutive days (Typ) was also investigated.
 176 Table 1 provides an overview of the investigated day selection procedures.

177 Table 1 – Overview of investigated day selection approaches

Acronym	Day selection approach	Initialisation day
Mac	Minimise error for directly extrapolated energy consumption	Equal to the last day within the representative test cycle
Clu	Cluster winter days into seven groups and select the days closest to the cluster centre for the representative cycle	Equal to the last day within the representative test cycle
Dur	Minimise error between duration curves of T_{out} and GHI for the full winter period and the representative cycle	Equal to the last day within the representative test cycle
Typ	Retrieve typical week with consecutive days close to the average values of T_{out} and GHI	Equal to the day chronologically prior to the selected typical week in the climatic file

178

179 2.1.3. DHW services

180 All approaches consider an identical DHW draw-off profile, which was generated via DHWcalc [21] and
 181 matches with the daily DHW load of the full winter period. To ensure an identical DHW load extraction
 182 for each test cycle at varying DHW inlet and outlet temperatures, an energy balance mechanism was
 183 implemented. The mechanism measures the extracted energy and closes the extraction valve when
 184 the required energy level was reached.

2.1.4. Mac: days with representative energies for direct extrapolation purposes

This approach uses a full winter simulation to search for those days within a certain month for which, the direct extrapolation of the retrieved thermal and electrical energy values of the extracted days is closest to the cumulative energy values of the considered full month within the full winter simulation. As already mentioned, the full winter period includes December, January and February for the Belgian and Greek climate, while also March is considered within the Finnish Climate. Eq. (1) represents the day selection procedure, for which the total error for direct extrapolation to the full winter period, consisting out of n winter months, is minimised. Herein, D_i represents the number of days within month i , while $D_{sel,i}$ is equal to the amount of days that have to be selected from month i . Thermal and electrical energies are represented by E_{th} and E_{elec} , respectively, in which the index avg,i represents the average consumption within month i . To obtain a total of seven days extracted from the full winter period, on average two days should be extracted from each month. To limit temperature variations between the end of the initialisation day and the last test cycle day, it was decided that the initialisation day is equal to the last day within the test cycle.

$$Err_{Mac} = \min \sum_{i=1}^n \left(\left| E_{elec,avg,i} - \frac{D_i}{D_{sel,i}} \cdot \sum_{l=1}^{D_{sel,i}} E_{elec,l,i} \right| + \left| E_{th,avg,i} - \frac{D_i}{D_{sel,i}} \cdot \sum_{l=1}^{D_{sel,i}} E_{th,l,i} \right| \right) \quad (1)$$

2.1.5. Clu: clustering of all winter days into seven groups

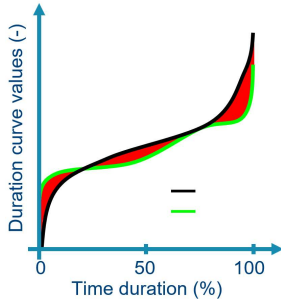
In contrast with the previous approach, this methodology does not require a prior building simulation as its clusters days based on environmental data. The clustering technique is based on the k-medoids technique in which, data is grouped into a certain amount of clusters based on their similarity. The nearest datapoint to the clusters' centre, also known as the medoid, is used. All days from the full winter period are clustered based on their daily average T_{out} and daily sum of GHI as Menegon et al. [22] concluded that clustering days based on only these inputs reached best agreement with the annual simulation. Within this paper, each climatic location used a total number of seven clusters. The authors of [22] also concluded that the medoid load of each cluster did not perfectly match the average cluster load. Therefore, they applied a scaling factor in order to compensate for the deviation between the medoid load and the average cluster load. Within this paper, the authors decided to not implement scaling factors due to the energy flexibility services that enable energy shifting between several days. If days would then be weighted according their occurrence in the full winter season, the energy consumption of day n would be overestimated, while underestimated for day $n+1$. Finally, dataset normalisation was applied via Eq. (2) in order to retrieve equal weights for both T_{out} and GHI . Herein, $x_{i,norm}$ and $x_{i,orig}$ represent the normalised and original individual values, while x_{min} and x_{max} represent the minimum and maximum values within the full winter period, respectively. Similarly to the Mac approach, the initialisation day is equal to the last day within the cycle.

$$x_{i,norm} = \frac{x_{i,orig} - x_{min}}{x_{max} - x_{min}} \quad (2)$$

2.1.6. Dur: day selection based on duration curve/day aggregation

Instead of clustering days into a fixed number of groups, the approach Dur implements the methodology developed by Poncelet et al. [13]. Herein, the optimisation objective is to select those days for which the duration curve is closest to the duration curve of the full winter period. Hence, the variability in occurring conditions should be better represented. Figure 1 shows an overview of the main principle, in which the optimisation objective is to minimise the red area between the duration curves for the full winter period and the selected representative period. Within this paper, the duration curves for both T_{out} and GHI were considered and were equally weighted. The outputs from the optimisation problem are the selected days with their associated weights within the representative sequence. Hence, the relevance of each selected individual day within the time

229 shortened sequence can be incorporated. Similarly, to the Clu approach, such a recalculation of the
 230 energy balances, costs etc. was not considered within this paper due to the thermal building mass and
 231 storages that introduce energy shifting between days. Hence, the energy flexibility analysis puts equal
 232 weight to each representative day.



233

234 *Figure 1 – Duration curve principle (Black: full winter period, Green: representative period and Red: area to minimise when*
 235 *selecting days). Duration curves are constructed for both T_{out} and GHI .*

236 2.1.7. Typ: consecutive days with a close match to the environmental averages

237 In contrast with the previous approaches Mac, Clu and Dur, this approach uses consecutive days to
 238 achieve realistic environmental transitions between the test days. Similarly to the clustering approach,
 239 the average daily T_{out} and daily sum of GHI are used and normalised to retrieve equal weights for both
 240 variables. From the weather data file, the sequence of seven consecutive days, for which the combined
 241 root mean squared error ($RMSE$) of T_{out} and GHI between the averaged values of the seven days and
 242 the full winter months is the lowest, is selected. The combined $RMSE$ is calculated via Eq. (3), herein
 243 the selected sequence is denoted by 7d and the reference full winter period by FullW. To enlarge the
 244 searching area for the best seven consecutive days sequence, the searching period also included the
 245 months March and November. Such an approach allows to search for a possible closer match with the
 246 full winter averages as the winter within the weather data file does not necessarily starts/ends at the
 247 first/last day of a particular month. To maintain a fully consecutive approach, the initialisation day is
 248 equal to the day within the weather file chronologically prior to the selected typical week.

$$249 \quad RMSE = \sqrt{(T_{out,7d} - T_{out,FullW})^2 + (GHI_{7d} - GHI_{FullW})^2} \quad (3)$$

250 2.1.8. Day ordering

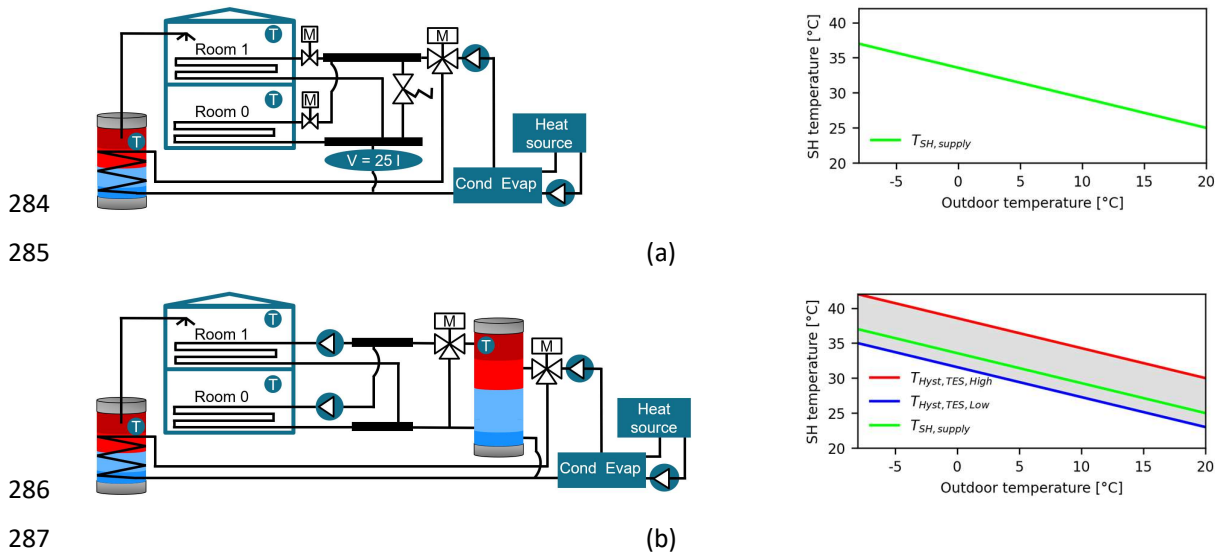
251 Considering the transition phase between selected non-consecutive representative days, several
 252 approaches exist within literature. A first option is reordering the retrieved representative days based
 253 on their chronological appearance within the year [23], [24]. Otherwise, selected days can be
 254 reordered in several ways, e.g. warm – cold – warm or warm – cold [12], [25]. In addition to the day
 255 reordering procedures, several works [23], [25], [26] used a temperature smoothing function to
 256 further reduce outdoor temperature transitions between non-consecutive days. In this paper, an
 257 alternative approach to reduce temperature transitions between the non-consecutive approaches
 258 Mac, Clu and Dur was considered. Herein, the days were reordered based on a minimisation of the
 259 temperature changes as shown in Eq. (4), in which the start and end temperatures of each day are
 260 denoted by $T_{out,start}$ and $T_{out,end}$, respectively. Such an approach minimises unintended energy shifting
 261 within the building and storages between non-consecutive days.

$$262 \quad Err = \min \sqrt{\sum_{l=1}^{D_{sel}-1} \frac{(T_{out,start,l+1} - T_{out,end,l})^2}{D_{sel}-1}} \quad (4)$$

263

264 2.2. Case study

265 A two-floor detached residential single-family building with a net floor area of 194 m² was used for all
 266 three climates. To allow using the same HP within all three climates, it was ensured that the peak
 267 heating load/design heat load was identical for the building in all three climates. Though, it was
 268 decided to not largely change the building structure in order to retrieve a similar response of the
 269 building during the flexible control strategy analysis.. This lead to a design heat loss of 9.4 kW at a
 270 design temperature of -26 °C, -8 °C and 2 °C for the Finnish [27], Belgian [28] and Greek [29] climate,
 271 respectively. As indicated by Figure 2, the building is equipped with an underfloor heating system,
 272 while two system configurations were tested. Figure 2a represents a HP – building configuration
 273 without using a SH TES, while Figure 2b includes a 750 l SH TES to ease the decoupling of energy supply
 274 and demand. For the configuration without a SH TES, a heating curve is applied on the supply
 275 temperature to the underfloor heating system. In case of using a SH TES, a heating curve is applied on
 276 the HP and underfloor heating system supply temperature as well as on the SH TES temperature
 277 boundaries. Furthermore, a small system inertia storage of 25 l was used as prescribed by the HP
 278 manufacturer when not using a SH TES between HP and building. The considered HP is a Daikin type
 279 EGSAX06D9W [30] with a nominal thermal and electrical power of 11.89 kW_{th} and 1.91 kW_{elec} at a
 280 nominal building supply water temperature of 37 °C. Also, the HP is equipped with a 3 kW back-up
 281 heater (BUH), which is mainly used for legionella bacteria growth prevention within the DHW storage.
 282 Simulations with a 60 seconds time step are performed within Modelica [31], while an experimentally
 283 validated short-term behaviour HP model from a previous work was used [7].



288 Figure 2: HP – building connection with applied heating curves: (a): without SH TES and (b): with SH TES. Within the heating
 289 curves, Green: supply temperature to the underfloor heating system, red = SH TES upper temperature hysteresis & HP
 290 supply temperature into the TES, blue = SH TES lower temperature hysteresis.

291 2.3. Energy flexible control strategies

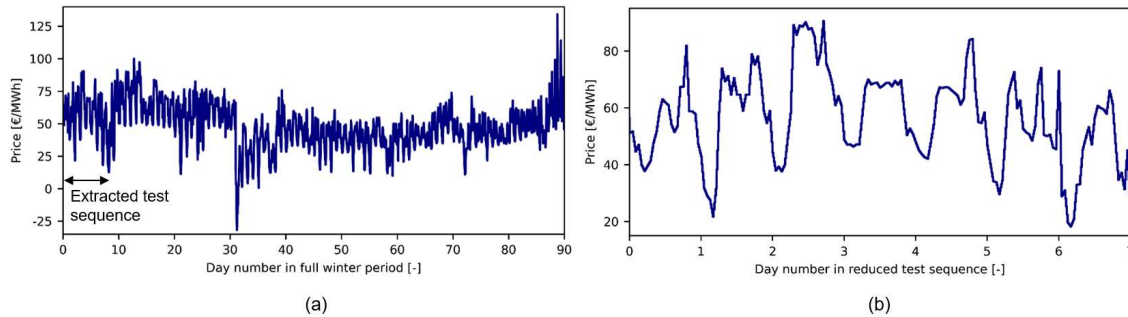
292 As highlighted by Fischer & Madani [32], smart HP control strategies can consider many different input
 293 signals. Within this paper, a demand response flexible control strategy has been selected, based on
 294 Belgian day-ahead prices [33]. Hence, selecting a relevant period from the electricity tariff is also
 295 required. The volatility and spread of the electricity prices have to be well represented, for which the
 296 evaluation criteria were the minimum and maximum price, the quartile ranges and average deviation.
 297 From the full winter period, that sequence for which the average deviation and price difference
 298 between the first and third quartile were closest to the values of the full winter period was extracted.

299 By using these criteria, the dynamic price trend and corresponding flexible control strategy response
 300 throughout the test sequence should well cover the full winter period behaviour. Table 2 and Figure
 301 3 show the differences between the full winter price data and the selected representative price
 302 sequence. It should be noted that the flexible control is deactivated during the initialisation day to
 303 allow the system to reach normal operating conditions.

304 *Table 2 – Dynamic tariff characteristics of full winter period and representative cycle*

	Full winter period	Selected short sequence period
Minimum [€/MWh]	-31.82	18.22
First quartile [€/MWh]	37.45	46.99
Second quartile (median) [€/MWh]	47.64	58.40
Third quartile [€/MWh]	58.33	67.43
Maximum [€/MWh]	134.28	90.49
Average deviation [€/MWh]	12.79	12.77

305



306
307

Figure 3 – Dynamic tariff graphical comparison of full winter period (a) and representative cycle (b)

308 For the hydraulic configuration without a SH TES (Figure 2a), a total set of three energy flexible control
 309 strategies (STRAT) were considered, while only two energy flexible control strategies were
 310 investigated for the HP – SH TES – building configuration (Figure 2b). Table 3 and Table 4 show a
 311 control strategy overview for both hydraulic configurations, including the reference control without
 312 energy flexibility services (REF). In the context of flexible HPs, Lindahl [34] distinguished direct and
 313 indirect HP control approaches. Within direct control approaches, the control directly acts on the
 314 compressor speed and the back-up heater power. Within indirect control approaches, mainly
 315 temperature setpoint adjustments or temperature sensor override functions are used to obtain the
 316 requested change in electrical HP behaviour. Except for STRAT3, all strategies act on the temperature
 317 setpoints of DHW/SH TES services, room thermostat and SH supply temperature and hence, change
 318 the operational HP behaviour rather indirectly. Within STRAT3, a direct control approach by directly
 319 acting on the HP power consumption was also tested. In what follows, the indirect control approaches
 320 will be presented, followed by the direct control approach.

321 Considering indirect control algorithms, Table 3 and Table 4 show a control strategy overview for both
 322 hydraulic configurations of Figure 2, with their respective reference control strategy. Herein, the
 323 energy flexible control strategies use a dimensionless flexibility factor (FF) to determine how the
 324 temperature setpoints should respond to a certain change in the electricity price. In this regard, two

325 different approaches were used and are shown in Eq. (5) and (6). Herein, the momentary, minimum,
 326 maximum, average, first quartile and third quartile spot prices for each day are denoted by SP , SP_{min} ,
 327 SP_{max} , SP_{avg} , SP_{Q1} and SP_{Q3} , respectively. The approaches differ in their response to variations within
 328 the electricity price. Preliminary analysis showed that using the daily first and third quartile prices
 329 within $FF2$ instead of the minimum and maximum daily prices in $FF1$ approaches, allows a faster
 330 response to changing electricity prices. Therefore, it could be concluded that a similar electricity cost
 331 reduction with less comfort violation could be reached for $FF2$ approaches. Hence, a smaller room
 332 temperature setpoint variation range for $FF2$ approaches to limit the impact on the thermal comfort
 333 was applied.

$$334 \quad FF1 = \begin{cases} \text{if } SP \geq SP_{avg} : \frac{SP - SP_{avg}}{SP_{max} - SP_{avg}} \\ \text{if } SP \leq SP_{avg} : \frac{SP - SP_{avg}}{SP_{avg} - SP_{min}} \end{cases} \quad (5)$$

335

$$336 \quad FF2 = \left(\max \left(\min \left(\frac{SP - SP_{Q1}}{SP_{Q3} - SP_{Q1}} ; 1 \right) ; 0 \right) \cdot 2 \right) - 1 \quad (6)$$

337

338 In addition to room temperature setpoint variations, also an adjustment of the heating curve for the
 339 UFH system was applied, accomplished by incorporating the new room temperature setpoint via Eq.
 340 (7) for STRAT1 or via incorporation of the factor $FF2$ for STRAT2 .

$$341 \quad T_{SH,sup,i} = T_{room,i} + \left(\text{MAX} \left(0 ; \frac{T_{room,i} - T_{out,i}}{T_{room,REF} - T_{out,Nom}} \right) \right) \cdot (T_{SH,sup,Nom} - T_{room,REF}) \quad (7)$$

342 Herein:

- 343 • $T_{SH,sup,i}$: SH supply temperature setpoint at hour i
- 344 • $T_{room,i}$: room temperature setpoint at hour i
- 345 • $T_{room,REF}$: room temperature setpoint within reference control strategy, i.e. 20 °C
- 346 • $T_{out,i}$: outdoor temperature at hour i
- 347 • $T_{out,Nom}$: outdoor temperature at nominal conditions

348 From Table 3 and Table 4, it can also be seen that the room and/or DHW thermostat states can be
 349 reset to an on- or off-state. In this regard, the flexible control strategy tries to force the thermostat
 350 into a certain state in favour of a certain flexible behaviour. A normal thermostat only changes its state
 351 after exceeding the setpoint plus or minus the temperature hysteresis/dead band. Herein, the flexible
 352 control strategy overrules the measured temperature for only one second with a too low or too high
 353 temperature if the desired action of the HP is an on-state or off-state, respectively. Therefore, the
 354 thermostat will automatically change its state to the desired flexible response. After this one second
 355 overruling interval, the actual measured temperature is again considered as an input to the
 356 thermostat. If the measured temperature is then within the allowed temperature hysteresis, the room
 357 thermostat will hold its new state and provide the desired flexible response. In the other case, the
 358 thermostat will again change its state in order to cover the thermal comfort of the inhabitants and
 359 therefore it will neglect the flexibility request.

360 Finally, DHW services were also considered energy flexible. Within STRAT1, the original DHW TES
 361 temperature range was maintained to prevent charging to higher DHW TES temperatures, while the
 362 DHW thermostat reset allows to charge the DHW TES at the cheapest two time slots of each individual
 363 day. In contrast, STRAT2 charges to higher DHW temperatures after potentially large DHW draw-offs,

364 while a reduction of the setpoint during the remaining period promotes charging the DHW TES during
 365 low electricity price periods.

366 Table 3 – Control strategy overview for a hydraulic configuration without using a SH TES between HP and building

Characteristic	REF & STRAT3	STRAT1	STRAT2
Setpoint T_{room}	$20\text{ }^{\circ}\text{C}$	$20\text{ }^{\circ}\text{C} - 0.75 \cdot FF1$	$20\text{ }^{\circ}\text{C} - 0.25 \cdot FF2$
Hysteresis T_{room}	$\pm 0.50\text{ }^{\circ}\text{C}$	$\pm 0.25\text{ }^{\circ}\text{C}$	$\pm 0.25\text{ }^{\circ}\text{C}$
Reset room thermostat	N.A.	N.A.	If setpoint T_{room} : <ul style="list-style-type: none"> Increases: <i>reset to on-state</i> Decreases: <i>reset to off-state</i>
SH supply temperature	<i>UFH heating curve</i>	<i>UFH heating curve, adjusted by new T_{room} setpoint via Eq. (7)</i>	<i>UFH heating curve - 1.5 · FF2</i>
DHW TES temperature range and control	$42 - 47\text{ }^{\circ}\text{C}$	If current hour is cheapest hour in (00:00 – 12:00) or (12:00 – 24:00): <ul style="list-style-type: none"> <i>Reset to on-state</i> $42 - 47\text{ }^{\circ}\text{C}$ else: <ul style="list-style-type: none"> $42 - 47\text{ }^{\circ}\text{C}$ 	If current hour is cheapest hour in (00:00 – 06:00) or (11:00 – 17:00): <ul style="list-style-type: none"> $45 - 50\text{ }^{\circ}\text{C}$ else: <ul style="list-style-type: none"> $40 - 45\text{ }^{\circ}\text{C}$

367

368 Table 4 – Control strategy overview for a HP – SH TES – building configuration

Characteristic	REF	STRAT1	STRAT2
Setpoint T_{room}	$20\text{ }^{\circ}\text{C}$	$20\text{ }^{\circ}\text{C} - 0.75 \cdot FF1$	$20\text{ }^{\circ}\text{C} - 0.25 \cdot FF2$
Hysteresis T_{room}	$\pm 0.50\text{ }^{\circ}\text{C}$	$\pm 0.25\text{ }^{\circ}\text{C}$	$\pm 0.25\text{ }^{\circ}\text{C}$
Reset room thermostat	N.A.	N.A.	If setpoint T_{room} : <ul style="list-style-type: none"> Increases: <i>reset to on-state</i> Decreases: <i>reset to off-state</i>
SH supply temperature	<i>UFH heating curve</i>	<i>UFH heating curve, adjusted by new T_{room} setpoint via Eq. (7)</i>	<i>UFH heating curve - 1.5 · FF2</i>
Upper SH TES temperature	<i>UFH heating curve + 5 °C</i>	<i>UFH heating curve - 2 · FF1 + 3 °C</i>	<i>UFH heating curve + 5 °C</i>
Lower SH TES temperature	<i>UFH heating curve - 2 °C</i>	<i>Upper SH TES temperature - 3 °C</i>	<i>UFH heating curve - 2 °C</i>
HP supply temperature	<i>Upper SH TES temperature</i>	<i>Upper SH TES temperature</i>	<i>Upper SH TES temperature</i>
DHW TES temperature range and control	$42 - 47\text{ }^{\circ}\text{C}$	If current hour is cheapest hour in (00:00 – 12:00) or (12:00 – 24:00): <ul style="list-style-type: none"> <i>Reset to on-state</i> $42 - 47\text{ }^{\circ}\text{C}$ else:	If current hour is cheapest hour in (00:00 – 06:00) or (11:00 – 17:00): <ul style="list-style-type: none"> $45 - 50\text{ }^{\circ}\text{C}$ else: <ul style="list-style-type: none"> $40 - 45\text{ }^{\circ}\text{C}$

		• 42 – 47 °C	
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369

370 In contrast with the indirect control approaches on temperature setpoints of SH and DHW services,
371 an electrical HP power limitation interface was also tested in the case STRAT3, solely for the hydraulic
372 configuration without a SH TES between HP and building. The decision to not apply a power limitation
373 for the hydraulic configuration with a SH TES was based on the observed operational HP behaviour.
374 When applying a SH TES between HP and building, the modulation capabilities of the HP are less used
375 due to the SH TES thermostat control. Herein, the HP remains completely off during the SH TES
376 discharging cycle, in which setting a stricter or even less strict power limitation constraint does not
377 cause any change in the HP status. In case of SH TES charging cycles, it could be seen that the HP is
378 mainly working at full load conditions. Herein, the thermal stratification within the SH TES causes a
379 low HP return temperature, while the HP outlet temperature should be high enough to ensure a
380 sufficiently high SH TES inlet temperature. Such an approach allows a fast recovery of the SH TES
381 temperature near the water extraction port that provides supply water to the building. If a power
382 limitation during these charging cycles near full load conditions would be introduced, a reduction in
383 the inhabitant's thermal comfort could therefore be expected. Hence, it was decided to not use a
384 power limitation control approach when using a SH TES between the HP and building.

385 In cases when not using a SH TES between HP and building, the HP modulation capabilities cause the
386 HP to be mainly in an on-status. Herein, setting a power limitation constraint directly changes the
387 operational HP behaviour towards the requested power. It should be noted that temperature
388 setpoints within STRAT3 are equal to the reference control setpoints without energy flexibility services
389 as shown within Table 3, while *Figure 4* shows the pseudo-code of the applied direct control strategy
390 The applied interface limits the electrical HP power to three discrete levels. Each day is divided within
391 four slots, i.e. a first slot containing 40 % of the lowest prices and the remaining slots containing each
392 20 % of the prices. During low prices, no power limitation was activated, while the power limitation
393 was (un)tightened if prices crossed predetermined levels. Both DHW and SH comfort were
394 incorporated via overruling possibilities.

Define Power Limitation level as PowLim:

PowLim1 = 0.50 kW_{elec}

PowLim2 = 0.75 kW_{elec}

PowLim3 = 1.50 kW_{elec}

Retrieve spot prices (SP) for the full day

Define Spot Price Limitation level as SPLim:

SPLim1 = SP that is exceeded for 60 % of the day

SPLim2 = SP that is exceeded for 40 % of the day

SPLim3 = SP that is exceeded for 20 % of the day

Define Requested Power Limitation level as PowLimReq:

if SP > SPLim3 → PowLimReq = PowLim1

else if SP > SPLim2 → PowLimReq = PowLim2

else if SP > SPLim1 → PowLimReq = PowLim3

else → no power limitation is requested ; return to normal operation

Check for comfort / health constraints and communicate final control decision to the HP system:

if room temperature < (setpoint - 1 °C) → return to normal operation due to SH discomfort

else if anti-legionellae cycle active → return to normal operation due to anti-legionellae cycle

else if DHW charging cycle and DHW temperature < 40 °C → return to normal operation due to DHW discomfort

else if DHW charging cycle and DHW temperature ≥ 40 °C → maximum power limitation is PowLim3 due to DHW discomfort

else → send PowLimReq directly to the HP system

395

396 *Figure 4 – Pseudocode of direct HP control algorithm*

397 2.4. Reaching comparable start and end conditions

398 In the literature, several works show that a reordering of the selected days can already reduce the
399 remaining energy state difference between the start and end of the representative test cycle. Though,
400 correctly analysing smart control strategies in short sequences requires a correction mechanism to
401 fully incorporate the difference in state-of-charge of the building and TES, especially if a large energy
402 content can be stored. Indeed, energy flexible control strategies enable energy shifting by changing
403 the operational HP behaviour, while comparison of the final energy consumption or cost over several
404 smart strategies requires a comparable start- and end-point. Herein, fixed load profiles do ensure an
405 identical load extraction, but do not necessarily lead to an identical state-of-charge of the building and
406 thermal storages. Within this context, preliminary reference simulation analysis showed mainly one
407 or two underfloor heating cycles per day when using variable capacity HPs. Hence, when investigating
408 control strategy improvements, small energy state differences reversed the final strategy conclusion
409 when analysing its effectiveness. Furthermore, comparing the inherent energy flexibility of different
410 hydraulic configurations or heat emission systems requires equal energy states.

411 As the previously mentioned methodologies do not allow to perform post-simulation corrections, an
412 alternative approach based on defining the energy state difference between the end of the
413 initialisation day and end of the last day is considered in this paper. For this reason, both the energy
414 costs and energy consumptions are corrected by using a correction factor ζ_{corr} . To determine ζ_{corr} , a
415 prior requirement is calculating the difference between the thermal energy stored within the storages
416 and the building after the initialisation day and after the full cycle of eight days via Eq. (8). It has to be
417 noted that the general formulation of Eq. (8) allows to incorporate all room elements such as walls,
418 floor, roof, windows, doors, ... Within this paper, the energy stored within doors and windows is
419 neglected due to the limited energy storage potential. Depending on the level of detail within the
420 building simulation, the variable r can represent the number of rooms or number of floor levels within
421 the building. Furthermore, when using multi-level buildings with active heating layers such as an
422 underfloor heating system, the energy stored within the intermediate construction layers should be
423 carefully treated. Preliminary result analysis on the occurrence of insulation layers between two
424 adjacent zones, equipped with an active heating layer, showed that the building layers below the
425 insulation layer were still in initialisation phase at the end of the initialisation day. Indeed, the heat
426 transfer with an underfloor heating is mainly going upwards and the insulation layers limit the heat
427 transfer to the lower located rooms. To prevent wrong estimations of the state-of-charge, two main
428 solutions are proposed. Firstly, setting a realistic start temperature of all active heating construction
429 layers to reduce the transient conditions. Secondly, within multi-level buildings, the temperature of
430 the ceiling cannot be fully used if an underfloor heating system is present at the next floor level. Within
431 these circumstances, it is proposed to determine the percentage of heat transfer from the underfloor
432 heating that is moving downwards under design conditions, based on the thermal resistance of each
433 floor construction layer. The obtained factor should then be multiplied with the related layer within
434 the procedure of Eq. (8). Finally, the last part of Eq. (8) considers an average TES temperature to
435 determine the potential change in state-of-charge for a total of s storages. It was decided to use
436 temperature measurements of two different storage height locations to incorporate the thermal
437 stratification within the TES and to better represent the real state-of-charge of the thermal storages.

$$\begin{aligned} 438 \quad E_{th,diff} &= \sum_{i=1}^r \left(\sum_{j=1}^m \left(A_j \cdot \left(\sum_{k=1}^l (d_k \cdot \rho_k \cdot c_k) \right) \right) \cdot (T_{rad,end,m} - T_{rad,start,m}) + V_{air,i} \cdot \rho_{air} \cdot c_{air} \cdot \right. \\ 439 \quad & \left. (T_{air,end,i} - T_{air,start,i}) \right) + \sum_{q=1}^s \left(V_q \cdot \rho_w \cdot c_w \cdot \frac{(T_{q,top,end} + T_{q,bottom,end}) - (T_{q,top,start} + T_{q,bottom,start})}{2} \right) \\ 440 \quad & (8) \end{aligned}$$

441 After calculating the energy state difference, the total thermal energy provided by the HP is used to
 442 retrieve the final correction factor via Eq. (9). Herein, the total thermal energy provided at the
 443 condenser-side and by the potential back-up heater (BUH) are calculated.

$$444 \quad \zeta_{corr} = \frac{E_{th,condenser} + E_{th,BUH} - E_{th,diff}}{E_{th,condenser} + E_{th,BUH}} \quad (9)$$

445

446 Afterwards, the thermal energies, electrical energies and energy costs over the representative week
 447 without the initialisation day are multiplied by the correction factor as shown in Eq. (10). Herein, E_{KPI}
 448 represents the energetic KPI that has to be corrected, calculated from the end of the initialisation day
 449 to the end of the last day of the representative cycle.

$$450 \quad E_{KPI,corr} = \zeta_{corr} \cdot E_{KPI} \quad (10)$$

451 Unless clearly described, all energy indicators within this paper already represent the corrected
 452 indicators, obtained via the post-processing energy correction mechanism.

453 2.5. Energy flexibility performance indicators

454 Finally, a selection of relevant KPIs for energy flexibility analysis has to be made. As already indicated,
 455 the first day within the representative cycle acts as initialisation day to even out temperature
 456 variations and is excluded from further analysis. For the remaining seven days within the cycle, several
 457 performance indicators can be calculated, for which Table 5 shows an overview divided into KPIs
 458 focussing on the thermal comfort, energy performance and HP operation.

459 *Table 5 – Overview of energy flexibility performance indicators divided into: Thermal comfort, Energy performance and HP*
 460 *operation*

Thermal Comfort	Energy Performance	HP operation
Air room temperature distribution	Thermal energy	Number of DHW cycles
Operative room temperature distribution	Electricity consumption	Number of compressor cycles
DHW temperature distribution	SCOP	Compressor on-time
	Billing cost	Average compressor speed
	Remaining energy shifting potential	

461

462 The air and operative room temperature distributions as well as the DHW temperature distribution
 463 are used to visualise the end-users' thermal comfort. Furthermore, the analysis includes the
 464 condenser energy, BUH energy, electricity consumption, SCOP, number of compressor cycles, DHW
 465 cycles, average compressor modulation and electricity costs. Results include both absolute and
 466 relative KPIs. Absolute KPIs are obtained by direct extrapolation via the number of days, while relative
 467 KPIs are obtained by comparison to the reference control strategy without energy flexibility services.
 468 To further investigate the overall performance of a specific day selection approach, the root mean
 469 squared error (*RMSE*) for the relative KPIs was calculated via Eq. (11). Herein, i represents the
 470 evaluated flexible strategy, denoted by $STRAT_i$, out of a total of X flexible control strategies within a
 471 certain hydraulic configuration. The representative sequence is denoted by 7d and the full winter
 472 period simulation by FullW. The *RMSE* values can be expressed as a percentage due to the relative
 473 comparison to the reference case without flexibility services, denoted by REF.

$$474 \quad RMSE = 100 \cdot \sqrt{\frac{\sum_{i=1}^X \left(\frac{KPI_{7d,STRAT_i} - KPI_{7d,REF}}{KPI_{7d,REF}} - \frac{KPI_{FullW,STRAT_i} - KPI_{FullW,REF}}{KPI_{FullW,REF}} \right)^2}{X}} \quad (11)$$

475 At the level of electricity costs, a single energy billing cost is highly affiliated to the occurring price
476 levels and it does not provide an indication on the remaining potential for control strategy
477 improvement nor does it show how exactly the cost reduction was achieved. To overcome these
478 issues, two other indicators were considered. (1) A first approach is similar to histograms and ranks
479 the electricity prices of each time slot within a single day from low to high prices. Then, this ranking is
480 divided into eight price ranges, each containing 12.5 % of the price data set, by selecting seven price
481 levels. Each price range slot is also coupled to a cumulative electrical energy counter $E_{elec,cum,i}$, which
482 represents the total HP electricity consumption within the affiliated price range i , with $i = 1$ for the
483 lowest price range and $i = 8$ for the highest price range. Thereafter, for each time slot of the original
484 price data set, the momentary price is compared to the seven price levels. The HP electricity
485 consumption of each particular time slot is then added to the electricity consumption counter of the
486 valid price range. It has to be noted that this procedure is considered for the full test cycle, in which
487 the seven price levels are determined on a daily basis. Hence, instead of retrieving eight factors for
488 each individual day, all days are combined into eight counters. By dividing all these eight counters by
489 the total HP electricity consumption over the complete test cycle, the share of the HP electricity
490 consumption $E_{elec,share,i}$ over the electricity prices can be seen. While such an approach leads to eight
491 individual factors, the second approach (2), which is mainly used in this paper, combines the eight
492 electricity consumption counters into a single factor $E_{shift,pot}$, as shown in Eq. (12), which represents
493 the remaining energy shifting potential. This factor compares the final HP electricity consumption
494 distribution to the most ideal distribution. If all HP electricity consumption occurs during the cheapest
495 price range, then the remaining energy shifting potential would be 0 %, while the factor would be
496 equal to 100 % if all electricity consumption occurred within the most expensive price range. Although
497 a 0 % value is highly unlikely as it assumes that the HP is only activated during the cheapest three
498 hours of each day, this factor eases the comparison of control strategy effectiveness when improving
499 the strategy as it is less sensitive to price changes between several days. It has to be noted that in case
500 of local energy production, the remuneration for a net electricity injection has to be carefully
501 considered when different price rates are used for a net energy consumption and production.

$$502 \quad E_{shift,pot} = 100 \cdot \frac{\left(\frac{\sum_{i=1}^8 E_{elec,share,i} \cdot \frac{1}{8}}{\sum_{i=1}^8 \left(1 - \frac{i-1}{8}\right)} \right) - \frac{1}{8}}{\frac{1}{8} - \frac{1}{\sum_{i=1}^8 \left(1 - \frac{i-1}{8}\right)}} \quad (12)$$

504 3. Results

505 In this section, results will be presented in three main sub-sections. Firstly, the selected days and the
506 related coverage of the full winter period for each representative day selection methodology will be
507 presented. Secondly, the day selection approaches will be compared over the three European climate
508 zones with respect to the investigated flexible control strategies. Finally, an evaluation of the energy
509 correction mechanism will be discussed.

510 3.1. Comparison of day selection approaches on environmental data

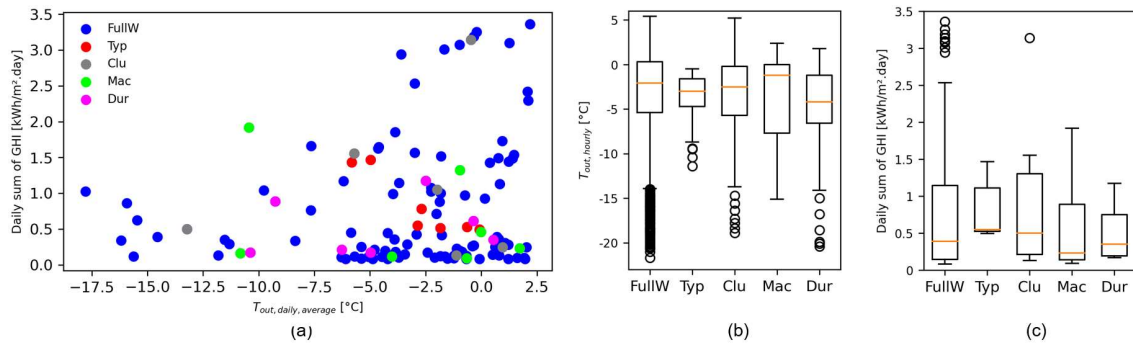
511 Figure 5 – Figure 7 provide an overview of the environmental condition spread for the different day
512 selection approaches compared to the full winter period, for the Finnish, Belgian and Greek climate,
513 respectively. Moreover, Table 6 provides the average values of T_{out} and GHI for all approaches

514 compared to the full winter period as well as the $RMSE$ values retrieved via Eq. (3). The consequence
515 of selecting a fully consecutive typical week within the selection procedure Typ can be seen in the
516 scatter plots for T_{out} and GHI , for which both the coverage of more extreme conditions and the first –
517 third quartile of the boxplots are reduced. Therefore, the consecutive approach Typ represents a
518 rather mild winter week without large variations of environmental conditions. Comparison with the
519 approaches Clu, Dur and Mac shows the improved ability of Clu, Dur and Mac for covering a larger
520 variety of environmental conditions as these approaches do not require fully consecutive days and are
521 able to select days throughout the full winter season. Though, the scatter plots also show that for
522 milder climates, i.e. Belgium and Greece, the selected days within the consecutive approach Typ can
523 also cover a wider variety of environmental conditions and reach a similar coverage area as the non-
524 consecutive approaches. Within this context, coverage areas are defined as the comparison of the
525 spread of the selected days within the scatter plots compared to the full winter period. Furthermore,
526 Clu, Mac and Dur show a similar coverage area for the different environmental conditions within the
527 scatter plots, while the procedures consider a completely different approach by using the final energy
528 consumption levels within Mac and only the environmental conditions within Clu and Dur. Hence, a
529 strong correlation between the final energy consumption and environmental conditions of T_{out} and
530 GHI can be proven. In addition, when using energy consumption levels to select representative days
531 within the approach Mac, consistently lower average GHI values for all three climates can be found,
532 while within the Finnish climate also a larger first – third quartile range for T_{out} can be noticed, when
533 compared to the full winter period. Furthermore, comparison of Clu and Dur shows an improved
534 boxplot range for T_{out} within Dur, while the boxplot range of Clu shows a better match with the full
535 winter data for GHI . Hence, investigating smart HP control strategies acting on PV panels or high
536 thermal inertia buildings with large window areas can lead to different results. Finally, comparison of
537 the $RMSE$ values within Table 6 does not show a preferred approach when only considering the
538 environmental conditions. Indeed, the clustering approach Clu shows less deviation for the average
539 climate of Belgium, while only using consecutive days within Typ showed the lowest $RMSE$ for the
540 cold climate of Finland and warm climate of Greece. Finally, the approach Dur shows the highest
541 deviations of all four approaches within all climates, which can also be seen from the median values
542 within the boxplots of Figure 5 – Figure 7.

543 Table 6 – Comparison of ($T_{out,7d}$; GHI_{7d}) to ($T_{out,FullW}$; GHI_{FullW}) for the day selection approaches

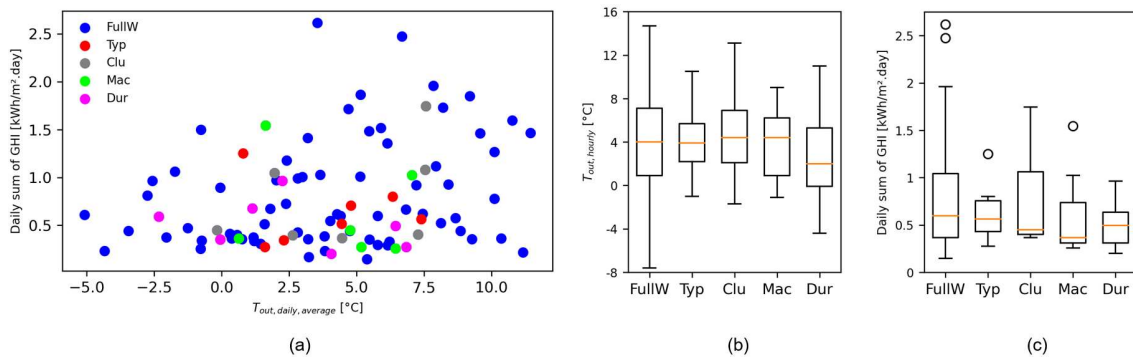
Approach	Finland	Belgium	Greece
Mac [°C ; Wh/m ² .day]	(-3.60 ; 614)	(3.66 ; 609)	(10.56 ; 1993)
Clu [°C ; Wh/m ² .day]	(-3.79 ; 970)	(4.46 ; 783)	(10.44 ; 2454)
Dur [°C ; Wh/m ² .day]	(-4.74 ; 511)	(2.62 ; 507)	(9.76 ; 1855)
Typ [°C ; Wh/m ² .day]	(-2.70 ; 824)	(3.95 ; 637)	(10.51 ; 2143)
FullW [°C ; Wh/m ² .day]	(-3.33 ; 784)	(4.02 ; 784)	(10.41 ; 2211)
$RMSE_{Mac}$ [%] according Eq. (3)	5.37	8.62	6.25
$RMSE_{Clu}$ [%] according Eq. (3)	6.13	2.70	6.78
$RMSE_{Dur}$ [%] according Eq. (3)	10.95	14.03	11.58
$RMSE_{Typ}$ [%] according Eq. (3)	4.10	5.82	1.95

544



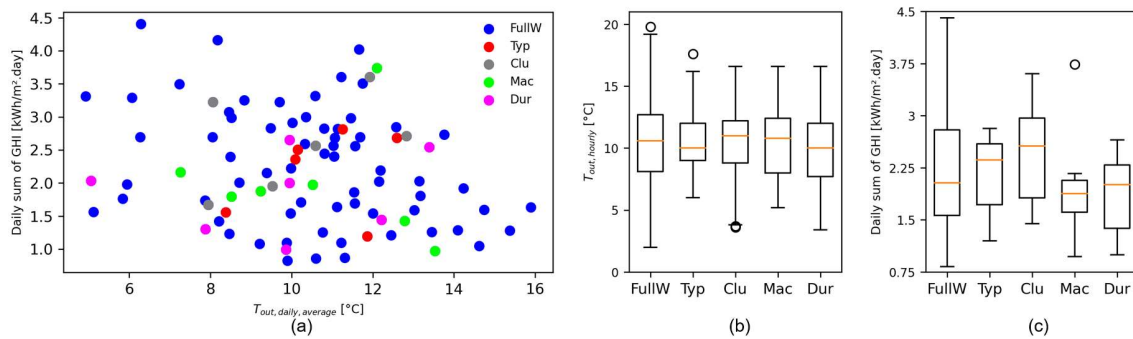
545

546 *Figure 5 – Comparison of day selection approaches for Finland: (a) spread of (T_{out} ; GHI), (b) boxplot of hourly variation of*
547 *T_{out} and (c) boxplot of daily sum of GHI*



548

549 *Figure 6 – Comparison of day selection approaches for Belgium: (a) spread of (T_{out} ; GHI), (b) boxplot of hourly variation of*
550 *T_{out} and (c) boxplot of daily sum of GHI*

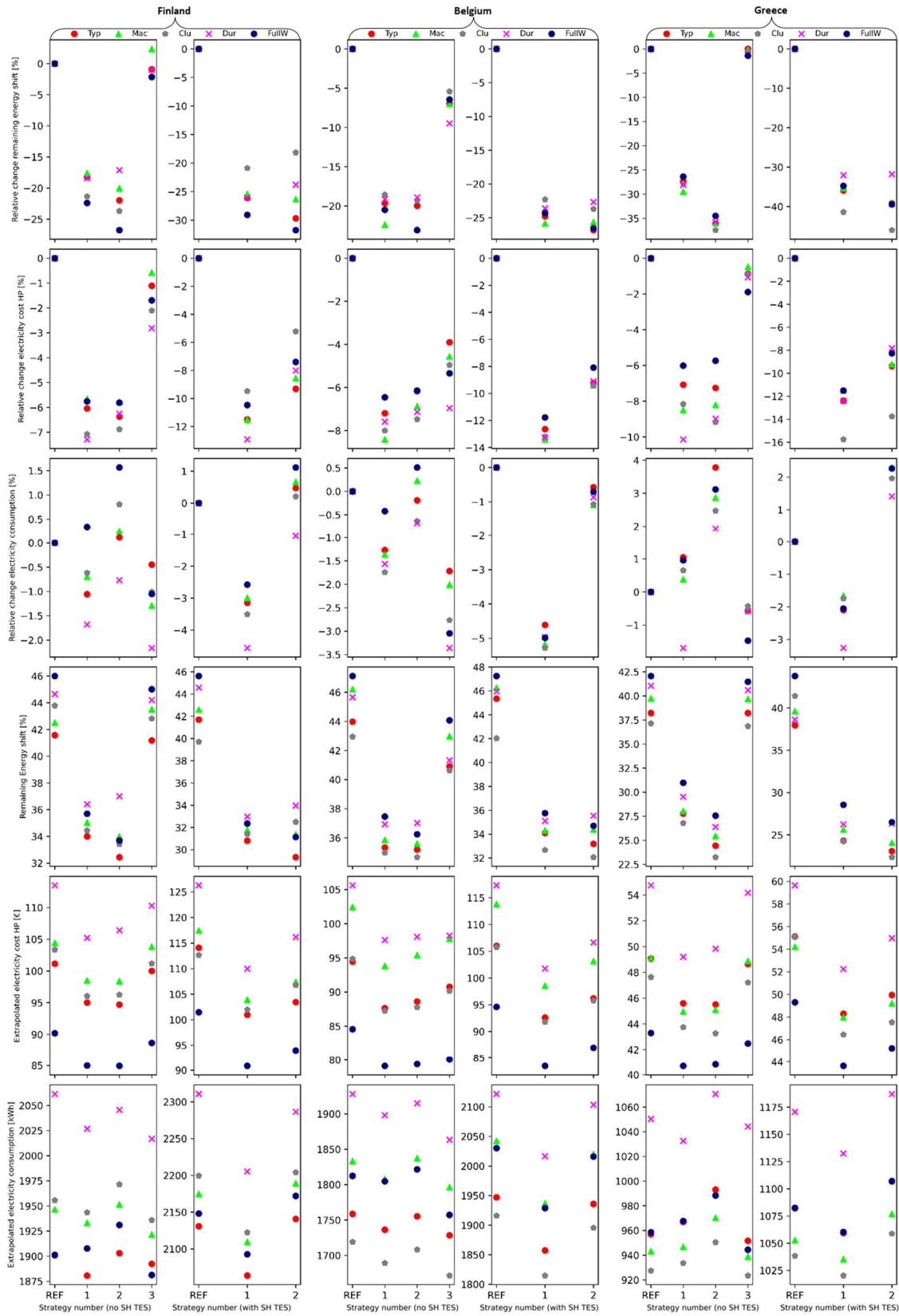


551

552 *Figure 7 – Comparison of day selection approaches for Greece: (a) spread of (T_{out} ; GHI), (b) boxplot of hourly variation of*
553 *T_{out} and (c) boxplot of daily sum of GHI*

554 3.2. Comparison of day selection approaches within energy flexible control strategies

555 This section compares the day selection approaches for both hydraulic configurations of Figure 2. To
 556 easily investigate the potential effects of a different hydraulic configuration on the applicability of the
 557 day selection approaches, both configurations will be shown next to each other. Herein, the hydraulic
 558 configuration without a SH TES between HP and building will be shown on the left and the HP – SH
 559 TES – building configuration on the right. Figure 8 shows the energy-related KPI for the Finnish, Belgian
 560 and Greek climate.



561

562

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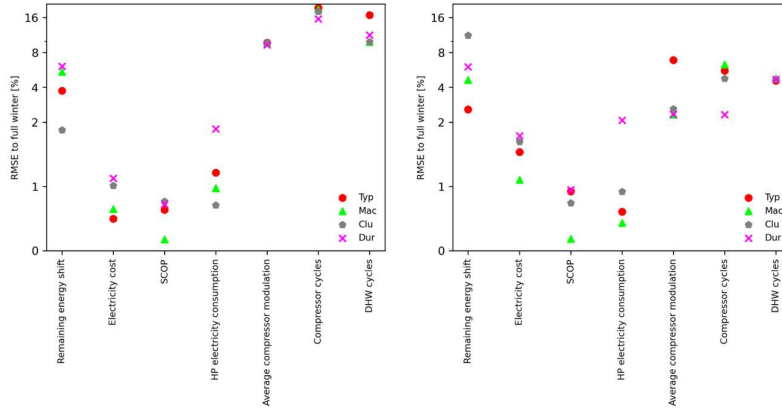
Figure 8 – Relative and absolute energy flexible KPIs: remaining energy shifting potential, electricity costs and electricity consumption. For each climatic zone: left: no SH TES between HP and building, right: HP – SH TES – building configuration

564 From Figure 8, it can be concluded that both the Clu and Dur day selection approaches do not show
565 good agreements for the relative KPIs (reduction in the remaining energy shifting potential
566 ($E_{shift,pot,red}$), energy costs and electricity consumption) when compared to the full winter simulations.
567 Herein, agreements refer both to individual point-to-point comparison between the day selection
568 procedure and full winter simulation for a single control strategy as well as when changing from
569 strategy, e.g. from STRAT1 to STRAT2. For instance, when using a SH TES between HP and building,
570 clustering days within Clu underestimates the reduction in energy costs and $E_{shift,pot,red}$ for the Finnish
571 climate, while it overestimates the same indicators within the Greek climate. Moreover, STRAT2
572 shows a lower reduction in $E_{shift,pot,red}$ when compared to STRAT1 for the Finnish climate, while the full
573 winter simulations show a higher reduction for STRAT2. Also, when not using a SH TES between HP
574 and building, Clu does show higher deviations for $E_{shift,pot,red}$ within the Finnish climate, for which the
575 improvement for $E_{shift,pot,red}$ when switching from STRAT1 to STRAT2 is less pronounced.

576 Similarly to clustering days within Clu, also the duration curve approach Dur shows higher deviations.
577 For both hydraulic configurations within the Finnish climate, STRAT2 performs worse than STRAT1 for
578 both $E_{shift,pot,red}$ and the energy costs, while the full winter simulations show a further reduction in
579 energy costs and $E_{shift,pot,red}$ for STRAT2. For the Belgian climate, the relative KPIs for STRAT3 show the
580 largest deviations for the Dur approach when compared to the full winter simulation when not using
581 a SH TES. Within the Greek climate, Dur also shows opposite trends for the energy costs and electricity
582 consumption. Indeed, for the hydraulic configuration without a SH TES, STRAT1 shows a 1 % electricity
583 consumption decrease for Clu, while the full winter simulation shows an increase of 3 % when
584 compared to the reference control strategy REF. The analysis of the extrapolated values for the energy
585 costs and electricity consumption points out that the Dur approach overestimates both indicators for
586 all three climates and for both hydraulic configurations. Considering the clustering approach Clu,
587 deviations of the extrapolated values are smaller, while the approaches Mac and Typ mainly perform
588 better. Hence, it can be concluded that both Clu and Dur approaches cannot be used when analysing
589 energy flexible control strategies. A potential reason can be found within the attempt to cover a large
590 variety in environmental conditions, which does not correspond to the full winter trend when days
591 cannot be weighted according to their occurrence within the full winter period due to the energy
592 shifting between different days.

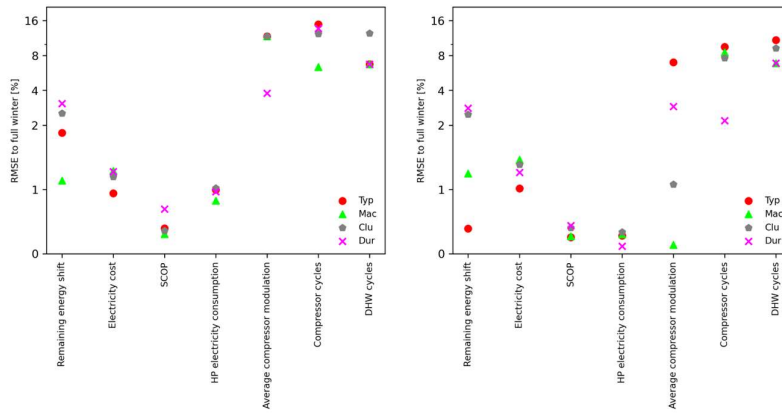
593 Analysis of the consecutive approach Typ and the energy-based approach Mac provides similar results
594 for the relative KPIs of $E_{shift,pot,red}$, the energy costs and electricity consumption, for which most
595 differences can be seen for colder climates. Indeed, results within the Greek climate show only small
596 variations to the full winter simulation. Moreover, when using a SH TES between the HP and building,
597 both Typ and Mac show good agreements for the aforementioned relative KPIs for all three climates,
598 mainly better than the configuration without a SH TES. Herein, the main reason can be found in the
599 usage of a SH TES, which separates the HP operation into time slots near full load operation during
600 the charging process and an off-state for the remaining time. In addition, the daily trend of lower
601 outdoor temperatures during the night can be covered by both the building and SH TES. Considering
602 the usage of a SH TES in the Finnish and Belgian climate, results show a slightly better agreement for
603 Mac when considering the directly extrapolated electricity consumption over the full winter season,
604 while $E_{shift,pot,red}$ is better represented by the consecutive days approach Typ. Moreover, for the Belgian
605 climate, small differences for both approaches Mac and Typ can be seen for $E_{shift,pot,red}$, the relative
606 change within the electricity consumption and electricity cost. Though, these differences remain
607 rather small and can be related to the error when composing the reference period as shown within
608 Table 6.

609 In contrast, slightly larger variations between Typ and Mac can be noticed when not using a SH TES
 610 between HP and building due to the more continuous operation of the HP, in which the HP modulation
 611 capabilities are better exploited. Both approaches consider an electricity consumption decrease for
 612 STRAT1 within the Finnish climate, while the full winter simulation shows a small increase. Again, the
 613 deviation is rather small and can be related to the reference period composition error. Also within the
 614 directly extrapolated values for the electricity consumption and cost, both approaches perform well.



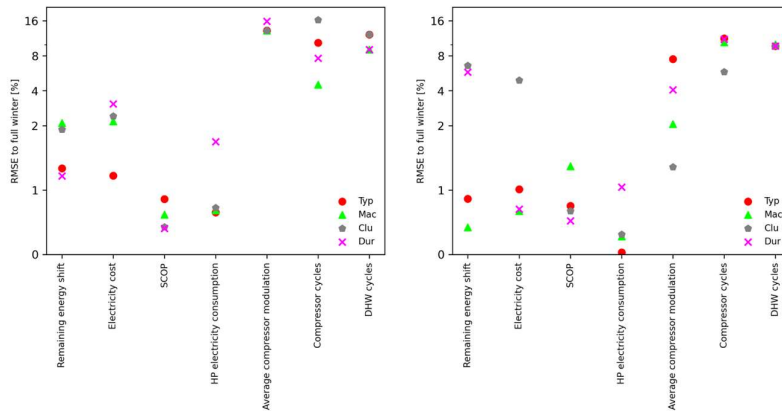
615

616 *Figure 9 – RMSE according Eq. (11) for relative KPIs compared to full winter simulation for the Finnish Climate. Left: no SH TES*
 617 *between HP and building, right: HP – SH TES – building configuration*



618

619 *Figure 10 – RMSE according Eq. (11) for relative KPIs compared to full winter simulation for the Belgian Climate. Left: no SH*
 620 *TES between HP and building, right: HP – SH TES – building configuration*

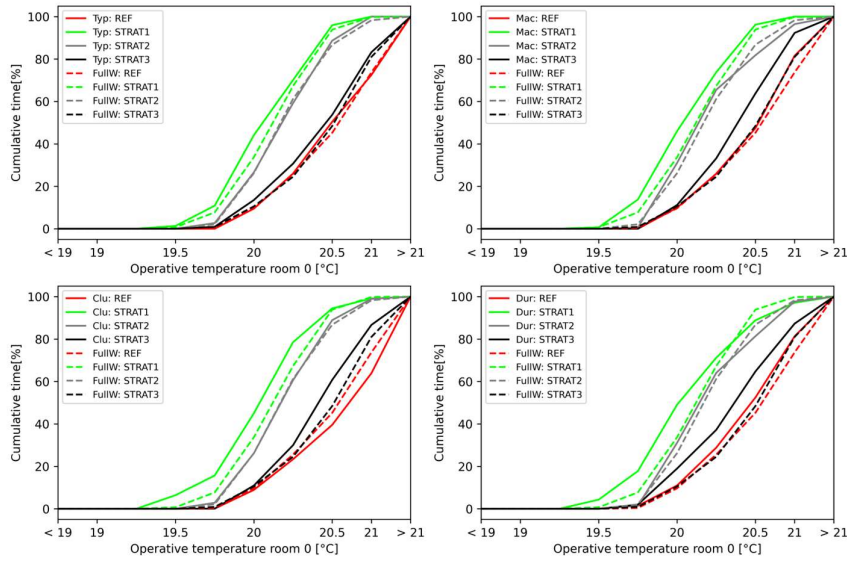


621

622 *Figure 11 – RMSE according Eq. (11) for relative KPIs compared to full winter simulation for the Greek Climate. Left: no SH*
 623 *TES between HP and building, right: HP – SH TES – building configuration*

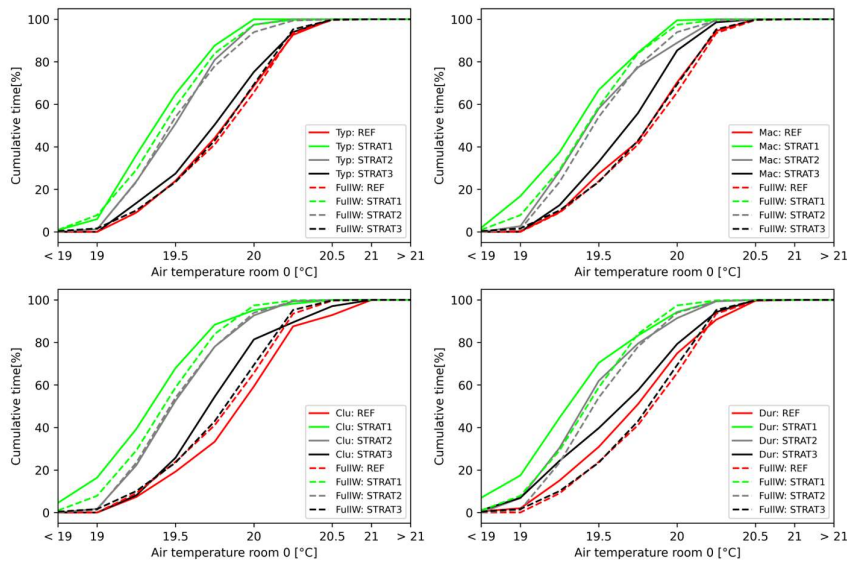
624 To further analyse the performance of Mac and Typ over all control strategies, Figure 9 – Figure 11
625 show the *RMSE* values according to Eq. (11) for several relative KPIs within the energy flexibility
626 analysis, for the Finnish, Belgian and Greek climate, respectively. A logarithmic axis was used to better
627 represent both small and large deviations. Again, the approaches Typ and Mac show only small
628 deviations compared to Clu and Dur approaches. Energy-related KPIs such as the SCOP, remaining
629 energy shift, energy cost and electricity consumption can be reasonably well represented with
630 deviations mainly around 1 % and a maximum of 5 %. The consecutive day approach Typ performs
631 mainly slightly better for cases without a SH TES, while Mac performs better when using a SH TES. It
632 should be noted that the days within the energy-based day selection approach were selected when
633 not using a SH TES. Hence, it was expected that the approach Mac should perform better than Typ for
634 the hydraulic configuration without a SH TES. Higher deviations can be found for the HP operation
635 indicators such as the average modulation capacity, compressor cycles and DHW cycles. Reasons can
636 be found in the different environmental characteristics of the composed representative cycles as they
637 affect the operational behaviour of the HP system.

638 Finally, energy flexible control strategies acting on SH services should also consider potential thermal
639 discomfort. Figure 12 – Figure 13 provide the duration curves of the operative room and air
640 temperature of the ground floor for the Belgian climate when not considering a SH TES between HP
641 and building, respectively. The duration curves are similar for the Finnish and Greek climate, though
642 less variation can be noticed. Potentially, a larger variability in weather conditions within the Belgian
643 climate can be pointed out as a main reason when selecting non-consecutive days. The temperature
644 duration curves are also similar for a hydraulic configuration with a SH TES between HP and building.
645 Within these temperature duration curves, the full winter simulations can be compared to each
646 representative day selection procedure for each HP control strategy. Again, the approaches Clu and
647 Dur do not accurately represent the duration curves, especially when close to the discomfort band of
648 an operative temperature of 19.5 °C. While the procedures of Typ and Mac show similar curves, the
649 procedure Typ reaches a better overall agreement, especially when analysing the change in room
650 temperature between the strategies REF and STRAT3. The effect of selecting non-consecutive days
651 within the approaches Mac, Clu and Dur can be seen for both the operative and air temperatures.
652 Herein, the potential thermal discomfort at the lower temperature ranges cannot be correctly
653 represented when using non-consecutive days. Due to the thermal building inertia, these changes are
654 better visible within the air temperature, but also at the level of the operative room temperatures.
655 Hence, even by reducing the outdoor temperature transitions between non-consecutive days via Eq.
656 (4), potential SH discomfort issues cannot be clearly tracked. Therefore, it can be concluded that both
657 approaches Mac and Typ can be used for selecting representative days for energy flexibility analysis
658 in time-shortened test cycles when only focussing on the energy performance. Though, it is
659 recommended to use the consecutive day approach Typ when applying control strategies acting on
660 the thermal building inertia or when applying control strategies for which the potential SH discomfort
661 should also be incorporated.



662

663 Figure 12 – Ground floor operative temperature duration curves for Belgium: representative day selection procedures (solid
664 line) compared to full winter period simulation (dashed line). Left top: Typ, left bottom: Clu, right top: Mac, right bottom: Dur.



665

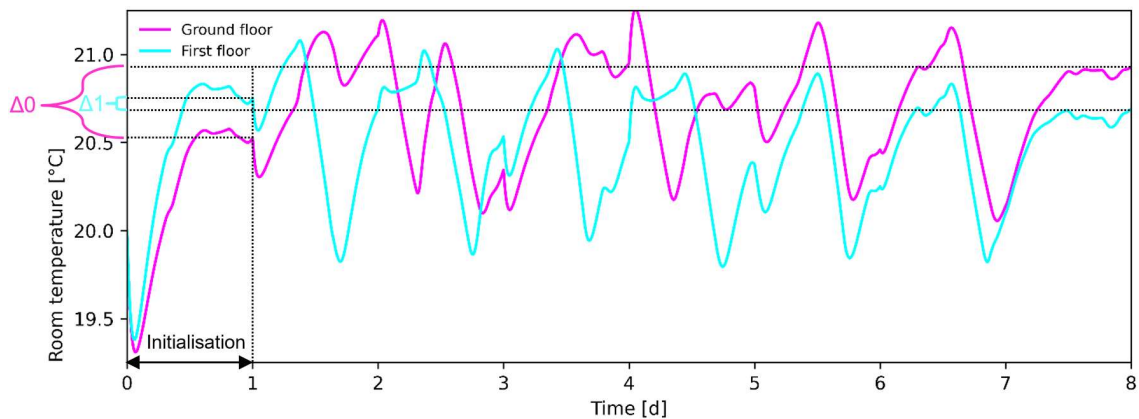
666 Figure 13 – Ground floor air temperature duration curves for Belgium: representative day selection procedures (solid
667 line) compared to full winter period simulation (dashed line). Left top: Typ, left bottom: Clu, right top: Mac, right bottom: Dur.

668

669 3.3. Energy state correction mechanism

670 This section discusses the energy correction mechanism, used to achieve comparable state-of-charge
671 conditions between the start and end of the test cycles. Within this context, detailed result analysis
672 showed the necessity to correct the obtained thermal energies, electrical energies and energy costs
673 after completing the simulation. Calculating the thermal energy difference via the state-of-charge of
674 the building and thermal storages between the end of the initialisation day and end of the full test
675 cycle according Eq. (8) provided a range between -25.68 kWh and 19.86 kWh. Incorporating the SCOP,
676 an equivalent electricity consumption range of -4.24 kWh and 3.24 kWh could be found. With a total
677 electricity consumption range between 81.66 kWh and 146.49 kWh over the three climatic zones,

678 comparison of the control strategy effectiveness led to wrong conclusions, especially when analysing
 679 small control strategy improvements. Indeed, some control strategies heated the building to higher
 680 temperatures during the end of the test cycle, which increased the electricity consumption. While the
 681 test cycle stops after eight days, the stored energy within the building has still an economical value
 682 that causes the need to correct the related cost and required energy consumption. Herein, comparison
 683 between several cases showed that when looking into the energy cost at the end of the test cycle
 684 without an energy state correction mechanism, it could be concluded that some of the control strategy
 685 improvements were not effective as they increased the energy cost and energy consumption. In
 686 contrast, when the profiles of the energy cost and energy consumption were compared throughout
 687 the full period, these strategies proved to be more effective in both cost and energy consumption. It
 688 could be seen that the decision of some control strategies to preheat the high thermal inertia building
 689 during the last test day consumed additional energy, while other strategies kept the building at lower
 690 temperatures and incomparable state-of-charges were reached. Within this context, Figure 14 shows
 691 the operative room temperature for both floors of a full test cycle, including the initialisation day and
 692 an indication of the energy differences for both floors. Herein, the difference in state-of-charge
 693 between the start and end of the test cycle for both floors is indicated by $\Delta 0$ and $\Delta 1$. The application
 694 of the energy state correction mechanism as a post-experimental or post-simulation measure aims to
 695 virtually eliminate the energy state differences $\Delta 0$ and $\Delta 1$ by applying a correction on the thermal
 696 energies, electrical energies and energy costs.



697

698 *Figure 14 – Operative room temperature for ground floor (pink) and first floor (blue) with indicated energy difference for both*
 699 *floors ($\Delta 0$ and $\Delta 1$) between the end of the initialisation day and the end of the test cycle.*

700 4. Discussion

701 In this work, we compared the applicability of several existing representative cycle approaches for
 702 energy flexibility analysis with heat pumps. A new approach, in which only consecutive days are used,
 703 was also evaluated. The main aim was to find the best selection approach for future use within
 704 hardware-in-the-loop experiments. Therefore, the selected representative cycle simulations were
 705 compared to full winter simulations for several key performance indicators. These indicators consider
 706 the full evaluation period and hence represent an average performance. In contrast, energy flexibility
 707 services vary throughout the winter season due to a variability in weather conditions. Better
 708 representing the variability in weather conditions was also evaluated within the Dur approach. Within
 709 this approach, days were selected to optimally match the duration curves of the outdoor temperature
 710 and global horizontal irradiation of the full winter season. Although the Dur approach represents a
 711 wider variability in environmental conditions, the analysis also showed a reversed effect on the energy
 712 flexibility analysis when compared to the full winter simulations. For instance, the building response,

713 energy cost reduction and energy consumption could not be accurately represented. A first reason is
714 the adoption of non-consecutive days, which does not correctly represent the amount of shifted
715 energy when switching between days, especially when concatenating days with extremer weather
716 conditions. In addition, considering a wider variability in environmental conditions puts more stress
717 on extreme outdoor conditions which do not often occur. Therefore, the authors recommend to use
718 the consecutive day approach for energy flexibility analysis as it allows to obtain insights into both the
719 average performance during the entire winter season and into the detailed heat pump and building
720 behaviour.

721 Furthermore, this paper considered a novel approach to correct the building's state-of-charge at the
722 end of the test cycle and to achieve comparable end conditions over several simulations. Herein,
723 details from the building structure were used to identify the building's thermal mass. Depending on
724 the level of simulation detail or even experimental equipment, these characteristics could also be
725 derived via data driven approaches. The main principle of the energy correction approach can then
726 still be used, but a thoughtful choice on which building elements should or should not be incorporated
727 within the energy correction approach has to be made when simplifying the building model. It is
728 recommended to only use the thermal inertia of insulated building elements. In addition, active
729 heating layers should be carefully incorporated due to their high thermal inertia and weight within the
730 energy correction mechanism.

731 Finally, this paper investigated several flexible heat pump control strategies solely under a dynamic
732 pricing framework. While other flexibility signals or strategies such as CO₂ prices, peak shaving,
733 optimisation of self-consumption, ... were not considered, the authors believe that the suitability of
734 the consecutive day approach and drawn conclusions will not be affected. Firstly, the day selection
735 approach was not based on the flexibility signal itself, but on the environmental conditions or
736 reference simulation without energy flexibility services. Secondly, the investigated control algorithms
737 on the dynamic tariffs are considered as a milder strategy without extreme control decisions such as
738 peak shaving strategies. Hence, the authors expect that applying a model predictive controller on the
739 dynamic tariffs or applying a peak shaving strategy can even shift results to a stronger preference for
740 considering a consecutive day selection procedure. Therefore, a future work could focus on evaluating
741 the consecutive day selection procedure under a wider variety of flexibility signals.

742 5. Conclusion

743 This paper investigated the representative cycle requirements and day selection procedures when
744 composing a time shortened, though representative, period for energy flexibility analysis with heat
745 pumps during the winter season. Therefore, existing methodologies for retrieving yearly energy
746 performance indications under normal operating conditions were compared to an alternative
747 approach for which only fully consecutive days were used. In order to reach a general conclusion, the
748 analysis was performed for a cold, average and warm European climate and for a total of seven heat
749 pump control strategies. Moreover, two hydraulic configurations were tested, i.e. coupling the heat
750 pump directly to the building or using a thermal energy storage between heat pump and building.
751 Results showed that clustering days or selecting days to optimally represent the duration curves of
752 the environmental conditions can only reach moderate results. Herein, two main reasons were found,
753 i.e. (1) reaching an incorrect representation of the building response when switching between days,
754 especially when concatenating days with extremer weather conditions and (2) by considering a wider
755 variability in environmental conditions, more stress is put on extreme outdoor conditions which do
756 not often occur. Therefore, applying day selection approaches based on day clustering or duration
757 curve construction led to invalid conclusions when investigating control strategy improvements.

758 Furthermore, results showed that selecting consecutive days based on the average environmental
759 conditions or selecting days based on the average energy consumption reached good agreements with
760 full winter simulations. Herein, these two approaches focus more on better representing an average
761 winter season instead of representing a wide variety of conditions. Results also showed that
762 approaches which work with non-consecutive days encounter issues on correctly representing the
763 thermal comfort due to potentially large temperature variations when switching between days. In this
764 regard, non-consecutive approaches could not achieve a realistic building response and hence, a light
765 preference for using consecutive days when solely acting on the energy flexibility of the thermal
766 building inertia could be seen. Moreover, the comparison of the hydraulic configurations revealed a
767 better agreement with the full winter simulations when using a thermal energy storage between heat
768 pump and building. Herein, dividing the heat pump operation into thermal energy storage charging
769 and discharging cycles allowed to limit the effects of changing environmental conditions and flexibility
770 requests on the thermal response of the building. Finally, this paper proposed an energy state
771 correction mechanism to incorporate the difference in state-of-charge of the building and storage
772 between the start and end of the test cycle. Therefore, the mechanism ensures to reach comparable
773 start and end conditions when comparing several control strategies and to draw correct conclusions.

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777 EGSAX06D9W.

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